

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

This document summarizes the methods for determining eligibility of foster children for free meals or free milk in the [school nutrition programs](#) and free meals in the [Summer Food Service Program \(SFSP\)](#). For additional guidance, refer to modules 2 and 3 of the Connecticut State Department of Education's (CSDE) training program, [Determining Eligibility in the School Nutrition Programs and Summer Food Service Program](#).

Methods of Determining Eligibility

Determining officials may use two methods to determine if a foster child is eligible to receive free meals or milk. These include the household application and direct certification. For more information, refer to [Overview of Methods and Considerations for Determining Foster Children's Eligibility for Free Meals or Milk](#) in this document.

- The **determining official** (DO) is the person designated by the local educational agency (LEA) to review and approve the free and reduced-price meal or free milk applications.
- **Foster children** are children whose care and placement are the responsibility of the State or who are formally placed by a court with a relative or other caretaker household, and the State retains legal custody of the child.

Household Application

Foster children are eligible for free benefits when the parent or guardian checks the "Foster" box in Step 1 of the [Application for Free and Reduced-priced Meals or Free Milk](#), and the rest of the application is complete. The foster child's status for free meals does not require confirmation of eligibility through documentation prior to certifying the child's eligibility for free meals.

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--|----|-------------------|--|-----------------|-------|-----------------|-------------------------------------|--------------------------|--------------------------|
| <p>STEP 1 List ALL children who are infants and students up to and including grade 12. If more spaces are required for additional names, attach another page.</p> | | | | | | | | | | | |
| <p>Definition of Household Member: Anyone who is living with you and shares income and expenses, even if not related.</p> <p>Children in Foster care and children who meet the definition of Homeless or Runaway are eligible for these meals and free/reduced price school meals.</p> <p>Apply for Free and Reduced-price School Meals for more information.</p> | Child's First Name | | MI | Child's Last Name | | School | Grade | Student? Yes No | Foster | Head Start | Homeless or Runaway |
| | A | | | Child | | ABC Elementary | 3 | X | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | B | | | Child | | XYZ High School | 10 | X | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Check all that apply | | | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |

A foster child's application for free meals is subject to the formal verification process and is included with the applications to be considered for verification. Verification is the confirmation of

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

eligibility for free or reduced-price benefits in the National School Lunch Program (NSLP) or School Breakfast Program (SBP).

Direct Certification

One way that foster children are eligible for free meals is when they are directly certified. Direct certification is the process of determining children eligible for free or reduced-price meals or free milk based on documentation obtained by the LEA directly from appropriate state or local agencies or other authorized individuals. In most cases, direct certification should not involve the household. Communication should be between an applicable state agency or program or other authorized individuals and the LEA. Children who are directly certified for free or reduced-price meals or free milk are not required to submit an application and are not subject to the formal verification process.

Mixed Households

Mixed households are households that include children designated as Other Source Categorically Eligible and children who are not. Other Source Categorically Eligible children are eligible for free benefits and include foster, homeless, runaway and Head Start children. With mixed households, the eligibility of children who are not Other Source Categorically Eligible is determined based on the application's household size and total income. As a result, one household application could have two different eligibility determinations.

Adopted Foster Children

Foster children who are adopted are no longer categorically eligible for free meals as a foster child. However, due to year-long eligibility, the free eligibility status of an adopted foster child does not change within the current school year or the carryover period (up to 30 operating days in the subsequent school year). For more information on the carryover requirements, refer to the CSDE's resource, [Carryover versus Transfer of a Child's Eligibility](#).

For subsequent school years, the LEA must determine the eligibility of an adopted child based on the economic unit. When making an eligibility determination, the LEA must count all income available to that household including any adoption assistance. If the adoption is a "subsidized" adoption, which may include children with special needs, the subsidy is included in the total household income. Eligibility is based on the household size and income.

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

Overview of Methods and Considerations for Determining Foster Children's Eligibility for Free Meals or Milk

HOUSEHOLD SUBMITS APPLICATION: Subject to the formal verification process

Considerations

- Households with foster and non-foster children may choose to include the foster child as a household member. If the foster child is included as a household member, any personal income earned by the foster child must be included on the household application. This streamlines the application process and may help the foster family's non-foster children qualify for free or reduced-price meals based on household size and income. The foster child is categorically eligible for free meals regardless of the eligibility of the foster family's non-foster children.
- The foster child's free eligibility does not extend to other children in the household. The determining official must make an eligibility determination for non-foster children based on the total household's income (including personal income earned by the foster child, if any) and household size.
- Foster payments received by the family from the placing agency are not considered income and do not need to be reported.

DIRECT CERTIFICATION: Not subject to the formal verification process

- **Name appears as OT (foster child) on the Direct Certification List**
Consideration: The foster child's free eligibility does not extend to other children in the household.
- **DO obtains a copy of the Department of Children and Families (DCF) 603 form for current school year**
Consideration: The foster child's free eligibility does not extend to other children in the household. The DCF 603 form must be from the current school year.
- **LEA's foster care point of contact provides the DO with a list of foster students**
Consideration: The foster child's free eligibility does not extend to other children in the HH.

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

Resources

[Application Forms for Free and Reduced Meals and Milk](#) (“Application Forms” section of CSDE’s Eligibility for Free and Reduced-price Meals and Free Milk in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs/application-forms>

[Carryover versus Transfer of a Child’s Eligibility](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/freered/carryover_vs_transfer_of_child_eligibility_snp.pdf

[Direct Certification for School Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/direct-certification>

[Eligibility for Free and Reduced-price Meals and Free Milk in School Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs>

[Eligibility Manual for School Meals](#) (USDA):

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/freered/usda_eligibility_manual.pdf

[Determining Eligibility in the School Nutrition Programs and Summer Food Service Program](#):

[Module 2: Processing Applications](#) (“Determining Eligibility Training” section of CSDE’s Eligibility for Free and Reduced-price Meals and Free Milk in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs/determining-eligibility-training>

[Determining Eligibility in the School Nutrition Programs and Summer Food Service Program](#):

[Module 3: Direct Certification](#) (“Determining Eligibility Training” section of CSDE’s Eligibility for Free and Reduced-price Meals and Free Milk in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs/determining-eligibility-training>

[Guidance for Notifying Parents of a Child’s Free or Reduced-Price Eligibility](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/freered/guidance_notifying_parents_child_eligibility_free_reduced_meals.pdf

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

[Parent and Guardian Notification Letters](#) ("Parent and Guardian Notification Letters"

section of CSDE's Eligibility for Free and Reduced-price Meals and Free Milk in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs/parent-and-guardian-notification-letters>

[Procedures for Processing Free and Reduced-price Meal Applications with a SNAP or TFA Number](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/freered/processing_free_reduced_applications_snap_tfa_number.pdf

For more information, visit the Connecticut State Department of Education's (CSDE) [Eligibility for Free and Reduced-price Meals and Milk in School Nutrition Programs](#) webpage or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/freered/foster_children_eligibility_snp_sfsp.pdf.

Determining Foster Children's Eligibility for Free Meals or Milk in the School Nutrition Programs and Summer Food Service Program

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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