



**Connecticut Community Tobacco Cessation Programs  
(Alphabetical by City/Town)**



Agency	Contact Name	Address	City	Contact Information
<b>Commit to Quit Sites – No Fee for Services</b>				
Northeast District Health Department	Janine Vose	69 Main Street	Brooklyn – Northeastern CT	(860) 774-7350 <a href="mailto:phnurse@nddh.org">phnurse@nddh.org</a>
Bristol Burlington Health District	Angelika Karwowski	240 Stafford Avenue	Bristol/Burlington Area	(860) 584-7682 <a href="mailto:angelikakarwowski@bristolct.gov">angelikakarwowski@bristolct.gov</a>
Granby Youth Service Bureau <i>*By appointment *Granby residents only</i>	AnneMarie Cox	15 North Granby Road	Granby	(860) 844-5355 <a href="mailto:ahcox@granby-ct.gov">ahcox@granby-ct.gov</a>
McCall Behavioral Health Network		58 High Street	Torrington	(860) 496-2100 <a href="http://www.mccallbhn.org">www.mccallbhn.org</a>
Middletown Health Department	Contact Middlesex Hospital	245 DeKoven Drive	Middletown	(860) 358-5420 <a href="mailto:roberts@midhosp.org">roberts@midhosp.org</a>
Ledge Light Health District	Carolyn Wilson	216 Broad Street	New London - Southeastern CT	(860) 446-3062 <a href="mailto:cwilson@llhd.org">cwilson@llhd.org</a>
Uncas Health District	Connie Capacchione	401 West Thames Street	Norwich Area - Eastern CT	(860) 823-1189 <a href="mailto:c-capacchione@uncashd.org">c-capacchione@uncashd.org</a> <a href="http://www.uncashd.org">www.uncashd.org</a> <a href="mailto:doh@uncashd.org">doh@uncashd.org</a>
Town of Trumbull <i>*In person *6 week Vaping Cessation (18 yrs. &amp; younger)</i>	Dr. Cornelia Morris	5866 Main Street	Trumbull	(203) 452-5193 <a href="mailto:cmorris@trumbull-ct.gov">cmorris@trumbull-ct.gov</a>
Town of Windsor <i>*Youth Nicotine Vaping Cessation Program *Windsor residents only</i>	Shannon Blenis	275 Broad Street	Windsor	<a href="mailto:blenis@townofwindsorct.com">blenis@townofwindsorct.com</a>
<b>Other Community Cessation Programs</b> <i>Note: Some programs may charge a fee</i>				
BH Care Shoreline	Sara Magistro	14 Sycamore Way	Branford	(203) 483-2630 ext. 2237 <a href="mailto:kremillard@bhcare.org">kremillard@bhcare.org</a>
Mountainside Treatment Center Nicotine Anonymous	Steven Langley	PO Box 717 187 South Canaan Road	Canaan	(800) 762-5433
Danbury Hospital Quit Now Smoking Cessation Program	Marianne Mitchell	24 Hospital Avenue	Danbury	(203) 739-8328



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The Griffin Center for Healthy Living at Griffin Health	Carolyn Gundell, MS CDCES	130 Division Street	Derby	(203)732-9518 <a href="mailto:cgundell@griffinhealth.org">cgundell@griffinhealth.org</a>
Intercommunity, Inc.	Juan Laboy	281 Main Street	East Hartford	(860) 569-5900 <a href="http://www.intercommunityct.org">www.intercommunityct.org</a>
St Francis Hospital Johnson Memorial Hospital Cancer Center	Maria Palomares	142 Hazard Avenue	Enfield	(860) 272-2992 <a href="http://www.trinityhealthofne.org">www.trinityhealthofne.org</a>
UCONN Health Center, Pulmonary Medicine	Diahann Wilcox, APRN	263 Farmington Avenue	Farmington	(860) 679-8300
Greenwich Hospital Fresh Start Smoking Cessation	Diane DeMain	5 Perryridge Road	Greenwich	(203) 863-3786 <a href="mailto:diane.demain@greenwichhospital.org">diane.demain@greenwichhospital.org</a>
Greenwich Cancer Program	Heather Studwell	77 Lafayette Place	Greenwich	(475) 240-8328
Hartford Hospital Stop Smoking & Vaping Cessation Program <i>*Schedule an appointment</i>	Ricardo Rico	132 Jefferson Street	Hartford Area	(860) 972-9300 <a href="mailto:ricardo.rico@hhchealth.org">ricardo.rico@hhchealth.org</a>
Eastern CT Cancer Institute Freedom from Smoking	Karen Fiume, RN	100 Haynes Street	Manchester	(860) 646-1222 ext. 1408 <a href="mailto:kfiume@echn.org">kfiume@echn.org</a>
Middlesex Health, Center of Chronic Care Management		28 Crescent Street	Middletown Middlesex County	(860) 358-5420 <a href="https://www.middlesexhealth.org">https://www.middlesexhealth.org</a>
Yale New Haven Hospital Yale Tobacco Treatment Service	Lisa Fucito, PhD Heidi DiGiovanni	20 York Street	New Haven	(203) 688-1378 <a href="mailto:QuitSmoking@YNHH.ORG">QuitSmoking@YNHH.ORG</a> <a href="http://www.yalestopvaping.com">www.yalestopvaping.com</a> <a href="http://www.yalequitvaping.com">www.yalequitvaping.com</a>
Yale University <i>*5 week, virtual Quit Vaping Nicotine Study, ages 13-20</i>		367 Cedar Street	New Haven	<a href="http://www.yalestopvaping.com">www.yalestopvaping.com</a> Sign up below: <a href="http://www.yalequitvaping.com">www.yalequitvaping.com</a>
Stamford Hospital	Leonora Maciejczyk	1 Hospital Plaza	Stamford	(203) 276-QUIT (7848) <a href="http://www.stamfordhealth.org">www.stamfordhealth.org</a>
Town of Trumbull <i>*In person, 6-week Smoking Cessation for Adults for \$300</i>	Dr. Cornelia Morris	5866 Main Street	Trumbull	(203) 452-5193 <a href="mailto:cmorris@trumbull-ct.gov">cmorris@trumbull-ct.gov</a>
Charlotte Hungerford Hospital Pulmonary Education Freedom from Smoking	Sandy Markus	540 Litchfield Street	Torrington	(860) 496-6538 <a href="mailto:sandra.markus@hhchealth.org">sandra.markus@hhchealth.org</a>
First Choice Health Center <i>*Schedule an appointment</i>		94 Union Street	Vernon	(860) 528-1359 <a href="http://www.firstchc.org">www.firstchc.org</a>

## Connecticut Community Tobacco Cessation Programs (Alphabetical by City/Town)

The Connecticut Quitline is a telephone and web-based cessation program that offers counseling by trained staff. Available to all CT residents ages 13 and over at no cost.  
Open 24 hours a day, seven days a week.



- Call the CT Quitline at 1-800-QUIT-NOW
- For the hearing impaired - TTY number is 1-877-777-6534
- To enroll online, visit [Commit to Quit \(committoquitct.com\)](http://committoquitct.com)
- Services are available in English, Spanish (1-855-DEJELO-YA), and other languages

**For more information, please call or email the Tobacco Control Program:**

**Phone: (860) 509-8251**

**Email: [DPHTobacco@ct.gov](mailto:DPHTobacco@ct.gov)**

*Last updated on December 20, 2022*