



New England Chapter
Technologist Section
Society of Nuclear Medicine and Molecular Imaging (SNMMI)

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Re: Scope of Practice Determination for Connecticut Nuclear Medicine and Molecular Imaging Technologists and Licensure for the same.

Dear Ms. Filippone

Pursuant to Public Act 11-209, we formally submit this written request for the establishment of licensure and Scope of Practice for the Nuclear Medicine Technologists practicing Nuclear Medicine and Molecular Imaging in the State of Connecticut. Included with this request are the established Scope of Practice and the adopted Clinical Performance Standards both from the National Society of Nuclear Medicine and Molecular Imaging. The Connecticut Nuclear Medicine technologists will also be adopting these same documents as their governing standards for practice.

Sincerely,

Task Force for Connecticut Licensure

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Scope of Practice Request for Nuclear Medicine Technologists in Connecticut

The following numbered items respond to the requests made in PA 11-209

1. The request is for legislation of technologists in the field of Nuclear Medicine. This request includes minimum standards for education, both didactic and clinical, continued education and national certification requirements.
2. With the granting of this legislation, minimum standards of qualifications and patient care will protect the public by establishing a standard of care to be provided by Connecticut's Nuclear Medicine professionals. Lack of these standards could have a detrimental effect on patient safety and a financial impact due to substandard and repeat procedures.
3. There would be a minimal impact due to the fact that many of the professional practicing in Connecticut will have met the criteria required to perform Nuclear Medicine procedures. The impact would be on those who have not met the didactic and clinical requirements or the certifications necessary to be a Nuclear Medicine Technologist.
4. There are no Connecticut laws governing the practice of Nuclear Medicine and Molecular Imaging. There are 37 states that do regulate and license Nuclear Medicine Technologists.
5. There is no Connecticut regulatory oversight for Nuclear Medicine Technologists practicing in this state.
6. There are no Connecticut state education, training or certification requirements for Nuclear Medicine Technologists performing diagnostic imaging with the exception of bone densitometry as listed in the regulation, Chapter 376, governing Radiographers and Radiation Therapists. There are certifications required by the Nuclear Medicine credentialing organizations, the Nuclear Medicine Technology Certification Board (NMTCB) and the American Registry of Radiologic Technologists (ARRT).
7. There is no known Scope of Practice for Nuclear Medicine Technologists listed with the State of Connecticut.
8. This Scope of Practice for Nuclear Medicine Technologists would have a minimal direct impact on any existing relationships within the health care delivery system. The establishment of the Scope of Practice would provide the existing, qualified Nuclear Medicine professional with a State of Connecticut guideline for the performance of their medical imaging services. It also provides the non-professional with a direction for becoming a properly qualified Nuclear Medicine technologist.

9. There would be minimal to no economic impact on the healthcare delivery system. There would be an increase in the education requirements for new imaging systems, which most technologists would welcome.
10. As stated in response number 4, there are 37 states nationally that require a state license for Nuclear Medicine Technologists to perform their duties. Within the New England states, Rhode Island, Massachusetts, Maine and Vermont each require licensing. Regionally both New York and New Jersey require Nuclear Medicine Technologists be licensed. Their Scope of Practice documents mirror that of the national Society of Nuclear Medicine and Molecular Imaging, which has been provided along with this request.
11. This Scope of Practice parallels those of the sister modalities involved in the field of Radiology. Because of this similarity, the impact and effect on the other Radiology modalities would be minimal. There has been communication and positive support from the Connecticut Society of Radiology Technologists for the approval of this Scope of Practice and the licensing of Connecticut's Nuclear Medicine Technologists.
12. This Scope of Practice will enhance the Connecticut Nuclear Medicine Technologists in the performance of their duties and their service to the patient. It will provide the necessary validation of the education and training received by the qualified and certified technologist. It will also provide to the patient the reassurance they need in knowing that the Nuclear Medicine Technologist performing their study is qualified and educated as defined by the State of Connecticut.

Society of Nuclear Medicine and Molecular Imaging (SNMMI)
Technologist Section
Scope of Practice for Nuclear Medicine Technologists
Revised 2011

This document is not intended to modify or alter existing tort law; rather it should serve as a concise outline of nuclear medicine technology skills and responsibilities.

NUCLEAR MEDICINE TECHNOLOGY

Nuclear medicine, which includes molecular imaging, is the medical specialty that utilizes sealed and unsealed radioactive materials in the diagnosis and therapy of various diseases. This practice also includes the utilization of pharmaceuticals (used as adjunctive medications) and other imaging modalities with or without contrast to enhance the evaluation of physiologic processes at a molecular level. The nuclear medicine technologist is an allied health professional who, under the direction of an authorized user, is committed to applying the art and skill of their profession to optimize diagnostic evaluation and therapy through the safe and effective use of radiopharmaceuticals and adjunctive medications.

The practice of nuclear medicine technology requires multidisciplinary skills that are needed to use rapidly evolving instrumentation, radiopharmaceuticals, adjunctive medications and techniques. The responsibilities of the nuclear medicine technologist include, but are not limited to, patient care, quality control, diagnostic procedures, radiopharmaceutical and adjunctive medication, preparation and administration, in vitro diagnostic testing, radionuclide therapy, and radiation safety. The nuclear medicine technologist can also participate in research.

In order to perform these tasks, the nuclear medicine technologist must successfully complete didactic and clinical education. Education includes, but is not limited to, methods of patient care, immunology, cross sectional anatomy, pharmacology, nuclear medicine and radiation physics, radiation biology, radiation safety and protection, nuclear medicine instrumentation, quality control and quality assurance, computer applications for nuclear medicine, general diagnostic nuclear medicine procedures, radionuclide therapy, positron emission tomography (PET), computed tomography (CT), radionuclide chemistry, radiopharmacy, medical ethics and law, healthcare administration, health sciences and research methods, and medical informatics.

Graduates of accredited programs are eligible to sit for certification examinations offered by the Nuclear Medicine Technology Certification Board and the American Registry of Radiologic Technologists. The spectrum of the nuclear medicine technologist's responsibilities varies widely across the country and may exceed basic skills outlined in the technologist's initial education and certification. Practice components presented in this document provide a basis for establishing the areas of

knowledge and performance for the nuclear medicine technologist. It is assumed that for all activities included in this scope of practice, the nuclear medicine technologist has received the proper education and is in compliance with all federal, state and institutional guidelines including proper documentation of initial and continued competency in those practices and activities. Continuing education is a necessary component in maintaining the skills required to perform all duties and tasks of the nuclear medicine technologist in this ever-evolving field.

THE SCOPE OF PRACTICE

The scope of practice in nuclear medicine technology includes, but is not limited to, the following areas and responsibilities:

- **Patient Care:** Requires the exercise of judgment to assess and respond to the patient's needs before, during and after diagnostic imaging and therapeutic procedures and in patient medication reconciliation. This includes record keeping in accordance with the Health Insurance Portability and Accountability Act (HIPAA).
- **Quality Control:** Requires the evaluation and maintenance of a quality control program for all instrumentation to ensure optimal performance and stability.
- **Diagnostic Procedures:** Requires the utilization of appropriate techniques, radiopharmaceuticals and adjunctive medications as part of a standard protocol to ensure quality diagnostic images and/or laboratory results.
- **Radiopharmaceuticals:** Involves the safe handling and storage of radioactive materials during the procurement, identification, calibration, preparation, quality control, dose calculation, dispensing documentation, administration and disposal.
- **Adjunctive Medications:** Involves the identification, preparation, calculation, documentation, administration and monitoring of adjunctive medication(s) used during an in-vitro, diagnostic imaging, or therapeutic procedure. Adjunctive medications are defined as those medications used to evoke a specific physiological or biochemical response. Also included are the preparation and administration of oral and IV contrast used in the performance of imaging studies.
- **In Vitro Diagnostic Testing:** Involves the acquisition of biological specimens with or without oral, intramuscular, intravenous, inhaled or other administration of radiopharmaceuticals and adjunctive medications for the assessment of physiologic function.
- **Operation of Instrumentation:** Involves the operation of:

- **Imaging instrumentation:**
 - Gamma camera systems with or without sealed sources of radioactive materials or x-ray tubes for attenuation correction, transmission imaging or diagnostic CT (when appropriately educated, trained and/or credentialed).
 - PET imaging systems with or without sealed sources of radioactive materials or x-ray tubes for attenuation correction, transmission imaging or diagnostic CT (when appropriately trained and/or credentialed)
 - Bone density imaging systems with x-ray tubes.

- **Non-imaging instrumentation:**
 - Dose calibrators
 - Survey instrumentation for exposure and contamination
 - Probe and well instrumentation
 - Ancillary patient care equipment as authorized by institutional policies.

- **Radionuclide Therapy:** Involves patient management, preparation and administration of therapeutic radiopharmaceuticals, under the personal supervision of the Authorized User

- **Radiation Safety:** Involves practicing techniques that will minimize radiation exposure to the patient, health care personnel and general public, through consistent use of protective devices, shields, and monitors consistent with ALARA (as low as reasonably achievable) and establishing protocols for managing spills and unplanned releases of radiation.

REFERENCES

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3. American Society of Radiologic Technologists. Nuclear Medicine Practice Standards. 2010
https://www.asrt.org/media/pdf/practicestds/GR10_OPI_Strds_NM_PS.pdf
4. Bureau of Labor Statistics. Occupational Outlook Handbook, 2010-11 Edition. Nuclear Medicine Technologists.
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6. Accreditation Standards for Nuclear Medicine Technologist Education. 2011.

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7. SNMTS Position Paper. Baccalaureate Degree proposed as entry level educational requirements. 2005.

<http://interactive.snm.org/index.cfm?PageID=4715>

<p style="text-align: center;">Clinical Performance Standards FOR THE NUCLEAR MEDICINE TECHNOLOGIST (Revision 2011)</p>
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2 The Clinical Performance Standards for the Nuclear Medicine Technologist were initially
3 developed by the Socio Economic Affairs Committee and approved in 1994 periodically revised
4 as the profession and educational requirements evolved. Over this past year, the SNMTS Scope
5 of Practice Task Force has worked to revise the SNMTS Scope of Practice to serve more as an
6 overview of responsibilities, allowing the Clinical Performance Standards (previously the
7 Performance and Responsibility Guidelines) to serve as the task list for nuclear medicine
8 technologists.
9

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11
12 The spectrum of nuclear medicine technology skills and responsibilities varies widely across the
13 country. The broad descriptions of this document will provide a basis for determining the areas
14 of knowledge and of performance for the nuclear medicine technologist. The documents used in
15 the revision and development of these guidelines were the Society of Nuclear Medicine
16 Technologist Section (SNMTS) Performance and Responsibility Standards for the Nuclear
17 Medicine Technologist (2003); Nuclear Medicine Technology Certification Board (NMTCB)
18 Report: Components of Preparedness (2009); NMTCB, SNMTS Scope of Practice (2009);
19 Nuclear Medicine Technology Entry-Level Curriculum Guide, 4th Edition; and the Accreditation
20 Standards for Nuclear Medicine Technologist Education (2011). These guidelines should be
21 considered a helpful checklist of those skills necessary to perform a variety of nuclear medicine
22 procedures. Although the editors tried to be complete, nuclear medicine technology is a dynamic
23 and evolving field; therefore, any list is likely to be partially obsolete as soon as it is issued. In
24 addition, this document is not designed to be a "how to" description for any of the listed
25 activities, nor is it intended to be used to represent entry level competencies, but rather the
26 spectrum of NMT general responsibilities. It is not intended to modify or alter existing tort law.
27

28 Nuclear medicine, which includes molecular imaging, is the medical specialty that utilizes sealed
29 and unsealed radioactive materials in the diagnosis and therapy of various diseases. This practice
30 also includes the utilization of pharmaceuticals (used as adjunctive medications) and other
31 imaging modalities with or without contrast to enhance the evaluation of physiologic processes
32 at a molecular level. The nuclear medicine technologist is an allied health professional who,
33 under the direction of an authorized user, is committed to applying the art and skill of their
34 profession to optimize diagnostic evaluation and therapy through the safe and effective use of
35 radiopharmaceuticals and adjunctive medications.
36

37 **Nuclear Medicine Technology**

38 The practice of nuclear medicine technology requires multidisciplinary skills that are needed to
39 use rapidly evolving instrumentation, radiopharmaceuticals, adjunctive medications and
40 techniques. The responsibilities of the nuclear medicine technologist include, but are not limited
41 to, patient care, quality control, diagnostic procedures, radiopharmaceutical and adjunctive
42 medication, preparation and administration, in vitro diagnostic testing, radionuclide therapy, and
43 radiation safety. The nuclear medicine technologist can also participate in research.

44

45 In order to perform these responsibilities, the nuclear medicine technologist must successfully
46 complete didactic and clinical training. Recommended course work includes, but is not limited
47 to: anatomy, physiology, pathophysiology, pharmacology, chemistry, physics, mathematics,
48 computer applications, biomedical sciences, ethics, and radiation health and safety. Direct patient
49 contact hours are obtained by training in a clinical education setting and are a necessary
50 component in maintaining the skills required to perform the duties and tasks of the nuclear
51 medicine technologist.

52

53 Formal education programs in nuclear medicine technology are accredited by the Joint Review
54 Committee on Educational Programs in Nuclear Medicine Technology (JRCNMT). Graduates of
55 accredited programs are eligible to take the certification examination offered by the Nuclear
56 Medicine Technologist Certification Board (NMTCB) and/or American Registry of Radiologic
57 Technologists (ARRT).

58

59 The scope of performance in nuclear medicine technology includes, but is not limited to, the
60 following areas and responsibilities:

61

62 Patient Care:

63 Requires the exercise of judgment to assess and respond to the patient's needs before, during and
64 after diagnostic imaging and therapeutic procedures and in patient medication reconciliation.
65 This includes record keeping in accordance with the Health Insurance Portability and
66 Accountability Act (HIPAA).

67

68 In Vitro Diagnostic Testing:

69 Involves the acquisition of biological specimens with or without oral, intramuscular, intravenous,
70 inhaled or other administration of radiopharmaceuticals and adjunctive medications for the
71 assessment of physiologic function.

72

73 Instrumentation: Involves the operation of imaging instrumentation:

74

A. Gamma camera systems with or without sealed sources of radioactive materials or x-ray
75 tubes for attenuation correction, transmission imaging or diagnostic CT (when
76 appropriately educated, trained and/or credentialed).

77

B. PET imaging systems with or without sealed sources of radioactive materials or x-ray
78 tubes for attenuation correction, transmission imaging or diagnostic CT (when
79 appropriately trained and/or credentialed)

80

C. Bone density imaging systems with x-ray tubes

81

1. Non-imaging instrumentation:

82

D. Dose calibrators

83

E. Survey instrumentation for exposure and contamination

84

F. Probe and well instrumentation

85

G. Ancillary patient care equipment as authorized by institutional policies.

86

87 Quality Control:

88 Requires the evaluation and maintenance of a quality control program for all instrumentation to
89 ensure optimal performance and stability.

90

91 **Diagnostic Procedures:**

92 Requires the utilization of appropriate techniques, radiopharmaceuticals and adjunctive
93 medications as part of a standard protocol to ensure quality diagnostic images and/or laboratory
94 results.

95

96 **Adjunctive Medications:** Involves the identification, calculation, documentation, administration
97 and monitoring of adjunctive medication(s) used during an in-vitro, diagnostic imaging, or
98 therapeutic procedure. Adjunctive medications are defined as those medications used to evoke a
99 specific physiological or biochemical response. Also included are the preparation and
100 administration of oral and IV contrast used in the performance of imaging studies.

101

102 **Radiopharmaceuticals:**

103 Involves the safe handling and storage of radioactive materials during the procurement,
104 identification, calibration, preparation, quality control, dose calculation, dispensing
105 documentation, administration and disposal.

106

107 **Radionuclide therapy:**

108 Involves patient management, preparation and administration of therapeutic
109 radiopharmaceuticals, under the personal supervision of the Authorized User.

110

111 **Radiation safety:**

112 Involves practicing techniques that will minimize radiation exposure to the patient, health care
113 personnel and general public, through consistent use of protective devices, shields, dose
114 reduction, and monitors consistent with ALARA (as low as reasonably achievable) and
115 establishing protocols for managing spills and unplanned releases of radiation.

116

117 **I. Patient Care**

118

119 A. A nuclear medicine technologist provides patient care by:

120

121 1. providing for proper comfort and care to the patient prior to, during and
122 after a procedure, including but not limited to the monitoring of
123 intravenous lines (i.e., central lines, peripherally inserted central catheters
124 (PICC), oxygen supplies, drains; and operation of blood pressure cuffs,
125 electrocardiogram (ECG) machines, pulse oximeters, glucometer
126 intravenous pumps and oxygen delivery regulators.

127

128 2. insertion of peripheral intravenous catheters

129

130 3. monitoring patients who are under minimal sedation (in those facilities
131 that approve such practice with subsequent documentation of competency
132 of all monitoring staff in accordance with the American Society of
133 Anesthesiology's [ASA] guidelines for conscious sedation).

134

135 3. establishing and maintaining proper communication with patients (i.e.,

- 136 proper introduction, appropriate explanation of procedure, etc.)
- 137
- 138 4. behaving in a professional manner in consideration and observation of
- 139 patients' rights resulting in the provision of the highest quality patient care
- 140 possible.
- 141
- 142 5. providing a safe and sanitary working environment for patients and the
- 143 general public, using proper infection control practices in compliance with
- 144 accepted precaution policies
- 145
- 146 6. Recognizing and responding to an emergency situation at a level
- 147 commensurate with one's training and competency including
- 148 cardiopulmonary resuscitation (CPR) ; the use of automatic external
- 149 defibrillators (AED), if applicable, advanced cardiac life support (ACLS),
- 150 advanced pediatric life support (PALS).
- 151
- 152 B. A nuclear medicine technologist prepares the patient by:
- 153
- 154 1. review the indication for the study for appropriateness and consulting with
- 155 the authorized user and/or referring physician whenever necessary to
- 156 ensure that the proper study is performed.
- 157
- 158 2. verifying patient identification, date of last menstrual period,
- 159 pregnancy/breastfeeding status and written orders for the procedure.
- 160
- 161 3. obtaining a pertinent medical history including medications and allergies
- 162 and confirming the patient's candidacy for the procedure.
- 163
- 164 4. assuring that any pre-procedural preparation has been completed (e.g.,
- 165 fasting, hydration, thyroid blocking, voiding, bowel cleansing, suspension
- 166 of interfering medications.
- 167
- 168 5. assuring that informed consent has been obtained, as prescribed by the
- 169 institution, whenever necessary.
- 170
- 171 6. properly explaining the procedure to the patient and/or family and, where
- 172 appropriate, to the parent and/or legal guardian, and when necessary,
- 173 obtain the assistance of an interpreter or translator This includes, but is not
- 174 limited to, patient involvement, length of study, radiation safety issues,
- 175 and post-procedure instructions.
- 176
- 177 7. Collecting and performing pertinent laboratory procedures
- 178
- 179 8. In vitro diagnostic testing laboratory analyses, including urine pregnancy
- 180 testing and fasting blood sugar. Additionally, in vitro diagnostic testing
- 181 laboratory procedures include, but are not limited to, secretions, saliva,

- 182 breath, blood, and stool, to measure biodistribution of
183 radiopharmaceuticals.
184
- 185 C. A nuclear medicine technologist performs administrative procedures by:
186
- 187 1. maintaining an adequate volume of medical/surgical supplies,
188 radiopharmaceuticals, storage media, and other items required to perform
189 procedures in a timely manner.
190
 - 191 2. scheduling patient procedures appropriate to the indication and in the
192 proper sequence.
193
 - 194 3. maintaining appropriate records of administered radioactivity, quality
195 control procedures, patient reports, and other required records.
196
 - 197 4. Developing and revising, when necessary, policies and procedures in
198 accordance with applicable regulations.
199
 - 200 5. Actively participating in total quality management/continuous quality
201 improvement programs (i.e., age-specific competencies, patient education,
202 and patient restraint and immobilization).
203

204 II. Instrumentation/Quality Control

- 205
- 206 A. A nuclear medicine technologist evaluates the performance of instrumentation
207 by:
208
- 209 1. obtaining uniformity images on scintillation detectors.
210
 - 211 a) selecting a radionuclide source of appropriate type, size, quantity
212 and energy;
213
 - 214 b) selecting an appropriate pulse height analyzer (PHA) photopeak
215 and window;
216
 - 217 c) obtaining uniformity images using standardized imaging
218 parameters;
219
 - 220 d) evaluating the images qualitatively and/or quantitatively in
221 comparison to the manufacturer's specifications and the
222 performance requirements based on the studies for which unit is
223 used;
224
 - 225 e) identifying the source of any nonuniformity (e.g., checking
226 collimator, PHA peak setting);
227

- 228 f) initiating corrective action when necessary; and
229
230 g) maintaining required records for the quality control
231 program.
232
- 233 2. performing a detector linearity evaluation on scintillation detectors.
234
235 a) selecting a radionuclide, a linearity phantom and obtaining images;
236
237 b) identifying any nonlinear distortion in the image;
238
239 c) determining the source of nonlinearity. (e.g., detector-source
240 geometry);
241
242 d) initiating corrective action when necessary; and
243
244 e) maintaining required records for the quality control
245 program.
246
- 247 3. performing spatial resolution checks on scintillation detectors.
248
249 a) selecting an appropriate radionuclide;
250
251 b) choosing a phantom that is compatible with the specified
252 resolution of the camera;
253
254 c) analyzing the resulting images for degradation of resolution;
255
256 d) initiating corrective action when necessary; and
257
258 e) maintaining required records for the quality control program.
259
- 260 4. conducting sensitivity checks on scintillation detectors.
261
262 a) selecting a source with an appropriate level of activity and half-
263 life;
264
265 b) assuring identical geometry, source placement and measurement
266 parameters for repetitive checks;
267
268 c) evaluating results;
269
270 d) initiating corrective action when necessary; and
271
272 e) maintaining required records for the quality control
273 program.

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5. performing single photon emission computed tomography (SPECT) quality control procedures.
 - a) obtaining a high count uniformity flood;
 - b) verifying center of rotation correction;
 - c) verifying energy correction and spatial coordinates;
 - d) verifying multi-head detector alignment;
 - e) evaluating reconstruction results of phantom acquisition;
 - f) analyzing the results for degradation;
 - g) initiating corrective action when necessary; and
 - h) maintaining required records for the quality control program.

6. performing and evaluating quality control procedures for positron emission tomography (PET) and computed tomography (CT) imaging systems.
 - a) evaluating the performance of PET and hybrid PET/CT systems:
 - (i) with an intimate knowledge of PET detectors, types of crystals (e.g., BGO, LSO, GSO, NaI), transmission sources of various configurations, retractable rod sources/septa, ring planes, and methods of coincidence detection.
 - (ii) identifying system-specific quality control requirements by following recommended initial acceptance, daily, weekly, monthly, quarterly, and annual quality control procedures to evaluate allowable parameter ranges for:
 - a) photon detection/discrimination
 - b) spatial resolution
 - c) scatter reaction
 - d) count loss
 - e) random measurement
 - f) sensitivity
 - g) deadtime loss and random count correction accuracy

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- (iii) recognizing image artifacts requiring imaging system correction and performing corrections and quality assurance as directed by institutional and manufacturer recommendations.
 - a) sinogram acquisition and evaluation
 - b) well counter SUV calibration;
 - c) PET/CT system alignment calibration;
 - d) CT system quality assurance;
 - e) glucometer quality assurance using high and low standards;
 - f) rubidium generator quality assurance to include dose calibrator/generator calibration and parent/daughter breakthrough is this in the correct location??
 - (iv) assisting with the development of 2D and 3D tomographic normalization algorithms used for image acquisition, reconstruction, and display.
 - (v) demonstrating knowledge and technical skills in computed tomography (CT) when used to perform PET/CT examinations.
 - a) x-ray production
 - b) radiographic techniques
 - c) scanning parameters (MA, kVp, pitch, and helical scanning)
7. verifying computer parameter settings and data interface.
- a) assuring that the camera detector and computer register the same count rate at the maximum frame rate;
 - b) verifying that the camera detector and computer have the same image orientation;
 - c) obtaining a dead time measurement on the computer;
 - d) verifying accuracy of ECG gating;
 - e) performing pixel calibration; and
 - d) operating PET computer hardware, processing software and basic Windows and Unix platforms.
8. ensures the proper performance of imaging systems,

- 366 storage media, and radiation detection and counting devices,
367 including but not limited to scintillation cameras, dose
368 calibrators, survey instruments, scintillation probes and well
369 counters, and data processing and image production devices.
370
- 371 9. Maintaining and operating auxiliary equipment used in nuclear medicine
372 procedures
373
- 374 10. A nuclear medicine technologist actively participates in total quality
375 management/continuous quality improvement programs by:
376
- 377 a) identifying indicators to be analyzed;
378
379 b) gathering and presenting data in appropriate formats; and
380
381 c) analyzing data and recommending changes.
382
- 383 B. A nuclear medicine technologist evaluates the performance of NaI (TI)
384 scintillation probes, well counters and other laboratory equipment by:
385
- 386 1. calibrating a spectrometer with a calibrated, long half-life radionuclide
387 source.
388
389 2. determining energy resolution.
390
391 3. conducting sensitivity measurements at appropriate energies.
392
393 4. checking background and determining the cause for levels greater than
394 established normal levels.
395
396 5. conducting a chi-square test.
397
398 6. maintaining required records for quality control programs.
399
- 400 C. A nuclear medicine technologist operates survey meters by:
401
- 402 1. ensuring that calibration is completed with an approved source.
403
404 2. performing a check-source test and comparing with previous results.
405
406 3. maintaining required records for quality control program.
407
- 408 D. A nuclear medicine technologist evaluates the operation of a dose calibrator by:
409
- 410 1. determining precision (constancy).
411

- 412 2. determining accuracy.
413
414 3. ascertaining linearity over the entire range of radionuclide activity to be
415 measured and determining correction factors when necessary.
416
417 4. testing for significant geometric variation in activity
418 measured as a function of sample volume or configuration and
419 determining correction factors when necessary.
420
421 5. maintaining required records for the quality control program.
422
423 E. A nuclear medicine technologist operates and maintains image processors by:
424
425 1. verifying the calibration of the instrument.
426
427 2. ensuring that materials required for image processing are at acceptable
428 levels.
429
430 3. maintaining required records for quality control program.
431

432 **III. Diagnostic Procedures and Adjunctive Medications**

- 433
434 A. A nuclear medicine technologist performs imaging procedures by:
435
436 1. determining imaging parameters.
437
438 a) preparing, evaluating and properly administering the appropriate
439 radiopharmaceuticals and/or pharmaceuticals and contrast (under the
440 direction of an authorized user)
441
442 b) selecting the appropriate imaging or data collection parameters; and
443
444 c) establishing and/or properly maintain venous access routes of various
445 configurations (in accordance with hospital policies and procedures)
446
447 2. administering radiopharmaceuticals and/or pharmaceuticals through
448 various routes, including but not limited to oral, intravesical, inhalation,
449 intravenous, intramuscular, subcutaneous, and intradermal (under the
450 direction of an authorized user).
451
452 a) verifying patient identity prior to the administration of medication
453 or radiopharmaceuticals;
454
455 b) determining route of administration according to established
456 protocol (e.g., subcutaneous, intramuscular, intravenous, etc.);
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- c) establishing and/or verifying venipuncture access using aseptic technique;
 - d) using and maintaining established venous access routes (e.g., heparin infusion, IMED);
 - e) establishing patient patterned breathing when introducing radiopharmaceuticals (e.g., inhalants or aerosols);
 - f) NMT also performs med reconciliation according to the procedure manual to assure no drug interaction with patient's current meds
 - g) administering oral radiopharmaceuticals;
 - h) Preparing and administering adjunctive pharmacologic agents including oral and IV contrast agents
 - i) properly documenting medications and/or radiopharmaceutical administrations on the patient medical record
3. Positioning the patient and obtaining images.
- a) waiting an appropriate length of time following the administration of a radiopharmaceutical to begin the imaging procedure;
 - b) acquiring imaging views according to established protocols and acquiring additional views to optimize information content;
 - c) properly positioning the patient using supportive materials and immobilizers, as necessary;
 - d) exercising independent judgment in positioning a patient or detector unit to best demonstrate pathology and to adapt to the patient's limitations;
 - e) indicating appropriate anatomic landmarks for each view of the procedure; and
 - f) reviewing images to ensure that required information has been acquired, processed properly and is of the highest quality.
4. assisting in exercise and pharmacologic cardiac stress testing procedures
- a) preparing patients for placement of ECG electrodes;

- 504 b) recognizing and responding to any ECG changes;
505
506 c) recognizing the parameters that indicate termination of
507 cardiac stress study; and
508
509 d) recognizing ECG patterns that are appropriate for image gating.
510
511 e) determine whether the appropriate test has been ordered based on
512 the ECG rhythm
513
514 5. performing data collection, processing and analysis.
515
516 a) performing data collection, processing and analysis in accordance
517 with established protocols;
518
519 b) exercising independent judgment in selecting appropriate images
520 for processing;
521
522 c) selecting appropriate filters, frequency cutoff, attenuation and
523 motion correction when reconstructing SPECT images;
524
525 d) defining regions of interest (ROI's) with reproducible results and
526 correctly applying background subtraction;
527
528 e) performing computer data manipulations as required by standard
529 nuclear medicine procedures, e.g., activity curve generation,
530 quantitation, SPECT slice production;
531
532 f) labeling processed images (e.g., anatomical positioning,
533 ROI's, date, etc.);
534
535 g) processing PET data to produce parametric images; and
536
537 h) archiving and retrieving data from storage media.
538
539 B. A nuclear medicine technologist performs non-imaging in vivo and/or radioassay
540 studies by:
541
542 1. operating laboratory equipment including well counters, probes, and other
543 detection devices to measure the biodistribution of radiopharmaceuticals.
544
545 a) confirming accuracy, precision, and operation of pipetting device;
546 and
547
548 b) using microhematocrit centrifuge and determining hematocrit.
549

- 550 2. preparing doses and guidelines.
551
552 a) quantitating dose
553
554 (i) determining decay factor and calculating remaining
555 activity;
556
557 (ii) determining volume necessary to deliver activity for the
558 prescribed dose;
559
560 (iii) drawing dose into syringe using appropriate techniques and
561 materials;
562
563 (iv) dispensing appropriate quantity of liquid or capsules, as
564 necessary, for the prescribed dose;
565
566 (v) confirming calculated activity by using a dose calibrator.
567
568 b) preparing standard solutions.
569
570 (i) choosing appropriate volumetric or gravimetric techniques
571 to dilute standard;
572
573 (ii) adding radioactive material identical to that given the
574 patient quantity sufficient (qs) to appropriate volume; and
575
576 (iii) dissolving capsule in appropriate solvent, if necessary, for
577 preparing a standard
578
579 3. collecting appropriate specimen for procedures using standard precaution
580 techniques by:
581
582 a) collecting blood samples.
583
584 (i) selecting proper supplies (e.g., needles, syringes, evacuated
585 tubes, anticoagulants, etc.);
586
587 (ii) Correctly identify patient and labeling patient
588 demographics on collection containers;
589
590 (iii) performing venipuncture at appropriate time intervals using
591 aseptic technique;
592
593 (iv) adding hemolyzing compounds or anticoagulants to
594 samples when necessary;
595

- 596 (v) centrifuging blood and separating blood components, as
597 required; and
598
599 (vi) storing aliquots of serum, plasma, or whole blood
600 according to protocol.
601
602 b) collecting urine samples by:
603
604 (i) instructing patient and nursing staff regarding the correct
605 method and time of urine collection;
606
607 (ii) aliquoting urine sample and measuring total urine volume;
608
609 (iii) measuring specific gravity of urine, if required; and
610
611 (iv) recognizing and documenting all technical circumstances
612 which would produce invalid results.
613
614 4. gathering, validating and documenting data.
615
616 a) subtracting room or patient background from appropriate samples;
617
618 b) applying appropriate formulas, including conversion and dilution
619 factors;
620
621 c) calculating results according to procedure used;
622
623 d) plotting graph, if necessary, and determining half time by
624 extrapolating to zero time;
625
626 e) reporting both patient calculated values and normal range of
627 specific procedures used; and
628
629 f) evaluating results for potential error.
630
631 5. managing bio-hazardous, chemical and radioactive waste in accordance
632 with applicable regulations and specific facility policy.
633

634 IV. Radiopharmaceuticals

- 635
636 A. A nuclear medicine technologist displays:
637
638 1. thorough knowledge of molecular level physiological functions that relate
639 to glucose metabolism, blood flow, brain oxygen utilization, perfusion,
640 and receptor-ligand binding rates.
641

- 642
643
644
645
2. thorough knowledge of physiological and processes that relate to organ system function and anatomy and their radiopharmaceutical demonstration of normal and pathologic states.
- 646
647
648
- B. A nuclear medicine technologist procures and maintains radiopharmaceutical products and adjunct supplies by:
- 649
650
651
652
1. anticipating and procuring a sufficient supply of radiopharmaceuticals for an appropriate time period in accordance with anticipated need and license possession limits.
- 653
654
655
656
2. storing pharmaceuticals, radiopharmaceuticals and supplies in a manner consistent with labeled product safeguards and with radiation safety considerations.
- 657
658
659
3. performing and documenting radiation survey and wipe tests upon receipt of radioactive materials.
- 660
661
4. recording receipt of radioactive materials in a permanent record.
- 662
663
664
5. following Department of Transportation (DOT) and radiation safety guidelines in the transport, receipt and shipment of radioactivity.
- 665
666
667
668
- C. A nuclear medicine technologist properly prepares and administers diagnostic radiopharmaceuticals under the direction of an authorized user in accordance with all federal, state and institutional guidelines by:
- 669
670
671
672
1. employing aseptic technique for manipulation of injectable products.
- 673
674
675
676
2. assembling and maintaining radionuclide generators.
- 677
678
679
3. eluting radionuclide generators according to manufacturer's specification.
- 680
681
682
4. verifying radionuclide purity of generator eluates.
- 683
684
685
686
5. selecting and preparing radiopharmaceuticals in accordance with manufacturer's specifications.
- 687
6. measuring and calculating activity of the radionuclide with a dose calibrator.
- 688
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700
7. confirming the quality of a radiopharmaceutical in accordance with accepted techniques and official guidelines (e.g., radiochemical purity, physical appearance).
- 701
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705
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707
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710
8. preparing blood or blood products for labeling and/or labeled blood cells,

- 688 e.g., ^{111}In WBC in accordance with established protocols.
689
690 9. recording use and/or disposition of all radioactive materials in a permanent
691 record.
692
693 D. A nuclear medicine technologist is responsible for the identification and labeling
694 of all radiopharmaceutical preparations by:
695
696 1. labeling vials and syringes as required by regulation.
697
698 2. recording radiopharmaceutical and medication information on a patient's
699 administration form and permanent preparation records.
700
701 3. labeling and segregating radioactive waste and recording this information
702 in a permanent record.
703
704 E. A nuclear medicine technologist prepares individual dosages under the direction
705 of an authorized user or Radiation Safety Officer by:
706
707 1. applying radioactive decay calculations to determine required volume or
708 unit form necessary to deliver the prescribed radioactive dose.
709
710 2. selecting and preparing prescribed dosages and entering this information
711 on a patient's administration form and other permanent records.
712
713 3. labeling the dose for administration.
714
715 4. checking the dose activity prior to administration in a dose calibrator and
716 comparing this measurement against the identification label of the dose's
717 immediate container.
718
719
720 **V. Radionuclide Therapy**
721
722 A. Nuclear medicine technologist properly prepares and administers therapeutic
723 radionuclides, radiopharmaceuticals, and pharmaceutical agents by oral and/or
724 intravenous routes when these agents are part of a standard procedure that is
725 required for treatment under the direction of an authorized user in accordance
726 with federal, state, and institutional regulations by:
727
728 1. assuring that the correct radiopharmaceutical and dosage is prepared.
729
730 2. following the NRC mandated quality management program in effect at the
731 facility in regard to patient identification and the use of therapeutic
732 radionuclides.
733

- 734 3. observing prescribed radiation safety procedures during the preparation
735 and the administration of such treatment.
736
737 4. assisting the authorized user in supplying proper patient care instructions
738 to hospital staff, patient, and/or caregivers.
739
740 5. conducting and documenting radiation surveys of designated patient areas,
741 when indicated.
742
743 6. Instruct the patient, family and staff in radiation safety precautions after
744 the administration of therapeutic radiopharmaceuticals.
745
746 7. coordinating/scheduling pre/post treatment blood draws and/or imaging.
747

748 VI. Radiation Safety

- 749
750 A. A nuclear medicine technologist performs all procedures utilizing ionizing
751 radiation safely and effectively, applying federal, state, and institutional
752 regulations, including, but not limited to:
753
754 1. notifying appropriate authority when changes occur in the radiation safety
755 program.
756
757 2. assisting in the preparation of license amendments, when necessary.
758
759 3. keeping up to date on regulatory changes and by complying with all
760 applicable regulations.
761
762 4. maintaining required records.
763
764 5. posting appropriate signs in designated areas.
765
766 6. following regulations regarding receipt, disposal and usage of all
767 radioactive materials.
768
769 7. carrying out a program to follow regulations regarding therapeutic
770 procedures and follow-up.
771
772 8. recommending purchase of protection equipment to meet regulations.
773
774 9. packaging radioactive material according to regulations and keeping
775 accurate records of transfer.
776
777 B. A nuclear medicine technologist follows appropriate radiation protection
778 procedures by:
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1. using personnel monitoring devices (dosimeters, film badges, thermoluminescent dosimeters, etc.).
 - a) reviewing monthly personnel exposure records in regard to maximum permissible dose limits;
 - b) taking appropriate measures to reduce exposure, when necessary; and
 - c) notifying proper authorities of excessive exposure upon occurrence;
 2. selecting and using proper syringe shields and other shielding configurations to reduce radiation exposure to patients, personnel and the general public.
 3. identifying specific radionuclides emissions and energies per radiopharmaceutical (gamma, beta, positron) and using proper shielding and disposal procedures in compliance with NRC regulations to maximize patient, technologist, and public protection.
 4. performing technologist bioassays as per state and/or federal regulations.
 5. working in a safe, but timely manner in order to decrease radiation exposure in consideration of ALARA programs.
 6. reviewing personal monitoring device readings to determine if radiation exposure can be further reduced.
 7. working in a manner that minimizes potential contamination of patients, technologists, the public, and work areas.
- C. A nuclear medicine technologist performs radioactivity contamination monitoring by:
1. ensuring that instruments are calibrated at regular intervals, or after repairs according to regulations.
 2. setting frequency and locations for surveys and following schedules.
 3. using appropriate survey meters for each type and level of activity.
 4. following regulations regarding personnel surveys and reporting to the designated authorized user or Radiation Safety Officer.
 5. performing constancy checks on survey meters.

- 826
- 827 6. performing wipe tests where applicable.
- 828
- 829 7. performing leak tests on sealed sources, when so authorized.
- 830
- 831 8. recording data in required format (e.g., dpm instead of cpm).
- 832
- 833 9. evaluating results of wipe tests and area surveys to determine if action
- 834 is required.
- 835
- 836 10. notifying the Radiation Safety Officer when actions are
- 837 required.
- 838
- 839 D. A nuclear medicine technologist performs decontamination procedures by:
- 840
- 841 1. wearing personal protective equipment as necessary.
- 842
- 843 2. restricting access to affected area and confining a spill.
- 844
- 845 3. removing contamination and monitoring the area and personnel and
- 846 repeating decontamination procedure until activity levels are acceptable.
- 847
- 848 5. closing off all areas of fixed contamination that are above acceptable
- 849 levels, and posting appropriate signs.
- 850
- 851 6. identifying, storing, or disposing of contaminated material in accordance
- 852 with regulations.
- 853
- 854 7. maintaining adequate records concerning decontamination.
- 855
- 856 8. notifying appropriate authority (e.g., Radiation Safety Officer) in the event
- 857 of possible overexposure or other violations of regulations.
- 858
- 859 E. A nuclear medicine technologist disposes of radioactive waste in accordance with
- 860 federal, state and institutional regulations by:
- 861
- 862 1. maintaining appropriate records.
- 863
- 864 2. disposal according to license specifications.
- 865
- 866 3. maintaining long- and short-term storage areas according to
- 867 regulation.
- 868
- 869 F. A nuclear medicine technologist participates in programs designed to instruct
- 870 other personnel about radiation hazards and principles of radiation safety by:
- 871

- 872 1. using the following teaching concepts
873
874 a) types of ionizing radiation;
875
876 b) the biological effects of ionizing radiation;
877
878 c) limits of dose, exposure, and radiation effect;
879
880 d) concepts of low-level radiation and health; and
881
882 e) concept of risk versus benefit.
883
884 2. providing instruction on appropriate radiation safety measures.
885
886 3. providing instruction on proper emergency procedures to be followed until
887 radiation safety personnel arrive at the site of accident or spill.
888
889 4. modeling proper radiation safety techniques and shielding in the course of
890 daily duties.
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