



**Healthy Connecticut 2020**  
**State Health Improvement Plan**

**Injury & Violence Prevention ACTION Team Meeting AGENDA & NOTES**

**Date:** 06-15-2018

**Time:** 9:00pm-11:00am

**Location or Conference Call Number:** [Click here to enter text.](#)

**Attendees:** Amy Mirizzi (DPH), Kevin Borrup (CT Children’s Hospital), Lindsey Kelley (DPH), Andrea Duarte (DMHAS), Carol Steinke (City of Hartford Health & Human Services), Mary Ann Zavorskas (City of New Haven Health Dept.), Robin Tousey-Ayers (DPH), Sara Gauger (Dept. of Rehabilitation Services State Unit on Aging), Stephanie Denya (Meriden Health Dept.), Sandra Gill (DPH), Chantelle Archer, Alexis Steele (Wallingford Health Department)

Agenda Items	Time	Discussion	ACTION Items & person responsible
<b>Welcome &amp; Intros.</b>			
<b>Healthy Connecticut 2020: State Health Improvement Plan (SHIP)</b>		<ul style="list-style-type: none"> <li>• Sandy Gill provided a brief overview of the Connecticut State Health Improvement Plan (SHIP), which serves as a roadmap for promoting and advancing population health, and ensuring all people in Connecticut have the opportunity to attain their highest potential for health. The plan is based on findings from the 2014 Connecticut State Health Assessment (SHA) and together these efforts comprise Healthy Connecticut 2020. The plan was created through a statewide planning process that engages partners and stakeholders to develop, support and implement the Plan. Healthy CT 2020: The State Health Improvement Plan was officially launched in March 2014.</li> <li>• Stakeholder engagement is the foundation of the SHIP collaborative effort and involves a wide range of community partners representing various sectors. Stakeholders that comprise the Coalition are engaged through an organizational infrastructure established in 2015. This structure includes the Coalition at Large, the Action Teams, the Advisory Council, and the Executive Committee. There is a SHIP Coalition webpage that can be found at <a href="http://www.ct.gov/dph/SHIPcoalition">www.ct.gov/dph/SHIPcoalition</a>.</li> <li>• The Action Teams were created for implementation of SHIP priorities selected by the Coalition and Advisory Council in 2014. The role of the Action Teams is to develop and implement annual Action Agendas and report progress quarterly to the Advisory Council of the Connecticut Health Improvement Coalition. The teams must also track implementation progress by providing written updates in their ACTION Agendas which are linked electronically to the appropriate health indicators on the Healthy CT 2020 Performance Dashboard – <a href="http://www.ct.gov/dph/dashboard">www.ct.gov/dph/dashboard</a>.</li> <li>• The CT Health Improvement Planning Coalition currently monitors 70 health indicators relevant to priority SHIP objectives, with health improvement targets of 5-10%. The indicators are monitored through the Healthy CT 2020 Performance Dashboard which acts as the “living” version of the SHIP. It is a transparent way to show the progress Connecticut is making toward moving health indicators connected to objectives</li> </ul>	



**Healthy Connecticut 2020**  
**State Health Improvement Plan**

		<p>within the State Health Improvement Plan. It visually displays how Connecticut residents are faring in health improvement target areas such as heart disease, obesity, birth outcomes etc.</p> <p><i>Upcoming SHIP Activities</i></p> <ul style="list-style-type: none"> <li>• The Connecticut State Health Assessment (SHA) is currently in the process of being updated. A report is expected to be published by January 2020.</li> <li>• Healthy CT 2030 will launch in 2020.</li> </ul>	
<p><b>SHIP Injury &amp; Violence Prevention Action Team Overview</b></p>		<p>The SHIP Injury and Violence Prevention Action Team has four areas of concentration including fall prevention, motor vehicle crashes, suicide prevention, and sexual violence. Each area of concentration has a priority objective along with corresponding indicators which are monitored on the Performance Dashboard to determine whether progress has been made in achieving those objectives. See Power Point Slides for specific objectives and indicators.</p>	
<p><b>SOAR Analysis: Strengths, Opportunities, Aspirations, and Results</b></p>		<p><b>Fall Prevention</b></p> <p><i>Strengths</i></p> <ul style="list-style-type: none"> <li>• Data has shown a decrease in falls</li> <li>• There is a CT Falls Prevention Coalition.</li> <li>• There are five Area Agencies on Aging (AAA) throughout CT which are funded by the State Department on Aging. These agencies administer programs and services for the elderly and their caregivers. Some of the services provided include: social services, nutritional services, disease prevention and health promotion services, family caregivers support services, and adult day care aide positions. More information can be found at: <a href="http://www.ctagenciesonaging.org/">http://www.ctagenciesonaging.org/</a></li> </ul> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> <li>• The Dartmouth Center does regional training on fall prevention. Local health departments have received training. Tai Chi has been a focus of the training.</li> </ul> <p><i>Aspirations</i></p> <ul style="list-style-type: none"> <li>• The Dept. of Rehabilitation Services State Unit on Aging (DORS) is interested in making connections between health and aging by bringing in various health departments.</li> <li>• Possible partnership between DORS and DPH on 911 calls</li> <li>• Connect with EMS teams and social services.</li> <li>• Incorporate triage into PCP and programs for fall prevention</li> <li>• Remove barriers from senior centers</li> <li>• Create a diabetes partnership</li> <li>• Consider possible funding from the Green &amp; Healthy Homes Initiative</li> <li>• Home Assessments</li> </ul>	



**Healthy Connecticut 2020**  
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	<p><b>Motor Vehicles Crashes</b></p> <p><i>Strengths</i></p> <ul style="list-style-type: none"> <li>• <i>Children’s Health and Safety Fair</i> – The fair was hosted on April 21, 2018 by the City of Meriden. During the Fair there were car seat installations and community CPR training. Also, information was provided on Amtrak safety, cyber safety, as well as pedestrian and cell phone safety.</li> <li>• <i>Car Seat Installations</i> – The Meriden Health Department and the CT Children’s Safe Kids collaborated to successfully nationally certify 16 people for installation. 407 car seats have been installed and 11 in-house power point educational trainings were held with parents, guardians, and caregivers.</li> </ul> <p><b>Suicide Prevention</b></p> <p><i>Strengths</i></p> <ul style="list-style-type: none"> <li>• <i>QPR Training</i> – The Department of Mental Health and Addiction Services (DMHAS) has been doing QPR Gatekeeper Training to learn the risk factors of suicide.</li> <li>• <i>One Word, Once Voice, One Life Campaign</i> – The CT Suicide Advisory Board created this campaign to educate CT residents about suicide prevention.</li> <li>• <i>Fresh Check Day</i> - The Jordan Porco Foundation sponsors this event which aims to create an approachable atmosphere where students are encouraged to engage in dialogue about mental health. More information about the event can be found at: <a href="https://www.rememberingjordan.org/programs/fresh-check-days/">https://www.rememberingjordan.org/programs/fresh-check-days/</a></li> <li>• <i>The Columbia-Suicide Severity Rating Scale (C-SSRS)</i> – This scale supports suicide risk assessment through a series of simple questions that anyone can ask. The answers help users identify whether someone is at risk for suicide, assess the severity and immediacy of that risk, and gauge the level of support that the person needs. More information about the scale can be found at: <a href="http://cssrs.columbia.edu/">http://cssrs.columbia.edu/</a></li> <li>• <i>“Gizmo’s Pawesome Guide to Mental Health”</i> – This is a book that supports the mental health and wellness of youth. The Guide’s message is child-friendly and is presented by Gizmo, a 7-year-old dog who lives in Manchester. He is a k-9 First Responder and Therapy Dog who is the mascot for the CT Suicide Prevention Campaign 1 Word, 1 Voice, 1 Life. More Information about the book can be found at <a href="http://www.gizmo4mentalhealth.org/">http://www.gizmo4mentalhealth.org/</a></li> </ul> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> <li>• DMHAS is building a training pool across the state and is looking for opportunities in communities to build capacity at the community level. They have been engaging youth service bureaus to partner with schools. Currently, they are not in a position to dedicate attention to adult populations but they are hoping health districts can help with this.</li> </ul> <p><i>Aspirations</i></p> <ul style="list-style-type: none"> <li>• <i>QPR Training</i>- Need to build the trainer pool; 150 people have been trained</li> <li>• There is a need to communicate to providers the importance of assessing patients for suicide; it’s not just a mental health issue.</li> </ul>	
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		<p><b>Sexual Violence</b></p> <p><i>Strengths</i></p> <ul style="list-style-type: none"> <li>• The CT Alliance to End Sexual Violence is a statewide alliance of individual sexual assault crisis programs- <a href="https://endsexualviolencect.org/">https://endsexualviolencect.org/</a></li> <li>• There are nine rape crisis centers across Connecticut.</li> <li>• In 2016 legislation passed that requires a k-12 public schools to develop a curriculum for addressing sexual abuse/awareness.</li> </ul> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> <li>• DPH is working on prevention activities with colleges.</li> <li>• Community Health Center Pilot             <ul style="list-style-type: none"> <li>○ This project is funded through a grant from Futures Without violence.</li> <li>○ Connecticut was one of four states awarded a grant from Futures Without Violence to promote policy and systems changes that support an integrated and improved response to domestic violence and human trafficking in community health centers.</li> <li>○ DPH along with CT Coalition Against Domestic Violence (CCADV) and the Community Health Center Association of Connecticut (CHCACT) are working with six community health centers and four domestic violence organizations in Connecticut to integrate screening and brief interventions into their healthcare delivery.</li> </ul> </li> <li>• Online Toolkit             <ul style="list-style-type: none"> <li>○ This project is currently in the planning stage. DPH, The Alliance to End Sexual Violence, and the State Department of Education are working to do a needs assessment of schools throughout the state on their ability to implement sexual violence prevention. Once the needs assessment is complete the results from the assessment will be used it to put together an online tool-kit for schools and parents to access for materials and resources around sexual violence prevention.</li> </ul> </li> </ul>	
<p><b>Next Steps</b></p>		<p><b>Next Meeting Date/Time:</b> Monday, July 30, 2018; 9:30am – 11:30 am; Gaylord Hospital (Chauncey Lecture Pavilion); Wallingford CT</p>	<p>A Doodle Poll was sent out to individuals to schedule the next meeting.</p>



# CONNECTICUT HEALTH IMPROVEMENT COALITION

*Partners Integrating Efforts and Improving Population Health*

 Connecticut Department  
of Public Health

Healthy Connecticut 2020



2 State Health Improvement Plan

# *Healthy Connecticut 2020: State Health Improvement Plan (SHIP)*



# ***The Healthy Connecticut 2020: State Health Improvement Plan (SHIP)***

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- *The Healthy Connecticut 2020: State Health Improvement Plan (SHIP) serves as a roadmap for promoting and advancing population health in Connecticut.*
- *The SHIP was created through a statewide collaborative planning process that engaged partners and organizations to develop, support, and implement the Plan.*
- *The Plan is intended to provide a vision for the health of the state and a framework for organizations to use in leveraging resources, engaging partners, and identifying their own priorities and strategies for collective action.*

# *Principles Used in Creating the Plan*

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- *Aligned with the National Prevention Strategy, Healthy People 2020 objectives, the Centers for Disease Prevention and Control, and with other existing State of Connecticut and DPH Plans*
- *Data-informed and data-driven*
- *Health equity focus*
- *Evidence-based (using proven strategies)*
- *Policy and systems change focused*
- *Collaborative*
- *Accessible to a broad audience*



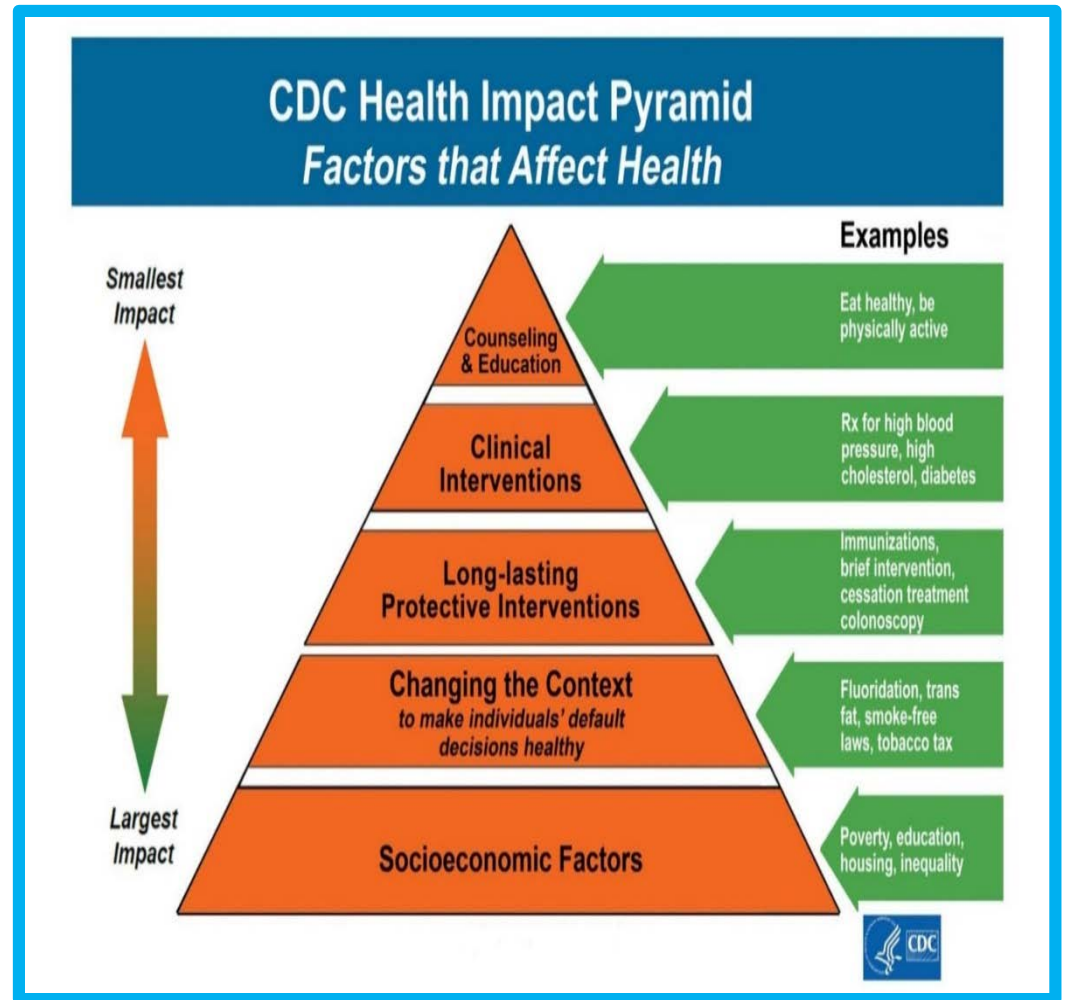
# Economic & Social Determinants of Health

## ■ Economic:

- Income
- Poverty
- Employment status

## ■ Social

- Educational attainment
- Language and literacy
- Geographic
  - Housing
  - Access to food
  - Recreation
  - Transportation
  - Public safety





# HCT 2020 Performance Dashboard

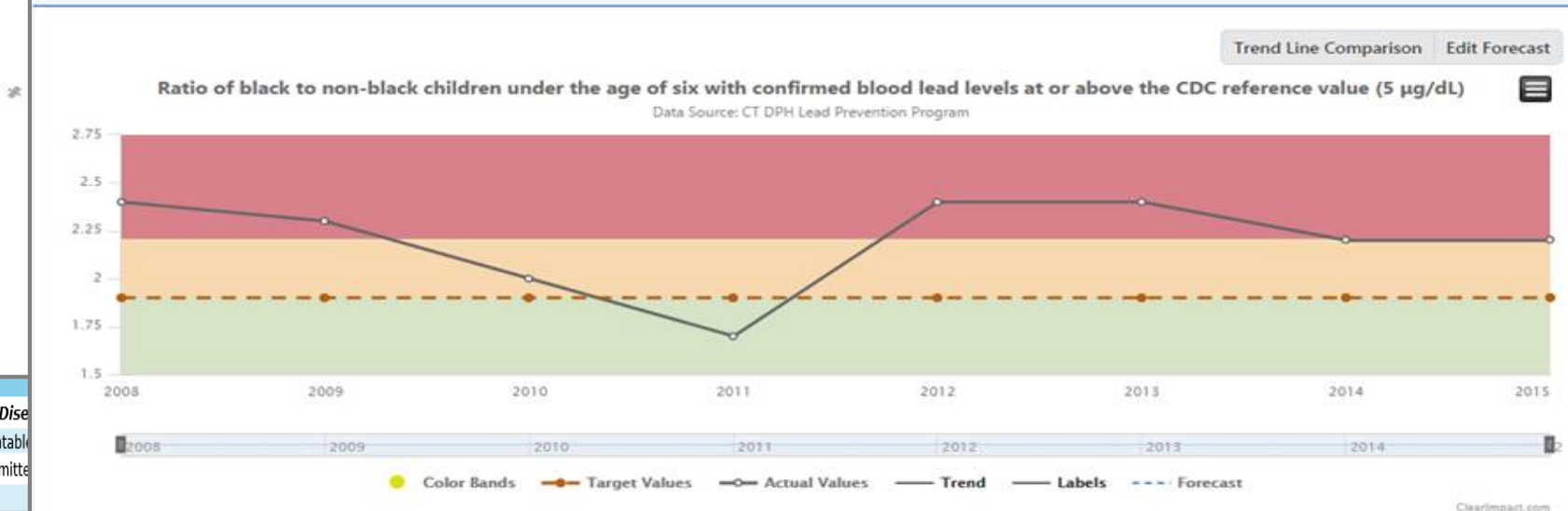
Health Connecticut 2020 Focus Area and Areas of Performance Health Disparity

**R** All Connecticut Children are Lead-Free. and 1 more...

**I** **Environment** Prevalence rate of children less than 6 years of age with confirmed blood lead levels at or above the CDC reference value (5 µg/dL). (HCT2020)

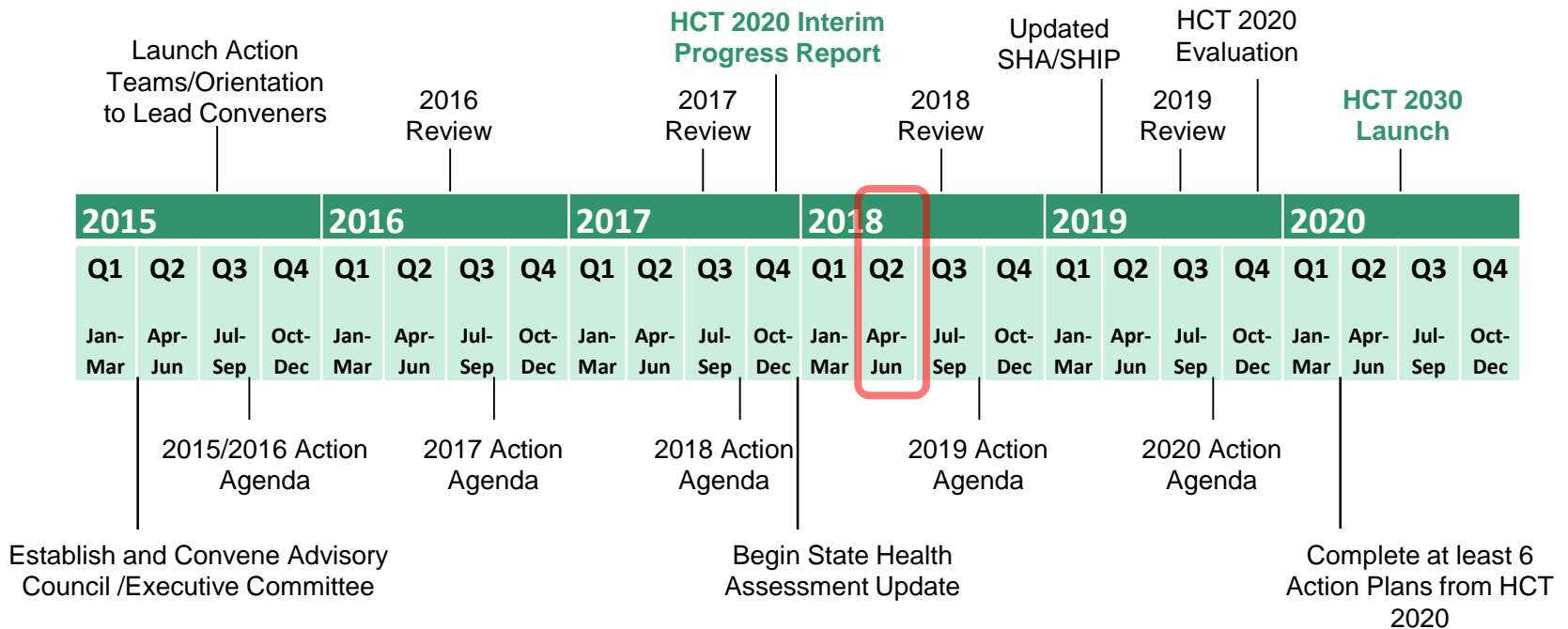
**R** All Connecticut Children are Lead-Free. and 1 more...

**I** **Environment** Ratio of black to non-black children under the age of six with confirmed blood lead levels at or above the CDC reference value (5 µg/dL)



- 1. Maternal and Child Health
- 2. Environmental Health
- 3. Chronic Disease
- 4. Infectious Disease

# HCT 2020 Implementation Timeline



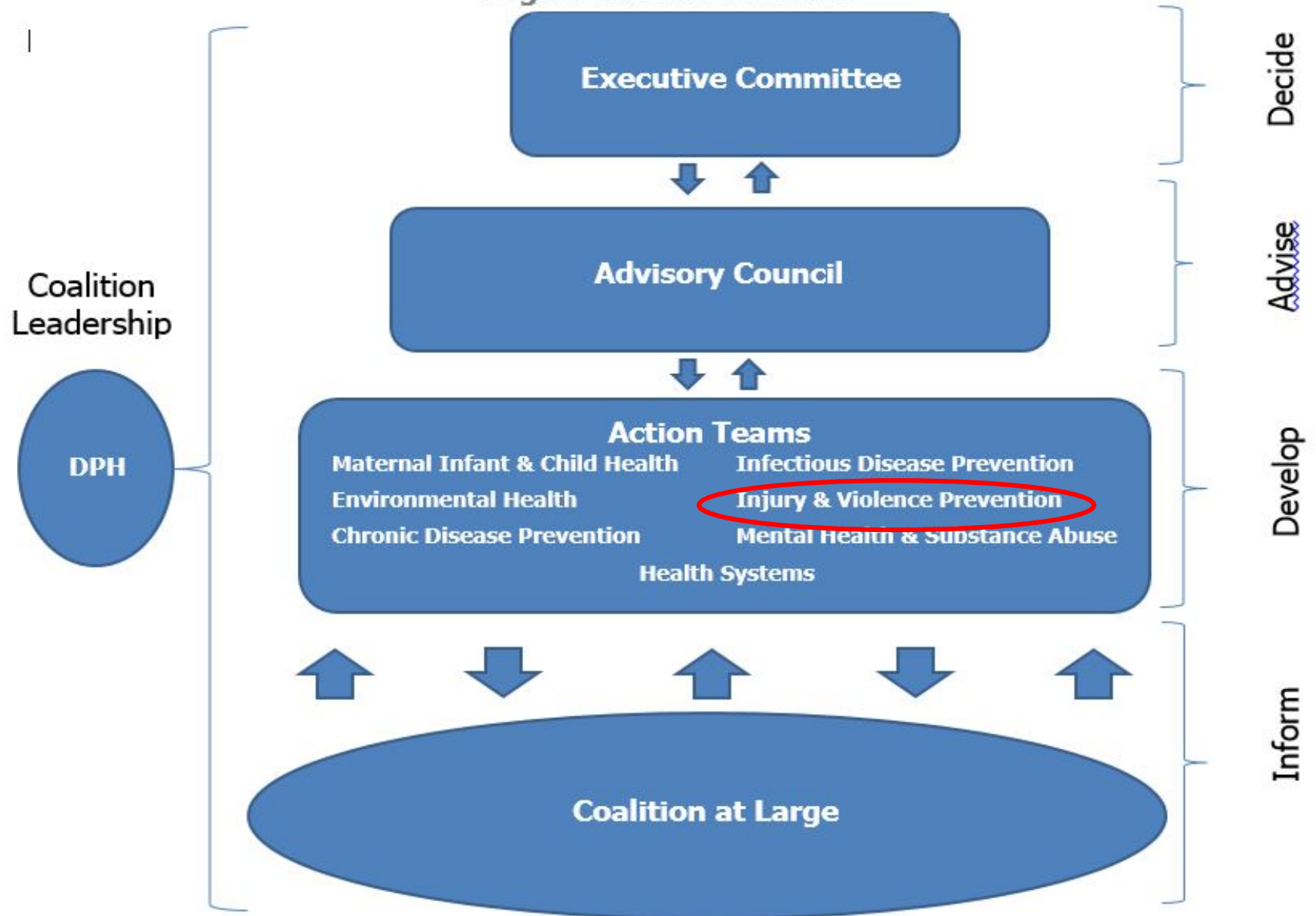
# *SHIP Coalition*

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*The SHIP Coalition gains its greatest strength from the active participation of partners from across the state working together to connect health improvement efforts, leverage activities, maximize resources, and build upon existing infrastructure.*



# Connecticut State Health Improvement Plan Implementation Coalition Organizational Structure



# What is the Role of the Action Team?

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- *The role of the Action Teams is to develop and implement annual action agendas (work plans) to align, refine and implement progress toward SHIP objectives targets.*
- *The Action Agenda is the Implementation Plan for a specific focus area of the Connecticut State Health Improvement Plan (HCT2020 SHIP)*
- *The 2018 Action Agenda reflects those objectives and evidence based strategies that we will implement by December 31, 2018.*
- *Details it includes:*
  - *Actions/Activities involved in executing each of the strategies for SHIP objectives.*
  - *Partners Responsible*
  - *An identified timeline for each action*
  - *Resources required for the strategies for each objective (human, partnerships, financial, infrastructure or other)*

# Action Agenda Example

## Focus Area 5: Injury & Violence Prevention

**Goal 5: Create an environment in which exposure to injuries is minimized or eliminated.**

**Area of Concentration: Motor Vehicle Crashes**

**SHIP Objective IV-6: Reduce by 5% the number of deaths from motor vehicle crashes.**

**Dashboard Indicator: [Number of deaths from motor vehicle crashes in Connecticut.](#)**

Strategies	Actions and Timeframes	Partners Responsible	Progress
<p><b>Education and statewide enforcement of laws regarding distracted driving, impaired driving, speeding, and unrestrained driving.</b></p> <p><i>Opportunities for collaboration with other Action Teams:</i> Maternal Infant &amp; Child Health</p>	<p>a. CT State Police, in collaboration with the CT DOT, will conduct (9) High Visibility Enforcement (HVE) initiatives by the end of 2017. These will address impaired driving, seatbelt use, distracted driving and speeding. <b>Measures</b> will include: dates of targeted enforcements initiatives and CT DOT will track number of citations issued during targeted timeframes. <b>Timeframe:</b> by December 31<sup>st</sup>, 2017.</p>	CT DOT and Police	
	<p>b. CT DOT will implement (9) public awareness/education campaigns to address distracted driving, impaired driving, speeding, and unrestrained driving. Campaigns can include billboards, TV &amp; radio PSA's, and print materials. These will coincide with the High Visibility Enforcement activities listed in the previous action item. <b>Measures</b> will include dates of campaigns and types of media/promotion utilized <b>Timeframe:</b> by December 31<sup>st</sup>, 2017</p>	CT DOT Driving Schools Hospitals	
	<p>c. CT DOT will conduct outreach initiatives in 200 CT High Schools to address driver behavior. <b>Measures</b> will include quarterly counts of High Schools reached <b>Timeframe:</b> by December 31<sup>st</sup>, 2017</p>	CT DOT	
	<p>d. Legislation will be proposed to require all automobile passengers, in all seating positions, to wear a seatbelt. Advocacy information related to this policy will be shared with coalition and advisory council members throughout the legislative process <b>Measures</b> will include # of SHIP member organizations submitting testimony (per CGA website), # letters to the editor in support, # elected officials contacted as reported by SHIP coalition membership. <b>Timeframe:</b> proposed by February 2017; follow up membership survey by June 2017.</p>		



STEP 1

# Identifying Action Agenda (Year 1) Objectives

What Phase 1 objectives under this focus area should be targeted for year one implementation?

Where is the critical mass of effort currently happening related to this focus area that provides a foundation to build upon?

What critical areas are important and not sufficiently addressed within the scope of this SHIP focus area?

Which of the identified priorities address health equity and reaching our most vulnerable populations?

Are there evidence based strategies available to improve health outcomes?

STEP 2

## Refining Evidence-Based Strategies for the 2016 ACTION Agenda

Are we employing the best evidenced-based strategies?

What role will partners play at the local, regional, and statewide levels to implement these strategies?

STEP 3

## Assess/Identify SHIP targets that need to be refined

Draft of 2016 ACTION Agenda by  
08/30/15  
Final by 09/30/15

# SHIP/CHIP Priorities Alignment

<u>State</u>	<u>Manchester</u>	<u>Greater Bridgeport</u>	<u>Norwalk</u>	<u>Hartford</u>	<u>Naugatuck Valley</u>	<u>Central CT</u>	<u>Wallingford</u>	<u>Greater Danbury</u>	<u>Greater New Haven</u>	East Shore District	Chesprocott	<u>Hospital CHNAs*</u>
Maternal, Infant, and Child Health	X			X			X			X		
Environmental Risk Factors and Health							X					
Chronic Disease Prevention and Control	X	X	X	X	X	X	X	X	X	X	X	X
Infectious Disease Prevention and Control				X			X					
Injury and Violence Prevention						X	X	X				
Mental Health, Alcohol, and Substance Abuse	X	X	X		X	X	X	X	X		X	X
Health Systems	X	X		X	X	X	X	X	X	X	X	X

\*Connecticut Department of Public Health. 2017. *Statewide Healthcare Facilities and Services Plan—2016 Supplement*.

# Thank You!

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Join the Connecticut Health  
Improvement Coalition!

**[HCT2020@ct.gov](mailto:HCT2020@ct.gov)**

For more information

**[www.ct.gov/dph/SHIPCoalition](http://www.ct.gov/dph/SHIPCoalition)**

and

**[www.ct.gov/dph/Dashboard](http://www.ct.gov/dph/Dashboard)**

# CT Department of Public Health Office of Injury Prevention

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- Established in 1993 under C.G.S. 19a-4i
- Promotes environmental and policy change initiatives to prevent injury, death, and disability

## Mission

To promote a safe and healthy Connecticut by reducing factors associated with intentional (e.g. homicide, suicide, sexual assault) and unintentional (e.g. falls and motor vehicle accidents) injuries.

# CT Department of Public Health Office of Injury Prevention

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**The Office of Injury Prevention oversees the following seven (7) focus areas and programs:**

- Concussion and Traumatic Brain Injury Prevention
- Falls Prevention
- Motor Vehicle Crash Injury Prevention and Child Car Seat Safety
- Opioids and Prescription Drug Overdose Prevention Program
- Sexual Violence Prevention Program
- Suicide and Self-Inflicted Injury Prevention Program
- CT Violent Death Reporting System (CTVDRS)

# CT Department of Public Health Office of Injury Prevention

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## Preventive Health and Health Services Block Grant (PHHSBG)

- Provides all 50 states, the District of Columbia, 2 American Indian tribes, and 8 US territories with funding to address their unique public health needs in innovative and locally defined ways.
- This program gives grantees the flexibility to use funds to respond rapidly to emerging health issues and to fill funding gaps in programs that deal with leading causes of death and disability.

## Four other Centers for Disease Control and Prevention (CDC) grants

# CT Department of Public Health Office of Injury Prevention

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# ***The Healthy Connecticut 2020: State Health Improvement Plan (SHIP)***

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- ***Focus Area 5: Injury and Violence Prevention (IVP)***
- ***GOAL: Create an environment in which exposure to injuries is minimized or eliminated.***

# ***The Healthy Connecticut 2020: State Health Improvement Plan (SHIP)***

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***WHY THIS GOAL IS IMPORTANT:*** *Unintentional injuries and violence are among the leading causes of death and premature death in the United States and also contribute to disability, poor mental health, high health care costs, and lost productivity. It is estimated that injuries cost the US health system \$80.2 billion annually, and result in productive losses of \$326 billion annually. Nearly all injuries and related disability and death are preventable. In Connecticut, Injury and Poisoning, including violent injuries, is the leading cause of visits to hospital emergency rooms. During the last decade, falls and accidental poisoning overtook motor vehicle accidents as the leading causes of death due to unintentional injury.*

# ***The Healthy Connecticut 2020: State Health Improvement Plan (SHIP)***

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## **Focus Area 5: Injury and Violence Prevention**

### **Areas of Concentration**

- Falls
- Motor Vehicles & Motorcycle Accidents
- Suicide & Self-inflicted Injury
- Traumatic Brain Injury
- Sports Injuries
- Occupational Injuries
- Drug Overdoses
- Child Maltreatment
- Sexual Violence

# Focus Area 5

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## Injury and Violence Prevention 2017 Action Agenda and Areas of Concentration

[http://www.portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/state\\_health\\_planning/dashboards/HCT2020Injurypdf.pdf%20class='no-direct-text-content'?la=en](http://www.portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/state_health_planning/dashboards/HCT2020Injurypdf.pdf%20class='no-direct-text-content'?la=en)

# SHIP Injury and Violence Prevention Action Team

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# Area of Concentration: Fall Prevention

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- **SHIP Objective IV-1:** Decrease by 10% the number of fall deaths among persons of all ages.
    - **IVP-23.2:** Prevent an increase in fall-related deaths among adults aged 65 years and older
  - **Dashboard Indicator:**
    - Number of falls among persons of all ages in Connecticut.
    - Number of fall injuries (by age group).
- <http://www.portal.ct.gov/DPH/State-Health-Planning/Healthy-CT-2020-Dashboards/30-INJ-Falls>
- Falls prevention, especially in older persons, is a CT DPH priority.
  - During the last decade, the number of deaths due to falls among persons of all ages in CT nearly doubled: 177 (2003) to 370 (2013).
  - In the United States, falls are the leading cause of injury and death among older adults 65 years of age and older.
  - In Connecticut falls account for \$1.37 billion a year in lifetime costs.

# Area of Concentration: Motor Vehicle Crashes

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- **SHIP Objective IV-6:** Reduce by 5% the number of deaths from motor vehicle crashes.
  - *IVP-16: Increase age-appropriate vehicle restraint system use in children*
- **Dashboard Indicator:** Number of deaths from motor vehicle crashed in Connecticut.

<http://www.portal.ct.gov/DPH/State-Health-Planning/Healthy-CT-2020-Dashboards/32-INJ-MV-Crashes>

- The use of child passenger safety restraints decreased between 2005 and 2009, from 96.9% to 84.9% (CT DOT). Since 2010, the rate has been increasing to a 2013 value of 89.5%.



# Area of Concentration: Suicide Prevention

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- **SHIP Objective IV-12:** Reduce by 10% the age-specific suicide rate for person 15 to 64 years of age.
- **Dashboard Indicator:** Rates of Suicide by age
  - 15-19 years of age
  - 20 to 24 years of age
  - 25-34 years of age
  - 35 to 44 years of age
  - 45 to 54 years of age
  - 55 to 64 years of age

(cont.)

# Area of Concentration: Suicide Prevention

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- **SHIP Objective IV-14:** Reduce by 20% the proportion of students in grades 9-12 who attempted suicide in the past 12 months.
- **Dashboard Indicator:**
  - Proportion of CT high school students in grades 9-12 who attempted suicide in the past 12 months.
  - Proportion of CT high school students in grades 9-12 who seriously considered attempting suicide.

<http://www.portal.ct.gov/DPH/State-Health-Planning/Healthy-CT-2020-Dashboards/33-INJ-Suicide>

# Area of Concentration: Sexual Violence

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- **SHIP Objective IV-18:** Reduce by 10% the incidence of sexual violence.
- **Dashboard Indicator:**
  - Rate of Sexual Violence Incidents reported on College Campuses
  - Percent of CT high school student ever physical forced to have sex against their will
  - Percent of CT high school students who experienced sexual dating violence in the past 12 months
  - Incidence Rate of Sexual Violence arrests

<http://www.portal.ct.gov/DPH/State-Health-Planning/Healthy-CT-2020-Dashboards/33-INJ-Suicide>

# SHIP IVP Action Team

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## SOAR Analysis Strengths, Opportunities, Aspirations, and Results

<b>Strategic Inquiry</b>	<b>Strengths</b> What are our greatest assets	<b>Opportunities</b> What are the best possible opportunities
<b>Appreciative Intent</b>	<b>Aspirations</b> Who do we want to be and what is our preferred future	<b>Results</b> What are the measurable results we want to achieve