

**The definition of equity**



A New Health Care System must

- Value everyone the same
- Treat them with fairness
- Help each person invest in their own health

**We assess risk and resiliency in five areas**



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**When we talk with the consumers about health equity we ask three questions:**

1. Do you have what you need to be healthy?
2. Do you know what you need to know to be healthy?
3. Do you do what you need to do to be healthy?

If they answer “no” or “I don’t know” to any of these questions we must do an assessment of their risk.

We must also assess their resiliency.

**My role as a member of the Consumer Advisory Board is to ask consumers.**

- What do you think puts you at risk for poor health or mental health?
- What do you think is unfair in our current system of health delivery?
- How would you change it?
- What barriers to you experience?
- What stops you from doing what you need to do?
- Do you know who to turn to if you cannot get what you need?

**When we talk about behavioral health we need to ask similar questions**

- Do you or your family member have what you need to have the best behavioral health that you can have?
- Do you know what you need to know?
- Do you do what you need to do?

**We also need to ask consumers**

How have you helped yourself or your family member take care of their health?

What works and what doesn’t work?

Do you have any ideas about what would make the health care system work better?

Do you think you have responsibility for improving your own health and for improving the system?

How can we have better health while reducing cost?

## Outreach Plan

### Community based organizations, examples

- Vietnamese Association- 9-15-14
- Lao Association 9-18-14
- Ct Coalition of Mutual Assistance Association 10-4-14
- Hispanic Health Council-10-14
- National Alliance on Mental Health Ct(NAMI)

### Faith-based organizations

- Church groups
- Temples

## How should we get input from consumers?

- Focus groups
- Town Hall meetings
- Questionnaires
- **What format does the CAB want responses?**
- Proposed Position Statement
- A consumer based written guide book
- Written notes
- Summary
- Calendar

Because this topic is a joint effort we have to work together, therefore I would like to ask the CAB for their input, structure and directions.

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