Connecticut Department of Public Health Fact Sheet Tobacco Control Program | September 2021

2019 Current Hookah Use Among High School Students





About 1 in 20 or 4.8% of Connecticut

High School Students

Currently
USED
HOOKAHS



Hookah Use by RACE/ETHNICITY

9.3% among HISPANIC3.7% among BLACK3.4% among WHITE



Hookah Use by
SENSE OF FAMILY
LOVE & SUPPORT

14.9% among NO3.5% among YES

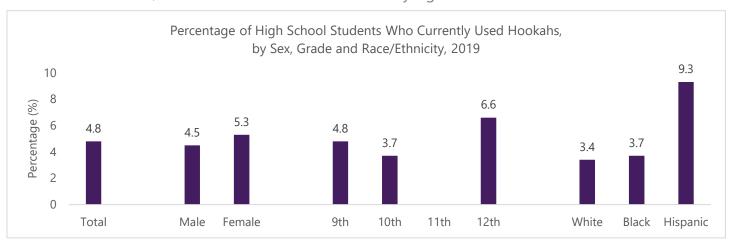


Hookah Use by **SEXUAL ORIENTATION**

9.3% among GAY, LESBIAN,BISEXUAL3.9% among HETEROSEXUAL

KEY FACTS

- Results from the 2019 Youth Risk Behavior Survey estimate, that on 1 or more of the past 30 days, approximately 7,600 or 4.8% of Connecticut high school students smoked tobacco using a hookah or waterpipe (i.e., current hookah use)—See Chart below
- The prevalence of current hookah use was slightly higher among females (5.3%) than among males (4.5%), but the difference is not statistically significant—See Chart below
- Students who disagreed or strongly disagreed that their family gives them love and support when they need it were significantly more likely to have used hookahs (14.9%) than were their counterparts who agreed or strongly agreed (3.5%)
- Hispanic (9.3%) students were significantly more likely than White (3.4%) and Black (3.7%) students to have used hookahs—See Chart below
- Current hookah use was significantly higher among high school students who identify as gay, lesbian or bisexual (9.3%) than it was among heterosexual (3.9%) students
- Students in grade 12 (6.6%) were nearly twice as likely as students in grade 10 (3.7%) to have used hookahs, but the difference is not statistically significant—See Chart below



Missing bar indicates fewer than 50 students or relative standard error >30%; data are suppressed due to poor validity. Notes: This graph contains weighted results; white and black students are non-Hispanic.

For More Information Contact:

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DPH Connecticut Department



Data Source: 2019 Youth Risk Behavior Survey.

Tobacco infographics courtesy of CDC, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health. Last updated: August 5, 2021