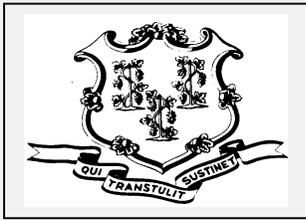


STATE OF CONNECTICUT
NURSING FACILITY REGISTRY

Issue Brief



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Comparison of Sept. '87 and Sept. '96 Registry Information:

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Nursing facilities in CT are licensed as either a "Chronic and Convalescent Nursing Home" or "Rest Home with Nursing Supervision."

This series of *Issue Briefs* has been developed to inform nursing facilities, researchers, policy makers, and other interested parties about the information available from the Nursing Facility Registry.

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The State of Connecticut Office of Policy and Management is pleased to provide the latest Nursing Facility Registry *Issue Brief*. This *Issue Brief* compares Connecticut nursing facilities and their residents on two specific days -- September 30, 1987 and September 30, 1996.

Facility Changes

Statewide, there were 308 nursing facilities (each license is counted separately) with a total of 27,660 licensed beds in 1987, compared to 332 facilities with 31,750 licensed beds in 1996.

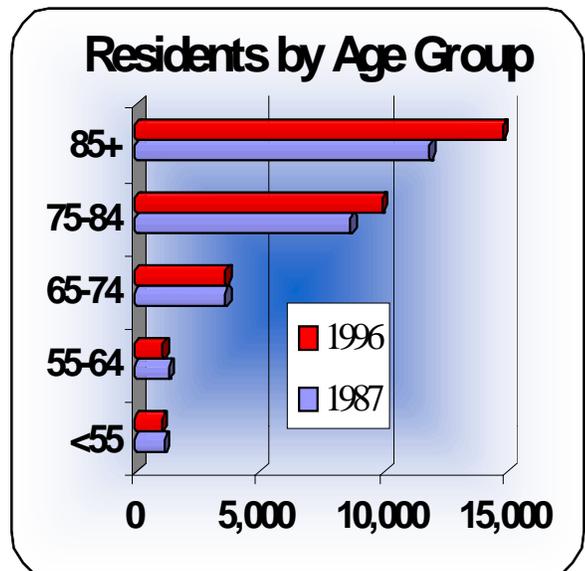
The number of facilities increased 8% and the number of licensed beds increased 15% from 1987 to 1996. Nationally, the number of facilities and the number of beds increased almost 20%.¹

The overall occupancy rate remained relatively unchanged from 1987 (95.8%) to 1996 (95.2%). Nationally, the occupancy rate declined from 92.3% to 88.8%.²

Demographic Changes

There were 26,664 residents on September 30, 1987 and 30,591 residents on September 30, 1996.

From 1987 to 1996, the proportion of Connecticut nursing facility residents who were aged 85 years and older increased from 37% to 40% for women and from 7% to 8% for men. Nationally, the proportion of residents who were aged 85 and older increased from 49% to 56% for women and from 29% to 33% for men.³



¹ Rhoades JA, Krauss NA. Nursing home trends, 1987 and 1996. Rockville (MD): Agency for Health Care Policy and Research; 1999. MEPS Chartbook No. 3. AHCPR Pub. No. 99-0032.

² Ibid.

³ Ibid.

Health Changes

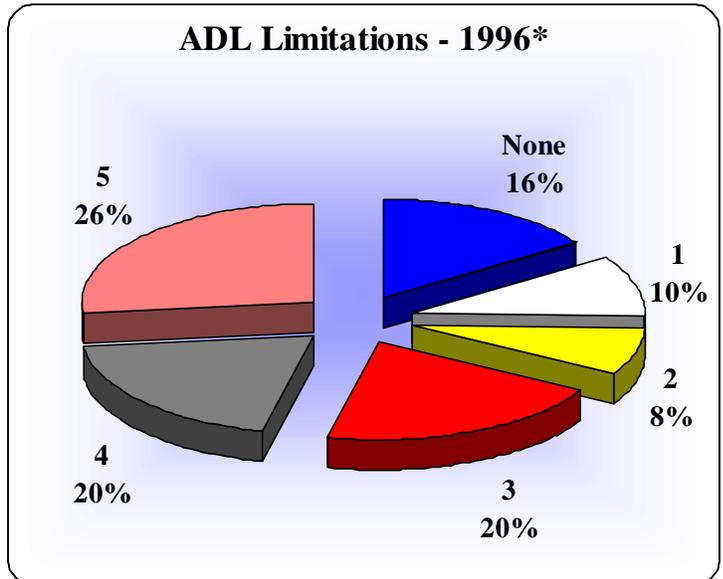
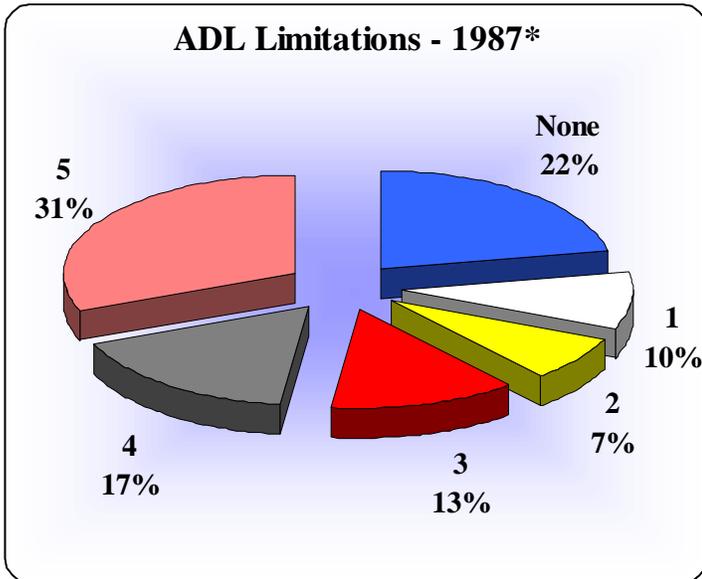
Nursing facility residents were more functionally disabled in 1996 than in 1987. In 1987, 61% of Connecticut nursing facility residents needed help with 3 or more of the activities of daily living (ADL) included in the Registry.* By 1996, the proportion increased to 66%. Functional disability also

increased nationally. Almost 72% of 1987 residents, but 83% of 1996 residents, needed help with three or more activities of daily living.⁴

Despite increases in the age and functional disability of nursing facility residents, the proportion of Connecticut residents who exhibited inappropriate behaviors declined from 1987 to 1996.

The proportion of residents who were:

- Disruptive, abusive or aggressive decreased from 7% to 4%;
- Wandering or passive decreased from 11% to 6%;
- Exhibiting other inappropriate behavior decreased from 21% to 16%; and
- Comatose decreased from 1% to 0.6%.



* The 5 ADLs captured in the Registry are transferring, ambulating, dressing, feeding and continence. Bathing and toileting are not included.

What is the State of Connecticut Nursing Facility Registry?

The Registry is a longitudinal database including demographic and health data for all Connecticut nursing facility resident stays since October 1, 1977. State of Connecticut Regulations require all nursing facility administrators to submit an annual resident roster (a chronological list of residents in a facility between October 1 of one year and September 30 of the next year) by October 31. Staff in the Policy Development and Planning Division of the Office of Policy and Management merges the annual roster data into the Registry.

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⁴ Ibid.

