

COMMON ASTHMA MEDICATIONS

	Medication Name (s)	What The Medication Does	Possible Side Effects
<p>QUICK RELIEF MEDICINE</p> <p>Use to stop an asthma attack</p>	<p>Short Acting Bronchodilators (Inhaled): Ventolin, Proventil (Albuterol) Xopenex (Levalbuterol) Brethaire (Terbutaline) Alupent, Metaprel (Metaproterenol) Tornalate (Bitolterol) Maxair (Pirbuterol) Combivent (Ipratropium & Albuterol) Not to be used alone for quick relief: Atrovent (Ipratropium)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Works quickly to open airways to make it easier to breathe. <input type="checkbox"/> Relaxes muscles that tighten around the airways. <input type="checkbox"/> Helps stop asthma attacks once they have started. <input type="checkbox"/> Helps prevent asthma attacks if taken before exercise. 	<ul style="list-style-type: none"> <input type="checkbox"/> Throat Irritation or Hoarseness <input type="checkbox"/> Fast Heartbeat <input type="checkbox"/> Headache and Dizziness <input type="checkbox"/> Nausea, Vomiting and Diarrhea <input type="checkbox"/> Feeling Anxious <input type="checkbox"/> Hives or Skin Rash <input type="checkbox"/> Nervousness or Shaking
<p>LONG-TERM CONTROL MEDICINE</p> <p>Take every day</p>	<p>Long Acting Bronchodilators (Inhaled): Serevent (Salmeterol) Floradil (Formoterol) Advair (Fluticasone Proionate & Salmeterol) Symbicort (Budesonide & Formoterol)</p> <p>(Swallowed): Theo-Dur, Slo-Bid, Uni-Dur (Theophylline)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Helps keep asthma under control and reduce chances of having an asthma attack. <input type="checkbox"/> Works slower and longer than short acting bronchodilators. <input type="checkbox"/> Relaxes breathing airways. <input type="checkbox"/> Help prevent nighttime asthma attacks. <input type="checkbox"/> Helps prevent asthma attacks caused by exercise. <input type="checkbox"/> Increases blood flow to the lungs. <input type="checkbox"/> Decreases airway swelling. 	<ul style="list-style-type: none"> <input type="checkbox"/> Throat Irritation or Hoarseness <input type="checkbox"/> Fast Heartbeat <input type="checkbox"/> Headache and Dizziness <input type="checkbox"/> Nausea, Vomiting and Diarrhea <input type="checkbox"/> Feeling Anxious <input type="checkbox"/> Over activity in children <input type="checkbox"/> Nervousness or Irritability <input type="checkbox"/> Difficulty sleeping <input type="checkbox"/> Seizures (Theophylline)
<p>(Not to be used to stop an asthma attack)</p>	<p>Anti-Inflammatories; Corticosteroids (Inhaled): Beclovent, Vanceril, Qvar (Beclomethasone) Pulmicort (Budesonide) Flovent (Fluticasone) Azmacort (Triamcinolone) Corticosteroids (Swallowed): Prednisone</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Decreases swelling in the airways. <input type="checkbox"/> Protects airways from irritants and allergens. <input type="checkbox"/> Helps prevent nighttime asthma attacks. <p>Rinse mouth after every use of the inhaled Corticosteroid.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Dry mouth, Sore Throat or Hoarseness <input type="checkbox"/> Cough <input type="checkbox"/> Fungal infection in the mouth (white tongue) <input type="checkbox"/> Temporary delayed growth in children. (Prednisone)
<p>Other Anti-Inflammatories (Inhaled): Intal (Cromolyn) Tilade (Nedocromil)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Helps prevent asthma attacks caused by exercise. 	<ul style="list-style-type: none"> <input type="checkbox"/> Skin rash 	
<p>Leukotriene Modifiers (Swallowed): Singular (Montelukast Sodium) Accolate (Zafirlukast) Zyflo (Zileuton)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Blocks asthma symptoms to some triggers. <input type="checkbox"/> Improves lung function. 	<ul style="list-style-type: none"> <input type="checkbox"/> Headache and Dizziness <input type="checkbox"/> Nausea, Vomiting and Diarrhea 	