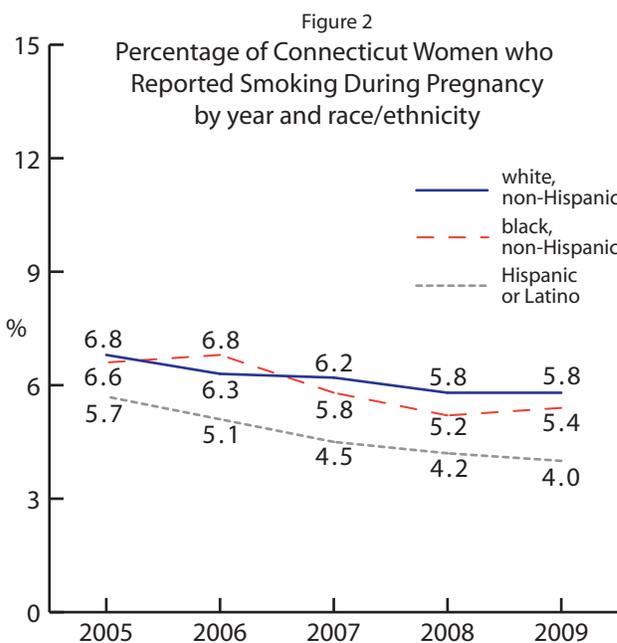
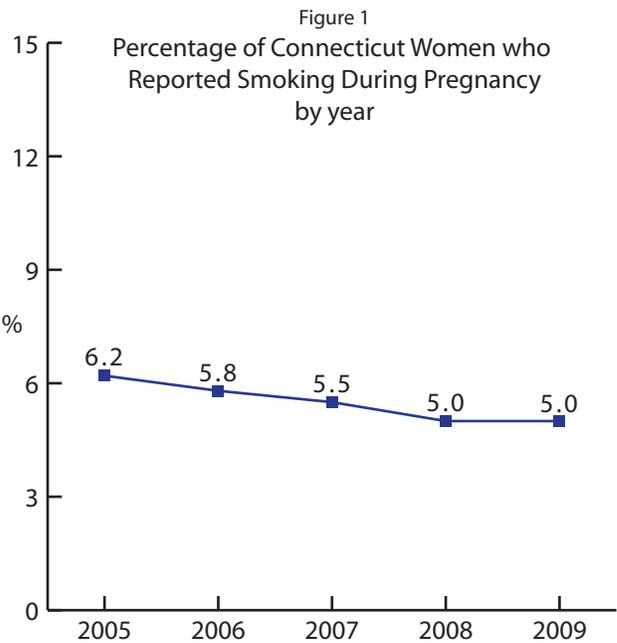


Pregnancy and Smoking

Effects of Smoking During Pregnancy¹

- Women who smoke during pregnancy are more likely than other women to have a miscarriage
- Smoking can cause problems with the placenta—the source of the baby’s food and oxygen
- Smoking can cause a baby to be born too early or have low birth weight, making it likely the baby will be sick and stay in the hospital longer; a few infants may even die
- Smoking during and after pregnancy is a risk factor for Sudden Infant Death Syndrome (SIDS)
- Babies born to women who smoke are more likely to have certain birth defects, like cleft lip or cleft palate



- During 2005-2009, a decrease (6.2%-5%) occurred in the percentage of women who reported smoking during pregnancy (Figure 1)²
- In 2010, 14.6% of women in Connecticut of child-bearing age (18-44 years) smoked cigarettes³
- Between 2005 and 2009, there were 88 Sudden Infant Death Syndrome cases in Connecticut²; it is estimated that 6 or 7 of these deaths can be attributed to maternal cigarette smoking⁴
- During 2005-2009, a decrease occurred in the percentage of white (6.8%-5.8%), black (6.6%-5.4%), and Hispanic (5.7%-4%) women who reported smoking during pregnancy (Figure 2)²

Most people know that smoking causes cancer, heart disease, and other major health problems, but women who smoke during pregnancy put themselves and their unborn babies at risk for other health problems. The dangers of smoking during pregnancy include premature birth, certain birth defects, and infant death.¹



CONNECTICUT
QUITLINE
1-800-QUIT-NOW

Call the Connecticut QuitLine to quit smoking today.



Fact Sheet

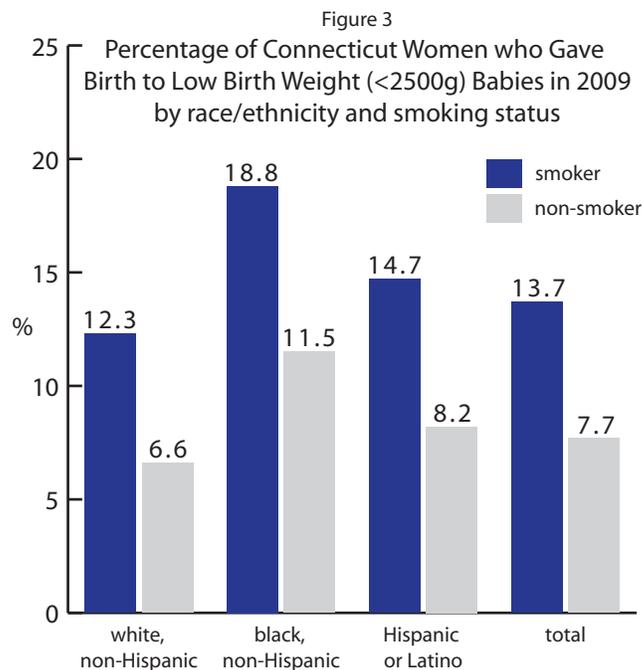
Connecticut Department of Public Health Tobacco Use Prevention and Control Program

Pregnancy and Smoking

Benefits of Quitting¹

- Your baby will get more oxygen, even after just one day of not smoking
- There is less risk that your baby will be born too early
- There is a better chance that your baby will come home from the hospital with you
- You will be less likely to develop heart disease, stroke, lung cancer, chronic lung disease, and other smoking-related diseases
- You will be more likely to live to know your grandchildren
- You will have more energy and breathe more easily
- You will have money that you can spend on other things
- Your clothes, hair, and home will smell better
- You will feel good about what you have done for yourself and your baby

- Smoking-attributable neonatal expenditures exceed \$3 million annually in Connecticut⁵
- In Connecticut, smoking-attributable neonatal expenditures per maternal smoker receiving medicaid average more than \$800, and more than \$700 for women with private insurance; these costs do not include those incurred after the infant's initial hospital stay or any costs associated with secondhand smoke⁵
- In 2009, the rate of smoking during pregnancy for mothers enrolled in the HUSKY Program (Healthcare for Uninsured Kids and Youth) was 11.4%, which was over seven times higher than the smoking rate for other mothers in Connecticut (1.6%)⁶
- Babies born to mothers with HUSKY Program coverage who smoked were more likely to be born preterm or low birth weight than babies born to nonsmokers⁶
- In Connecticut during 2009, 13.7% of babies born to mothers who smoke were low birth weight compared to 7.7% of babies born to nonsmokers; white, black, and Hispanic women who smoked during pregnancy were more likely than their counterparts who did not smoke to give birth to low birth weight babies (Figure 3)²



References

¹Centers for Disease Control and Prevention (CDC); Office of Reproductive Health; www.cdc.gov/reproductivehealth.

²Connecticut Department of Public Health; Vital Records; Registration Reports; 2005-2009.

³Connecticut Behavior Risk Factor Surveillance System; 2010.

⁴CDC, MCH SAMMEC; Health Outcomes Report; <http://apps.nccd.cdc.gov/sammec>.

⁵CDC. State Estimates of Neonatal Costs Associated with Maternal Smoking-US 1996. MMWR 2004; 53:915-917.

⁶Connecticut Voices for Children. Births to Mothers with HUSKY Program and Medicaid Coverage 2009. Lee, M.A.; PhD; Siegel, J.; Learned, A.; www.ctkidslink.org.