

Resources for the Child and Adult Care Food Program Meal Patterns

This list includes resources and websites to assist child care centers, family day care homes, emergency shelters, at-risk afterschool care centers, and adult day care centers with meeting the U.S. Department of Agriculture's (USDA) meal pattern and crediting requirements for the Child and Adult Care Food Program (CACFP). For links to information on federal and state requirements and guidance, visit the Connecticut State Department of Education's (CSDE) [Program Guidance for CACFP Child Care Programs](#) and [Program Guidance for CACFP Adult Day Care Centers](#) webpages. For additional guidance, please contact the CSDE's [CACFP staff](#).

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Child Nutrition (CN) Labels

Authorized Manufacturers and Labels (USDA):

<https://www.fns.usda.gov/cnlabeling/usdausdc-authorized-labels-and-manufacturers>

CN Labeling Program (USDA):

<https://www.fns.usda.gov/cn/labeling-program>

Food Manufacturers/Industry (USDA):

<https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry>

USDA Memo SP 11-2015v2, CACFP 10-2015 and SFSP 13-2015: CN Labels Copied with a Watermark Acceptable Documentation:

<https://www.fns.usda.gov/cn/cn-labels-copied-watermark-acceptable-documentation>

USDA Memo SP 27-2015, CACFP 09-2015 and SFSP 12-2015: Administrative Review Process Regarding the Child Nutrition (CN) Label, Watermarked CN Label and Manufacturer's Product Formulation Statement:

<https://www.fns.usda.gov/cn/administrative-review-process-regarding-child-nutrition-cn-label>

Using Child Nutrition (CN) Labels in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Using_CN_labels_CACFP.pdf

Resources for the CACFP Meal Patterns

Crediting Documentation

Accepting Processed Product Documentation in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Accepting_Processed_Product_Documentation_CACFP.pdf

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 2: Meal Pattern Documentation (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Crediting Commercial Processed Products in CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#CommercialProducts>

Crediting Commercial Processed Products in Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#CommercialProducts>

Crediting Foods in CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers>

Crediting Foods in CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs>

Crediting Foods Made from Scratch in Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#ScratchFoods>

Crediting Foods Made from Scratch in CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#ScratchFoods>

Crediting Handbook for the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Crediting Summary Charts for the CACFP Adult Meal Patterns (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Crediting_Summary_Charts_CACFP_Adults.pdf

Crediting Summary Charts for the CACFP Meal Patterns for Children (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Crediting_Summary_Charts_CACFP.pdf

Resources for the CACFP Meal Patterns

Crediting Worksheets for CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#CreditingWorksheets>

Crediting Worksheets for CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#CreditingWorksheets>

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

Standardized Recipe Form for the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Standardized_Recipe_Form_CACFP.docx

Standardized Recipes in CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#StandardizedRecipes>

Standardized Recipes in CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#StandardizedRecipes>

USDA Memo CACFP 17-2017: Documenting Meals in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/documenting-meals-child-and-adult-care-food-program>

USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:

<https://fns-prod.azureedge.net/sites/default/files/resource-files/TA07-2010v3os.pdf>

Using Child Nutrition (CN) Labels in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Using_CN_labels_CACFP.pdf

Using Product Formulation Statements in the CACFP (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Using_Product_Formulation_Statements_CACFP.pdf

Resources for the CACFP Meal Patterns

Yield Study Form for Child Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Yield_Study_Form.pdf

Fruits Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 5: Fruits Component (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Crediting Juice in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Juice_CACFP.pdf

Crediting Smoothies in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Smoothies_CACFP.pdf

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf

Food Buying Guide Section 3: Yield Table for Fruits (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf

Fruits Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Fruits>

Fruits Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Fruits>

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Total_Veg_Fruits.pdf

USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:

<https://www.fns.usda.gov/cacfp/vegetable-and-fruit-requirements-cacfp-qas>

Resources for the CACFP Meal Patterns

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

Grains Component

Adding Whole Grains to Your CACFP Menu – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/adding-whole-grains-your-cacfp-menu>

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7A: Grains Component Crediting Requirements (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7B: Grains Component Whole Grain-rich Requirement (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7C: Grains Component Ounce Equivalents (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

CACFP Adult Center Worksheet 1: Crediting Commercial Grain in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Adult_Centers_Worksheet1_Crediting_Commerical_Grains.xlsx

CACFP Adult Center Worksheet 2: Crediting Ready-to-eat Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Adult_Centers_Worksheet2_Crediting_RTE_Breakfast_Cereals.xlsx

CACFP Adult Center Worksheet 3: Crediting Cooked Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Adult_Centers_Worksheet3_Crediting_Cooked_Cereals.xlsx

CACFP Adult Center Worksheet 4: Crediting Family-size Recipes for Grains in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Adult_Centers_Worksheet4_Crediting_Grains_Family_Size_Recipes.xlsx

Resources for the CACFP Meal Patterns

CACFP Adult Center Worksheet 5: Crediting Quantity Recipes for Grains in the CACFP

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Adult_Centers_Worksheet5_Crediting_Grains_Quantity_Recipes.xlsx

CACFP Child Care Worksheet 1: Crediting Commercial Grain in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Child_Care_Worksheet1_Crediting_Commercial_Grains.xlsx

CACFP Child Care Worksheet 2: Crediting Ready-to-eat Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Child_Care_Worksheet2_Crediting_RTE_Breakfast_Cereals.xlsx

CACFP Child Care Worksheet 3: Crediting Cooked Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Child_Care_Worksheet3_Crediting_Cooked_Cereals.xlsx

CACFP Child Care Worksheet 4: Crediting Family-size Recipes for Grains in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Child_Care_Worksheet4_Crediting_Grains_Family_Size_Recipes.xlsx

CACFP Child Care Worksheet 5: Crediting Quantity Recipes for Grains in the CACFP

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/CACFP_Child_Care_Worksheet5_Crediting_Grains_Quantity_Recipes.xlsx

Calculating Sugar Limits for Breakfast Cereals in the CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/calculating-sugar-limits-breakfast-cereals-cacfp>

Calculation Methods for Grain Ounce Equivalents in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Grain_Calculation_CACFP_Oz_Eq.pdf

Choose Breakfast Cereals that are Lower in Sugar – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/choose-breakfast-cereals-are-lower-sugar>

Crediting Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Cereals_CACFP.pdf

Crediting Enriched Grains in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Enriched_Grains_CACFP.pdf

Crediting Single-Serving Packages of Grains in the CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/crediting-single-serving-packages-grains-cacfp>

Resources for the CACFP Meal Patterns

Crediting Whole Grains in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Whole_Grains_CACFP.pdf

Determining Ounce Equivalents of Grains in CACFP Recipes – *Handout in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/determining-ounce-equivalents-grains-cacfp-recipes>

Exhibit A Grains Tool (USDA’s Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Exhibit A Grains Tool to the Rescue (USDA webinar):

<https://www.fns.usda.gov/tn/exhibit-grains-tool-rescue>

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):

<https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf>

Food Buying Guide Exhibit A Grains Tool (USDA):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf

Food Buying Guide Section 4: Yield Table for Grains (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf

Grain Ounce Equivalents for the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Grain_Oz_Eq_CACFP.pdf

Grain-based Desserts in the CACFP – *Handouts and webinars in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/grain-based-desserts-cacfp>

Grains Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE’s Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Grains>

Grains Component for CACFP Child Care Programs (Documents/Forms section of the CSDE’s Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Grains>

How to Identify Creditable Grains for the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Identify_Creditable_Grains_CACFP.pdf

Resources for the CACFP Meal Patterns

How to Maximize the Exhibit A Grains Tool (USDA webinar):

<https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool>

How to Spot Whole Grain-Rich Foods for the CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/how-spot-whole-grain-rich-foods-cacfp>

Identifying Whole Grain-rich Foods for the CACFP – *Handouts and webinars in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/identifying-whole-grain-rich-foods-cacfp>

Is My Recipe Whole Grain-Rich in the CACFP? – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/my-recipe-whole-grain-rich-cacfp>

Meeting the Whole Grain-rich Requirement for the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/WGR_Requirement_CACFP.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):

https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):

https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains_Oz_Eq.pdf

Recipe Analysis Workbook (USDA’s Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

USDA Final Rule (84 FR 50287): Delayed Implementation of Grains Ounce Equivalents in the Child and Adult Care Food Program:

<https://www.federalregister.gov/documents/2019/09/25/2019-20808/delayed-implementation-of-grains-ounce-equivalents-in-the-child-and-adult-care-food-program>

USDA Memo CACFP 09-2018: Grain Requirements in the Child and Adult Care Food Program; Questions and Answers:

<https://www.fns.usda.gov/cacfp/grain-requirements-cacfp-questions-and-answers>

USDA Memo CACFP 16-2017: Grain-Based Desserts in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/grain-based-desserts-child-and-adult-care-food-program>

USDA Memo SP 23-2019, CACFP 10-2019 and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs>

USDA Memo SP 34-2019, CACFP 15-2019 and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:

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<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

Using Ounce Equivalents for Grains in the CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/using-ounce-equivalents-grains-cacfp>

Using the WIC Food Lists to Identify Grains for the CACFP – Handouts and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/using-wic-food-lists-identify-grains-cacfp>

Infant Meal Pattern

Accepting/Rejecting Infant Formula in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/Accepting_Rejecting_Infant_Formula_CACFP.pdf

Accepting/Rejecting Infant Formula in the CACFP (Spanish): Aceptar/rechazar formula para infantes del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/FormularForm_Spanish.pdf

CACFP Infant Meal Pattern (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/Infant_Meal_Pattern.pdf

CACFP Trainer's Tools: Feeding Infants (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-cacfp-trainers-tools>

Crediting Store-Bought Combination Baby Foods in the CACFP (USDA):

<https://www.fns.usda.gov/tn/crediting-store-bought-combination-baby-foods-cacfp>

Feeding Infants in CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Feeding-Infants-in-CACFP-Child-Care-Programs>

Feeding Infants in the Child and Adult Care Food Program (Spanish): *Alimentación de Bebés en el Programa de Alimentos para el Cuidado de Niños y Adultos* (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/FeedingInfants-full-sp_r2.pdf

Feeding Infants in the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program>

Feeding Infants Using Ounce Equivalents for Grains in the CACFP (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-using-ounce-equivalents-grains-cacfp>

Infant Menu Form for Five days (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/Infant_Menu_Form_CACFP_5day.docx

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Infant Menu Form for Seven days (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/Infant_Menu_Form_CACFP_7day.docx

Nutrition Standards for CACFP Meals and Snacks (USDA):

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

Updated Child and Adult Care Meal Patterns: Infant Meals (Spanish): Patrón de comidas actualizado del programa de comidas para niños y adultos: Comidas para bebés (USDA):

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_InfantMealPattern_FactSheet_SPANISH_V2.pdf

Updated Child and Adult Care Meal Patterns: Infant Meals (USDA):

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_InfantMealPattern_FactSheet_V2.pdf

USDA Memo CACFP 02-2018: Feeding Infants and Meal Pattern Requirements in the Child and Adult Care Food Program; Questions and Answers:

<https://www.fns.usda.gov/cacfp/feeding-infants-and-meal-pattern-requirements-child-and-adult-care-food-program-questions-1>

Meal Modifications for Special Diets

Accommodating Special Diets in CACFP Adult Day Care Centers (CSDE guide):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Guide_Special_Diets_CACFP_Adults.pdf

Accommodating Special Diets in CACFP Child Care Programs (CSDE guide):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Guide_Special_Diets_CACFP.pdf

Action Planning Form (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Action_Planning_Form.docx

Allowable Milk Substitutes for Adult Participants without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP_Adults.pdf

Allowable Milk Substitutes for Children without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP.pdf

CSDE Operational Memorandum No. 2A-18: Requirements for Meal Modifications in CACFP Adult Day Care Centers:

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Memos/OM2018/OM02A18.pdf>

Resources for the CACFP Meal Patterns

CSDE Operational Memorandum No. 2C-18 and 2H-18: Requirements for Meal Modifications in CACFP Child Care Programs:

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Memos/OM2018/OM02C18_02H18.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Child Care Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Child Care Programs (Spanish): Orientación e instrucciones para la declaración médica para modificaciones de alimentos en los programas de cuidado infantil del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP_Spanish_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (Spanish): Orientación e instrucciones para la declaración médica para modificaciones de alimentos en los centros de cuidado diurno para adultos del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP_Spanish_Instructions.pdf

Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP.pdf

Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (Spanish):

Declaración médica para modificaciones de alimentos en los centros de cuidado diurno para adultos del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP_Spanish.pdf

Medical Statement for Meal Modifications in CACFP Child Care Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP.pdf

Resources for the CACFP Meal Patterns

Medical Statement for Meal Modifications in CACFP Child Care Programs (Spanish): Declaración médica para modificaciones de alimentos en los programas de cuidado infantil del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP_Spanish.pdf

Medical Statements for CACFP Adult Day Care Centers (“Documents/Forms” section of CSDE’s Special Diets in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-Centers/Documents#MedicalStatements>

Medical Statements for CACFP Child Care Programs (“Documents/Forms” section of CSDE’s Special Diets in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-Programs/Documents#MedicalStatements>

Requirements for Meal Modifications in CACFP Adult Day Care Centers (CSDE presentation):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Meal_Modifications_CACFP_Adults_Presentation.pdf

Requirements for Meal Modifications in CACFP Child Care Programs (CSDE presentation):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Meal_Modifications_CACFP_Presentation.pdf

Resource List for Special Diets in Child Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Special_Diets.pdf

Resources for Special Diets in Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs/Documents>

Sample Action Plan: Developing Policy for Meal Modifications in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Action_Policy_Special_Diets_CACFP.pdf

Sample Action Plan: Promoting Policy for Meal Modifications in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Action_Promote_Special_Diets_CACFP.pdf

Self-assessment of Adult Day Care Center Practices for Special Diets in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Assessment_Special_Diets_CACFP_Adults.pdf

Self-assessment of Child Care Practices for Special Diets in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Assessment_Special_Diets_CACFP.pdf

Resources for the CACFP Meal Patterns

Special Diets in CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-Centers>

Special Diets in CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-Programs>

Summary of Requirements for Accommodating Special Diets for Adult Participants in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Summary_Chart_Special_Diets_CACFP_Adults.pdf

Summary of Requirements for Accommodating Special Diets for Children in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Summary_Chart_Special_Diets_CACFP.pdf

USDA Memo CACFP 14-2017 and SFSP 10-2017: Modifications to Accommodate Disabilities in CACFP and SFSP:

<https://www.fns.usda.gov/modifications-accommodate-disabilities-cacfp-and-sfsp>

USDA Memo CACFP 17-2016: Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions in the CACFP, Q&As:

<https://www.fns.usda.gov/cacfp/nutrition-requirements-fluid-milk-and-fluid-milksubstitutions-cacfp-qas>

Meal Patterns

Bite Size: Meeting the CACFP Meal Patterns for Children (CSDE Webinars):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

CACFP Best Practices (USDA):

https://fns-prod.azureedge.us/sites/default/files/cacfp/CACFP_factBP.pdf

CACFP Meal Pattern Posters (USDA):

<https://www.fns.usda.gov/tn/meal-pattern-posters-cacfp>

CACFP Meal Pattern Training Slides (USDA):

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

CACFP Meal Pattern Training Tools (USDA):

<https://www.fns.usda.gov/cacfp-training-tools>

CACFP Meal Pattern Training Worksheets (USDA):

<https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets>

Resources for the CACFP Meal Patterns

CACFP Meal Patterns for Adults (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Meal_Pattern_CACFP.pdf

CACFP Meal Patterns for Children (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/CACFP_Meal_Pattern.pdf

Meal Pattern Requirements for CACFP Adult Day Care Centers (CSDE guide):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Guide_CACFP_Meal_Patterns_Adults.pdf

Meal Pattern Requirements for CACFP Child Care Programs (CSDE guide):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Guide_CACFP_Meal_Patterns.pdf

How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):

<https://portal.ct.gov/-/media/SDE/Nutrition/CNPMealPatternComparison.pdf>

Meal Patterns for CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers>

Meal Patterns for CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs>

Noncreditable Foods in CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Noncreditable_Foods_Adults_CACFP.pdf

Noncreditable Foods in CACFP Child Care Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Noncreditable_Foods_CACFP.pdf

Nutrition Standards for CACFP Meals and Snacks (USDA):

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

Updated Child and Adult Care Meal Patterns: Child and Adult Meals (USDA):

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_MealBP.pdf

Updated Child and Adult Care Meal Patterns: Child and Adult Meals (Spanish): Patrón de comidas actualizado del programa de comidas para niños y adultos: Comidas para niños y adultos (USDA):

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_MealPlan_Spanish.pdf

USDA Final Rule (81 FR 24347): CACFP Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010:

<https://www.fns.usda.gov/cacfp/fr-042516>

Resources for the CACFP Meal Patterns

USDA Final Rule Correction (81 FR 75671): CACFP Meal Pattern Revisions Related to the HHFKA of 2010:

<https://www.federalregister.gov/documents/2016/11/01/2016-26339/child-and-adult-care-food-program-meal-pattern-revisions-related-to-the-healthy-hunger-free-kids-act>

USDA Memo CACFP 08-2017: Questions and Answers on the Updated Meal Pattern Requirements for the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/questions-and-answers-updated-meal-pattern-requirements-child-and-adult-care-food-program>

Meal Service

Adult Day Care: A Child and Adult Care Food Program Handbook (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-child-and-adult-care-food-program-handbook>

Family Style Dining Guide: A Mealtime Approach for Early Care and Education Programs (Ohio Child Care Resource & Referral Association and The Nemours Foundation):

<https://occrra.org/wp-content/occrra/spec/spec-fsd.pdf>

Meal Service in CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Related-Resources#MealService>

Meal Service in CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#MealService>

Offer versus Serve in At-risk Afterschool Centers in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/AtRisk/OVS_At_Risk_CACFP.pdf

Offer versus Serve in Adult Day Care Centers in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/OVS_Adult_CACFP.pdf

Offer Versus Serve in the CACFP – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-cacfp>

Support Family Style Meals (Supplement E from Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program) (USDA):

https://fns-prod.azureedge.net/sites/default/files/tn/Supplement_E.PDF

The Basic Guide to Family Style Dining – Part 1 (ICN):

<https://theicn.org/resources/382/2013-mealtime-memos/106229/august-2013-the-basic-guide-to-family-style-dining-part-1.pdf>

Resources for the CACFP Meal Patterns

USDA Memo CACFP 05-17: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/offer-versus-serve-and-family-style-meals-child-and-adult-care-food-program>

Why You Should Serve Family Style (National CACFP Association):

https://www.cacfp.org/files/4415/3512/5506/Family_Style_Dining_Tips.pdf

Meat/Meat Alternates Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 4: Meat/Meat Alternates Component (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Calculating Sugar Limits for Yogurt in the CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/calculating-sugar-limits-yogurt-cacfp>

Choose Yogurts that are Lower in Sugar – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/choose-yogurts-are-lower-sugar>

Crediting Commercial Meat/Meat Alternate Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Commercial_MMA_CACFP.pdf

Crediting Deli Meats in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Deli_CACFP.pdf

Crediting Legumes in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Legumes_CACFP.pdf

Crediting Nuts and Seeds in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Nuts_Seeds_CACFP.pdf

Crediting Tofu and Tofu Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Tofu_CACFP.pdf

Crediting Yogurt in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Yogurt_CACFP.pdf

Food Buying Guide Section 1: Overview of Crediting Requirements for the Meat/Meat Alternates Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf

Resources for the CACFP Meal Patterns

Food Buying Guide Section 1: Yield Table for Meat/Meat Alternates (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf

Grab and Go Lesson: Defining Tofu and How It Credits in the CACFP (Institute of Child Nutrition):

<https://theicn.org/resources/1538/nutrition-and-meal-management/120776/benefits-for-using-standardized-recipes-in-the-cacfp.pdf>

Meat/Meat Alternates Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#MMA>

Meat/Meat Alternates Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#MMA>

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Meat_Meat_Alternate.pdf

Questions and Answers on Alternate Protein Products (APP) (USDA):

<https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app>

Requirements for Alternate Protein Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/APP_Requirements_CACFP.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf

Serving Meat and Meat Alternates at Breakfast – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/serving-meats-and-meat-alternates-breakfast>

Serving Meats and Meat Alternates at Lunch and Supper in the USDA CACFP – *Handouts in English and Spanish* (USDA):

<https://www.fns.usda.gov/tn/serving-meats-meat-alternates-lunch-supper-cacfp>

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf>

Resources for the CACFP Meal Patterns

USDA Memo SP 21-2019, CACFP 08-2019 and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:

<https://www.fns.usda.gov/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

USDA Memo SP 24-2019, CACFP 11-2019 and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

USDA Memo SP 25-2019, CACFP 12-2019 and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

USDA Memo SP 53-2016 and CACFP 21-2016: Crediting Tofu and Soy Yogurt Products in the School Meal Programs and the CACFP:

<http://www.fns.usda.gov/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp>

Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi (USDA):

<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

Resources for the CACFP Meal Patterns

Menu Planning

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 8: Menu Planning (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

CACFP Adult Day Care Centers Menu Form for AM Snack, Lunch, and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Adult_Menu_Form_CACFP_AM_snack_lunch_PM_snack.docx

CACFP Adult Day Care Centers Menu Form for Breakfast, Lunch and Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Adult_Menu_Form_CACFP_breakfast_lunch_snack.docx

CACFP Adult Day Care Centers Menu Form for Lunch and Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Adult_Menu_Form_CACFP_lunch_snack.docx

CACFP Best Practices (USDA):

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_factBP.pdf

CACFP Menu Form for AM and PM Snack for Ages 1-2 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_AM_PM_snack_ages_1-2.docx

CACFP Menu Form for AM and PM Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_AM_PM_snack_ages_3-5.docx

CACFP Menu Form for AM Snack, Lunch, and PM Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_AM_snack_lunch_PM_snack_ages_3-5.docx

CACFP Menu Form for AM, PM Snack, and Evening Snack for Ages 1-2, 3-5, and 6-18 in Emergency Shelters (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_Shelter_AM_PM_evening_snack_ages_1-2_3-5_6-18.docx

CACFP Menu Form for AM, PM, and Evening Snack for Ages 6-18 in Emergency Shelters (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_Shelter_AM_PM_evening_snack_ages_6-18.docx

CACFP Menu Form for At-risk Snack and Supper for Ages 6-18 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_At_Risk_snack_supper_ages_6-18.docx

Resources for the CACFP Meal Patterns

CACFP Menu Form for Breakfast and PM Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_snack_ages_3-5.docx

CACFP Menu Form for Breakfast and PM Snack for Ages 6-12 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_snack_ages_6-12.docx

CACFP Menu Form for Breakfast, AM Snack, and PM Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_AM_snack_PM_snack_ages_3-5.docx

CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 1-2 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_lunch_snack_ages_1-2.docx

CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_lunch_snack_ages_3-5.docx

CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 6-12 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_breakfast_lunch_snack_ages_6-12.docx

CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 1-2, 3-5, and 6-18 in Emergency Shelters (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_Shelter_breakfast_lunch_supper_ages_1-2_3-5_6-18.docx

CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 6-18 in Emergency Shelters (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_Shelter_breakfast_lunch_supper_ages_6-18.docx

CACFP Menu Form for Two Weeks of AM or PM Snack for Ages 3-5 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_snack_ages_3-5_2_weeks.docx

CACFP Menu Form for Two Weeks of At-risk Snack for Ages 6-18 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_At_Risk_snack_ages_6-18_2_weeks.docx

CACFP Menu Form for Two weeks of At-risk Supper for Ages 6-18 (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/Menu_Form_CACFP_At_Risk_supper_ages_6-18_2_weeks.docx

Resources for the CACFP Meal Patterns

Choking Prevention (CSDE's Food Safety for Child Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Food-Safety-for-Child-Nutrition-Programs/Documents#ChokingPrevention>

Menu Forms for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Documents#MenuForms>

Menu Forms for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Documents#MenuForms>

Menu Planning for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Related-Resources#MenuPlanning>

Menu Planning for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#MenuPlanning>

Menu Planning for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning>

Methods for Healthy Cooking – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/methods-healthy-cooking>

Planning Healthy Meals in CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Planning-Healthy-Meals-CACFP-Child-Care-Programs>

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):

<https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes>

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):

<https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes>

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesMenuPlanning.pdf>

Sample Cold Breakfast Menus for CACFP Adult Day Care Centers:

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Menu_CACFP_Breakfast_Cold.pdf

Resources for the CACFP Meal Patterns

Sample Cold Breakfast Menus for CACFP Child Care Centers and Homes (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Menu_CACFP_Breakfast_Cold.pdf

Sample Cold Lunch and Supper Menus for CACFP Adult Day Care Centers (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Menu_CACFP_Lunch_Cold.pdf

Sample Cold Lunch and Supper Menus for CACFP Child Care Centers and Homes (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Menu_CACFP_Lunch_Cold.pdf

Sample Hot Breakfast Menus for CACFP Adult Day Care Centers (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Menu_CACFP_Breakfast_Hot.pdf

Sample Hot Breakfast Menus for CACFP Child Care Centers and Homes (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Menu_CACFP_Breakfast_Hot.pdf

Sample Hot Lunch and Supper Menus for CACFP Adult Day Care Centers (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Menu_CACFP_Lunch_Hot.pdf

Sample Hot Lunch and Supper Menus for CACFP Child Care Centers and Homes (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Menu_CACFP_Lunch_Hot.pdf

Sample Menus for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Documents#SampleMenus>

Sample Menus for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Documents#SampleMenus>

Sample Snack Menus for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/adultmenusnack.pdf>

Sample Snack Menus for CACFP Child Care Centers and Homes (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/menusnackCACFP.pdf>

Serving Snacks in the CACFP (USDA):

<https://www.fns.usda.gov/tn/serving-snacks-cacfp>

Resources for the CACFP Meal Patterns

Using the Nutrition Facts Label in the CACFP (USDA):

<https://www.fns.usda.gov/tn/using-nutrition-facts-label-cacfp>

Milk Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 1: Milk Component (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Allowable Milk Substitutes for Adult Participants without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP_Adults.pdf

Allowable Milk Substitutes for Children without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP.pdf

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf

Food Buying Guide Section 5: Yield Table for Milk (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf

Milk Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Milk>

Milk Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Milk>

Serving Milk in the CACFP – Handouts, training slides, and webinars in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/serving-milk-cacfp>

USDA Memo SP 07-2010, CACFP 04-2010 and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions:

<https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability>

Resources for the CACFP Meal Patterns

Product Formulation Statements

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Meat_Meat_Alternate.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Grains_oz_eq.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Sample_oz_eq.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Total_Veg_Fruits.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf>

Using Product Formulation Statements in the CACFP (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Using_Product_Formulation_Statements_CACFP.pdf

Resources for the CACFP Meal Patterns

Production Records

CACFP Adult Day Care Centers Production Record for AM Snack, Lunch, and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Adult_Production_Record_CACFP_AM_snack_lunch_PM_snack.docx

CACFP Adult Day Care Centers Production Record for Breakfast, Lunch, and Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Adult_Production_Record_CACFP_breakfast_lunch_snack.docx

CACFP Adult Day Care Centers Production Record for Lunch and Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Adult_Production_Record_CACFP_lunch_snack.docx

CACFP Adult Day Care Centers Production Record for Meal Pattern Components (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Adult_Production_Record_CACFP_components.docx

CACFP Child Care Production Record for AM Snack and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_AM_snack_PM_snack.docx

CACFP Child Care Production Record for AM Snack, Lunch, and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_AM_snack_lunch_PM_snack.docx

CACFP Child Care Production Record for AM, PM, and Evening Snack in Emergency Shelter (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_shelter_snack.docx

CACFP Child Care Production Record for At-Risk Snack and Supper (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_At_Risk_snack_supper.docx

CACFP Child Care Production Record for Breakfast and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_breakfast_PM_snack.docx

CACFP Child Care Production Record for Breakfast, AM Snack, and PM Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_breakfast_AM_snack_PM_snack.docx

CACFP Child Care Production Record for Breakfast, Lunch, and Snack (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/prCAFCP_breakfastlunchsnack.docx

Resources for the CACFP Meal Patterns

CACFP Child Care Production Record for Breakfast, Lunch, and Supper in Emergency Shelters (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_shelter_breakfast_lunch_supper.docx

CACFP Child Care Production Record for Meal Pattern Components (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Production_Record_CACFP_components.docx

Production Records for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Documents#ProductionRecords>

Production Records for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Documents#ProductionRecords>

Using Production Records in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/Using_Production_Records_CACFP.pdf

Vegetables Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 5: Vegetables Component (CSDE webinar)

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

Crediting Juice in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Juice_CACFP.pdf

Crediting Legumes in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Legumes_CACFP.pdf

Crediting Smoothies in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Smoothies_CACFP.pdf

Crediting Soups in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Soups_CACFP.pdf

Resources for the CACFP Meal Patterns

Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf

Food Buying Guide Section 2: Yield Table for Vegetables (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_Vegetables_YieldTable.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Total_Veg_Fruits.pdf

Serving Vegetables in the CACFP (USDA webpage):

<https://www.fns.usda.gov/tn/serving-vegetables-cacfp>

USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:

<https://www.fns.usda.gov/cacfp/vegetable-and-fruit-requirements-cacfp-qas>

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

Vegetable Subgroups in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Vegetable_Subgroups_CACFP.pdf

Vegetables Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Vegetables>

Vegetables Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Vegetables>

Resources for the CACFP Meal Patterns

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):
<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

Water Availability

Grab and Go Lesson: Offering and Making Water Available in Child Care (ICN):
<https://theicn.org/resources/1538/nutrition-and-meal-management/117771/offering-and-making-water-available-in-child-care.pdf>

Offering Water in the USDA Child and Adult Care Food Program (USDA):
<https://www.fns.usda.gov/tn/offering-water-cacfp>

USDA Memo CACFP 18-2016: Water Availability in the Child and Adult Care Food Program:
<https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program>

USDA Memo CACFP 20-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities:
<https://www.fns.usda.gov/cn/resources-making-potable-water-available-schools-and-child-care-facilities-0>

Resources for the CACFP Meal Patterns



For more information, visit the CSDE's [Meal Patterns for CACFP Child Care Programs](#) and [Crediting Foods in CACFP Child Care Programs](#) webpages, or [Meal Patterns for CACFP Adult Day Care Centers](#) and [Crediting Foods in CACFP Adult Day Care Centers](#) webpages; or contact the [CACFP staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Resources_CACFP_Meal_Patterns.pdf.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:** (833) 256-1665 or (202) 690-7442; or
3. **email:** program.intake@usda.gov

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