



Challenging Behaviors				
Organization	Service Description	Address	Phone	Website
Asperger/Autism Network	Why Does My Child Behave Like That? Practical Strategies for Parents of Kids on the Autism Spectrum	85 Main Street, Suite 3, Watertown, MA 02472	617-393-3824	https://www.youtube.com/watch?v=YBadZft5CY
Asperger/Autism Network	Fewer Meltdowns! Practical Strategies for Fostering Positive Behavior in Children & Teens with AS	85 Main Street, Suite 3, Watertown, MA 02472	617-393-3824	https://www.youtube.com/watch?v=X_dC46DUohU
Autism Focused Intervention Resources & Modules	A series of free online learning modules with step-by-step information on how to plan, implement and monitor specific evidenced based practices with learners with ASD from birth to 22 years of age	n/a	n/a	https://afirm.fpg.unc.edu/afirm-modules
Autism Research Institute	Provides information about challenging behaviors and Autism. Within the article, a link is provided to read Challenging Behaviors in Adults with Autism by Stephen M. Edelson, Ph.D. and Marvin R. Natowicz, M.D., Ph.D. Also, the article includes a link to watch a video of Dr. Lauren Moskowitz's webinar, Assessing and Treating Challenging Behaviors, for detailed examples of these assessment tools and subsequent treatment options. Lastly, a link is provided to read Treating Challenging Behaviors for detailed information about treatment strategies.	4182 Adams Avenue San Diego, CA 92116	833-281-7165	https://autism.org/challenging-behaviors-and-autism/#:~:text=Challenging%20behaviors%20can%20be%20disruptive,%2C%20and%20repetitive%20behavior%2Fstereotypy.

Autism Speaks	Has a lot of helpful information regarding challenging behaviors, specifically the section called “Managing a Crisis”. This contains tips and information to help you anticipate and turn around an escalating situation that seems to be headed in this direction. It also has information for responding when there is an emergency situation. Sometimes the difficulties of autism can lead to behaviors that are quite challenging for us to understand and address. Most individuals with autism will display challenging behaviors of some sort at some point in their lives. Autism Speaks has created the Challenging Behaviors Tool kit to provide you with strategies and resources to address these behaviors, and to help support you and your loved one with autism during these difficult situations.	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Challenging%20Behaviors%20Tool%20Kit.pdf
Autism Speaks	Many families of children with autism spectrum disorder (ASD) are faced with the option of using medicines to help treat their child’s challenging behaviors. This is a tough medical decision and there is no one right answer. The Tool Kit includes a family decision aid and answers to frequently asked questions—all designed to help you clarify your values and goals and then talk with your healthcare provider about the options, benefits, and possible downsides of medications.	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Medication%20Decision%20Aid.pdf
Autism Speaks	My Child is sometimes aggressive- what can help?	locations vary	1-888-288-4762	https://www.autismspeaks.org/science-blog/my-child-sometimes-aggressive-what-can-help
Autism Speaks	ATN/AIR-P Introduction to Behavioral Health Treatments - Information about behavioral treatments at home and in a professional setting.	locations vary	1-888-288-4762	https://www.autismspeaks.org/tool-kit/atnair-p-introduction-behavioral-health-treatments
Autism Speaks	ATN/AIR-P Parent's Guide to Applied Behavior Analysis- An overview of ABA, its effectiveness and how to access it	locations vary	1-888-288-4762	https://www.autismspeaks.org/tool-kit/atnair-p-parents-guide-applied-behavior-analysis
Autism Speaks	Ideas to help improve physical fitness.	locations vary	1-888-288-4762	https://www.autismspeaks.org/physical-fitness

Indiana Resource Center for Autism	Helps to determine the events leading up to a negative behavior, as well as the consequence of the behavior. ABC stands for: <ul style="list-style-type: none"> • Antecedent (what happened right before the behavior) • Behavior (what is the child doing?) • Consequence (what happens after the child performs this behavior?) Recording this information can help identify patterns in behavior, and any potential factors that may be reinforcing negative behavior.	2810 E Discovery Parkway Bloomington IN 47408	812-856-4722	https://www.iidc.indiana.edu/pages/Observing-Behavior-Using-A-B-C-Data
Kennedy Krieger	Articles related to challenging behaviors a person with autism faces such as aggression, self-injury, social and communication problems, repetitive behaviors, and more just to name a few	n/a	n/a	https://iancommunity.org/challenging-behaviors
National Professional Development Center on Autism Spectrum Disorder (NPDC)	A resource for planning, implementing and monitoring evidenced-based practices	Frank Porter Graham Child Development Institute, The University of North Carolina Chapel Hill Campus Box 8180, Chapel Hill, NC 27599	919-966-2622	http://autismpdc.fpg.unc.edu
Raisingchildren.net.au	Suitable for ages 3-18 years. Information about challenging behaviors among autistic children and teenagers	n/a	n/a	https://raisingchildren.net.au/autism/behaviour/understanding-behaviour/challenging-behaviour-asd

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