

### Summary of the August 8, 2018 Every Woman CT Advisory Committee Meeting

**Participants:** Chantelle Archer, Martie Boyer, Marc Camardo, Marijane Carey, Jordana Frost, Daileann Hemmings, Kim Karanda, Susan Lane, Lauren Rosato, Shelly Nolan, Leigh Lyn Vitukinas, Faith Voswinkle. **Participants via Zoom In:** Gina Burrows, Deborah Buxton Morris, Jillian Gilchrest and Melissa Touma.

Agenda Item	Discussion	ACTION Items and person responsible
New Advisory Committee members	New Advisory Committee members, Martie Boyer, SEI-FASD Coordinator; Shelly Nolan, Director of Women's Services at DMHAS; and Jillian Gilchrest, Director of Health Professional Outreach at CCADV, were welcomed.	An updated members list was sent in a previous email.
Spring & summer activities	<ul style="list-style-type: none"> <li>• The March 14 trauma training done by Eileen Russo and Jordana Frost was followed, at the request of EWCT Learning Collaborative members, by a day long session on Implicit Bias. On May 30 Dr. Lisa Werkmeister Rozas, a professor at UCONN School of Social Work conducted a day-long training entitled <i>Understanding Implicit Bias &amp; Micro Aggressions- What to Know and How to Intervene</i>. The evaluations were very positive and based on the feedback provided concrete and practical information for recognizing and addressing implicit bias. <u>Note:</u> The Implicit Bias training evaluation is available. If interested in having a copy contact Marijane Carey</li> <li>• We are excited about entering a partnership with CT Coalition Against Domestic Violence (CCADV). It is a natural fit for supporting and empowering women around important life decisions. Three opportunities were identified:               <ul style="list-style-type: none"> <li>○ Training advocates working directly with women;</li> <li>○ Incorporating OKQ into group sessions for both women in shelters and in communities; and</li> </ul> </li> </ul>	<p>Jordana Frost and Marijane Carey will work with Jillian Gilchrest on</p> <ul style="list-style-type: none"> <li>• Offering an Every Woman CT/OKQ introduction/orientation session to those who are interested in using OKQ in their work with women;</li> <li>• Inviting CCADV programs to the Fall networking meeting to meet with and learn from other providers who are offering OKQ to their clients. This networking session will also include an in-service on CCADV's services/supports.</li> </ul>

	<ul style="list-style-type: none"> <li>○ Incorporating OKQ in presentations and work with medical providers.</li> </ul> <p>Jordana Frost has been working with the OB Clinic at St. Francis Hospital. They are interested in integrating OKQ.</p> <p>Optimus, the Community Health Center in Stamford is interested in exploring using OKQ.</p>	<ul style="list-style-type: none"> <li>● Inviting staff from CCADV programs that are embedding OKQ into their protocols to a repeat session of Planned Parenthood of Southern New England's (PPSNE's) training on <i>Human Sexuality, Sexual Health, Optimal Birth Spacing, and Effective Contraceptive Counseling for Community Partners Implementing One Key Question</i>. It will be held after the Fall networking meeting.</li> </ul> <p>Jordana has been invited back to train the nursing staff.</p> <p>Due to staff turnover at Optimus, Marijane Carey and Jordana Frost will be following up in September, when new staff should be on board.</p>
<p>Report/Recommendations from the ASTHO Learning Community on Increasing Access to LARCs &amp; Next Steps for Exploring a Possible Relationship with Bayer Pharmaceuticals.</p> <p><u>Note:</u> In order to manage the meeting summary in an efficient manner, review the attached documents for more details on this discussion. The documents used to guide the discussion led by Jordana Frost are:</p>	<p><b>The 9 focus areas</b> for increasing access to contraception success are:</p> <p><b>1. Provider awareness and training</b></p> <ul style="list-style-type: none"> <li>○ <i>What are providers' current level of knowledge, attitudes, beliefs, and self-efficacy around comprehensive contraceptive counseling and care?</i></li> <li>○ <i>Do different provider types or health care systems have different training needs? How so?</i></li> </ul> <p><u>Recommendation:</u> develop a provider survey in order to gain information to inform next steps on provider training activities</p>	<ul style="list-style-type: none"> <li>● Susan Lane and Jordana Frost will draft a provider survey for feedback and suggested edits at the October meeting.</li> <li>● Jordana Frost will convene a meeting of the ASTHO IAC work group for input on the survey that will be presented at the October EWCT Advisory Committee meeting</li> </ul> <p><u>Note:</u> Members of the ASTHO IAC work group are: Jordana Frost, Susan Lane, Regina Owusu, Amy</p>

<ul style="list-style-type: none"> <li>• Nine Focus Areas for IAC</li> <li>• Pregnancy Intentionality and Optimal Birth Spacing, CT landscape and Opportunities for Increasing Access to LARCs power point</li> <li>• One-page write-up: How can Bayer be a valued partner?</li> </ul>	<p><b>2. Reimbursement and Financial Sustainability</b></p> <ul style="list-style-type: none"> <li>○ <i>How do billing and reimbursement practices differ by site of care? By payment method?</i></li> <li>○ <i>Do these practices impact availability of contraceptive care options? Do they impact timeliness of care?</i></li> <li>○ <i>What gaps and opportunities do we have to advance this focus area?</i></li> </ul> <p><b>3. Informed consent and ethical considerations</b></p> <ul style="list-style-type: none"> <li>○ <i>What is currently in place? Where?</i></li> <li>○ <i>For what populations?</i></li> <li>○ <i>What gaps and opportunities are there in our state around these strategies?</i></li> </ul> <p><b>4. Logistical, Stocking, and Administrative Barriers <u>and</u> Possible partnership with Bayer)</b></p> <ul style="list-style-type: none"> <li>○ <i>Which one of these are already being implemented?</i></li> <li>○ <i>Where? Where are there gaps and</i></li> </ul>	<p>Gagliardi, Julia Cron, Martie Boyer (new), Kim Karanda (new) and Faith Voswinkel (new)</p> <ul style="list-style-type: none"> <li>• Between October and the December <ul style="list-style-type: none"> <li>○ Identify providers and disseminate survey</li> <li>○ Partner with Jenn Morin to develop a PRAMS Data to Action brief to be presented at winter 2019 EWCT Advisory Committee</li> <li>○ Connect with DSS to understand Medicaid IPP insertion policy regarding timing and content of consent.</li> </ul> </li> </ul> <p><u>Update:</u> Jordana Frost had a follow-up phone call with Bayer contacts and Dr. Chris Morosky. Bayer is now open to a partnership that is inclusive of other manufacturers, if EWCT is interested in inviting more manufacturers (i.e. Paragard, Liletta, Nexplanon, etc.). Jordana has also</p>
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	<p><i>opportunities?</i></p> <p><u>Next Step:</u> Explore Stellar RX distribution system</p> <p><b>5. Consumer Awareness</b></p> <ul style="list-style-type: none"> <li>○ <i>What do we know about current consumer knowledge, attitudes and beliefs towards contraceptives? Do these change by SES and cultural background?</i> <ul style="list-style-type: none"> <li>▪ <i>Consider exploring already established campaigns.</i></li> </ul> </li> <li>○ <i>Which health care systems or data sources currently collect patient data on contraceptive care experience and satisfaction?</i></li> </ul> <p><u>Note:</u> Decision was made to hold off on broad consumer awareness and education campaigns until the delivery system is more optimally structured.</p> <p><b>6. Stakeholders and Partnerships</b></p> <p><u>Recommendations</u></p> <ul style="list-style-type: none"> <li>• Engage the CT Association of Community Health Centers at various stages of the project.</li> <li>• Connect with PPSNE and ACOG public affairs staff</li> <li>• Connect with ASTHO to identify example in other states.</li> </ul> <p><b>7. Service Locations</b></p> <p><b>8. Data, Monitoring and Evaluation</b></p> <ul style="list-style-type: none"> <li>○ <i>BRFSS? PRAMS? MEDICAID? UDS? NQF MEASURES? TITLE X FPAR? QI/QA PROJECTS? PATIENT AND PROVIDER SURVEYS? What questions? For what purposes?</i></li> </ul> <p><u>Resources</u></p> <ul style="list-style-type: none"> <li>• PRAMS data on contraceptive needs and uses</li> <li>• NQF measures approved by SIM for reporting purposes</li> </ul>	<p>asked Bayer for a written fact sheet or issue brief outlining the current billing and reimbursement landscape for LARCs in community health centers in order to help members of EWCT Advisory Committee better understand policy/regulatory opportunities that could potentially improve access to LARCs in those sites of service.</p>
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<p>Scheduling the next Advisory Committee meeting.</p>	<p>Decision was made to meet in October and to get Dr. Rob Zavoski input/thoughts on Stellar RX and, if interested in learning more about this service, invite him to the October meeting. UPDATE: Dr. Zavoski is interested in hearing a presentation by Stellar RX. Leigh Lynn Vitukinas offered to host the meeting at CT Dental Health Partnership, which is located in Farmington.</p>	<p>Marijane Carey will send a doodle to schedule the October meeting. All options will be on Tuesdays, which is the best day for Dr. Morosky.</p> <p><u>Update:</u></p> <ul style="list-style-type: none"> <li>○ Meeting has been scheduled for Tuesday, October 30 from 1 to 3 at the CT Dental Health Partnership. Both Drs. Zavoski and Morosky are able to attend.</li> <li>○ Stellar RX will do a presentation at this meeting.</li> </ul>
<p>Announcements/Updates</p>		
<p>DPH update: Submission of the MCH Block Grant application</p>	<p>Marc Camardo reported that MCHBG application has been submitted and includes EWCT/OKQ as a key initiative. Funding to support EWCT is included in the application. DPH is working on determining who will be managing the EWCT grant and hope to have someone in place by September. Marc Camardo and Ann Gionet will be presenting the Block Grant application to the feds in Boston on August 29. Marijane Carey will be available on site at DPH in order to provide background information and to answer any questions on EWCT/OKQ that the feds may have.</p>	
<p>DMHAS Update: The on-line OKQ learning module</p>	<p>As part of her internship at DMHAS, Michal Klau Stevens worked with DMHAS staff members in creating an online training module based on the OKQ orientation session presented a number of times by Jordana Frost and Marijane Carey. The module will be available for posting on other websites including the EWCT website.</p>	<p>Kim Karanda will send the link to the training module to Marijane Carey who will send it out to all Advisory Committee members. Once viewed, decisions can be made on options for website postings and determining which sites can also offer CEUs.</p> <p><u>Update:</u> The link was sent in a previous email. It can be accessed via the DMHAS and EWCT websites: <a href="https://www.ct.gov/dmhas/lib/dmhas/onekeyquestion/story.html">https://www.ct.gov/dmhas/lib/dmhas/onekeyquestion/story.html</a></p>

	CEUs are available to staff at DMHAS/DMHAS funded programs. Other organizations, such as CCADV, can have the training module on their website and offer CEUs to non-DMAHS supported staff	
DMHAS Update: Report on implementation of OKQ in the residential treatment programs	<p>Another task undertaken as part of Michal Klau Stevens' internship was doing <i>An Assessment of the Integration of One Key Question® Pregnancy Intention Screening and Reproductive Life Planning Into Seven Women and Children's Residential Substance Use Treatment Programs in Connecticut</i>. A copy of the presentation was sent in a previous email and lists:</p> <ul style="list-style-type: none"> <li>• The desired resources mentioned by every program</li> <li>• Additional resources programs would like; and</li> <li>• Recommendations</li> </ul> <p>NOTE: The PP presentation Michal Klau Stevens shared at the WSPIC annual meeting is available. Contact Marijane Carey if you would like another electronic copy.</p>	<ul style="list-style-type: none"> <li>• This report will be shared at the EWCT Learning Community networking meeting that will be scheduled in October.</li> <li>• Continue conversation about how to best support the DMHAS-affiliated sites <ul style="list-style-type: none"> <li>○ Dr. Chris Morosky will discuss with colleagues from other OB residency programs to assess initial interest in potentially developing a collaborative residency project focused on meeting the stated needs for reproductive and pregnancy health education, counseling, and care across non-traditional settings, such as residential treatment programs for women and children, where OKQ is being implemented.</li> <li>○ Susan Lane is also interested in having PPSNE explore options for supporting DMHAS's efforts.</li> </ul> </li> </ul>
DMHAS Update: Proposal submitted to HRSA Re: "Screening and Treatment for Maternal Depression and Related Behavioral Health Disorders"	Kim Karanda and Shelly Nolan reported that DMHAS is partnering with Beacon in applying for this peer consultation model HRSA grant. The purpose is to establish, improve, or maintain programs that expand health care providers' capacity to screen, assess, treat, and refer pregnant and postpartum women for maternal depression and related behavioral health disorders. This program will offer resources to any front-line health care providers serving pregnant and postpartum women. DMHAS is expecting to hear from HRSA around September 30.	

Fall EWCT Learning Collaborative events	<p>Marijane Carey and Jordana Frost are planning to hold a networking session for members of the EWCT Learning Collaborative members that will include:</p> <ul style="list-style-type: none"> <li>• An in-service by CCADV</li> <li>• Lessons learned from Torrington and the East Shore District Health Department's experiences with implementing OKQ and</li> <li>• Michal Klau Stevens presenting on her study.</li> </ul>	<p>MjC and JF will continue planning both sessions.  <u>Update:</u> The Networking meeting was held on October 25</p>
Information Sharing from Committee members		
CT Hospital Association	<p>NASCENT training will continue. Dr Gross will be training nurses</p>	
Planned Parenthood	<ul style="list-style-type: none"> <li>• Clinic in New Britain has been closed</li> <li>• PPSNE and UCONN have received a great to do SBIRT training</li> </ul>	

Prepared by M. Carey