

# **The Facts About the Flu**

**The Flu Is More  
Than Just the Sniffles**

**You Can Help  
Fight the Flu**

# Flu Facts

## DID YOU KNOW.....

- **Flu is a debilitating illness**
- **A person infected with influenza may be able to infect others before symptoms appear**
- **The flu virus is spread in respiratory droplets caused by coughing and sneezing**
- **The young, the elderly, and those with certain medical conditions such as asthma and diabetes are at high risk for complications of the flu**
- **Every year 5% to 20% of the population gets the flu**
- **Flu vaccinations can reduce absenteeism from flu related illnesses by approximately 45%**
- **Only 34% of 50 to 64 year olds get immunized**
- **More than 200,000 people are hospitalized every year from flu complications**
- **Annually about 36,000 people die from flu complications**
- **The Centers for Disease Control and Prevention states “the best way to prevent this illness is by getting a flu vaccination each fall” .**

# **How You Can Help**

## **Reduce the Spread of the Flu**

- **Participate in our annual flu immunization program**
- **Provide space within your facility**
- **Use the promotional materials sent to you by e-mail or fax**
- **Become a role model and get the vaccination yourself**
- **Be a good neighbor and schedule your clinic now!**

# Return On Investment

## Flu Shots...The Key to A Healthy, Efficient, Productive Workplace

- **The Centers for Disease Control and Prevention reported that U.S. business could save up to \$12 billion annually by providing flu shots to employees**
- **Flu vaccinations can reduce absenteeism attributed to flu-related illness by approximately 45%**
- **Vaccination can reduce physician visits**
- **Employers who value cost-effective ways to promote employee health offer workplace flu immunizations programs**
- **Providing flu vaccinations demonstrates to employees company concern for their health**

# **Sponsoring a Flu Clinic Is as Easy as Picking Up a Phone**

- **Providers come to your site**
- **The provider brings all medical supplies; you set aside the space for the clinic and notify your employees**
- **Providers bill the insurance companies, the agency or can charge employees a fee**
- **Call a provider on the attached list to schedule your fall clinic**

**For any additional information contact:**

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