

2014-2015, Windham - School Based Health Centers, Mental Health Services (grades PreK-12)

C. H. Barrows STEM Academy, Windham Middle School, Windham High School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

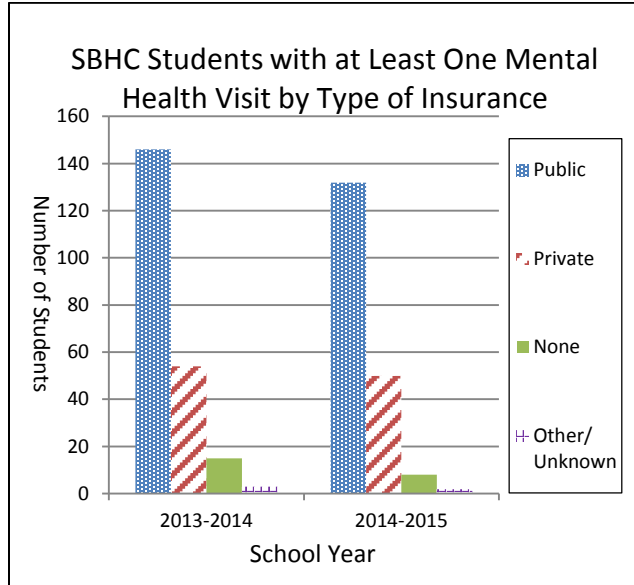
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 15	\$450,672*	\$0	\$0	\$0	\$0	\$450,672*
Estimated SFY 16	\$450,672*	\$0	\$0	\$0	\$0	\$450,672*

Partners: Parents, Students, CASBHC, DPH, Windham Hospital, Windham Board of Education, Planned Parenthood, Generations, Natchaug Hospital and other Community Mental Health Agencies, School Administrators and Faculty.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

In 2013-2014 there were 218 unduplicated users for mental health services, 146 (67%) students had public insurance, 54 (25%) students had private insurance and 15 (7%) students had no insurance and 3 (1%) students whose insurance status was either unknown or other.

In 2014-15 there were 192 unduplicated users for mental health services, 132 (69%) students had public insurance, 50 (26%) students had private insurance, 8 (4%) students had no insurance, and 2 (1%) had unknown insurance

Although billing was not done for mental health services, the breakout of insurances is similar to that of the medical report card with the majority of the students falling into the public insurance line, followed by privately insured students. As referred to in the medical report card there are many undocumented students in Windham Public Schools who receive mental health assistance which make up the unknown or no insurance numbers.

A variety of factors account for the large usage of mental health services in the school based health center. A lack of public transportation to community mental health agencies, parents working multiple jobs, parent indifference and often cultural influences regarding mental health are in part some of the reasons our mental health clinicians carry such large caseloads.

Student Population, Enrollment, Number of Mental Health Visits and Number Served in Windham's Three School Based Health Centers, 2014-2015				
Schools	Population	Enrolled	Mental Health Visits	Mental Health Unduplicated Users
Windham High	527	499	725	87
Windham Middle	579	383	398	56
Barrows Academy	428	273	867	49
Total	1534	1,155	1,990	192

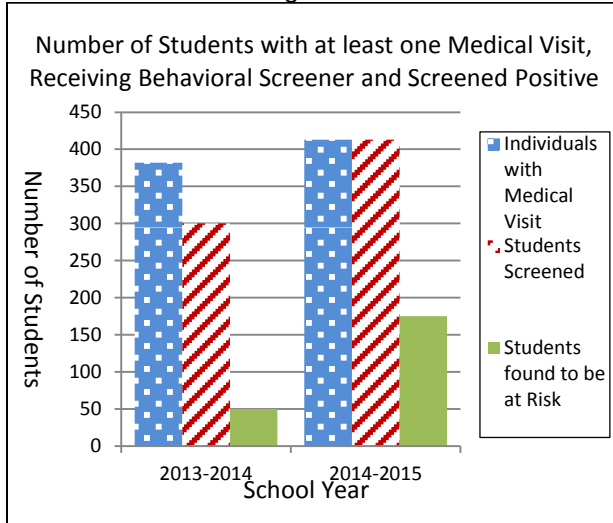
Trend: [◀▶]

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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How Well Did We Do? Mental Health Screening



Story behind the baseline:

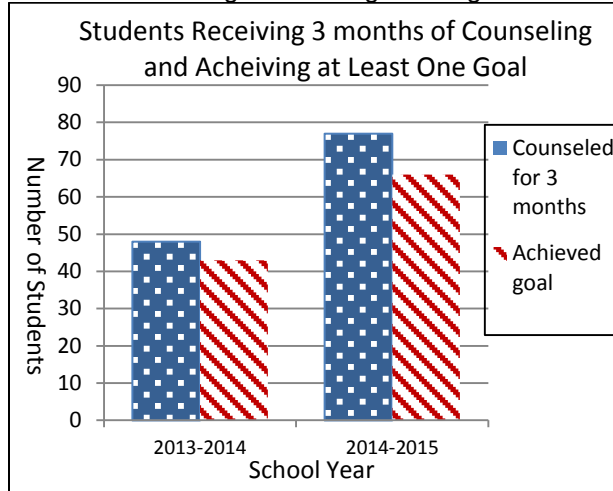
In 2013-2014, 382 students had at least one medical visit and 300 (79%) of those students were screened. 50 students (16.6%) were found to be at risk.

In 2014-2015, all students that were seen for a medical visit were to receive a mental/behavioral health screener at their first visit. 100% of the 413 students that were seen by the medical clinic received a screener. Of those screened, 175 (42%) were considered at risk (positive). In the previous year 2013-2014 only the students that received a physical were required to have a screener done, this resulted in only 300 screeners completed and 50 students found to be at risk (positive). The additional screeners completed resulted in an increase in the number of positive screeners, going from 50 to 175 in 2014-2015 (250% increase). The positivity rate also increased from 16% to 42% positive, and increase of 163%.

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

The year 2014-2015 shows an increase in number of students served due to the inclusion of Barrows Academy students. Mental health services across all three sites are extremely busy with referrals coming from the school based health center APRN as well as the school nurse, administration, teachers and other students. At Windham High there were 70 total students seen for treatment by the LMFT. Of these 21 (30%) of students were treated for 3 months or more. Of the 21 students, 16 (76%) achieved one or more treatment goals. Percentages were similar at Windham Middle School with 15 (32%) of the 47 students receiving mental health services for 3 or more months. Of the 15, 13 (87%) achieved one or more treatment goals. At Barrows Academy the amount of students services for 3 or more months was 41 (79%) of the 52 students seen for mental health services. Of these 41 students, 37 (90%) achieved one or more treatment goal. For an overall total of 77 students seen for 3 months and 66 (86%) of them achieving at least one or more of their treatment goals.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

Trend: [▲]

Notes:

* Reflects funding provided to the SBHCs for Medical, and Mental Health Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

Staff will attend weekly meetings at all three sites to stay abreast of at-risk students. They will also in conjunction with the medical staff attend a staff meeting to make all school personnel aware of the services offered at the health centers. Along with medical staff they will be available at school events to educate parents on our services.

How Well Did We Do:

Mental health staff will be responsible for a lunch table every other month on a topic of their choice to educate all students in the building.

Is Anyone Better Off:

A goal of the mental health staff will be to increase the percentage of students achieving at least one goal if they have been seen for 3 or more months.

Data Development Agenda:

- All three health centers continue the use of Allscripts MyWay, although this EHR is not specifically made for mental health recording. The clinicians have been able to meet their needs.
- In the 2015-2016 school year, Windham Hospital will move our health centers to their new EHR called EPIC. We will discuss the needs of the mental health clinicians to see if this can be incorporated into the new platform build.