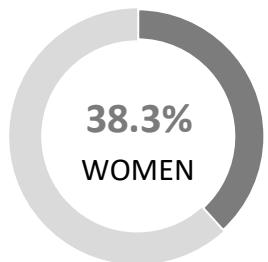
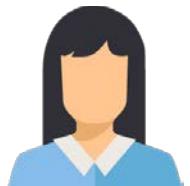
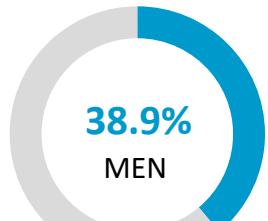


# Connecticut Department of Public Health Fact Sheet

## Tobacco Control Program | January 2023

### 2021 Tobacco Use Cessation Among Adults

#### By Gender



#### TOBACCO

PAST 12 MONTH  
QUIT RATE



#### By Annual Household Income



#### By Age

18-54  
YEARS OLD

41.9%



55 YEARS  
OR OLDER

30.8%

#### By Cannabis Use Status



among  
YES

45.5%

among  
NO

36.0%

# Key Facts

- Results from the 2021 Behavioral Risk Factor Surveillance System estimate that among Connecticut adults, aged 18 years or older, who reported using tobacco, including cigarettes, cigars, electronic vapor products, hookahs and smokeless tobacco, approximately 164,700 or 38.7% tried to quit using all tobacco products for one day or longer in the past 12 months because they were trying to stop using tobacco for good (tobacco use cessation)
- Nearly 40% of both men (38.9%) and women (38.3%) tried to quit using tobacco
- Adults who reported an annual household income of less than \$50,000 (40.4%) were significantly more likely than those with higher income (37.0%) to have tried to stop using tobacco
- The rate of tobacco use cessation was significantly higher among adults under the age of 55 (41.9%) than it was among older adults (30.8%)
- Adults who used tobacco and cannabis in the last 30 days (45.5%) were significantly more likely than adults who used tobacco but not cannabis (36.0%) to have tried, in the past 12 months, to stop using tobacco for good

## For More Information, Contact:

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Data Source: 2021 Connecticut Behavioral Risk Factor Surveillance System.

Last updated: December 22, 2022

