

Healthy Connecticut 2020
The Connecticut State Health Improvement Plan

Agenda

Focus Area: Maternal, Infant and Child Health

Meeting 2: Develop Draft Goal Statement

Date: May 22, 2013

Time: 9:00 a.m. – 12:00 p.m.

Location: March of Dimes, 500 Winding Brook Drive, Glastonbury, CT

Time	Agenda Item	min.	Notes
9:00 a.m. – 9:15 a.m.	Activity 1: Opening the Work Group Session <ul style="list-style-type: none"> • Welcome and introductions • Review agenda, schedule and logistics • Review last meeting's outcomes • Review today's objectives 	15	
9:15 a.m. – 10:15 a.m.	Activity 2: Goal Setting <ul style="list-style-type: none"> • Develop a DRAFT goal statement for the focus area • Review goal definition and handout • Individual write and group dialogue • Statement and feedback • Finalize goal statement 	60	
10:15 a.m. – 10:30 a.m.	BREAK	15	
10:30 a.m. – 11:45 a.m.	Activity 3: Developing Draft Objectives <ul style="list-style-type: none"> • Develop DRAFT objectives (at least one per area) for the next 5 years. • Review definition/example of objectives and handout 	75	
11:45 a.m. – 12:00 p.m.	Activity 4: Work Group Housekeeping <ul style="list-style-type: none"> • Evaluate the meeting • Review next steps • Confirm next meeting date/time 	15	

Activity 1: Opening the Work Group Session

Introductions:

- Brief introductions of attendees and their representative organizations.
- Three meeting dates chosen; tight timeline
- Logistics
- Dropbox is where you can find meeting minutes, supporting data, contact list for our group, etc.

Objectives for today:

- Our job is to use our expertise to come up with a goal, objectives and strategies for our Areas of Focus to bring to the Advisory Group. This will be a working document that is based on data and will be implemented, useful and action-oriented. There are about 20 members of the Advisory Group and they value the expertise and recommendations of the work groups; they see you as the experts.

Activity 2: Goal Setting

What is a goal?

- Review handout
- Individual write activity:
 - Thoughts and comments on our focus area
 - Probing questions:
 - What is the desired state or outcome for this focus area?
 - What are we trying to achieve?
 - National Governor's Association workgroup on birth outcomes can be a good feeder for what is happening here.
 - Look at State birth outcomes and how can we better them.
 - This is a State plan, not a DPH plan, so we will be incorporating all work that is happening
 - Individual report out:
 - Improve the health and well-being of women, infants, children and families by meeting their basic human needs in CT.
 - Health promotion and education (before we have children and infants, there are steps that need to happen first). Health promotion and education for girls about what it takes to have, educate and finance children. How to take care of yourself.
 - All women will be healthy before, during and after pregnancy, have positive birth outcomes and their infants will be born healthy and have optimal opportunity to grow into healthy children.
 - Question: Women, who without their own fault, experience genetic or other medical problems... will they be left out? Children with special health care needs.
 - 'Children' needs to be 'all children'
 - Address special needs, services and resources in strategies
 - Phrase 'optimal health'; quality of life
 - Maximize the quality of life and health; full potential to grow

- Maximize vs. Improve vs. Optimize
- Broad definition of health (to mean mental, physical, emotional, etc.) dental, oral, social/emotional, environmental
- Need to be mindful and realistic because if we create something this doesn't fit within our systems, we will not be successful.
- **DRAFT GOAL for MICH:**
 - **Optimize the health and well-being of women, infants, children and families.**
 - Like: 'optimize'
 - Change: nothing
 - Add:
 - Quality of life
 - In Connecticut
 - 'Physical, mental and social/emotional health and well-being' in front of health
 - Group consensus yielded not making any of the above changes, making our draft goal our final goal.

Activity 3: Developing Draft Objectives

- Review objective handout
 1. SMART objectives
- Revisit 6 Areas of Focus, look at 3 objectives for each
- Thoughts on Objective Statements or Concepts
 1. Preconception and Pregnancy Care (prenatal care, teen pregnancy, maternal oral health)
 - Education and health promotion (preconception)
 - Increase women who receive counseling with a health care worker prior to pregnancy
 - PRAMS/PRATS data sources
 - All school districts will comply with education requirements
 - Include inter-conception
 - Pre-K thru grade 8; where is health ed? What does that mean? Not done consistently.
 - Oral health is a strategy
 - Pay for Performance; make sure providers are getting patients in early and giving adequate care
- DRAFT Objectives:
 1. Increase the proportion of women delivering a live birth who discussed preconception health with a health care worker prior to pregnancy.
 2. All school districts will comply with the mandatory health education curricula*
 3. Increase the proportion of pregnant women who receive early (1st trimester) and adequate prenatal care.

*Stephanie will send the group current health education curriculum.

- Only change is to #3 – 'early' to '1st trimester'
- Discussion on "adequacy" of care
- 3 = Increase the proportion of pregnant women who receive adequate prenatal care (as defined by Kotelchuck Index)

2. Birth Outcomes

Draft Objectives

1. Decrease the proportion of live singleton births born at less than 39 weeks gestation (preterm birth)
2. Reduce the percent of very low birth weight (>1500g) among singleton births.
 - Health disparities

Activity 4: Work Group Housekeeping

- Next meeting:
 - May 29th
 - March of Dimes, 500 Winding Brook Drive, Glastonbury
 - 10:00 a.m. – 4:00 p.m.
 - Lunch will be served
- Look for agenda and supplemental documents
- Link to DPH web page will also be sent out

Attendees

Attended Meeting						Last Name	First Name	Organization	Email
date	date	date	date	date	date				
5/6/13	5/22/13					(paste in WG members from list in dropbox)		(don't forget to add new members)	
X	X					Ascheim	Joan	DPH	
X						Beirne	Patricia	Greenwich Hospital	
X						Lowndes	Mary Kate	Commission on Children	
X	X					Gagliardi	Amy		
X	X					Fraser	Nadine	Connecticut Hospital Association	
X						Gruendel	Janice	DCF	
X						Bawza	Mary	Planned Parenthood	
X	X					D'Almeida	Bernadette	Community Health Network	
X	X					DeWitt	Patricia	Yale-New Haven Hospital	
X						Arpino	Linda	Life Focus Nutrition Centers	
X						Marulanda	Leticia	Hispanic Health Council	
X	X					Morin	Jennifer	DPH	

X						Levy	Sarah	UConn MPH intern	
X						Meyers	Judith	Child Health & Development Institute	
X						Dynowski	Samantha	Early Childhood Alliance	
X						Balcanoff	Stephen	CCMC	
	X					Conklin	Elizabeth	March of Dimes	
	X					Knutson	Stephanie	CT DOE	
	X					Adair	Maggie	CT Early Childhood Alliance	
						Co-Chairs		Organization	Email
X	X					Jones	Erin	March of Dimes	
X	X					Gionet	Ann	DPH	
						HRiA Support		Organization	Email
X	X					Ayers	Amanda	HRiA	aayers@hria.org