

Appendix M: Summary Table of HP 2010, HP 2010 Midcourse Review, and HP 2020 Targets

Objective	Age Group	Targets		
		HP 2010 (original)	HP 2010 Midcourse Review	HP 2020
24-1. Reduce asthma deaths. <i>[RD-1]*</i>	< 5 years	1.0 per million	0.9 per million	—
	5 – 14 years	1.0 per million	0.9 per million	—
	15 – 34 years	2.0 per million	1.9 per million	—
	35 – 64 years	9.0 per million	8.0 per million	6.0 per million
	≥ 65 years	60.0 per million	47.0 per million	22.9 per million
24-2. Reduce hospitalizations for asthma. <i>[RD-2]*</i>	< 5 years	25 per 10,000	25 per 10,000	18.1 per 10,000
	5 – 64 years	7.7 per 10,000	7.7 per 10,000	8.6 per 10,000
	≥ 65 years	11 per 10,000	11 per 10,000	20.3 per 10,000
24-3. Reduce hospital emergency department visits for asthma. <i>[RD-3]*</i>	< 5 years	80 per 10,000	80 per 10,000	95.5 per 10,000
	5 – 64 years	50 per 10,000	50 per 10,000	49.1 per 10,000
	≥ 65 years	15 per 10,000	15 per 10,000	13.2 per 10,000
24-4. Reduce activity limitations among persons with asthma. <i>[RD-4]*</i>	—	10.0%	6.0%	10.2%
24-5. Reduce the number of school or work days missed by persons with asthma due to asthma.	—	—	2.0 days	—
RD-5. Reduce the proportion of persons with asthma who miss school or work days*	5 – 17 year olds who miss school days	—	—	48.7%
	18 – 64 year olds who miss work days	—	—	26.8%
24-6. Increase the proportion of persons with asthma who receive formal patient education including information about community and self-help resources, as an essential part of the management of their condition. <i>[RD-6. Increase the proportion of persons with current asthma who received formal patient education.]*</i>	—	30.0%	30.0%	14.4%

* HP 2020 enumerates respiratory disease objectives using the nomenclature RD-#. The RD objectives are presented in brackets and italics. The wordings of the RD objectives are provided when they differ from that of the HP 2010 objectives.

Sources: United States Department of Health and Human Services publications: *Healthy People 2010*; *Healthy People 2010 Midcourse Review*; and *Healthy People 2020*.

Summary Table of HP 2010, HP 2010 Midcourse Review, and HP 2020 Asthma Targets (continued)

Objective	Targets		
	HP 2010 (original)	HP 2010 Midcourse Review	HP 2020
24-7. Increase the proportion of persons with asthma who receive appropriate asthma care according to the NAEPP Guidelines. [RD-7]			
Persons with asthma who receive written asthma management plans from their health care provider. [RD-7.1. Persons with current asthma who receive written asthma management plans from their health care provider.]*	—	38.0%	36.8%
Persons with asthma with prescribed inhalers who receive instruction on how to use them properly. [RD-7.2 Persons with current asthma with prescribed inhalers who receive instruction on their use.]*	—	98.8%	—
Persons with asthma who receive education about recognizing early signs and symptoms of asthma episodes and how to respond appropriately, including instruction on peak flow monitoring for those who use daily therapy. [RD-7.3. Persons with current asthma who receive education about appropriate response to asthma episode, including recognizing early signs and symptoms or monitoring peak flow results.]*	—	71.0%	68.5%
Persons with asthma who receive medication regimens that prevent the need for more than one canister of short-acting inhaled beta agonists per month for relief of symptoms. [RD-7.4. Increase the proportion of persons with current asthma who do not use more than one canister of short-acting inhaled beta agonist per month.]*	—	92.0%	90.2%
Persons with asthma who receive followup medical care for long-term management of asthma after any hospitalization due to asthma.	—	87.0%	—
Persons with asthma who receive assistance with assessing and reducing exposure to environmental risk factors in their home, school, and work environments.	—	50.0%	—
RD-7.5. Persons with current asthma who have been advised by a health professional to change things in their home, school, and work environments to reduce exposure to irritants or allergens to which they are sensitive.	—	—	54.5%
RD-7.6. Persons with current asthma who have had at least one routine followup visit in the past 12 months.*	—	—	Developmental
RD-7.7. Persons with current asthma whose doctor assessed their asthma control in the past 12 months.*	—	—	Developmental
RD-7.8. Adults with current asthma who have discussed with a doctor or other health professional whether their asthma was work related.*	—	—	Developmental

* HP 2020 enumerates respiratory disease objectives using the nomenclature RD-#. The RD objectives are presented in brackets and italics. The wordings of the RD objectives are provided when they differ from that of the HP 2010 objectives.

Sources: United States Department of Health and Human Services publications: Healthy People 2010; Healthy People 2010 Midcourse Review; and Healthy People 2020.