

# ◆ Connecticut Epidemiologist ◆

Volume 18, No. 1

January 1998

State of Connecticut, Department of Public Health  
Stephen A. Harriman, Commissioner

## Reportable Diseases and Laboratory Findings, 1998

The lists of Reportable Diseases and Laboratory Reportable Significant Findings are revised annually by the Department of Public Health (DPH). An advisory committee of public health officials, clinicians, and laboratorians contribute to the process. There are seven additions or modifications to the lists effective January 1, 1998.

### Chickenpox-Related Deaths

Chickenpox is now a vaccine-preventable disease. In Connecticut, an average of 150 hospitalizations from chickenpox and 500 hospitalizations from shingles occur each year. Currently, each state is determining its own means of monitoring chickenpox in the early vaccine era. We are monitoring hospitalizations for chickenpox in Connecticut and will consider adding individual case reporting when case numbers drop to manageable levels. The objectives of surveillance for chickenpox-related deaths are to determine the preventability and nature of these deaths and to contribute to national surveillance.

### Vancomycin-Nonsusceptible *Staphylococcus aureus* Isolates and Infections

Staphylococcal infections are some of the most common and potentially serious community and hospital-acquired acute bacterial infections. *Staphylococcus aureus* infections due to vancomycin-nonsusceptible strains were first reported from Japan. There have been two well documented instances of vancomycin-nonsusceptible strains causing infection in the United States. The Centers for Disease Control

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and Prevention (CDC) has asked states to immediately report any vancomycin-nonsusceptible strains of *S. aureus* to the CDC and to submit the isolates for confirmation. The CDC will provide assistance to assure that the potential for transmission to others is limited.

The objectives of surveillance are to: 1) monitor the emergence of vancomycin-nonsusceptible strains of *S. aureus*, 2) confirm suspect cases, and 3) take measures to assure that the potential for spread to the community is minimized. *Staphylococcus aureus* isolates that are suspected to be vancomycin-nonsusceptible ( $MIC \geq 8\mu\text{g/mL}$ ) are therefore added to the list of reportable laboratory findings. This includes isolates that are vancomycin-resistant ( $MIC \geq 32\mu\text{g/mL}$ ). Nonsusceptible isolates are required to be sent to the state laboratory for confirmation. In addition, *S. aureus* infection due to vancomycin-nonsusceptible strains is added to the list of reportable diseases.

### Lyme Disease

As two candidate Lyme disease vaccines near licensure, our ability to assess the impact of the vaccine on the magnitude and epidemiology of disseminated Lyme disease becomes increasingly important. A diagnosis of disseminated Lyme disease is usually accompanied by confirmatory laboratory findings.

Therefore, Lyme disease serologies that are positive by ELISA and/or Western blot methods are added to the list of reportable laboratory findings.

### Carbon Monoxide Poisoning

Carbon monoxide poisoning was made reportable in 1997. Recent national meetings have resulted in a recommendation that carboxyhemoglobin levels  $\geq 9\%$  should be investigated. Levels of 3-8% are most often due to cigarette smoking, but higher levels are likely to indicate exposure to other sources of carbon monoxide. Therefore, the threshold level for reporting of carboxyhemoglobin levels on the list of reportable laboratory findings is changed from 12% to  $\geq 9\%$ . Clinicians should report any suspect case of carbon monoxide poisoning regardless of carboxyhemoglobin level.

### Invasive Disease Definition

Reporting of laboratory findings indicative of invasive disease due to specific bacterial pathogens is a required part of the Connecticut Emerging Infections Program (EIP). These bacterial pathogens include enterococci, group A streptococci, group B streptococci, *Haemophilus influenzae*, meningococci, and pneumococci. To improve the sensitivity of the case definition, the definition of "invasive disease" is amended as follows: "Invasive disease: confirmed by isolation from blood, CSF, pericardial fluid, pleural fluid, peritoneal fluid, joint fluid, **bone, and intraoperative swab from a normally sterile site** or normally sterile tissue obtained during surgery". This definition is included as a footnote on both lists.

### *Campylobacter jejuni* Isolates

Campylobacteriosis is already clinician and laboratory reportable. In 1998, as part of the Connecticut EIP, we will be conducting a case-control study of nonoutbreak associated cases to determine the risk factors for infection. Recently, antibiotic resistance in *Campylobacter* has become a concern with the addition of quinolone antibiotics to poultry feed. To determine antibiotic resistant patterns among *Campylobacter* strains, the list of

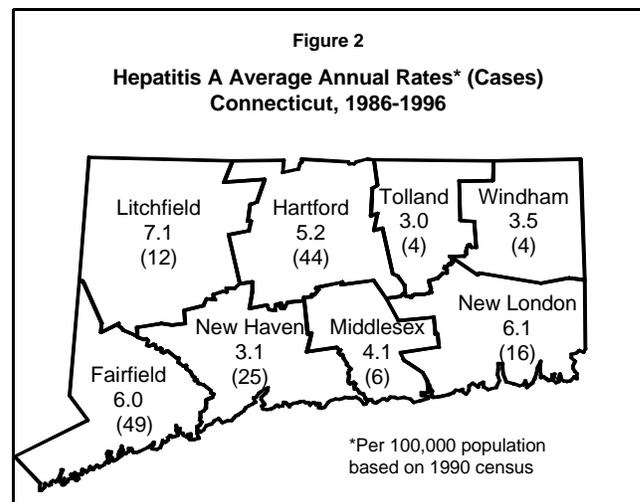
reportable laboratory findings is modified to include a footnote that requires all isolates of *Campylobacter jejuni* be sent to the State Laboratory in 1998.

### *Listeria monocytogenes* Isolates

Listeriosis is already clinician and laboratory reportable. To aid in the detection of outbreaks, EIP sites are being asked to collect all *Listeria monocytogenes* isolates and send them to the CDC for serotyping. Therefore, the list of reportable laboratory findings is modified to include a footnote that all *Listeria monocytogenes* isolates be sent to the State Laboratory for confirmation and for storage for serotyping by the CDC.

### Erratum

In the Connecticut Epidemiologist issue of October 1997 (Volume 17, No. 7), the rates of hepatitis A were incorrectly reported. Below please find the corrected figure.



## REPORTABLE DISEASES - 1998

The Commissioner of the Department of Public Health (DPH) is required to declare an annual list of reportable diseases. Changes for 1998 are marked in **bold** with an asterisk (\*).

Each report (by mail or telephone) should minimally include: the full name and address of the person reporting and the attending physician, the disease being reported, and the full name, address, race/ethnicity, sex and occupation of the person affected. The reports should be sent in envelopes marked "**CONFIDENTIAL**".

**Category 1:** Reportable immediately by telephone on the day of recognition or strong suspicion of disease. On weekdays, reports are made to the DPH and local health departments; in the evening and on weekends, to the DPH. A confidential Disease Report (PD-23) or more disease-specific report form should be mailed to both the DPH and local health departments within 12 hours.

Anthrax	Pertussis
Botulism	Plague
Cholera	Poliomyelitis
Diphtheria	Rabies (human and animal)
Foodborne Outbreaks (involving $\geq 2$ persons)	Rubella (including congenital)
Institutional Outbreaks	Tuberculosis
Measles	Yellow Fever
Meningococcal disease	

**Category 2:** Reportable by mail within 12 hours of recognition or strong suspicion to both the DPH and local health departments.

Acquired Immunodeficiency Syndrome <sup>1</sup>	Lyme disease
Babesiosis	Malaria
Brucellosis	Mercury poisoning
Campylobacteriosis	Mumps
Carbon monoxide poisoning <sup>3</sup>	Occupational Asthma
<b>Chickenpox-related death*</b>	Pneumococcal disease, invasive <sup>2</sup>
Cryptosporidiosis	Ryes Syndrome
<i>Cyclospora</i> infection	Rheumatic Fever
<i>E. coli</i> O157:H7 gastroenteritis	Rocky Mountain Spotted Fever
Ehrlichiosis	Salmonellosis
Group A streptococcal disease, invasive <sup>2</sup>	Sexually Transmitted Diseases
Group B streptococcal disease, invasive <sup>2</sup>	<ul style="list-style-type: none"> <li>• Chancroid</li> <li>• Chlamydia (<i>C. trachomatis</i>) (all sites)</li> <li>• Gonorrhea</li> <li>• Neonatal herpes (&lt;1 month of age)</li> <li>• Syphilis</li> </ul>
<i>H. influenzae</i> disease, invasive, all serotypes <sup>2</sup>	Shigellosis
Hansen's disease (Leprosy)	Silicosis
Hemolytic-uremic syndrome	<b><i>Staphylococcus aureus</i> infection, vancomycin-nonsusceptible</b>
Hepatitis A, C, Delta, Non-A/non-B	Tetanus
Hepatitis B	Trichinosis
<ul style="list-style-type: none"> <li>• acute infection</li> <li>• HBsAg positive pregnant woman</li> </ul>	Typhoid Fever
HIV-1 infection in:	Typhus
<ul style="list-style-type: none"> <li>• children &lt; 13 years of age</li> <li>• persons with tuberculosis</li> <li>• persons with a positive tuberculin skin test <math>\geq 5</math>mm induration by Mantoux technique</li> </ul>	
Lead Toxicity (blood lead $\geq 20$ ug/dL)	
Legionellosis	
Listeriosis	

**1 Reporting required only to the State**

**2 Invasive disease: confirmed by isolation from blood, CSF, pericardial fluid, pleural fluid, peritoneal fluid, joint fluid, bone, and intraoperative swab from a normally sterile site or normally sterile tissue obtained during surgery.**

**3 Includes persons being treated in hyperbaric chambers for suspect CO poisoning.**

**How to report:** The PD-23 is the most generally used form and can be used if other specialized forms are not available. Several other forms are also in use. These include the Acquired Immunodeficiency Syndrome (AIDS) Case Report, the Sexually Transmitted Disease Confidential Case Report (STD-23), the Tuberculosis Case Report (TB-86), and the Physician's Report of Occupational Disease form.

**Forms** may be obtained from the Department of Public Health, 410 Capitol Ave., MS#11EPI, P.O. Box 340308, Hartford, CT 06134-0308. Telephone: (860-509-7994). The disease-specific report forms may be obtained by calling or writing the specific program at the same address: The Epidemiology Unit/AIDS Section (860-509-7900), the Sexually Transmitted Disease Program (860-509-7920), the Pulmonary Diseases Program (860-509-7722), or the Occupational Health Surveillance Program (860-509-7744).

**Telephone reports** of Category 1 disease should be made to the local director of health for the town in which the patient resides and to the State Epidemiology Program (860-509-7994). Tuberculosis cases should be directly reported to the Pulmonary Diseases Program (860-509-7722). For the name, address, or telephone number of the local Director of Health for a specific town contact the Office of Local Health Administration at (860-509-7660). **For public health emergencies, an epidemiologist can be reached nights and weekends through the DPH emergency number (860-509-8000).**

