



| Financial Literacy- Online | | | | |
|----------------------------|---|--|----------------|---|
| Organization | Service Description | Address | Phone Number | Website |
| Alison | Learn how to manage your money effectively by learning to budget and save with this free personal finance course. Duration is 6-10 hours. Have to create an account. | Galway Technology Park, Parkmore, Galway H91 E309, Ireland | n/a | https://alison.com/course/financial-literacy |
| Ally Bank | Ally Bank offers FREE ONLINE courses on personal finance modules related to budgeting, living within your means and defining needs versus wants; establishing a good credit history and why it matters, how to evaluate offers of credit, understanding credit reports and scores, and fixing bad credit; understanding banking and investing; and leasing versus buying and auto and calculating monthly payments. The courses include tutorials, videos, helpful links, a terms glossary and calculators. | n/a | n/a | http://www.allywalletwise.com/courses |
| Autism Speaks | Through a partnership with SunTrust Foundation, Autism Speaks is proud to launch the free Autism Speaks Special Needs Financial Planner app for Apple and Android devices! | locations vary | 1-888-288-4762 | https://www.autismspeaks.org/autism-speaks-financial-planning-app |

| | | | | |
|---|---|--|----------------|---|
| Coursera | Must enroll and is not free. You can apply for financial aid. Personal and Family Financial Planning will address many critical personal financial management topics in order to help you learn prudent habits both while in school and throughout your lifetime. Takes approximately 14 hours to complete. | n/a | n/a | https://www.coursera.org/learn/family-financial-planning?action=enroll |
| Credit Karma | How it can help students with autism: Knowing and tracking your credit score is an important task for a secure financial future. This is a free app that allows students to monitor their credit with weekly updates and notifications. | n/a | n/a | https://itunes.apple.com/us/app/credit-karma-credit-scores-reports-alerts/id519817714?mt=8 |
| Daily Budget Original | Description: The app will calculate your "Daily Budget" based on your income and fixed costs. It allows you to create wishes to save for larger purchases. The money will be deducted from your budget automatically each day. | n/a | n/a | https://itunes.apple.com/us/app/daily-budget-original-saving-is-fun/id651896614?mt=8 |
| Dave Ramsey on-line store | For a fee of of \$129.99, offers an ONLINE comprehensive personal finance course. Students can take classes online or find a class in their area. | Ramsey Solutions, 1011 Reams Fleming Blvd, Franklin, TN 37064 | 1-888-227-3223 | http://www.daveramsey.com/ |
| Every Dollar | Description: This financial planning app allows users to enter their monthly income then build a budget based on that income. It also allows users to link their bank accounts to log and track their purchases. | n/a | n/a | https://itunes.apple.com/us/app/every-dollar-budget-manage-money-track-spending/id942571931?mt=8 |
| Goodbudget Budget Planner: Money & Expense Tracker | How it can help students with autism: Students with autism can create a personalized budget and learn skills for financial planning. It allows students to create income versus spending reports, schedule transactions and record upcoming transactions. In addition, they can share this app with others to help them monitor their budget. | n/a | n/a | https://itunes.apple.com/us/app/good-budget-budget-planner-money-expense-tracker/id471112395?mt=8 |

| | | | | |
|--------------------------------|--|-----|-----|---|
| Itunes | FREE ONLINE- study of personal finance topics from the consumer and societal perspectives. Topics include the preparation and interpretation of personal financial statements and budgets, the time value of money, personal saving, financial market and investment fundamentals, the effective use of consumer credit, personal bankruptcy, insurance principles, automotive and housing decisions, principles of personal taxation, and retirement planning. IT IS ONLY AVAILABLE IN THE ITUNES U APP ON IPHONE OR IPAD | n/a | n/a | https://itunes.apple.com/us/course/personal-finance/id549538984 |
| Lynda.com from LinkedIn | This ONLINE 1.5-hour course, taught by finance expert, discusses basics of personal finance, along with special topics like paying down debt and growing savings. She also discusses how to earn more, understanding your spending, the best budgeting tools, savings vs debt reduction (which should you do first?) and investment strategies. There's a fee to join Lynda, but you can start one free month. | n/a | n/a | https://www.lynda.com/Business-Accounting-tutorials/Personal-Finance-Fundamentals/363223-2.html |
| Mint | Personal Finance, Budget, Bills and Money: Puts bills and money together in one place and easier than ever to manage. See bills and money in one place, get alerts and schedule payments on the spot | n/a | n/a | https://itunes.apple.com/us/app/mint-personal-finance-budget-bills-money/id300238550?mt=8 |
| Money Up! | Money Up was designed by teachers and therapists as a way for people to practice working out how much money they have, if they have enough to purchase the items they need and how much money to give a cashier, all without requiring them to count change. The app's goal is to help children, teens and adults to acquire or maintain a life skill they need in order to foster independence. Cost \$15.99 | n/a | n/a | https://itunes.apple.com/us/app/money-up-learn-to-use-the-next-dollar-up-method/id721334863?mt=8 |

| | | | | |
|---|---|---|----------------|---|
| MyMoney.gov | Website has information, games, lesson plans, tip sheets, and facts about money, saving and planning for both students, teachers and educators. | 1500 Pennsylvania Avenue, N.W. Washington, D.C. | 1-888-333-4636 | https://www.mymoney.gov/Pages/default.aspx |
| Office of Disability Employment Policy | Document titled 'Soft Skills to Pay the Bills — Mastering Soft Skills for Workplace Success' is a curriculum developed by ODEP focused on teaching "soft" or workforce readiness skills to youth, including youth with disabilities. Created for youth development professionals as an introduction to workplace interpersonal and professional skills, the curriculum is targeted for youth ages 14 to 21 in both in-school and out-of-school environments. The basic structure of the program is comprised of modular, hands-on, engaging activities that focus on six key skill areas: communication, enthusiasm and attitude, teamwork, networking, problem solving and critical thinking, and professionalism. | 200 Constitution Avenue, N.W. DC 20210 | 1-866-633-7365 | https://www.dol.gov/agencies/odep/program-areas/individuals/youth/transition/soft-skills |
| Purdue University | focuses solely on personal finance including stock markets, investments and how investments relate to credit and insurance, retirement savings, how to use credit correctly and making sound financial decisions. The course is free, with a certificate available for \$49, and is 5 weeks in length | n/a | n/a | https://www.edx.org/course/personal-finance-purduex-pn-17-2 |

| | | | | |
|---|---|---|-----------------------|--|
| <p>Smart About Money</p> | <p>This ONLINE comprehensive lesson plan from the nonprofit Nefe offers an unbiased look at personal finance and is designed to help people through personal finance via courses, articles and calculators. Courses include My Emergency Fund Plan, My Financial Well Being Plan, My Housing Plan, My Transportation Plan, and Money Basics. Each course takes about 45 minutes to complete. The Money Basics lesson is broken out into spending and saving, credit and debt, insurance, investing, and employment. Users will also find tools and calculators to help with budgeting, along with quizzes aimed to find out financial identity and life values.</p> | <p>n/a</p> | <p>n/a</p> | <p>https://www.smartaboutmoney.org/Courses/Money-Basics/Spending-And-Saving/Mindful-Spending</p> |
| <p>Spendee</p> | <p>How it can help students with autism: This app can assist students with financial planning and budgeting. It is slightly different from the other apps because it uses brightly colored images to show spending trends.</p> | <p>n/a</p> | <p>n/a</p> | <p>https://itunes.apple.com/us/app/spendee-budgeting-app-money-expense-tracker/id635861140?mt=8</p> |
| <p>State of CT Department of Rehabilitation Services</p> | <p>available on the website are free online e-learning trainings for job seekers with disabilities. Trainings include financial literacy, soft skills training and employment readiness.</p> | <p>55 Farmington Avenue, 12th floor, Hartford, CT 06105</p> | <p>1-866-844-1903</p> | <p>http://www.ct.gov/connectability/site/default.asp</p> |
| <p>Venmo</p> | <p>How it can help students with autism: This app provides students a simple way to pay friends, family members or landlords. Teaches payment strategies for independent living.</p> | <p>n/a</p> | <p>n/a</p> | <p>https://itunes.apple.com/us/app/venmo/id351727428?mt=8</p> |
| <p>Wally</p> | <p>This app allows users to keep track of money saved and set saving goals. It includes social and location tools for expenses, allowing users to record how much they are spending and with who. It also you to create a saving and spending budget.</p> | <p>n/a</p> | <p>n/a</p> | <p>http://wally.me/</p> |

**The information about providers and services contained within this document does not constitute endorsement or recommendation by DSS.
These resources are for informational purposes only.**

**Updated
9/24/2021
Nate C**