

Text Complexity Analysis Template

Text complexity analysis					
Created by:	Tracy Williams	Event/Date:	July 29, 2014		
Text and Author	“You can kick a ball, but can you do a pushup?” By St. Louis Post-Dispatch, adapted by Newsela staff	Where to Access Text	https://newsela.com/articles/physical-literacy/id/2027/		
Text Description					
<p>This article is about the importance of simple movements and exercises to reduce injuries when playing sports. We are finding that more and more children are unable to perform basic movements, such as skipping, hoping, and galloping which are leading to improper turns and causing injuries when playing sports.</p>					
Quantitative					
Lexile and Grade Level	560	Text Length	341		
Qualitative					
Meaning/Central Ideas		Text Structure/Organization			
The meaning and central idea of the text, preventing injuries in sports is clearly stated in the article. This is shown by the examples and analogies in the article.		This article includes an introduction with two headings highlighting what the sections are about. The paragraphs are connected by the central idea. Both simple and complex sentence structures are used. The photograph that is shown is of students doing pushups in both proper and improper form. There is a caption to support the photograph.			
Prior Knowledge Demands		Language Features			
Movement is everywhere. From the time we are born, we begin using our bodies to move around. If we aren't moving properly, it is very easy for us to get injured. Students need to realize the importance of a quality warm up and cool down before and after exercise and or sports. The students will use prior knowledge in physical education class of basic locomotor movement. These basic movements and exercises are important in strengthening our muscles and keeping our bodies safe.		The language is primarily simple with compound sentences. This article is familiar and easy to understand.			
A Potential Reader/Task Challenges					
A third grade student may struggle reading an article, since they may not have prior experience with the features of reading an article.					

Big Takeaway

Injuries in sports are becoming more and more common. It is important for students to realize the importance of regular exercise and movement to prevent injuries. After reading the article, students will use information from the illustration and text to demonstrate the importance of daily exercise to stay healthy and prevent injuries.

Vocabulary Analysis Template

	Words that demand less teaching time (i.e. the definition is singular and concrete)	Words that demand more teaching time (i.e. words with multiple meanings and/or that are part of a word family)
Words that can be determined in context	Pushup (Tier 2) Conditioning drills (Tier 3) Fastball (Tier 2) Wobbling (Tier 2) Increasing (Tier 2)	Movements (Tier 2) Skipping (Tier 1) Twisting (Tier 1) Jumping (Tier 1)
Words that cannot be determined in context	Junior varsity (Tier 3) Trainers (Tier 2)	Lifelong (Tier 2) Fitness (Tier 2) Building blocks (Tier 2)