

Connecticut Department of Public Health Fact Sheet
Tobacco Control Program | September 2021

2019 Current Cigarette Smoking Among Adults



Cigarette Smoking by
GENDER

13.7% of **MEN**
10.6% of **WOMEN**



About 1 in 8 or
12.1%
of Connecticut
Adults
SMOKED
CIGARETTES



Cigarette Smoking by
COGNITIVE DISABILITY

27.4% among **YES**
10.5% among **NO**



Cigarette Smoking by
ANY DISABILITY

21.6% among **YES**
9.3% among **NO**



Cigarette Smoking
DECREASED as
ANNUAL
HOUSEHOLD
INCOME
INCREASED



Cigarette Smoking by
HEALTH INSURANCE COVERAGE

30.3% with **MEDICAID**
8.7% with **PRIVATE**



Cigarette Smoking by
EDUCATION

16.6% with **HIGH SCHOOL DIPLOMA**
4.8% with **COLLEGE DEGREE**

KEY FACTS

- Results from the 2019 Behavioral Risk Factor Surveillance System estimate that approximately 321,900 or 12.1% of Connecticut adults smoked cigarettes some days or every day (i.e., current cigarette smoking)
- Males (13.7%) were slightly more likely than females (10.6%) to have smoked cigarettes
- Adults who reported having some type of cognitive disability, such as serious difficulties concentrating, remembering or making decisions (27.4%), were about 2.5 times more likely than their counterparts without these health difficulties (10.5%) to have smoked cigarettes
- The rate of current cigarette smoking was slightly higher among Black (14.2%) adults than it was among White (12.3%) and Hispanic (10.9%) adults
- Adults with an annual household income of less than \$25,000 (23.6%) were more than three times as likely to have smoked cigarettes than were adults with a yearly income of \$75,000 or more (7.4%)
- Cigarette smoking was significantly higher among adults with any type of disability (21.6%) than it was among those who were not disabled (9.3%)
- The prevalence of cigarette smoking among adults covered by Medicaid (30.3%) was about 3.5 times higher than it was among those with private health insurance (8.7%)
- Adults with a college degree (4.8%) were significantly less likely than their counterparts with no high school diploma (19.7%), a high school degree (16.6%) or those with some college (14.5%) to have smoked cigarettes some days or every day
- Approximately 194,400 or 60.5% of adult current cigarette smokers had stopped smoking for a day or longer during the past 12 months because they wanted to quit smoking cigarettes for good

For More Information Contact:

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Data Source: 2019 Connecticut Behavioral Risk Factor Surveillance System.
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