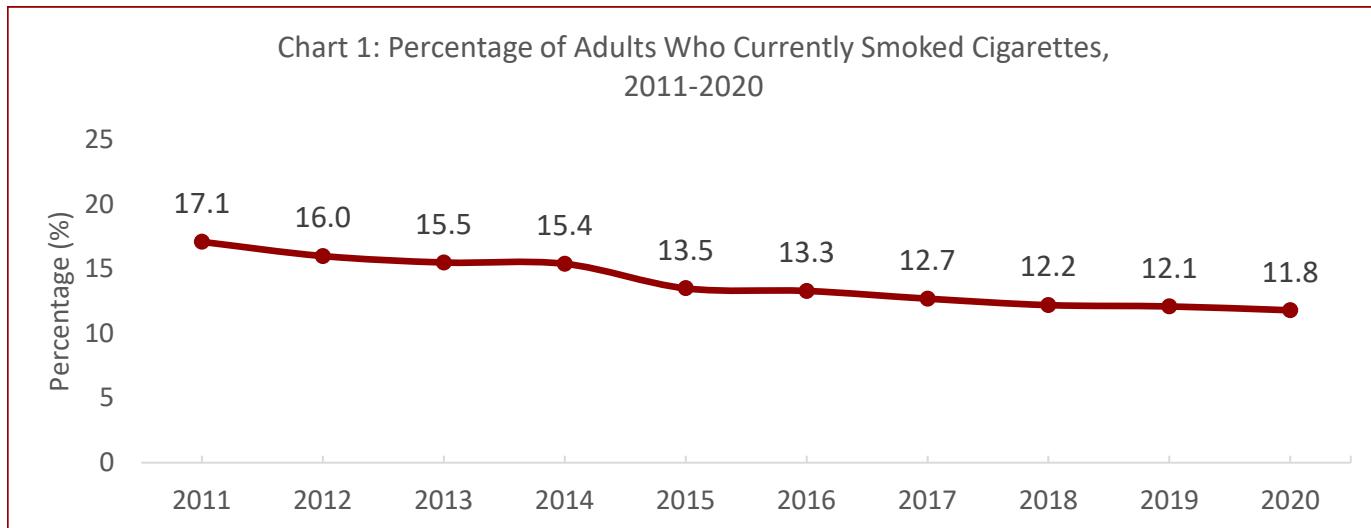


Connecticut Department of Public Health Fact Sheet
Tobacco Control Program | May 2022

TOBACCO USE TRENDS AMONG CONNECTICUT ADULTS

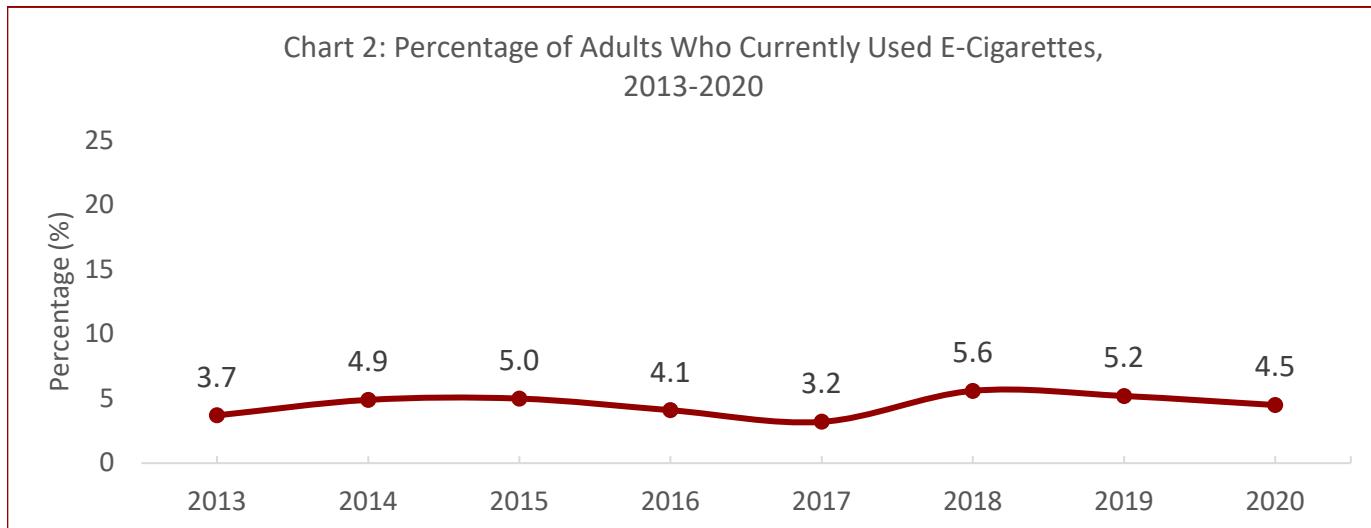
CIGARETTES (2011-2020)

- From 2011 to 2020, current cigarette smoking decreased significantly among adults (See Chart 1). About 1 of every 9 adults (11.8%) reported in 2020 that they smoked cigarettes some days or every day—a significant decrease from 17.1% in 2011.
- Between 2019 and 2020, the rate decreased slightly. The prevalence in 2019 was 12.1%.



E-CIGARETTES (2013-2020)

- From 2013 to 2020, current e-cigarette use increased among adults (See Chart 2). Nearly 5 of every 100 adults (4.5%) reported in 2020 that they used e-cigarettes some days or every day—an increase from 3.7% in 2013; although, the change was not statistically significant.
- Between 2019 and 2020, the rate decreased but not significantly. The prevalence in 2019 was 5.2%.



CESSATION (2011-2020)

- From 2011 to 2020, the percentage of adults who smoked cigarettes and tried to quit smoking during the past 12 months increased slightly (See Chart 3). More than 6 of every 10 adults who smoked cigarettes (63.6%) reported in 2020 that they tried to quit. The prevalence in 2011 was 62.1%.
- Between 2019 and 2020 the rate increased but not significantly. The prevalence in 2019 was 60.5%.

Chart 3: Prevalence of Adults Who Smoked Cigarettes and Tried to Quit Smoking in the Past 12 Months, 2011-2020



For More Information Contact:

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Data Source: 2011-2020 Connecticut Behavioral Risk Factor Surveillance System.
Last updated: May 9, 2022