

Resource List for Child Nutrition Programs

This document contains resources and websites related to the operation of the U.S. Department of Agriculture's (USDA) [Child Nutrition Programs](#). The USDA's Child Nutrition Programs include the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP), Fresh Fruit and Vegetable Program (FFVP), Special Milk Program (SMP), Seamless Summer Option (SSO) of the NSLP, Child and Adult Care Food Program (CACFP), CACFP At-risk Afterschool Meals, and the Summer Food Service Program (SFSP).

Resources are listed by main category. Many websites contain information on multiple content areas. The inclusion of commercial websites is for informational purposes only and does not constitute approval or endorsement by the Connecticut State Department of Education (CSDE).

For resources on menu planning, see the CSDE's document, [Resource List for Menu Planning and Food Production in Child Nutrition Programs](#). For resources on meal modifications for special diets, see the CSDE's document, [Resource List for Special Diets in Child Nutrition Programs](#). For resources on infant feeding, see the CSDE's document, [Resource List for Dietary Guidance and Nutrition Information](#). For resources on food safety, see the CSDE's document, [Resource List for Food Safety for Child Nutrition Programs](#). For resources on farm to school, see the CSDE's document, [Resource List for Nutrition Education](#). For additional resource lists related to nutrition and healthy environments in schools and child care, visit the CSDE's [Resources for Child Nutrition Programs](#) webpage.



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Afterschool Snack Program

Afterschool & Health: Opportunities for Advocacy (Afterschool Alliance):

<http://www.afterschoolalliance.org/policyActiveHoursObesity.cfm>

Afterschool Care Program NSLP Snack Service Best Practices (ICN):

<https://theicn.org/icn-resources-a-z/afterschool-care-program-nslp-snack-service-best-practices/>

Afterschool Nutrition Programs (Food Research & Action Council):

<https://frac.org/programs/afterschool-nutrition-programs>

Afterschool Snack Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program>

Afterschool Snacks (USDA):

<https://www.fns.usda.gov/school-meals/afterschool-snacks>

NSLP Afterschool Snack Service FAQs (USDA):

<https://www.fns.usda.gov/school-meals/afterschool-snacks-faqs>

Understanding Afterschool Snacks and Meals (No Kid Hungry, Share Our Strength):

https://www.cacfp.org/files/1214/9980/3292/understanding_afterschool_snacks_and_meals.pdf

CACFP Adult Day Care Centers

Adult Day Care Centers (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-centers>

Adult Day Care Fact Sheets (ICN):

<https://theicn.org/icn-resources-a-z/adult-day-care-fact-sheets/>

Adult Day Care: A Child and Adult Care Food Program Handbook (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-child-and-adult-care-food-program-handbook>

CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Adult-Day-Care-Centers>

CACFP Adult Day Care Centers (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-centers>

CACFP Halftime: Thirty on Thursdays Training Webinar Series (USDA):

<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>

CACFP Handbooks (USDA):

<https://www.fns.usda.gov/cacfp/cacfp-handbooks>

CACFP Meal Pattern Training Tools (USDA):

<https://www.fns.usda.gov/cacfp-training-tools>

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CACFP Meal Pattern Training Worksheets (USDA):

<https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets>

CACFP Regulations 7 CFR Part 226 (USDA):

<https://www.fns.usda.gov/part-226%E2%80%94child-and-adult-care-food-program>

Crediting Foods in CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers>

Crediting Handbook for the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Forms for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Adult-Day-Care-Centers/Documents>

Meal Pattern Requirements for CACFP Adult Day Care Centers: [https://portal.ct.gov/-](https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/AdultNPGmealpattern.pdf)

[/media/SDE/Nutrition/CACFP/MealPattern/AdultNPGmealpattern.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/AdultNPGmealpattern.pdf)

Nutrition Standards for CACFP Meals and Snacks (USDA):

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

Operational Memoranda for the CACFP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-CACFP>

Planning Healthy Meals in CACFP Adult Day Care Centers:

<http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/AdultNPGhealthy.pdf>

Program Guidance for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Adults>

Special Diets in CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-Centers>

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CACFP Child Care Programs

CACFP Afterschool Programs (USDA):

<https://www.fns.usda.gov/cacfp/afterschool-programs>

CACFP At-risk Afterschool Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-At-Risk-Afterschool-Care-Centers>

CACFP Child Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Child-Care-Centers>

CACFP Emergency Shelters (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Emergency-Shelters>

CACFP Family Day Care Homes (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Family-Day-Care-Homes>

CACFP Halftime: Thirty on Thursdays Training Webinar Series (USDA):

<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>

CACFP Handbooks (USDA):

<https://www.fns.usda.gov/cacfp/cacfp-handbooks>

CACFP Meal Pattern Resources (ICN):

<https://theicn.org/icn-resources-a-z/cacfp-meal-pattern-resources/>

CACFP Meal Pattern Training Tools (USDA):

<https://www.fns.usda.gov/cacfp-training-tools>

CACFP Meal Pattern Training Worksheets (USDA):

<https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets>

Child Care Nutrition and Physical Activity Policies (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Care-Nutrition-and-Physical-Activity-Policies>

Connecticut Statutes and Regulations for Child Care Licensing (Connecticut Office of Early Childhood): <https://www.ctoec.org/licensing/statutes-and-regulations/>

Crediting Foods in CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs>

Crediting Handbook for the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Facts: The Afterschool Meals Program (FRAC):

<https://frac.org/research/resource-library/afterschool-meals-program-fact-sheet>

Farm to Preschool: Local Food and Learning in Early Child Care and Education Settings (USDA):

<https://www.fns.usda.gov/cfs/farm-to-preschool>

Feeding Young Children in Group Settings (University of Idaho):

<http://www.cals.uidaho.edu/feeding/>

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Forms for CACFP Child Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Child-Care-Centers/Documents>

Forms for CACFP Homes (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Family-Day-Care-Homes/Documents>

Introduction to Happy Mealtimes in Child Care Settings (ICN):

<https://theicn.org/icn-resources-a-z/introduction-to-happy-mealtimes-in-child-care-settings/>

Meal Patterns for CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs>

Mealtime Memo (ICN):

<https://theicn.org/icn-resources-a-z/mealtime-memo/>

Nutrition and Menu Planning for Children in the Child Care Food Program (Florida Department of Health): http://www.floridahealth.gov/programs-and-services/childrens-health/child-care-food-program/nutrition/_documents/nmp-workbook-2013.pdf

Operational Memoranda for the CACFP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-CACFP>

Program Guidance for CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Child>

Special Diets in CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-Programs>

What's Cookin' II (Nebraska Department of Education):

<https://www.education.ne.gov/ns/cacfp/whats-cookin-ii-cookbook/>

Why You Should Serve Family Style (National CACFP Association):

https://www.cacfp.org/files/4415/3512/5506/Family_Style_Dining_Tips.pdf

Resource List for Child Nutrition Programs

Family-style Meal Service

Family Style Dining Guide: A Mealtime Approach for Early Care and Education Programs (Ohio Child Care Resource & Referral Association and The Nemours Foundation):

<https://occrra.org/wp-content/occrra/spec/spec-fsd.pdf>

Family Style Meal Service (Oregon Department of Education):

<https://www.oregon.gov/ode/students-and-family/childnutrition/cacfp/Documents/Family%20Style%20Meal%20Service.pdf>

Support Family Style Meals (Supplement E from Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program) (USDA):

https://fns-prod.azureedge.net/sites/default/files/tn/Supplement_E.PDF

The Basic Guide to Family Style Dining – Part 1 (ICN): <https://theicn.org/resources/382/2013-mealtime-memos/106229/august-2013-the-basic-guide-to-family-style-dining-part-1.pdf>

Tips for Serving Meals Family-Style (ICN):

<https://theicn.org/resources/386/2017-mealtime-memos/106278/april-2017-tips-for-serving-meals-family-style.pdf>

USDA Memo CACFP 05-17: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program: <https://www.fns.usda.gov/cacfp/offer-versus-serve-and-family-style-meals-child-and-adult-care-food-program>

Video: CACFP family-style dining (Colorado Child and Adult Care Food Program):

https://www.youtube.com/watch?v=5H5_cISgwWg

Financial Management

Financial Management: A Course for School Food Service Directors (ICN): <https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-directors/>

Financial Management: A Course for School Nutrition Directors (ICN):

<https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-directors/>

Financial Management: A Course for School Nutrition Managers (ICN):

<https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-directors-2/>

Inventory Management and Tracking Reference Guide (ICN):

<https://theicn.org/resources/1082/inventory-management-and-tracking/111259/inventory-tracking-and-management-guide.pdf>

Keys to Excellence in School Food and Nutrition Programs (School Nutrition Association):

<https://schoolnutrition.org/learning-center/usda-professional-standards/keys-to-excellence/>

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Online Training: Financial Management: A Course for School Nutrition Directors (ICN):
<https://theicn.docebosaas.com/learn/course/external/view/elearning/58/FinancialManagementACourseforSchoolNutritionDirectors>

Online Training: USDA Foods: Inventory Management – Controlling Cost (ICN):
<https://theicn.docebosaas.com/learn/public/course/view/elearning/13/InventoryManagement-ControllingCost>

Food Service Qualifications

Certificate and Credentialing Programs (School Nutrition Association):
<https://schoolnutrition.org/certificate-and-credentialing/certificate-program/>

Competencies, Knowledge, and Skills for District-Level School Nutrition Professionals (ICN):
<https://theicn.org/icn-resources-a-z/CKS-district-school-professionals>

Competencies, Knowledge, and Skills for District-Level School Nutrition Professionals (ICN):
<https://theicn.org/icn-resources-a-z/CKS-district-school-professionals>

Competencies, Knowledge, and Skills for School Nutrition Managers (ICN):
<https://theicn.org/icn-resources-a-z/ckssmanagers21>

Competencies, Knowledge, and Skills for State Agency Child Nutrition Professionals (ICN):
<https://theicn.org/icn-resources-a-z/CKS-state-agency-professionals>

Competencies, Knowledge, and Skills of Effective School Nutrition Assistants/Technicians:
<https://theicn.org/icn-resources-a-z/CKS-school-nutrition-assistants>

HR-Guide (Human Resources):
<https://www.hr-guide.com/>

Job Description Template for CNP Director/Supervisor/Administrator (ICN):
<https://theicn.org/icn-resources-a-z/job-description-template-cnp/>

Job Functions/Duties, Competencies, Knowledge, and Skills of Sponsor Monitors (ICN):
<https://theicn.org/icn-resources-a-z/job-functions-duties-competencies-knowledge-and-skills-of-sponsor-monitors-participating-in-the-child-and-adult-care-food-program/>

Online Training: S.T.A.R. Competencies, Knowledge, and Skills for School Nutrition Managers (ICN):
<https://theicn.docebosaas.com/learn/course/external/view/elearning/101/STARCompetenciesKnowledgeandSkillsforSchoolNutritionManagersJan2019>

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Fresh Fruit and Vegetable Program (FFVP)

Best Practices: Handling Fresh Produce in Schools (USDA):

<https://www.fns.usda.gov/best-practices-handling-fresh-produce-schools>

Fresh Fruit & Vegetable Program: A Handbook for Schools (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruits-and-vegetable-program-handbook-schools>

Fresh Fruit and Vegetable Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Fresh-Fruit-and-Vegetable-Program>

Fresh Fruit and Vegetable Program (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruit-and-vegetable-program>

Fresh Fruit and Vegetable Program Fact Sheet (USDA):

<https://www.fns.usda.gov/ffvp/ffvp-fact-sheet>

Fresh Fruit and Vegetable Program Resource Center (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruit-and-vegetable-program-resource-center>

Fruits & Vegetables Galore: Helping Kids Eat More (USDA):

<https://www.fns.usda.gov/tn/fruits-vegetables-galore-helping-kids-eat-more>

Produce Safety (USDA): <https://www.fns.usda.gov/ofs/produce-safety>

Produce Safety Resources (ICN):

<https://theicn.org/icn-resources-a-z/produce-safety/>

Tools for Schools: Offering Fruits and Vegetables (USDA):

<https://www.fns.usda.gov/school-meals/tools-schools-offering-fruits-and-vegetables>

Guidance for Child Nutrition Programs

Area Eligibility for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Area-Eligibility>

Child Nutrition (CN) Labeling (USDA):

<https://www.fns.usda.gov/cnlabeling/child-nutrition-cn-labeling-program>

Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs>

Child Nutrition Recipe Box (ICN): <https://theicn.org/cnrb/>

Child Nutrition Sharing Site (ICN): <https://theicn.org/cnss/>

Civil Rights for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Civil-Rights-for-Child-Nutrition-Programs>

Claim Submission Schedule for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Claim-Submission-Schedule>

Resource List for Child Nutrition Programs

Connecticut Online Application and Claiming System for Child Nutrition Programs (CNP System):
<https://portal.ct.gov/SDE/Nutrition/CNP-System>

Food and Nutrition Information Center (USDA National Agricultural Library):
<https://www.nal.usda.gov/fnic>

Food and Nutrition Service (FNS) Documents and Resources (USDA):
<https://www.fns.usda.gov/resources>

FNS Instructions for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs>

Food Buying Guide for Child Nutrition Programs (USDA):
<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Food Safety for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Food-Safety-for-Child-Nutrition-Programs>

Food Service Management Company (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Food-Service-Management-Company>

Income Guidelines for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Income-Guidelines-for-Child-Nutrition-Programs>

Laws and Regulations for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs>

Manuals and Guides for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Manuals-and-Guides-for-Child-Nutrition-Programs>

Menu Planning for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Menu-Planning>

Resources for Child Nutrition Programs (CSDE):
<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs>

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National School Lunch Program (NSLP)

Beverage Requirements (CSDE): <https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Farm to School (CSDE): <https://portal.ct.gov/SDE/Nutrition/Farm-to-School>

FNS Documents & Resources (USDA): <https://www.fns.usda.gov/resources>

Forms for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs>

Healthier School Day (USDA): <https://www.fns.usda.gov/school-meals/healthierschoolday>

Healthy, Hunger-Free Kids Act of 2010 (HHFKA) (USDA):

<https://www.fns.usda.gov/school-meals/healthy-hunger-free-kids-act>

Meal Pattern Training Materials for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Menu Planning Guide for School Meals for Grades K-12 (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals>

National School Lunch Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program>

National School Lunch Program (USDA):

<https://www.fns.usda.gov/nslp/national-school-lunch-program-nslp>

National School Lunch Program Regulations 7 CFR Part 210 (USDA):

<https://www.ecfr.gov/cgi-bin/text-idx?SID=4c211a738d6109939c6054a6286ac109&mc=true&node=pt7.4.210&rqn=div5s>

Nutrition Standards for School Meals (USDA):

<https://www.fns.usda.gov/school-meals/nutrition-standards-school-meals>

Operational Memoranda for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-School-Nutrition-Programs>

School Meals Legislation and Regulations (USDA):

<https://www.fns.usda.gov/school-meals/program-legislation-regulations>

Tools for Schools (USDA): <https://www.fns.usda.gov/school-meals/tools-schools>

Resource List for Child Nutrition Programs

Offer versus Serve (OVS)

OVS is a concept that applies to menu planning and the determination of reimbursable school meals for grades K-12 in the National School Lunch Program NSLP, Seamless Summer Option (SSO) of the NSLP, and School Breakfast Program (SBP). OVS allows students to decline a certain number of food components in the meal and select the foods they prefer to eat.

Offer versus Serve for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Offer-versus-Serve-for-School-Nutrition-Programs>

Offer versus Serve Guidance for the NSLP and SBP (USDA):

<https://fns-prod.azureedge.net/sites/default/files/cn/SP41-2015av2.pdf>

Offer versus Serve Guide for School Meals (CSDE):

<https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/OVSGuide.pdf>

Offer versus Serve in the School Breakfast Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/OVS/OVSSBP.pdf>

OVS in the National School Lunch Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/OVSNSLP.pdf>

Procurement

Forecasting the Procurement of Foods (ICN):

<https://theicn.org/icn-resources-a-z/forecasting-the-procurement-of-foods/>

Procurement for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Procurement-for-School-Nutrition-Programs>

Procurement of Foods: Cooperative Purchasing Groups (ICN):

<https://theicn.org/icn-resources-a-z/procurement-of-foods-cooperative-purchasing-groups>

Procurement Practices Influencing Programs Operating Within the Guidelines of the Child and Adult Care Food Program: A Review of Literature (ICN):

<https://theicn.org/icn-resources-a-z/procurement-practices-influencing-programs-operating-within-the-guidelines-of-the-child-and-adult-care-food-program-a-review-of-literature/>

Procurement Tools & Resources (The Lunch Box):

<https://www.thelunchbox.org/procurement/procurement-tools-resources>

Procuring Local Foods (USDA):

<https://www.fns.usda.gov/cfs/procuring-local-foods>

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Procuring Local Foods for Child Nutrition Programs (ICN):

<https://theicn.org/icn-resources-a-z/procuring-local-foods-for-child-nutrition-programs/>

USDA Procurement Regulations (USDA):

<https://www.fns.usda.gov/cfs/usda-procurement-regulations>

School Breakfast Program (SBP)

A Guide to the School Breakfast Program (National Conference of State Legislators):

<https://www.ncsl.org/research/human-services/a-guide-to-the-school-breakfast-program.aspx>

Beverage Requirements (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Breakfast in the Classroom: NEA Health Information Network School Breakfast Toolkit (National Education Association): <http://agriflife.org/ipm/files/2014/03/NEA-Breakfast-Classroom-tips-and-flyers.pdf>

Breakfast: Key to Academic Excellence (B1-Home) (CSDE and New England Dairy):

<https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Breakfast1Home.pdf>

Breakfast: Key to Academic Excellence (B2-School) (CSDE and New England Dairy):

<https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Breakfast2SBP.pdf>

Child Nutrition Sharing Site: School Breakfast Program (ICN):

<https://theicn.org/cnss/school-breakfast-program/>

Energize Your Day with School Breakfast (USDA): <https://www.fns.usda.gov/sbp/toolkit>

Expanding the School Breakfast Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/SBP/ExpandSBP.pdf?la=en>

Forms for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs>

FRAC Facts: The School Breakfast Program (Food Research & Action Center):

<https://frac.org/research/resource-library/frac-facts-school-breakfast-program>

Getting Started with School Breakfast (USDA):

https://www.fns.usda.gov/sbp/toolkit_gettingstarted

Growing School Breakfast Participation: New Ways to Deliver Breakfast to Students On-the-Go (School Nutrition Association):

<https://schoolnutrition.org/uploadedfiles/growingschoolbreakfastparticipation.pdf>

Marketing Your School Breakfast Program (USDA):

https://www.fns.usda.gov/sbp/toolkit_marketing

No Kid Hungry (Share Our Strength):

http://join.nokidhungry.org/site/PageNavigator/SOS/Breakfast_2013.html

Resource List for Child Nutrition Programs

Online Training: S.T.A.R. Strategies for Promoting School Breakfast (ICN):

<https://theicn.docebo.com/learn/course/external/view/elearning/103/STAR-StrategiesforPromotingSchoolBreakfastMar2019>

Playbook: Breakfast After The Bell (No Kid Hungry): https://washingtonbreakfast.org/wp-content/uploads/sites/2/2018/06/2018-WA_Breakfast-Master-Kit.pdf

School Breakfast (National Education Association): <http://www.nea.org/home/62000.htm>

School Breakfast (New England Dairy): <https://www.newenglanddairy.com/school-breakfast/>

School Breakfast Expansion Strategies (Food Research & Action Center):

<https://frac.org/programs/school-breakfast-program/school-breakfast-expansion-strategies>

School Breakfast Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/School-Breakfast-Program>

School Breakfast Program (USDA): <http://www.fns.usda.gov/sbp/school-breakfast-program>

School Breakfast Program Delivery Models (University of Wisconsin Cooperative Extension):

<https://fyi.extension.wisc.edu/wischoolbreakfast/program-models/>

School Breakfast Program Publications and Research (University of Wisconsin Extension):

<https://fyi.extension.wisc.edu/wischoolbreakfast/publications-research/>

School Breakfast Program Regulations 7 CFR Part 220 (USDA): <https://www.ecfr.gov/cgi-bin/retrieveECFR?gp=1&SID=1efda750af767569cda912c147528a21&ty=HTML&h=L&mc=true&r=PART&n=pt7.4.220>

School Breakfast Program: Tools for Parents (University of Wisconsin Extension):

<https://fyi.extension.wisc.edu/wischoolbreakfast/tools-for-parents/>

Serving Up a Successful School Breakfast Program (Wisconsin Department of Public Instruction):

<https://dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/serving-up-a-successful-school-breakfast-program.pdf>

Starting a School Breakfast Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/SBP/StartSBP.pdf>

Special Milk Program (SMP)

Special Milk Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Milk-Program>

Special Milk Program (SMP) Fact Sheet (USDA): <https://www.fns.usda.gov/smp/smp-fact-sheet>

Special Milk Program (USDA): <https://www.fns.usda.gov/smp/special-milk-program>

Resource List for Child Nutrition Programs

Special Milk Program Regulations 7 CFR Part 215 (USDA): <http://www.ecfr.gov/cgi-bin/retrieveECFR?gp=1&SID=1efda750af767569cda912c147528a21&ty=HTML&h=L&mc=true&r=PART&n=pt7.4.215>

Summer Meals

Summer meals include the [Summer Food Service Program \(SFSP\)](#) and the [Seamless Summer Option \(SSO\)](#) of the NSLP.

Food Safety for Summer Meals (ICN):

<https://theicn.org/icn-resources-a-z/foodsafety-for-summermeals/>

Mapping Tools for Summer Meal Programs (USDA):

<https://www.fns.usda.gov/sfsp/mapping-tools-summer-meal-programs>

Operational Memoranda for the SFSP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-SFSP>

Seamless Summer Option (SSO) of the NSLP (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Seamless-Summer-Option-SSO-of-the-NSLP>

Summer Feeding Sample Menus (School Nutrition Association): <https://schoolnutrition.org/6--resources-and-research/archive/summer-feeding-toolkit/summer-feeding-sample-menus/>

Summer Food Service Program (SFSP) (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program>

Summer Food Service Program (SFSP) (USDA):

<https://www.fns.usda.gov/sfsp/summer-food-service-program>

Summer Food Service Program (SFSP) Best Practices from Across the Nation (USDA):

<https://www.fns.usda.gov/sfsp/best-practices>

Summer Food Service Program (SFSP) Fact Sheets (USDA):

<https://www.fns.usda.gov/sfsp/sfsp-fact-sheets>

Summer Food Service Program (SFSP) Program Guidance (USDA):

<https://www.fns.usda.gov/sfsp/handbooks>

Summer Food Service Program (SFSP) Regulations 7 CFR Part 225 (USDA):

<http://www.ecfr.gov/cgi-bin/text-idx?SID=39603dc24ba41386a3e9aa366a2e35b5&mc=true&node=pt7.4.225&rgn=div5>

Summer Food Service Program Outreach Toolkit for Sponsors and Feeding Sites (USDA):

<https://www.fns.usda.gov/summer-food-service-program-outreach-toolkit-sponsors-and-feeding-sites>

Resource List for Child Nutrition Programs

Summer Food, Summer Moves Resource Kit (USDA):

<https://www.fns.usda.gov/tn/summer-food-summer-moves>

Summer Meals Toolkit (USDA):

<https://www.fns.usda.gov/sfsp/summer-meals-toolkit>

Summer Meals Webinars and Videos (USDA):

<https://www.fns.usda.gov/sfsp/2015-summer-meals-webinars>

Summer Nutrition Programs (Food Research & Action Center):

<https://frac.org/programs/summer-nutrition-programs>

Training for Child Nutrition Programs Staff

CACFP Halftime: Thirty on Thursdays Training Webinars (USDA):

<https://www.fns.usda.gov/tn/halftime-cacfp-thirty-thursdays-training-webinar-series>

CACFP Meal Pattern Training Slides (USDA):

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

Cashier's Training Resource (ICN):

<https://theicn.org/icn-resources-a-z/cashiers-training-resources/>

Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series (USDA):

<https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series>

Education and Training Resources for CACFP Professionals (ICN): <https://theicn.org/cacfp>

Education and Training Resources for School Nutrition Programs (ICN):

<https://theicn.org/school-nutrition-programs/>

ICN eLearning Portal (ICN): <https://theicn.docebosaaS.com/learn>

Manager's Corner: Short lesson plans for training staff in various topics in English and Spanish (ICN): <https://theicn.org/icn-resources-a-z/managers-corner>

Nutrition 101: A Taste of Food and Fitness (ICN):

<https://theicn.org/icn-resources-a-z/nutrition-101/>

Nutrition Education for Foodservice Staff (USDA):

<https://www.fns.usda.gov/cfs/nutrition-education-foodservice-staff>

Online Training: Basic Culinary Math: Calculating Food Cost (ICN):

<https://theicn.docebosaaS.com/learn/course/external/view/elearning/114/BasicCulinaryMathCalculatingFoodCost>

Online Training: CACFP Child and Adult Meal Pattern Requirements (ICN):

<https://theicn.docebosaaS.com/learn/course/external/view/elearning/81/CACFPChildandAdultMealPatternRequirements>

Resource List for Child Nutrition Programs

Online Training: CACFP Child and Adult Meal Pattern Requirements (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/81/CACFPChildandAdultMealPatternRequirements>

Online Training: CACFP Infant Meal Pattern Requirements (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/70/CACFPInfantMealPatternRequirements>

Online Training: CACFP Optional Best Practices (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/75/CACFPOptionalBestPractices>

Online Training: CARE Connection – Planning Cycle Menus in Child Care (ICN):

<https://theicn.docebosaas.com/learn/public/course/view/elearning/51/CAREConnection%E2%80%90PlanningCycleMenusinChildCare>

Online Training: CARE Connection – Planning Snacks as an Education Activity (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/52/CAREConnection%E2%80%90PlanningSnacksasanEducationActivity>

Online Training: CARE Connection – Serving Nutritious Foods in Child Care (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/53/CAREConnection%E2%80%90ServingNutritiousFoodsinChildCare>

Online Training: CARE Connection – Step-by-step Menu Planning in Child Care (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/54/CAREConnection%E2%80%90Step%E2%80%90by%E2%80%90stepMenuPlanninginChildCare>

Online Training: Family Child Care FUNDamentals (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/57/FamilyChildCareFundamentals>

Online Training: Meal Patterns for the NSLP and SBP (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/69/MealPatterns>

Orientation to School Nutrition Management (ICN):

<https://theicn.org/icn-resources-a-z/orientation-to-school-nutrition-management/>

Presentation: CACFP Civil Rights PowerPoint Presentation (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CivilRights/CACFPCivilRightsPresentationPPT.ppt>

Presentation: Civil Rights: Your Responsibilities in the School Nutrition Programs PowerPoint

Presentation (CSDE): <https://portal.ct.gov/-/media/SDE/Nutrition/CivilRights/SNPCivilRightsPresentation.ppt>

Professional Development for Child & Youth Educators (Virtual Lab School, The Department of Defense and The Ohio State University): <https://www.virtuallabschool.org/learn>

Resource List for Child Nutrition Programs

Professional Standards (USDA):

<https://www.fns.usda.gov/school-meals/professional-standards>

Professional Standards for School Nutrition Professionals (ICN Child Nutrition Sharing Site):

<https://theicn.org/cnss/professional-standards-for-school-nutrition-professionals/>

Team Nutrition Webinars & Training (USDA): <https://www.fns.usda.gov/tn/webinars-training>

Training Zone (School Nutrition Association):

<https://www.pathlms.com/sna/events>

Webinars: School Nutrition STAR Program: Strategies, Training, Action Plans, and Resources

(ICN): <https://theicn.org/star>

For training resources on meal modifications for special diets, see the CSDE's document, *Resource List for Special Diets in Child Nutrition Programs*. For training resources on food safety, see the CSDE's document, *Resource List for Food Safety for Child Nutrition Programs*. For training resources on nutrition, see the CSDE's document, *Resource List for Nutrition Education*.

USDA Foods

Disaster Feeding Guidance for School Food Authorities Using USDA Foods (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/FDP/DisasterUSDAFoods.pdf>

Food Distribution Program (USDA Foods) (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Food-Distribution-Program-USDA-Foods>

Online Training: S.T.A.R. Strategies for Selecting and Utilizing USDA Foods (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/120/STARStrategiesforSelectingandUtilizingUSDAFoodsNov2019>

Online Training: USDA Foods: Disaster Preparedness (ICN):

<https://theicn.docebosaas.com/learn/public/course/view/elearning/24/USDAFoodsDisasterPreparedness>

Online Training: USDA Foods: DoD Fresh Fruit & Vegetable Program (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/35/USDAFoodsDoDFreshFruit&VegetableProgram>

Online Training: USDA Foods: Life Cycle of USDA Foods (ICN):

<https://theicn.docebosaas.com/learn/public/course/view/elearning/25/USDAFoodsLifeCycleofUSDAFoods>

Online Training: USDA Foods: Primer 1 (overview and nutrition facts) (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/26/USDAFoodsPrimer1>

Resource List for Child Nutrition Programs

Online Training: USDA Foods: Primer 2 (complaint process, holds and recalls, and disaster response) (ICN):

<https://theicn.docebos.com/learn/course/external/view/elearning/27/USDAFoodsPrimer2>

Online Training: USDA Foods: Processing 101 (ICN):

<https://theicn.docebos.com/learn/public/course/view/elearning/28/USDAFoodsProcessing101>

USDA Foods (USDA):

<https://www.fns.usda.gov/usda-foods>

USDA Foods Available List (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-available>

USDA Foods in Schools Product Information Sheet (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-product-information-sheets>

USDA Foods Toolkit for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-toolkit-child-nutrition-programs>

Water Availability

Effective Access to Water in Schools (National Drinking Water Alliance):

http://docs.wixstatic.com/ugd/9c073b_5f229905effd40b7b2592eb7706e8e.pdf

Encouraging Consumption of Water in School and Child Care Settings: Access, Challenges, and Strategies for Improvement (American Journal of Public Health):

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134515/>

Fact Sheet: Water In Schools: Access And Promotion (California Project LEAN):

<https://schoolwellnesssummit.org/wp-content/uploads/2017/06/Water-Factsheet.pdf>

Increasing Access to Drinking Water in Schools (Centers for Disease Control and Prevention):

https://www.cdc.gov/healthyschools/npao/pdf/water_access_in_schools_508.pdf

Model Wellness Policy Language for Water Access in Schools (ChangeLab Solutions):

<https://www.changelabsolutions.org/product/model-wellness-policy-language-water-access-schools>

Resources on the Importance of Safe Drinking Water in Schools (National Drinking Water Alliance): <https://thrivingschools.kaiserpermanente.org/resources-on-the-importance-of-safe-drinking-water-in-schools/>

Take Action: Diving Into the School Year: How's the Water? (National Drinking Water Alliance):

<https://www.drinkingwateralliance.org/school-wellness-policy>

USDA Memo CACFP 20-2011: Water Availability in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program>

Resource List for Child Nutrition Programs

USDA Memo SP 28-2011: Water Availability During NSLP Meal Service:

<https://www.fns.usda.gov/cn/water-availability-during-nslp-meal-service>

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program: <https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program>

USDA Memo SP 49-2016 and CACFP 18-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities: <https://www.fns.usda.gov/resources-making-potable-water-available-schools-and-child-care-facilities-0>

Water Access (Centers for Disease Control and Prevention):

<https://www.cdc.gov/healthyschools/npao/wateraccess.htm>

Water in Schools (California Food Policy Advocates): <http://www.waterinschools.org/>



For more information, visit the CSDE's [Child Nutrition Programs](#) webpage or contact the [child nutrition staff](#) in the Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at <https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesChildNutritionPrograms.pdf>.

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