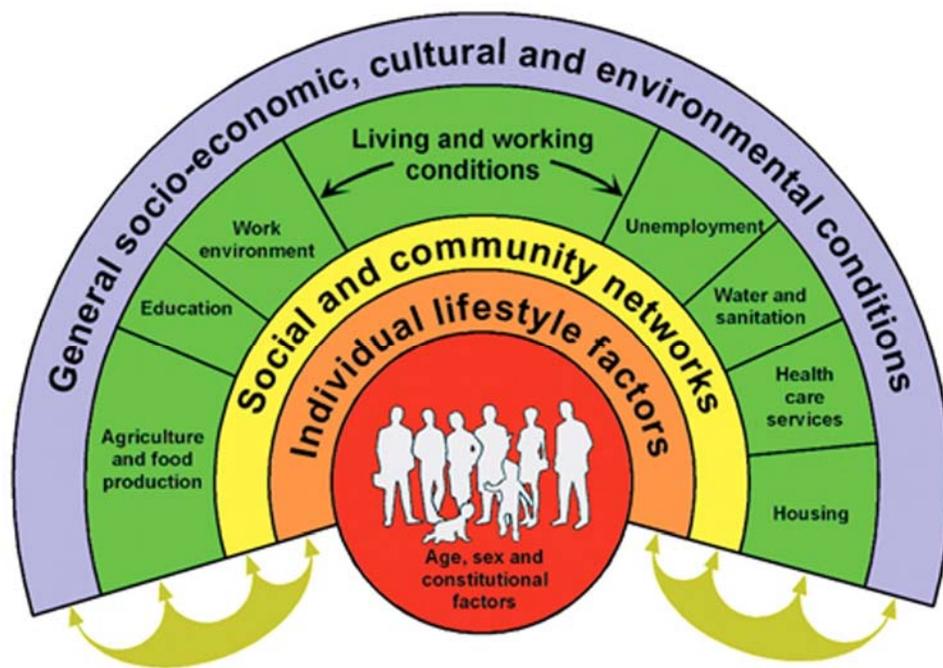


# Social Determinants of Health & Group Activities

2019 State Health Improvement Coalition Summit:

*Navigating Towards Health Equity*



September 20, 2019

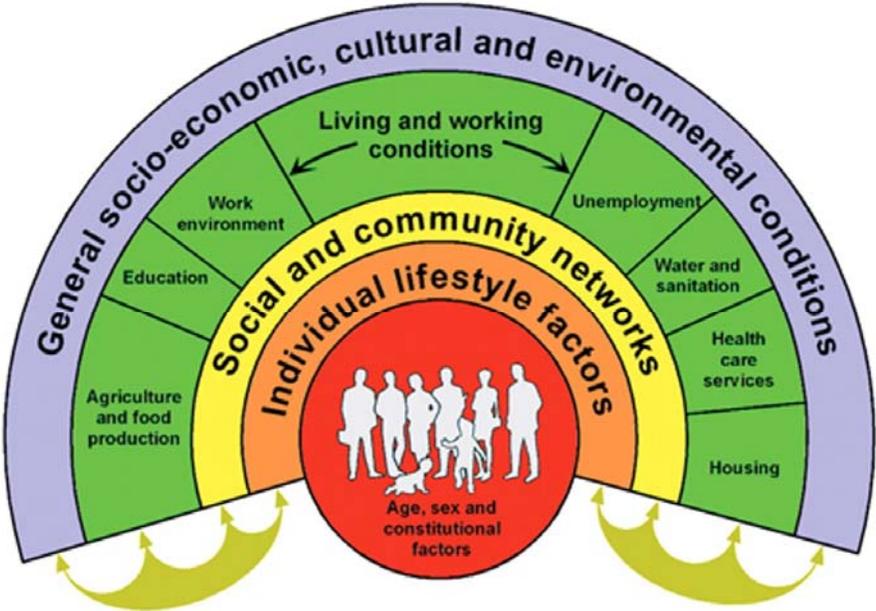


**CONNECTICUT**  
HEALTH IMPROVEMENT COALITION  
*Partners Integrating Efforts and Improving Population Health*



# SDOH Overview

- According to the World Health Organization (WHO), the **social determinants of health** are the conditions in which people are born, grow, live, work and age.
- These circumstances are shaped by the distribution of money, power and resources at global, national and local levels.
- The **social determinants of health** are mostly responsible for **health inequities** - the unfair and avoidable differences in health status seen within and between countries.



# What are the Social Determinants of Health?

*Healthy People 2020* identifies the social determinants in 5 main buckets with subcategories in each, as follows:

1. **Economic Stability**
  - Employment, Food Insecurity, Housing Instability, Poverty
2. **Neighborhood and Built Environment**
  - Access to Healthy Foods, Crime and Violence, Environmental Conditions, Quality of Housing
3. **Health and Healthcare**
  - Access to Healthcare, Primary Care, Health Literacy
4. **Social and Community Context**
  - Civic Participation, Discrimination, Incarceration, Social Cohesion
5. **Education**
  - Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy

# Brainstorming Exercise

1. Of the 30 indicators you've just heard about, what are the top 5 that resonate the most with you?
  - Write on the back of your agenda.
2. Which of the SDOH seem to contribute the most to these indicators? Which seem the most pressing/impactful/related to your chosen indicators?
  - Write the indicator on a post-it note and post it on the SDOH flip chart pages posted around the room.
  - You can post the same indicator under multiple SDOH's.

# State Health Improvement Plan

## Framework and SHIP 2.0 Table Discussions



Coalition Summit

[www.ct.gov/dph/SHIPCoalition](http://www.ct.gov/dph/SHIPCoalition) | 5

## Framework for SHIP 2.0

- We are organizing the content of the SHIP around SDOH
- We are looking for it to be more streamlined so that it is more organized, easier to track, and more likely to achieve impact across a number of different health conditions and concerns.



Coalition Summit

[www.ct.gov/dph/SHIPCoalition](http://www.ct.gov/dph/SHIPCoalition) | 6

# SHIP Framework (for illustrative purposes only)

PSE & PP: Policy, Systems, Environment and Primary Prevention

CT Social Determinants of Health					
		1. SDoH	2. SDoH	3. SDoH	4. SDoH
		Goals and Objectives	Goals and Objectives	Goals and Objectives	Goals and Objectives
Priority Issues and Indicators		↓	↓	↓	↓
1. Priority Health Issue		Strategies (PSE & PP)			
2. Priority Health Issue		Strategies (PSE & PP)			
3. Priority Health Issue		Strategies (PSE & PP)			
4. Priority Health Issue		Strategies (PSE & PP)			

## Informing SHIP Priorities

- HRiA will work with CT DPH to develop a list of recommended priorities based on the findings of the SHA and the outputs of today’s Coalition Summit.
- Priorities will be narrowed and refined through Community Focus Groups, a Coalition Survey, discussion and recommendations from the SHIP Advisory Council, review and input by the SHIP Executive Committee of the Advisory Council, and final approval by the DPH Commissioner.
- The desired outcome is a more focused plan with 3-4 priority/focus areas.

## Discussion Questions

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1. Which of the 2-3 upstream factors (SDOH) are the primary contributors to these issues, and are therefore most important to address? Why?
2. What would you like to see done to address the primary contributors and who should be engaged to address them (consider innovative development; design thinking)?
3. What would success look like in five years if we are able to impact the upstream factors?

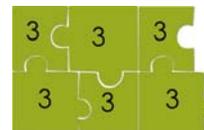
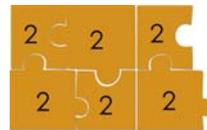
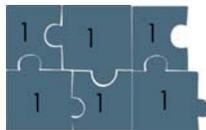
## Jigsaw Exercise

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- We're going to use a Jigsaw exercise
  - Have people work in small groups to discuss and generate responses to a series of questions and then reform into groups by question to synthesize the responses to the questions in real-time.
  - This exercise will begin the process of identifying priority indicators and their related social determinants for the SHIP 2.0.

# Jigsaw Exercise

- Break into groups of 3
- Individual brainstorm for a few minutes
- Address three questions in small groups. Note responses (each member is responsible for taking notes for one question)
- Assemble in groups by number. Facilitators will guide you in synthesizing and capturing responses on flip chart paper provided.



# Next Steps

## 2019 (October-December)

- Convene the NEW Communications Sub-Committee
- Finalize 2020 SHIP Policy Agenda
- Engage Local Partners
- Public Comment on State Health Assessment Draft

## 2020 (January-March)

- Community Focus Groups
- Coalition Survey
- Full Day Planning Session



# SHIP Coalition Activities

- **Policy Agenda –**

- Topics proposed by coalition, action team, and advisory council members during the third quarter of the year
- Reviewed, prioritized, and finalized by SHIP Advisory Council members during the fourth quarter of the year
- First SHIP Policy Agenda (2017 session) was a product of the 2016 SHIP Action Summit
- Concepts can be proposed through September 30, 2019 by sending an email to [HCT2020@ct.gov](mailto:HCT2020@ct.gov) with “POLICY” in the subject line

- **Communications Sub-Committee - NEW**

- Proposed by SHIP Action Team members as a way to share progress, success and lessons learned on strategies to improve health outcomes with statewide partners
- If you are interested in finding out more about this subcommittee, please email your contact information to [HCT2020@ct.gov](mailto:HCT2020@ct.gov) with “COMMUNICATION” in the subject line

