

Connecticut Department of Public Health Fact Sheet

Tobacco Control Program | May 2022

2020 Current E-Cigarette Use Among Adults

E-CIGARETTE USE

SOME DAY OR EVERY
DAY USE RATE

4.5%
use
e-cigarettes



By Gender

MEN

WOMEN

5.4%

3.6%



By Poor Mental Health

among
YES

among
NO

8.5%

3.9%



By Highest Level of Education

HIGH
SCHOOL
DIPLOMA

COLLEGE
DEGREE

6.4%

2.4%



By Years of Age

18 - 24

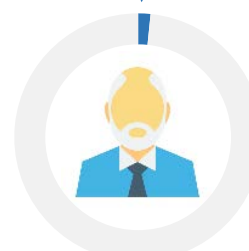
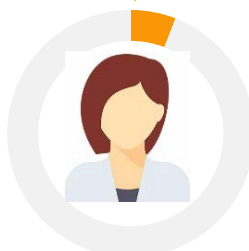
25 - 44

45+

14.6%

5.9%

1.6%



Key Facts

- Results from the 2020 Behavioral Risk Factor Surveillance System estimate that approximately 118,000 or 4.5% of Connecticut adults used e-cigarettes or other electronic vaping products some days or every day (i.e., current e-cigarette use)
- Men (5.4%) were significantly more likely than women (3.6%) to have used e-cigarettes
- Adults who reported that their mental health was not good for 14 or more of the past 30 days (8.5%) were about twice as likely to have used e-cigarettes than were their counterparts without mental health difficulties (3.9%)
- Adults whose highest level of education was a high school diploma (6.4%) were significantly more likely to have currently used e-cigarettes than were their peers who had a college degree (2.4%)
- Adults between age 18 and 24 were significantly more likely than older adults to use e-cigarettes; use decreased significantly as age increased
- More than 1 in 4 adults who used e-cigarettes also smoked cigarettes (28.4%)

THESE NUMBERS CAN IMPROVE

WAYS TO DECREASE ALL TYPES OF TOBACCO USE AMONG ADULTS

Fund comprehensive tobacco control programs



Increase tobacco taxes and retail prices



Establish tobacco smoke- and aerosol-free environments



For More Information Contact:

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Data Source: 2020 Connecticut Behavioral Risk Factor Surveillance System.
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