

Connecticut State Department of Education **Professional Support Series for Districts**

Please see below and join as we learn together and grow together.

Series 9 — May 26, 2020

School crisis supports during COVID-19 restrictions

Strategies for Schools to Provide Crisis Support to Families and Community During COVID-19 Restrictions

This web video will provide guidance for school personnel on practices, supports and resources available to assist schools responding to crises in their communities. With content addressing self-care, community-based resources, state-level programs and helpful communication practices, this video is intended to inform administrators and staff on considerations for outreach.













Presenters: Scott Newgass, LCSW; Kristin Pracitto, LCSW; Jeana Bracey, Ph.D.; Jaime Locurto, Ph.D.; Tim Marshall, LCSW; and Meagan Rolla, LPC

Recorded Session Available: June 5 on the <u>CSDE Professional Support</u> <u>Series for Districts</u> webpage.

Viewers might also be interested in <u>Grief Supports for the School</u> Community.

Support for School Mental Health Providers

Self-Care for School-Based Mental Health Providers (MHP)
During COVID-19

This panel presentation will include CSDE personnel along with colleagues who are MPH's in Connecticut school districts. It is designed to support the well-being of school-based MHP as they continue to provide essential supports and services to our students each day.

As school-based MHP, you may need a reminder that practicing self-care is essential to your well-being, during times of uncertainty and transition. This webinar will share ideas on practicing self-care and taking the time to care for yourself so you are better able to support the needs of students/families and the school community.







Presenters: Jocelyn Mackey, Ph.D., Scott Newgass, LCSW, Kimberly Traverso. LPC

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