

2014-2015 Program Report Card: Branford High School SBHC (Grades 9-12) BRANFORD SCHOOL BASED HEALTH CENTERS

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

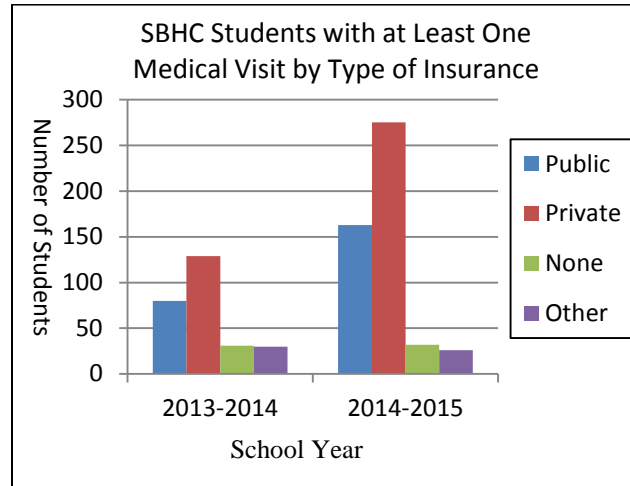
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 15	\$99,162	\$0	\$0	\$0	\$36,546	\$135,708
Estimated SFY 16	\$99,162	\$0	\$0	\$0	\$40,000	\$139,162

Partners: Parents, Students, CASBHC, DPH, Yale New Haven Hospital, Yale Child Study Center, School Based Health Alliance, Board of Education, Branford Counseling Center, Fairhaven Health Clinic, East Shore Health Center, School Administrators and Faculty.

How Much Did We Do?

Measure: Improve access to and utilization of primary and preventive care.



Story behind the baseline:

In 2014-2015 564 students were enrolled in the Branford High School (BHS) SBHC. 496 were unduplicated users. SBHC enrollment was stable over the previous year. Currently 567 (59%) of the 961 students attending BHS are enrolled in the SBHC. 32 (6.5%) students were uninsured and 163 (32.8%) students were publically insured either with commercial insurance or Medicaid. This reflects the changing economic structure of the community from a more affluent community to one that has a growing lower income population. Many immigrant families do not complete the insurance information portion of the

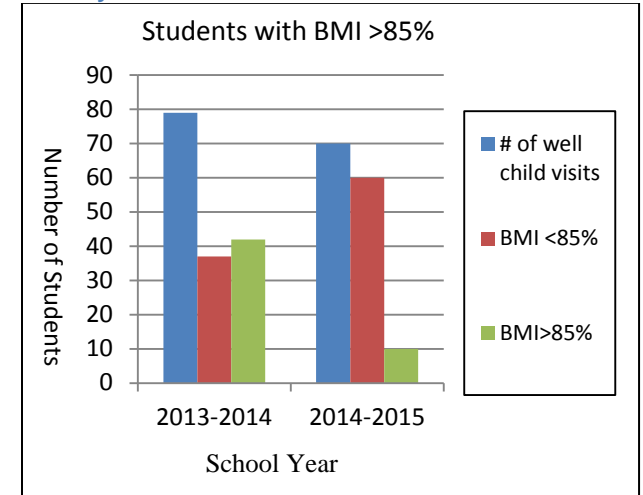
enrollment form, which is indicative of the 26 (5.2%) students in the "other" category. Many families are thought to be undocumented and uninsured. Efforts to conduct yearly outreach to assist families in completing enrollment forms and apply for HUSKY are conducted. While the student population of the high school seems to have decreased, enrollment percentage for the SBHC has increased, largely in part to the outreach efforts. 275 (55.5%) privately insured students sought SBHC services as a result of high deductible plans and belonging to working families unable to establish community care. In terms of clinical care, the BHS SBHC is well utilized and integrated into the school community. 70 physicals were conducted. There were 675 behavioral health visits and 865 medical visits. 57 (10%) students received psychiatric assessments as part of the SBHC services. All visits are recorded in the Yale New Haven Hospital EMR. The SBHC conducts ongoing outreach initiatives and continues to identify students and families who are in need of SBHC services. In addition, many students sought services for confidential, reproductive services and health education. All SBHC staff conducted outreach efforts and worked very closely with the school staff to identify those most in need of multi-lingual resources. Utilization of the SBHC and access to care increased by over 50%.

Trend: ▲

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

How Well Did We Do?

Measure: Reduce the proportion of SBHC users with Obesity.



Story behind the baseline:

During the 2014-2015 school year, the SBHC offered preventative health services which included identifying students with weight management concerns. All physicals and well child exams included an assessment of their height and weight. 253 students reported for medical visits. A total of 70 well child exams that included a documented BMI as part of their medical record were conducted. Visits for acute care and injury often did not include a BMI as students declined being weighed. Of the remaining well child visits conducted 60 students (86%) had a BMI under 85%, and 10 students (14%) had a BMI greater than 85%. The percentage of students with a

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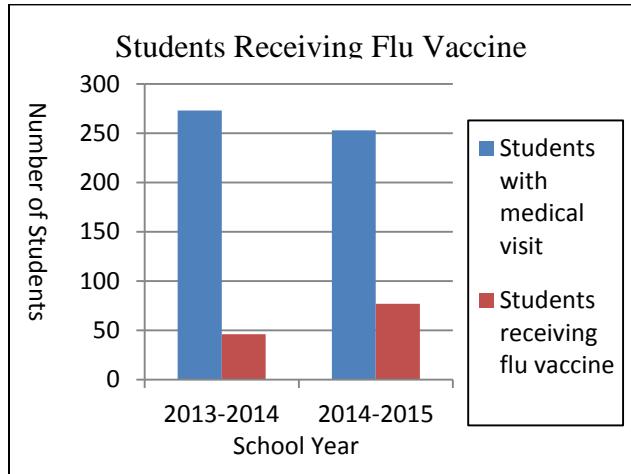
BRANFORD SCHOOL BASED HEALTH CENTERS

medical visit and a BMI over 85% decreased by almost 40%. All students of concern for health risks due to being over or under weight received individual nutritional assessments and guidance on physical activity as part of anticipatory guidance with the Nurse Practitioner. Nutritional guidance and a discussion on physical activity was also part of every SBHC medical visit. Literature on fitness and nutrition was on display in the waiting room. Parents/guardians were consulted when the SBHC nurse practitioner had concerns about the individual student BMI, including underweight students. Appropriate referrals were a part of the scope of services.

Trend: ▼

Is Anyone Better Off?

Measure: Reduce the Occurrence of Preventable disease.



Story behind the baseline:

Immunization services are a vital component of prevention services delivered at the SBHC. Branford High School provides mandated vaccines as part of a well-child care and infectious disease control. All students that receive medical care have their vaccination update reviewed. Immunizations are offered as appropriate. Many students from out of state and country require in-depth investigation to ascertain what immunizations are needed. Influenza education and disease control continues to be an integral

part of our services. The SBHC Nurse Practitioner began the outreach efforts on cold and flu season at the start of the school year. While many of the children in the community still use their pediatricians for flu prevention, 77(13.5%) students received their flu vaccination at the SBHC. Students receiving a flu vaccination from the SBHC increased by 14%. From 2013-2014. All vaccines received at the SBHC are part of the student school record and Yale New Haven Hospital's EMR.

Every student seen at the SBHC receives health promotion instruction in an attempt to reduce the spread and nature of acute illness. Education to families on the availability of the flu vaccine was successful and a significant number of children were immunized at the SBHC. Outreach efforts included mailings informing families of the availability of influenza vaccine on site at the SBHC. The Board of Education and PTA Web pages showcased the availability of the vaccine. The SBHC Nurse Practitioner partnered with the school nurse and at each parent interaction information regarding the flu vaccine was provided.

Trend: ▲

Proposed Actions to Turn the Curve:

Access and Utilization:

- BHS SBHC staff will continue to conduct additional outreach to increase enrollment in the SBHC program.
- Access and utilization will be targeted through offering support groups and health promotion activities. Behavioral Health services will include suicide prevention and peer counseling trainings to reach students of concern.
- The SBHC Program Coordinator will work with additional community partners to strengthen the community referrals.
- SBHC staff will continue to work with the support staff to identify students of greatest need for care.
- The SBHC will continue to provide a suicide prevention program to the freshman health classes called Signs of Suicide (SOS), developed by the Screening for Mental Health, Inc. (SMH).

Reduce the proportion of users with obesity:

- SBCH staff will use ACCESS and EPIC to effectively chart and follow-up identified students with BMI greater than 85%.

- All student visits will include BMI calculations and services will be offered that address students of concern.
- Patient education services with parents will promote the need for healthy eating and physical activity in youth.
- Network and collaboration with community based interventions to promote physical activity in youth identified at the SBHC as part of health assessments and care management.

Reduce the Occurrence of Preventable Disease:

- The SBHC Nurse Practitioner will identify all students that are begin in recommended intervals for immunizations by conducting chart audits as part of quality assurance.
- All students new to the school system will be referred to the SBHC for thorough evaluation of their health records.
- Developmentally appropriate classroom presentations will be offered in each school to address flu prevention. These efforts will be on-going at the start of the school year and bulletin boards will be updated to include influenza awareness and SBHC Flu Clinic schedules.

Data Development Agenda:

- Work with Yale New Haven Hospital to:
 - Align EPIC EMR generated reports to meet DPH requirements
 - Streamline the process of exporting our data from EMR to DPH
- Work with DPH to:
 - Develop tools to measure the success of the program goals and objectives as identified in the RBA outcomes selected

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend