



Healthy Connecticut 2020
State Health Improvement Plan

Injury & Violence Prevention ACTION Team Meeting AGENDA & NOTES

Date: 07-30-2018

Time: 9:00pm-11:00am

Location or Conference Call Number:

Attendees: Amy Mirizzi (DPH), Kevin Borrup (CT Children’s Hospital), Mary Ann Zavorskas (City of New Haven Health Dept.), Robin Tousey-Ayers (DPH), Sara Gauger (Dept. of Rehabilitation Services State Unit on Aging), Stephanie Denya (Meriden Health Dept.), Laurie Ann Wagner (DPH), Chantelle Archer (DPH), Sonia Marino (Westbrook Health Dept.), Nicole Fidanza (Quinnipiac Univ.), Goesta Schlegel (Sacred Heart Univ.), Dorothy Baker (Yale School of Medicine)

Agenda Items	Time	Discussion	ACTION Items & person responsible
Welcome & Intros.		Amy Mirizzi convened the meeting on behalf of her and her co-lead, Kevin Borrup. Due to the group composition at this meeting, the focus was decidedly on fall prevention. While fall prevention is only one of three areas of focus for the team it was determined that this would be the best use of time.	
Fall Prevention Discussion		<ul style="list-style-type: none"> • A strategy for addressing fall prevention in Connecticut, that is thought to have a good potential for success, is connecting Emergency Medical Technicians (EMTs) with homecare. A statewide fall prevention system that incorporates first responders was proposed. • While CT has the lowest fall rate in New England, the risk remains and repeated falls have been noted to have significant impact on the individuals, the caregivers, and the healthcare system. The team might want to consider focusing on reducing the number of repeated falls. • In 2017 the physical and occupational therapy taskforce in Connecticut completed screenings to assess risk for falls. They are hoping to do the same in 2018 as well as the following activities: <ul style="list-style-type: none"> ○ Connect with municipal departments of health to find out what fall prevention programs they have established. ○ Identify impoverished areas with regards to fall prevention, screening, and training. • The Dept. of Rehabilitation Services State Unit on Aging (DORS): <ul style="list-style-type: none"> ○ The department offers Tai Chi Kwan titled ‘Moving for Better Balance’. 	



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		<ul style="list-style-type: none"> ○ The department in partnership with the CT Dartmouth Center on Aging recently completed a free 24 week training program for instructors, followed by a one day implementation workshop. ○ On November 27th and 28th trainings will be held at the Newington Senior and Disabled Center. ● Meriden Health Department has a Community Action Group that consists of the fire department, police department, paramedics, and hospitals. The group has gone into high rise buildings that house the elderly to assess their safety and has coordinated with home care agencies. ● The New Haven Health Department worked with the VNA of South Central CT where they completed a general fall prevention program which included educational sessions and home safety assessments. The program was successful and they worked with others to make home modifications. ● The CT Trauma Society has an annual meeting where education is provided on fall prevention. <p><u>Questions to Ponder</u></p> <ul style="list-style-type: none"> ● The team needs to build on each other’s success and do a gap analysis. ● How does the team measure what matters and how do members get the measurements? ● What impact will the Action Team have on the SHIP? 	<p>Sarah will send information about the Tai Chi Kwan program.</p>
<p>Next Steps</p>		<p>Monthly Phone Calls:</p> <ul style="list-style-type: none"> ● It was suggested that all four injury prevention areas (fall prevention, sexual violence, motor vehicle crashes and suicide) have separate monthly phone calls to discuss what they want to do to achieve the objectives outlined in the action agenda. The quarterly meetings will be mainly used to discuss progress on achieving the strategies. <p>Next Meeting Date/Time:</p> <ul style="list-style-type: none"> ● The next Action Team meeting will be in October. 	