

List of Acceptable Foods and Beverages

LIST 7 YOGURT AND PUDDING

Foods are evaluated for compliance with the Connecticut Nutrition Standards (CNS) based on the amount **as served** including any **added accompaniments** such as fruit or cereal toppings, e.g., yogurt parfait with fruit and granola. **The CSDE strongly encourages schools to offer a la carte food choices that include a variety of minimally processed and naturally nutrient-rich whole foods such as fruits, vegetables, whole grains, low-fat or nonfat dairy, lean meats and legumes.**

Product formulations and packaging can change. **The nutrition information below is based on the package label or manufacturer information supplied at the time of product review.** If this information does not match the product label, please submit the product's nutrition information to the CSDE. For more information, see *Submitting Food and Beverage Products for Approval* (<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/SubmitProduct.pdf>).

The CSDE's *List of Acceptable Foods and Beverages* is updated regularly and is subject to change. To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. For contact information for listed vendors, see *Contact Information for Vendors* (<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/VendorContact.pdf>).

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg					≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Avoca'Do™	Chocolate Avoca'Do plant-based pudding snack, 3.75 oz	3.75 oz	106	FG	160	6	33.8%	1	5.6%	0	yes	25	4	14	3.7	yes	yes	yes	UPC 8-86000-16857-9; Case (24 count) UPC 108-60001-68574-6	Container is 3.75 ounces. Nutrition information listed is for entire container (4 servings).	5/7/19	X	X
Chobani	Greek Yogurt, Chillin' Cherry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-18290-01253-1 Case UPC 108-18290-01253-8	3/18/13	X	X
Chobani	Greek Yogurt, Jammin' Strawberry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-18290-01250-0; Case UPC 108-18290-01250-7	3/18/13	X	X
Chobani	Greek Yogurt, Swirlin' Strawberry Banana, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-18290-01252-4; Case UPC 108-18290-01252-1	3/18/13	X	X
Chobani	Greek Yogurt, Very Berry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-18290-01053-3 Case UPC 108-18290-01053-0	3/18/13	X	X
Chobani, Inc.	Chobani Champions Greek Yogurt, Cherry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	50	0	14	3.5	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-94700-01253-1; Case UPC 108-18290-01253-8	8/7/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

No artificial flavors or colors  
No high fructose corn syrup

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Chobani, Inc.	Chobani Champions Greek Yogurt, Strawberry Banana, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-94700-01252-4; Case UPC 108-18290-01252-1	8/7/13	X	X
Chobani, Inc.	Chobani Champions Greek Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	45	0	14	3.5	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-94700-01250-0; Case UPC 108-18290-01250-7	8/7/13	X	X
Chobani, Inc.	Chobani Champions Greek Yogurt, Very Berry, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	40	0	15	3.8	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-94700-01053-3; Case UPC 208-94700-01053-7	8/7/13	X	X
Chobani, Inc.	Chobani Champions Tubes Greek Yogurt, Chillin' Cherry, 2.25 oz	2.25 oz-wt	113	FG	70	1.0	12.9%	0.5	6.4%	0	yes	23	0	8	3.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-918290-01240-1; Case UPC 108-18290-01240-8 (Variety pack with Swirlin' Strawberry Banana)	8/7/13	X	X
Chobani, Inc.	Chobani Champions Tubes Greek Yogurt, Jammin' Strawberry, 2.25 oz	2.25 oz-wt	113	FG	70	1.0	12.9%	0.5	6.4%	0	yes	23	0	8	3.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-918290-01225-8; Case UPC 108-18290-01225-5 (Variety pack with Rockin' Blueberry)	8/7/13	X	X
Chobani, Inc.	Chobani Champions Tubes Greek Yogurt, Rockin' Blueberry, 2.25 oz	2.25 oz-wt	113	FG	70	1.0	12.9%	0.5	6.4%	0	yes	24	0	8	3.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-918290-01225-8; Case UPC 108-18290-01225-5 (Variety pack with Jammin' Strawberry)	8/7/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																	
General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Chobani, Inc.	Chobani Champions Tubes Greek Yogurt, Swirlin' Strawberry Banana, 2.25 oz	2.25 oz-wt	113	FG	70	1.0	12.9%	0.5	6.4%	0	yes	23	0	8	3.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-918290-01240-1; Case UPC 108-18290-01240-8 (Variety pack with Chillin' Cherry)	8/7/13	X	X
Chobani, Inc.	Chobani Flips Greek Yogurt, Key Lime Crumble, 5.3 oz	5.3 oz-wt	150	FG	170	3.0	15.9%	1.0	5.3%	0	yes	200	0	19	3.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-18290-01227-2 Case UPC 108-18290-01227-9	8/7/13	X	X
Chobani, Inc.	Chobani Flips Greek Yogurt, Strawberry Sunrise, 5.3 oz	5.3 oz-wt	150	FG	160	2.5	14.1%	0.0	0.0%	0	yes	60	0	15	2.8	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-18290-01226-5 Case UPC 108-18290-01226-2	8/7/13	X	X
Chobani, Inc.	Chobani Flips Greek Yogurt, Vanilla Golden Crunch, 5.3 oz	5.3 oz-wt	150	FG	150	1.5	9.0%	0.0	0.0%	0	yes	105	0	14	2.6	yes	yes	yes	City Line, HPC, Sysco CT, Thurston	UPC 8-18290-01227-2 Case UPC 108-18290-01227-9	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Apple Cinnamon Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	80	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01017-5; Case UPC 108-94700-01017-2	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Apple Cinnamon, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	70	0	16	3.0	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01017-5; Case UPC 108-94700-01017-2	11/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Chobani, Inc.	Non-fat Greek Yogurt, Black Cherry Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	70	0	21	3.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01006-8; Case UPC 108-94700-01006-5	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Black Cherry, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	65	<1	17	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01006-8; Case UPC 108-94700-01006-5	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Blackberry Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	65	0	14	2.3	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-18290-01259-3; Case UPC 108-18290-01259-0	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Blackberry, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-18290-01259-3; Case UPC 108-18290-01259-0	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Blood Orange Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	85	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01034-2; Case UPC 108-94700-01034-2	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Blood Orange, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	80	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01034-2; Case UPC 108-94700-01034-2	11/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg							≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Chobani, Inc.	Non-fat Greek Yogurt, Blueberry Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	65	0	20	3.3	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01005-2; Case UPC 108-94700-01005-9	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Blueberry, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01005-2; Case UPC 108-94700-01005-9	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Honey Blended, 6 oz	6 oz-wt	170	FG	130	0.0	0.0%	0.0	0.0%	0	yes	80	0	16	2.7	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01003-8; Case UPC 108-94700-01003-5	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Honey, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	65	0	13	2.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01003-8; Case UPC 108-94700-01003-5	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Lemon Blended, 6 oz	6 oz-wt	170	FG	130	0.0	0.0%	0.0	0.0%	0	yes	100	0	17	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01009-0; Case UPC 108-94700-01009-7	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Lemon, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	80	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01009-0; Case UPC 108-94700-01009-7	11/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
General Standards				Nutrient Standards																			
Manufacturer	Food Item	Package or Serving Size	Weight (g)	1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup		
Chobani, Inc.	Non-fat Greek Yogurt, Peach Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	65	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01006-9; Case UPC 108-94700-01006-6	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Peach, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01006-9; Case UPC 108-94700-01006-6	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Pear Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	70	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01202-9; Case UPC 108-94700-01202-6	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Pear, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01202-9; Case UPC 108-94700-01202-6	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Plain, 5.3 oz	5.3 oz-wt	150	FG	90	0.0	0.0%	0.0	0.0%	0	yes	70	0	3	0.6	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01001-4; Case UPC 108-94700-01001-1	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Plain, 6 oz	6 oz-wt	170	FG	100	0.0	0.0%	0.0	0.0%	0	yes	80	0	7	1.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01001-4; Case UPC 108-94700-01001-1	8/7/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

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**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Chobani, Inc.	Non-fat Greek Yogurt, Pomegranate, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01015-1; Case UPC 108-94700-01015-8	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Pomegranate, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	75	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01015-1; Case UPC 108-94700-01015-8	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Raspberry, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	60	<1	16	3.0	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01012-0; Case UPC 108-94700-01012-7	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Raspberry, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	65	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01012-0; Case UPC 108-94700-01012-7	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Strawberry Fruit on the Bottom, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	65	0	19	3.2	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01004-5; Case UPC 108-94700-01004-2	8/7/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Strawberry, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	15	2.8	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01004-5; Case UPC 108-94700-01004-2	11/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
				General Standards	Nutrient Standards																		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup		
Chobani, Inc.	Non-fat Greek Yogurt, Vanilla, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	60	<1	13	2.5	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston	UPC 8-94700-01002-1; Case UPC 108-94700-01002-8	11/25/13	X	X
Chobani, Inc.	Non-fat Greek Yogurt, Vanilla, 6 oz	6 oz-wt	170	FG	130	0.0	0.0%	0.0	0.0%	0	yes	80	0	16	2.7	yes	yes	yes	Cityline, HPC, Sysco CT, Thurston,	UPC 8-94700-01002-1; Case UPC 108-94700-01002-8	8/7/13	X	X
ConAGra Foods	Hunt Snack Pack Fat-Free Vanilla Pudding, 3.5 oz	3.5 oz-wt	99	FG	80	0.0	0.0%	0.0	0.0%	0	yes	140	0	14	4.0	yes	yes	yes	Thurston	UPC 0-27000-55402-9; UPC case 000-27000-55402-9	10/21/14		
Dannon	Danimals Strawberry Banana Nonfat Yogurt, 4 oz	4 oz-wt	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	65	0	13	3.3	yes	yes	yes	HPC, Thurston, US Foods	Code 2732; Case UPC 200-36632-02732-4	7/18/13	X	X
Dannon	Danimals Strawberry Nonfat Yogurt, 4 oz	4 oz-wt	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	65	0	13	3.3	yes	yes	yes	HPC, Sysco CT, Thurston	Code 2731; Case UPC 200-36632-02731-7	7/18/13	X	X
Dannon	Danimals Vanilla Nonfat Yogurt, 4 oz	4 oz-wt	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	60	0	13	3.3	yes	yes	yes	HPC, Sysco CT, Thurston	Code 2733; Case UPC 200-36632-02733-1	7/18/13	X	X



**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																	
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg										No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Dannon	Oikos Greek Nonfat Yogurt, Black Cherry Fruit on the Bottom, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	50	0	20	3.8	yes	yes	yes	HPC, US Foods	Code 3215; UPC 0-36632-03215-7; Case UPC 200-36632-03215	7/18/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Blueberry Fruit on the Bottom, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	50	0	16	3.0	yes	yes	yes	HPC, PFG, US Foods	Code 2716; UPC 0-36632-02716-0; Case UPC 000-36632-02716	7/18/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Blueberry, 4 oz	4 oz-wt	113	FG	100	0.0	0.0%	0.0	0.0%	0	yes	40	0	14	3.5	yes	yes	yes	InFusion Sales Group	Code 3294	9/26/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Peach Fruit on the Bottom, 5.3 oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0	yes	45	0	19	3.6	yes	yes	yes	HPC, PFG, US Foods	UPC 0-36632-02730-6; Case UPC 200-36632-02730-0	7/18/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Plain, 5.3 oz	5.3 oz-wt	150	FG	80	0.0	0.0%	0.0	0.0%	0	yes	50	0	6	1.1	yes	yes	yes	US Foods	Code 2714; UPC 0-36632-02714-6; Case UPC 000-36632-02714	7/18/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
				General Standards	Nutrient Standards																		
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine			No artificial flavors or colors	No high fructose corn syrup	
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review		
Dannon	Oikos Greek Nonfat Yogurt, Plain, 8 oz	8 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	80	0	9	1.1	yes	yes	yes	HPC, Sysco CT	Code 2753; UPC 0-36632-02753-5; Case UPC 200-36632-02753-9. Bulk 32 ounce Item: <b>Maximum portion size is 1 cup.</b>	7/18/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Strawberry Fruit on the Bottom, 5.3 oz	5.3 oz-wt	150	FG	120	0.0	0.0%	0.0	0.0%	0	yes	50	0	18	3.4	yes	yes	yes	HPC, Sysco CT, Thurston, US Foods	Code 2715; UPC 0-36632-02715-3; Case UPC 000-36632-02715-3	7/18/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	40	0	14	3.5	yes	yes	yes	InFusion Sales Group	Code 3293	9/26/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Vanilla, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	35	0	14	3.5	yes	yes	yes	InFusion Sales Group	Code 1914	9/26/13	X	X
Dannon	Oikos Greek Nonfat Yogurt, Vanilla, 5.3 oz	5.3 oz-wt	150	FG	110	0.0	0.0%	0.0	0.0%	0	yes	50	0	16	3.0	yes	yes	yes	HPC, Sysco CT, Thurston, US Foods	Code 2717; UPC 0-36632-02717-7; Case UPC 000-36632-02717-7	7/18/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																	
General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Dannon	Oikos Greek Nonfat Yogurt, Vanilla, 8 oz	8 oz-wt	227	FG	190	0.0	0.0%	0.0	0.0%	0	yes	70	0	27	3.4	yes	yes	yes	HPC, Sysco CT	UPC 0-36632-02754-2; Case UPC 200-36632-02754-6. Bulk 32 ounce Item: <b>Maximum portion size is 1 cup.</b>	7/18/13	X	X
General Mills	Yoplait Go Big Lowfat Yogurt Pouch, Strawberry, 4 oz	4 oz-wt	113	FG	100	1.5	13.5%	1.0	9.0%	0	yes	70	0	12	3.0	yes	yes	yes	HPC, Sysco CT, Thurston, PFG Springfield	UPC 0-70470-47402-1; Case UPC 000-70470-47402-1	4/28/16	X	X
General Mills	Yoplait Go Big Low-Yogurt, Blueberry, 4 oz	4 oz-wt	113	FG	100	1.5	13.5%	1.0	9.0%	0	yes	70	0	12	3.0	yes	yes	yes	HPC, Thurston	UPC 0-70470-14603-4; Case (48 count) UPC 100-70470-14914-8	3/4/19	X	X
General Mills	Yoplait Go Big Low-Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	100	1.5	13.5%	1.0	9.0%	0	yes	70	0	12	3.0	yes	yes	yes	HPC, Thurston	UPC 0-70470-47402-1; Case (48 count) UPC 100-70470-49295-4	3/4/19	X	X
General Mills	Yoplait Go-Gurt, Strawberry, 2 oz	2 oz-wt	56	FG	50	0.5	9.0%	0.0	0.0%	0	yes	30	0	8	4.0	yes	yes	yes	HPC, Sysco, Thurston	UPC 0-70470-49295-4; Case (96 count) UPC 100-70470-49295-4	7/7/17	X	X
General Mills	Yoplait Greek Blended Yogurt, Blueberry, 5.3 oz	5.3 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	50	0	18	3.4	yes	yes	yes	PFG Springfield, Sysco CT	UPC 0-70470-45916-5; Case UPC 100-70470-45916-2	7/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
				General Standards	Nutrient Standards																		
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine			No artificial flavors or colors	No high fructose corn syrup	
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review		
General Mills	Yoplait Greek Blended Yogurt, Cherry, 5.3oz	5.3 oz-wt	150	FG	130	0.0	0.0%	0.0	0.0%	0		50	0	16	3.0	X	X	X	Gordon's	Code 48385000; Case UPC 100-70470-48385-3	4/2/14	X	X
General Mills	Yoplait Greek Blended Yogurt, Pineapple, 5.3 oz	5.3 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	50	0	18	3.4	yes	yes	yes	PFG Springfield, Sysco CT	UPC 0-70470-45912-7; Case UPC 100-70470-45912-4	7/25/13	X	X
General Mills	Yoplait Greek Blended Yogurt, Strawberry Raspberry, 5.3 oz	5.3 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	50	0	18	3.4	yes	yes	yes	PFG Springfield, Sysco CT	UPC 0-70470-45915-8; Case UPC 100-70470-45915-5	7/25/13	X	X
General Mills	Yoplait Greek Blended Yogurt, Vanilla, 5.3 oz	5.3 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	50	0	18	3.4	yes	yes	yes	PFG Springfield, Sysco CT	UPC 0-70470-45913-4; Case UPC 100-70470-45913-1	7/25/13	X	X
General Mills	Yoplait Greek Yogurt, Blueberry, 3.5 oz	3.5 oz-wt	99	FG	90	0.0	0.0%	0.0	0.0%	0	yes	35	0	12	3.4	yes	yes	yes	Gordon's	UPC 0-70470-49159-2; Case (24 count) UPC 100-70470-49159-9	10/24/16	X	X
General Mills	Yoplait Greek Yogurt, Honey Vanilla, 4 oz	4 oz-wt	170	FG	100	0.0	0.0%	0.0	0.0%	0	yes	80	0	12	3.0	yes	yes	yes	Special Order Sysco CT, Thurston	UPC 0-70470-42885-7; Case UPC 100-70470-42885-4	7/25/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																	
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg										No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
General Mills	Yoplait Greek Yogurt, Strawberry, 3.5 oz	3.5 oz-wt	99	FG	90	0.0	0.0%	0.0	0.0%	0	yes	35	0	12	3.4	yes	yes	yes	Gordon's	UPC 0-70470-49158-5; Case (24 count) UPC 100-70470-49158-2	10/24/16	X	X
General Mills	Yoplait Greek Yogurt, Strawberry, 4 oz	4 oz-wt	170	FG	110	0.0	0.0%	0.0	0.0%	0	yes	65	0	13	3.3	yes	yes	yes	Special Order Sysco CT, Thurston	UPC 0-70470-42375-3; Case UPC 100-70470-4375-0	7/25/13	X	X
General Mills	Yoplait Original Yogurt Variety Pack, Harvest Peach, 6 oz	6 oz-wt	170	FG	150	2.0	12.0%	1.0	6.0%	0	yes	95	0	18	3.0	yes	yes	yes	Gordon's	Product Code 18824000; UPC 0-70470-18824-9; Case UPC 100-70470-18824-6	10/21/15	X	X
General Mills	Yoplait Original Yogurt Variety Pack, Mountain Blueberry, 6 oz	6 oz-wt	170	FG	150	2.0	12.0%	1.0	6.0%	0	yes	95	0	18	3.0	yes	yes	yes	Gordon's	Product Code 18824000; UPC 0-70470-18824-9; Case UPC 100-70470-18824-6	10/21/15	X	X
General Mills	Yoplait Original Yogurt Variety Pack, Strawberry, 6 oz	6 oz-wt	170	FG	150	2.0	12.0%	1.0	6.0%	0	yes	95	0	18	3.0	yes	yes	yes	Gordon's	Product Code 18824000; UPC 0-70470-18824-9; Case UPC 100-70470-18824-6	10/21/15	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																		
General Standards	Nutrient Standards																	
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
General Mills	Yoplait ParfaitPro Greek Honey Vanilla Fat Free Yogurt, 8 oz	8 oz-wt	227	FG	200	0.0	0.0%	0.0	0.0%	0	yes	150	0	24	3.0	yes	yes	yes	HPC, Sysco CT, Thurston, US Foodservice	Code 41167; Case UPC 100-70470-41167-2. <b>Bulk Item: Maximum portion size is 1 cup without added ingredients.</b>	7/25/13	X	
General Mills	Yoplait ParfaitPro Strawberry Lowfat Yogurt, 8 oz	8 oz-wt	227	FG	200	1.5	6.8%	1.0	4.5%	0	yes	105	0	28	3.5	yes	yes	yes	HPC, Sysco CT, Thurston, US Foodservice	Code 16631; Case UPC 100-70470-16631-2. <b>Bulk Item: Maximum portion size is 1 cup without added ingredients.</b>	7/25/13	X	
General Mills	Yoplait ParfaitPro Vanilla Lowfat Yogurt, 8 oz	8 oz-wt	227	FG	200	1.5	6.8%	1.0	4.5%	0	yes	105	0	28	3.5	yes	yes	yes	HPC, Sysco CT, Thurston, US Foodservice	Code 16632; Case UPC 100-70470-16632-9. <b>Bulk Item: Maximum portion size is 1 cup without added ingredients.</b>	7/25/13	X	
General Mills	Yoplait Smooth Gluten Free Low Fat Yogurt, Horchata, 4 oz	4 oz-wt	113	FG	100	0.5	4.5%	0.0	0.0%	0	yes	60	0	14	3.5	yes	yes	yes	HPC, PFG, Sysco CT, Thurston	UPC 0-70470-15675-0; Case (48 count) UPC 100-70470-15675-7	4/1/21		X
General Mills	Yoplait Smooth Gluten Free Low Fat Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	100	0.5	4.5%	0.0	0.0%	0	yes	60	0	14	3.5	yes	yes	yes	HPC, PFG, Sysco CT, Thurston	UPC 0-70470-15677-4; Case (48 count) UPC 100-70470-15677-1	4/1/21	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																	
General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
General Mills	Yoplait Smooth Gluten Free Low Fat Yogurt, Vanilla, 4 oz	4 oz-wt	113	FG	100	0.5	4.5%	0.0	0.0%	0	yes	60	0	14	3.5	yes	yes	yes	HPC, PFG, Sysco CT, Thurston	UPC 0-70470-15676-7; Case (48 count) UPC 100-70470-15676-4	4/1/21	X	X
General Mills	Yoplait Trix Lowfat Yogurt, Raspberry Rainbow, 4 oz	4 oz-wt	113	FG	80	0.5	5.6%	0.5	5.6%	0	yes	65	0	9	2.3	yes	yes	yes	HPC, Sysco, Thurston	UPC 0-70470-17725-0; Case (48 count) UPC 100-70470-17725-0	7/7/17	X	X
General Mills	Yoplait Trix Lowfat Yogurt, Strawberry Banana Bash, 4 oz	4 oz-wt	113	FG	80	0.5	5.6%	0.5	5.6%	0	yes	60	0	9	2.3	yes	yes	yes	HPC, Sysco, Thurston	UPC 0-70470-17726-7; Case (48 count) UPC 100-70470-17726-7	7/7/17	X	X
General Mills	Yoplait Trix Lowfat Yogurt, Triple Cherry, 4 oz	4 oz-wt	113	FG	80	0.5	5.6%	0.5	5.6%	0	yes	65	0	9	2.3	yes	yes	yes	HPC, Sysco, Thurston	UPC 0-70470-31077-7; Case (48 count) UPC 100-70470-31077-7	7/7/17	X	X
Johanna Foods Inc.	La Yogurt Original Probiotic Lowfat Yogurt, Vanilla, 6 oz	6 oz-wt	170	FG	150	1.5	9.0%	1.0	6.0%	0	yes	95	0	23	3.8	yes	yes	yes	Wade's Dairy	UPC 0-53600-00053-6	8/8/13	X	X
Kozy Shack	Courageous Pudding, Chocolate, 3.75 oz	3.75 oz-wt	106	FG	100	1.0	9.0%	0.5	4.5%	0	yes	105	3	14	3.7	yes	yes	yes	HPC	Item Code 189030; UPC 0-73491-03710-7; Case UPC 100-73491-03710-4	8/5/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
				General Standards	Nutrient Standards																		
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine			No artificial flavors or colors	No high fructose corn syrup	
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review		
Kozy Shack	Courageous Pudding, Vanilla, 3.75 oz	3.75 oz-wt	106	FG	100	0.5	4.5%	0.5	4.5%	0	yes	130	3	15	4.0	yes	yes	yes	HPC	Item Code 189070; UPC 0-73491-03720-6; Case UPC 1000-73491-03720-3	8/5/13	X	X
Kozy Shack	Pudding, Original Rice, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	130	0	14	3.5	yes	yes	yes	HPC, Sysco CT, US Foods	UPC 0-73491-03015-3; Case UPC 100-73491-03015-0	8/19/13	X	X
Kozy Shack	Pudding, Tapioca, 4 oz	4 oz-wt	113	FG	120	2.0	15.0%	1.0	7.5%	0	yes	135	0	16	4.0	yes	yes	yes	HPC, Sysco CT, US Foods	UPC 0-73491-03125-9; Case UPC 100-73491-03125-6	8/19/13	X	X
Quaker	Muller Greek Corner, Lowfat Yogurt with Blueberry, 5.3 oz	5.3 oz-wt	150	FG	140	2.0	12.9%	1.0	6.4%	0	yes	65	1	21	4.0	yes	yes	yes	Tropicana Chilled DSD	UPC 0-30000-00914-7; Case UPC 000-30000-00914-7	2/19/14	X	X
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Blackberry, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	45	0	18	3.0	yes	yes	yes	UNFI	UPC 0-43192-70013-6	8/7/13	X	X
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Blueberry, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	45	0	18	3.0	yes	yes	yes	UNFI	UPC 0-43192-70016-7	8/7/13	X	X



**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																					BETTER CHOICE RECOMMENDATIONS Choose products that meet all recommendations.		
General Standards				Nutrient Standards																	No artificial flavors or colors	No high fructose corn syrup	
Manufacturer	Food Item	Package or Serving Size	Weight (g)	1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg		≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes			Date of Review
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Honey, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	50	0	12	2.0	yes	yes	yes	UNFI	UPC 0-43192-70012-9	8/7/13	X	X
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Plain, 6 oz	6 oz-wt	170	FG	120	0.0	0.0%	0.0	0.0%	0	yes	55	0	7	1.2	yes	yes	yes	UNFI	UPC 0-43192-70011-2	8/7/13	X	X
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Raspberry, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	45	0	18	3.0	yes	yes	yes	UNFI	UPC 0-43192-70015-0	8/7/13	X	X
Springfield Creamery	Nancy's Nonfat Organic Probiotic Greek Yogurt, Strawberry, 6 oz	6 oz-wt	170	FG	140	0.0	0.0%	0.0	0.0%	0	yes	45	0	18	3.0	yes	yes	yes	UNFI	UPC 0-43192-70016-7	8/7/13	X	X
Springfield Creamery	Nancy's Organic Cultured Soy, Blackberry, 6 oz	6 oz-wt	170	FG	140	3.5	22.5%	0.0	0.0%	0	yes	20	4	13	2.2	yes	yes	yes	UNFI	UPC 0-43192-61010-7	8/7/13	X	X
Springfield Creamery	Nancy's Organic Cultured Soy, Blueberry, 6 oz	6 oz-wt	170	FG	140	3.5	22.5%	0.0	0.0%	0	yes	20	3	13	2.2	yes	yes	yes	UNFI	UPC 0-43192-61020-6	8/7/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Springfield Creamery	Nancy's Organic Cultured Soy, Mango, 6 oz	6 oz-wt	170	FG	170	3.0	15.9%	0.0	0.0%	0	yes	20	3	23	3.8	yes	yes	yes	UNFI	UPC 0-43192-61070-1	8/7/13	X	X
Springfield Creamery	Nancy's Organic Cultured Soy, Raspberry, 6 oz	6 oz-wt	170	FG	140	3.5	22.5%	0.0	0.0%	0	yes	20	4	13	2.2	yes	yes	yes	UNFI	UPC 0-43192-61040-4	8/7/13	X	X
Springfield Creamery	Nancy's Organic Cultured Soy, Strawberry	6 oz-wt	170	FG	140	3.5	22.5%	0.0	0.0%	0	yes	20	3	12	2.0	yes	yes	yes	UNFI	UPC 0-43192-61050-3	8/7/13	X	X
Springfield Creamery	Nancy's Organic Cultured Soy, Vanilla	6 oz-wt	170	FG	120	3.0	22.5%	0.0	0.0%	0	yes	20	3	10	1.7	yes	yes	yes	UNFI	UPC 0-43192-61080-0	8/7/13	X	X
Stonyfield Farm	Fruit on the Bottom Fat Free Yogurt, Blueberry	6 oz-wt	170	FG	120	0.0	0.0%	0.0	0.0%	0	yes	135	<1	21	3.5	yes	yes	yes	InFusion Sales Group	UPC 0-52159-00044-8	7/26/13	X	X
Stonyfield Farm	Fruit on the Bottom Fat Free Yogurt, Pomegranate Raspberry, 6 oz	6 oz-wt	170	FG	120	0.0	0.0%	0.0	0.0%	0	yes	135	<1	22	3.7	yes	yes	yes	InFusion Sales Group	UPC 0-52159-00071-9	7/26/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Stonyfield Farm	Fruit on the Bottom Fat Free Yogurt, Strawberry, 6 oz	6 oz-wt	170	FG	110	0.0	0.0%	0.0	0.0%	0	yes	135	<1	21	3.5	yes	yes	yes	InFusion Sales Group	UPC 0-52159-00041-7	7/26/13	X	X
Stonyfield Farm	Fruit on the Bottom Low Fat Yogurt, Blueberry, 6 oz	6 oz-wt	170	FG	120	1.5	11.3%	1.0	7.5%	0	yes	105	<1	21	3.5	yes	yes	yes	InFusion Sales Group	UPC 0-52159-04001-7	7/26/13	X	X
Stonyfield Farm	Fruit on the Bottom Low Fat Yogurt, Peach, 6 oz	6 oz-wt	170	FG	120	1.5	11.3%	1.0	7.5%	0	yes	105	<1	22	3.7	yes	yes	yes	InFusion Sales Group	UPC 0-52159-04008-6	7/26/13	X	X
Stonyfield Farm	Fruit on the Bottom Low Fat Yogurt, Strawberry, 6 oz	6 oz-wt	170	FG	120	1.5	11.3%	1.0	7.5%	0	yes	125	<1	21	3.5	yes	yes	yes	InFusion Sales Group	UPC 0-52159-04006-2	7/26/13	X	X
Stonyfield Farm	Greek Organic Nonfat Chocolate, 4 oz	4 oz-wt	113	FG	110	0.0	0.0%	0.0	0.0%	0	yes	40	<1	16	4.0	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53056-3 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Blueberry, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	40	0	11	2.8	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53053-2 (4 packs)	7/26/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																	
General Standards		Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)		≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine				

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Stonyfield Farm	Greek Organic Yogurt, Nonfat Caramel, 4 oz	4 oz-wt	113	FG	110	0.0	0.0%	0.0	0.0%	0	yes	60	0	16	4.0	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53055-6 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Honey, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	40	0	13	3.3	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53052-5 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Plain, 4 oz	4 oz-wt	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	45	0	5	1.3	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53050-1 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Strawberry, 4 oz	4 oz-wt	113	FG	100	0.0	0.0%	0.0	0.0%	0	yes	85	0	13	3.3	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53054-9 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Superfruit, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	60	0	12	3.0	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53057-0 (4 packs)	7/26/13	X	X
Stonyfield Farm	Greek Organic Yogurt, Nonfat Vanilla, 4 oz	4 oz-wt	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	50	0	9	2.3	yes	yes	yes	InFusion Sales Group	UPC 0-52159-53051-8 (4 packs)	7/26/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg					≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Stonyfield Farm	YoKids Organic Lowfat Yogurt, Banana Strawberry, 4 oz	4 oz-wt	113	FG	80	1.0	11.3%	0.5	5.6%	0	yes	65	0	13	3.3	yes	yes	yes	PFG Springfield	6 pack with Strawberry: 24 count UPC 0-52159-09003-6; 48 count UPC 0-52159-09062-3	7/26/13	X	X
Stonyfield Farm	YoKids Organic Lowfat Yogurt, Blueberry, 4 oz	4 oz-wt	113	FG	80	1.0	11.3%	0.5	5.6%	0	yes	80	0	13	3.3	yes	yes	yes	Sysco, PFG Springfield	24 count UPC 0-52159-09004-3 (6 pack with Strawberry Vanilla)	7/26/13	X	X
Stonyfield Farm	YoKids Organic Lowfat Yogurt, Strawberry Vanilla, 4 oz	4 oz-wt	113	FG	80	1.0	11.3%	0.5	5.6%	0	yes	70	0	13	3.3	yes	yes	yes	Sysco, PFG Springfield	24 count UPC 0-52159-09004-3 (6 pack with Blueberry)	7/26/13	X	X
Stonyfield Farm	YoKids Organic Lowfat Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	80	1.0	11.3%	0.5	5.6%	0	yes	70	0	13	3.3	yes	yes	yes	PFG Springfield	6 pack with Banana Strawberry: 24 count UPC 0-52159-09003-6; 48 count UPC 0-52159-09062-3	7/26/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Stonyfield Organic	YoKids Squeezers Lowfat Yogurt, Berry, 2 oz	2 oz-wt	57	FG	60	1.0	15.0%	0.5	7.5%	0	yes	35	0	8	4.0	yes	yes	yes	Sysco CT	4 Cherry & 4 Berry Pack UPC 0-52159-00083-7; Case UPC 200-52159-00083-1	5/24/16	X	X
Stonyfield Organic	YoKids Squeezers Lowfat Yogurt, Blueberry, 2 oz	2 oz-wt	57	FG	60	1.0	15.0%	0.5	7.5%	0	yes	35	0	8	4.0	yes	yes	yes	Sysco CT	4 Lemonade & 4 Blueberry Pack UPC 0-52159-00010-2; Case UPC 200-52159-70010-6	5/24/16	X	X
Stonyfield Organic	YoKids Squeezers Lowfat Yogurt, Cherry, 2 oz	2 oz-wt	57	FG	60	1.0	15.0%	0.5	7.5%	0	yes	35	0	8	4.0	yes	yes	yes	Sysco CT	4 Cherry & 4 Berry Pack UPC 0-52159-00083-7; Case UPC 200-52159-00083-1	5/24/16	X	X
Stonyfield Organic	YoKids Squeezers Lowfat Yogurt, Lemonade, 2 oz	2 oz-wt	57	FG	60	1.0	15.0%	0.5	7.5%	0	yes	35	0	8	4.0	yes	yes	yes	Sysco CT	4 Lemonade & 4 Blueberry Pack UPC 0-52159-00010-2; Case UPC 200-52159-70010-6	5/24/16	X	X
Stonyfield Organic	YoKids Squeezers Lowfat Yogurt, Strawberry, 2 oz	2 oz-wt	57	FG	60	1.0	15.0%	0.5	7.5%	0	yes	35	0	8	4.0	yes	yes	yes	Sysco CT	UPC 0-52159-00081-3; Case UPC 200-52159-00081-7	5/24/16	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

SNACKS																	
General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Upstate Farms	Greek Nonfat Blended Plain Yogurt, 8 oz (Bulk 2 lb Container)	8 oz-wt	227	FG	140	0.0	0.0%	0.0	0.0%	0	yes	75	0	6	0.8	yes	yes	yes	Thurston	Code 9700; UPC 0-78800-11362-6; Case UPC 100-78800-11362-3. <b>Bulk Item (2 lb): Maximum portion size is 1 cup without added ingredients.</b>	2/4/14	X	X
Upstate Farms	Greek Nonfat Blended Vanilla Yogurt, 8 oz (Bulk 2 lb Container)	8 oz-wt	227	FG	200	0.0	0.0%	0.0	0.0%	0	yes	75	0	25	3.1	yes	yes	yes	Thurston	78800-11363-3; Case UPC 100-78800-11363-0. <b>Bulk Item (2 lb): Maximum portion size is 1 cup without added ingredients.</b>	2/4/14	X	X
Upstate Farms	Nonfat Blended Yogurt, Blueberry, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	55	<1	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9816; UPC 0-78800-11290-2; Case (48 count) UPC 100-78800-11290-9	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Blueberry, 8 oz	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9832; UPC 0-78800-11298-8; Case UPC 100-78800-11298-5	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Blueberry, 8 oz (Bulk 5 lb Container)	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9881; UPC 0-78800-11333-6; Case UPC 100-78800-11333-3. Bulk Item (5 lb).	8/6/13	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards																	
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg									≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Upstate Farms	Nonfat Blended Yogurt, Cherry Vanilla, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	55	<1	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9819; UPC 0-78800-11293-3; Case (48 count) UPC 100-78800-11293-0	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Cherry Vanilla, 8 oz	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9835; UPC 0-78800-11301-5; Case UPC 100-78800-11301-2	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Peach, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	55	0	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9818; UPC 0-78800-11292-6; Case UPC 100-78800-11292-3	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Peach, 8 oz	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9834; UPC 0-78800-11300-8; Case UPC 100-78800-11300-5	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Plain, 4 oz	4 oz-wt	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	90	0	7	1.8	yes	yes	yes	Sysco CT, Thurston	Code 9821; UPC 0-78800-11328-2; Case UPC 100-78800-11328-9	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Plain, 8 oz (Bulk 5 lb Container)	8 oz-wt	227	FG	120	0.0	0.0%	0.0	0.0%	0	yes	170	0	14	1.8	yes	yes	yes	Sysco CT, Thurston	Code 9885; UPC 0-78800-113305-3; Case UPC 100-78800-11305-0. Bulk Item (5 lb).	8/6/13	X	X



**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg					≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Upstate Farms	Nonfat Blended Yogurt, Raspberry, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	55	<1	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9817; UPC 0-78800-11291-9; Case (48 count) UPC 100-78800-11291-6	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Strawberry Banana, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	55	<1	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9820; UPC 0-78800-11295-7; Case (48 count) UPC 100-78800-11295-4	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Strawberry Banana, 8 oz	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9836; UPC 0-78800-11302-2; Case UPC 100-78800-11302-9	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Strawberry, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	50	<1	15	3.8	yes	yes	yes	Sysco CT, Thurston	Code 9815; UPC 0-78800-11289-6; Case (48 count) UPC 100-78800-11289-3	2/28/19	X	X

**YOGURT, PUDDING AND COTTAGE CHEESE, including cultured soy and parfaits**

**SNACKS**

General Standards	Nutrient Standards															
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg					≤4 g per ounce	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	Grams of sugars per ounce	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup
Upstate Farms	Nonfat Blended Yogurt, Strawberry, 8 oz	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9831; UPC 0-78800-11297-1; Case UPC 100-78800-11297-8	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Strawberry, 8 oz (Bulk 5 lb Container)	6 oz-wt	170	FG	130	0.0	0.0%	0.0	0.0%	0	yes	80	0	22	3.7	yes	yes	yes	Sysco CT, Thurston	Code 9884; UPC 0-78800-11304-6; Case (4 count) UPC 100-78800-11304-3. Bulk Item (5 lb): <b>Maximum portion size is 1 cup without added ingredients.</b>	2/28/19	X	X
Upstate Farms	Nonfat Blended Yogurt, Vanilla, 4 oz	4 oz-wt	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	75	0	16	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9891; UPC 0-78800-11329-9; Case UPC 100-78800-11329-6	8/6/13	X	X
Upstate Farms	Nonfat Blended Yogurt, Vanilla, 8 oz (Bulk 5 lb Container)	8 oz-wt	227	FG	180	0.0	0.0%	0.0	0.0%	0	yes	150	0	32	4.0	yes	yes	yes	Sysco CT, Thurston	Code 9886; UPC 0-78800-113323-7; Case UPC 100-78800-11323-4. <b>Bulk Item (5 lb): Maximum portion size is 1 cup without added ingredients.</b>	8/6/13	X	X