

Is your child with asthma

ASTHMA-READY FOR SCHOOL?

Make sure your school-aged child with asthma is prepared:

- Get a Medical Authorization Form and Asthma Action Plan from your child's doctor so they can carry or receive their asthma medication in school, or download an Asthma Medication Authorization and Asthma Action Plan here: <http://bit.ly/2b3qUDC>
- Get an additional inhaler and spacer if they must stay at school
- Make a copy of your child's Asthma Medication Authorization and Asthma Action Plan and bring it to the school nurse or school health office

HOW DO I KNOW IF MY CHILD'S ASTHMA IS NOT CONTROLLED?

(Check all that apply)

- My child wakes up coughing at night more than twice a month
- My child cannot actively play and run without having trouble breathing
- My child needs to use his/her quick relief inhaler (Albuterol or Xopenex) more than twice a week to relieve asthma coughing or wheezing

If any of the above boxes are checked, your child's Asthma is NOT CONTROLLED. Please call your child's doctor immediately.

