



THE SCHOOL NURSE BULLETIN

NOVEMBER 2015



*Stephanie G. Knutson, MSN, RN
Connecticut State Department of Education
Education Consultant*

Resources for Frequently Asked Questions

- **Concussion Education Plan and Guidelines for Connecticut Schools (Concussion Guidelines)** - Provides accurate information, resources and guidance needed to implement school district concussion education plans. This document includes:
 1. the recognition of signs or symptoms of concussion;
 2. the means of obtaining proper medical treatment for a person suspected of sustaining a concussion;
 3. the nature and risks of concussions, including the danger of continuing to engage in athletic activity after sustaining a concussion;
 4. the proper procedures for allowing a student athlete who has sustained a concussion to return to athletic activity; and
 5. current best practices in the prevention and treatment of a concussion.The *Concussion Guidelines* also include implementation guidance; suggested roles and responsibilities for the range of school staff involved; applicable state and federal laws; a glossary of terms; and other useful information to assist in implementing concussion education plans for concussion prevention, recognition, and management.
<http://www.sde.ct.gov/sde/cwn/view.asp?a=2663&q=335572>
- **Disposing of Prescription Medicines and Over-the-Counter (OTC) Products** – The Department of Energy and Environmental protection provides information on their Web site regarding safe options for disposing medications. As a reminder, schools that want to dispose of controlled substances should call the Drug Control Division of the Connecticut, Department of Consumer Protection for assistance at 860-713-6065.
http://www.ct.gov/deep/cwp/view.asp?a=2708&q=335480&deepNav_GID=1763%20
- **Emergency First Aid for Students who Experience Allergic Reactions: Training Documents** – These documents were developed in response to Public Act 14-176, *An Act Concerning The Storage And Administration Of Epinephrine At Public Schools*.
www.ct.gov/sde/schoolnurse
- **Public health Code: School Nursing** – This resource provides information on the definition of school nurse. Qualifications of school nurses, continuing education requirements for qualification as school nurse, etc.
<http://www.dir.ct.gov/dph/PHC/browse.asp>
- **School Health Services Information Survey** - This survey is conducted yearly in collaboration with Education Connection. Results of the survey are used to develop an annual report on school health services in Connecticut. The Health Services Program Information Survey Reports can be downloaded for each year that the survey was conducted.
www.ct.gov/sde/schoolnurse
- **The Health Promotion Services/School Nurse Web site** provides links to valuable resources for school nurses and other school staff. Publications on this Web site (www.ct.gov/sde/schoolnurse) include:
 1. Clinical Procedure Guidelines for Connecticut School Nurses;
 2. Field Trips: Guidance for School Nurses;
 3. Guidelines for Blood Glucose Self-Monitoring in School;
 4. Guidelines for Cumulative Health Records;
 5. Guidelines for Health Screenings: Vision, Hearing and Postural; and
 6. Guidelines for Implementation of the Definitions of Excused and Unexcused Absences and Best Practices for Absence Prevention and Intervention.

2015-16 School Health Services Information Survey !! Volunteers Needed !!

The School Health Promotion Services Office is looking for school nurse and school nurse supervisor volunteers to participate in the review of the *School Health Services Information Survey*. During the month of November 2015, meetings will be held every Friday morning from 9 a.m. to 10:00 a.m.

Please email Stephanie Knutson at stephanie.knutson@ct.gov, by November 1, 2015, if you are interested in participating in this process.



New School Nurse Conference

Wednesday, December 2, 2015

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Thursday, December 3, 2015

8:00 a.m. - 3:00 p.m. (registration @ 7:30)

Marquee, 960 Main Street, Hartford, CT

(parking in the Morgan Street Garage, 155 Morgan Street)

Presented by: Stephanie Knutson, Education Consultant, CSDE & Other CT School Nurses

This professional learning opportunity, designed specifically for school nurses, will provide an overview of legal requirements, standards of practice and competencies for school nurses, supervisory issues, and the school nurse's role in student achievement, special education, and academic success.

Participants will learn state laws and regulations regarding school health; state mandates for immunizations, health assessments, and screenings; documentation in school health services; special education and Section 504; and academic achievement issues related to school health.

AUDIENCE:

School Nurses, School Nurse Supervisors, Director Special Education/Pupil Services Directors

\$160.00 per person (includes Breakfast & Lunch on both days)

To register, please visit:

<https://16-23-096-000.eventbrite.com>

QUESTIONS?

Registration: Nattaneal Wilson, Education Services Specialist, 860-632-1485, ext. 268 or wilson@ctserc.org

Content: Stephanie Knutson, CSDE, Education Consultant, 860-807-2108 or stephanie.knutson@ct.gov

Full Attendance at both days is required.

1.2 CEUs will be awarded to participants who attend both full days of this conference (no partial CEUs will be granted).

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The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Affirmative Action Administrator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457-1543, 860-807-2071.

Connecticut State Department of Education: Cadre of School Nurse Educators

Election Day Professional Development Opportunities

November 3, 2015

1. **Title:** School Nurse Competency and Documentation for the School
Location: Meriden Health Department, 165 Miller St. Meriden, CT
Time: 8:30 a.m. - 3:30 p.m.
Space available for 50 nurses

2. **Title:** Section 504; Minimal Facts: How to Interview a Student for Possible Sexual Abuse in the Health Office and Yoga and Alternative Therapies for the School Nurse
Location: Savin Rock Conference Center, 6 Rock Street, West Haven, CT
Time: 8:30 a.m. - 3:30 p.m.
Space available for 24 nurses

3. **Title:** Working with Student's with Autism in the Health Office and Train the Trainer: Epinephrine administration for the unlicensed personnel
Location: The Orchards, 34 Hobart St., Southington CT
Time: 8:30 a.m. - 3:30 p.m.
Space available for 45 nurses

Cost: \$35.00 per person (Includes light breakfast and lunch)

Registration: Contact Suzanne Levasseur at slevasseur@westport.k12.ct.us

Deadline for Registration: October 15, 2015

STEPHANIE G. KNUTSON, MSN, RN
 CONNECTICUT STATE DEPARTMENT OF
 EDUCATION
 EDUCATION CONSULTANT

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 Bureau of Health/Nutrition, Family Services and
 Adult Education
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Nondiscrimination Statement

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