ACQUIRED BRAIN INJURY PROGRAM COMMUNITY OPTIONS 1-800-445-5394



The Acquired Brain Injury Program

The Department of Social Services operates the Acquired Brain Injury Program which provides a range of non-medical, home and community based services to help adults who have an acquired brain injury live in the community. Without these services, the adult may require placement in an institutional setting.

The program is designed to assist participants to relearn, improve or retain the skills needed to live successfully in the community. The program follows the principles of person-centered planning to develop an adequate, appropriate and cost-effective plan of care from a menu of home and community-based services to achieve personal outcomes that support the individual's ability to live in his/her community of choice.

An adult determined eligible for the ABI Program qualifies for all Medicaid covered services.

Functional Needs Requirement

Adults must be age 18-64 to apply, and meet the functional requirements of the program. Applicants must require assistance with two Activities of Daily Living (ADLS) such as:

- Bathing
- Dressing
- Toileting
- Eating
- Transfers (i.e., getting in and out of bed)

Self Direction

Participants are the employer for household employees and are responsible for directing the hiring, firing, assignment of duties and signing timesheets. Supports in these activities are provided to those who need it. Case management services are included in the service plans of participants who need assistance with these activities. Participants are afforded the opportunity to speak with and/or interview prospective agency providers prior to selection.



Plan of Care

Once a slot becomes available, a referral will be sent to the Access Agency in your region. Access Agency Care Managers, in consultation with the participant, their family and care providers (e.g., skilled nursing/ABI facility staff, primary care physicians, and neuropsychologists) develop plans of care to meet an individual's cognitive, physical, and behavioral support needs.

What you can expect:

Providers collaborate with the participant and members of the Team to implement strategies to support community living such as:

- Instruction and training in one or more areas of need to enhance the participant's ability to live independently at home.
- Implement strategies to address behavioral, medical or other needs identified in the service plan
- Provide assistance with personal care or activities of daily living.
- Support the attainment of vocational goals.
- Provide training or practice in consumer skills (e.g., budgeting, shopping, banking).



How Do I Qualify?

The Level of Care Requirement ensures that individuals who would otherwise need to be placed in a long term care facility can remain the community with the assistance of program services.



Financial Requirements

The applicant must apply for Medicaid when a slot becomes available. In addition to the functional and financial criteria, the applicant must be able to participate in the development of a Service Plan in partnership with a Care Manager, or have a Conservator to do so, must meet all technical, procedural and financial requirements of the Medicaid program.

Med-Connect

Applicants may also meet the financial eligibility rules for the program through the Medicaid for Employed Disabled coverage group. Under that program working individuals can have income up to \$75,000 per year, \$10,000 in assets and receive Medicaid subject to payment of a monthly premium.

Application Process

Applicants or their representatives may contact the Community Options Unit for instructions on how to be placed on the waiting list. You will be contacted when a space is available.

Applicants who wish to apply for the ABI II waiver program must submit the Acquired Brain Injury (ABI) Waiver Request Form (W-1130) to:

Department of Social Services 55 Farmington Ave. 9th floor Hartford, CT 06105 Attn: ABI Waiver

The W-1130 Acquired Brain Injury Form can be found on the Department of Social Services website under Applications and forms.

http://portal.ct.gov/DSS/Lists/Publications/Applications-and-Forms

Nursing staff of the Community Options Unit screen the application to determine if the applicant appears to meet basic functional and financial eligibility criteria. If it appears the applicant is eligible, a neuropsychological evaluation is required. If the neuropsychological evaluation shows functional eligibility, the applicant is placed on the waiting list.

What Services Can I Receive?

Services may include:

- ABI Group Day
- Adult Day Health
- Care Management
- Chore Services
- Cognitive Behavioral Programs
- Community Living Support Services
- Companion
- Consultation
- Homemaker
- Independent Living Skills Training
- Pre-vocational Services
- Respite
- Recovery Assistant
- Specialized Medical Equipment and Supplies
- Substance Abuse Programs
- Transportation
- Vehicle Modification Services