

2014 Program Report Card: Windham High School, Willimantic, CT, Grades 9-12

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

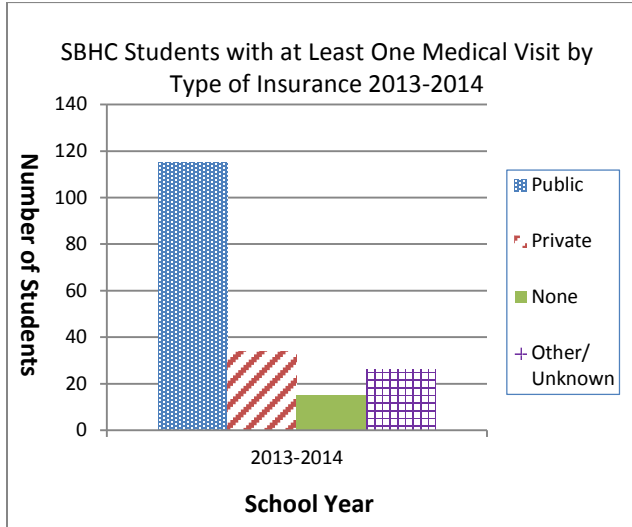
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 14	\$161,068	\$0	\$0	\$0	\$0	\$161,068
Estimated SFY 15	\$164,159	\$0	\$0	\$0	\$0	\$164,159

Partners: Parents, Students, CASBHC, DPH, School Based Health Center Alliance, Planned Parenthood, Generations, Natchaug Hospital, other Community Mental Health Agencies, Windham Hospital, Windham Board of Education, School Administrators and Faculty

How Much Did We Do?

Access and Utilization



Story behind the baseline: The total school population of Windham High School has dropped dramatically in recent years. Moving forward from the 2013-2014 school year as a baseline there is a significant shift in the number of enrolled students on public insurance. For the 2013-2014 school year the student population was 614 students with nearly 70 percent of the student body of Latino descent. There were 606 (99%) of the students enrolled at the school-based health center (SBHC). Of the 606 students enrolled, 190 (31%) visited the SBHC for at least one medical visit. Students on public insurance totaled 115, (61%), 34 (18%) had private insurance and there

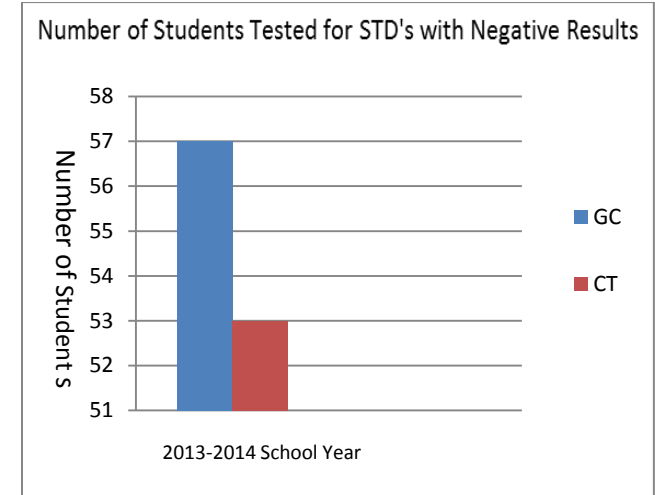
were 15 (8%) had no insurance coverage. The remaining 26 (14%) students had other or unknown forms of insurance.

The SBHC at Windham High School is well-known and well-used by all stakeholders. During the 2013-2014 school year, SBHC staff made continuing effort to meet with the administration and school staff to clarify our role within the building. Written information was disseminated at Open House and also mailed home with school mailings. Staff was on hand at Open House to answer questions.

Trend: ◀▶

How Well Did We Do?

Reduce STDs among SBHC Students



Story behind the baseline: The Windham High School Advanced Practice Registered Nurse (APRN) is extremely busy with appointments of all types. In the 2013-2014 school 58 students were tested for Sexually Transmitted Disease (STDs). Of these, 57 (98%) were tested for gonorrhea (GC) and 53 (91%) were tested for chlamydia (CT). Of the 57 GC tests given, 1 (<2%) was positive. Of the 53 CT tests given 5 (9%) were positive.

In 2006 the Windham Board of Education approved the distribution of birth control and condoms to students. While abstinence is discussed with each student who indicates to the APRN his/her potential for becoming sexually active,

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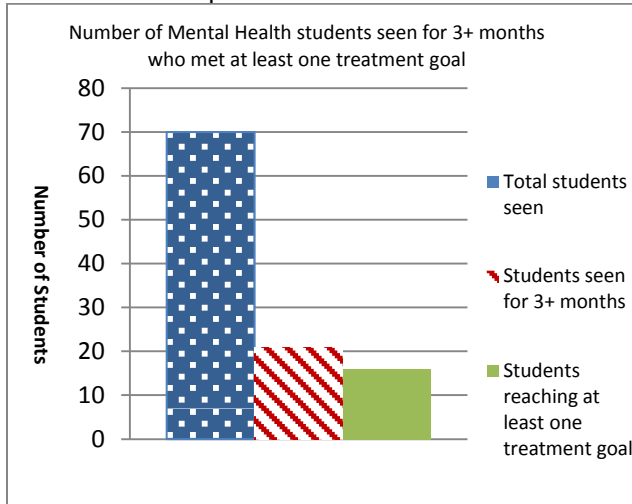
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there is a definite need for access to reproductive methods and counseling.

Trend: ◀▶

Is Anyone Better Off?

Mental Health Improvement



Story behind the baseline: As school staff or the SBHC APRN referred students to the Licensed Marriage and Family Therapist (LMFT), an initial assessment was performed to determine length of treatment and treatment goals for the student. Of the 70 students who did receive therapy there were 21 (30%) who received treatment for 3 or more months. Of these, 16 (76%) achieved one or more treatment goals. The remaining 49 students did not receive consistent therapy for 3+ months. Shorter term treatment dealt in issues ranging from grief counseling to home or peer conflicts. Students with mental health issues beyond the scope of in-school care alone such as bi-polar disorders, eating disorders, etc. were referred to community agencies or specialists. Support was provided to these students in school by the SBHC LMFT if required.

Of the 21 students who received more than three months of therapy, 3 (14%) continued to work with the LMFT in care coordination with an outside provider. The remaining

18 (86%) students either graduated or will resume therapy with the LMFT upon their return in the 2014-2015 school year if deemed necessary.

Trend: ◀▶

Proposed Actions to Turn the Curve:

Access and Utilization:

- 1) SBHC staff will conduct additional orientations to all students and will attend the first Open House meeting to share information about the SBHC with parents/guardians. SBHC information and enrollment forms will also be included on the school website. Enrollment forms will be given to all newly enrolled students through the guidance office as they enroll and to all incoming Windham Middle School students who were not enrolled at that site.

STD Reduction:

- 2) The APRN will test students for STD's when necessary or requested. Reproductive information will be supplied to students and they will be instructed in abstinence and various options of birth control as well as the consistent use of condoms. If students are sexually active every opportunity will be taken to discuss safe sexual practices. HIV testing will also be provided within the SBHC by an outside agency.

Mental Health Services:

- 3) SBHC staff will provide SBHC orientation sessions to all new and existing school personnel. Orientation will include information on the mental health services offered through the SBHC and the referral process. Continued effort will be made to keep and enhance relationships with outside mental health agencies. SBHC will work collaboratively with school staff to identify students at risk and ensure a coordinated approach to addressing student/family needs.

Data Development Agenda:

1. SBHC staff will work with Windham Hospital to put in place an ICD-10 compatible EMR. Staff presently uses Allscripts My Way.
 2. As the EPIC platform is built through Hartford Healthcare, the SBHC staff will have input to make DPH required reports possible through the EMR. This EMR is not slated for installation to the SBHC's until 2016.
- Data presented represents 2013-2014 school year and is only to be used as a baseline.