

## Advisory Council on Palliative Care

### MINUTES

Friday, December 12, 2014

10-11 AM

Legislative Office Building  
300 Capitol Ave., Hartford, CT

Present: Wendy Furniss, DPH; Colleen Mulkerin, Hartford Hospital; Patricia Trotta, VNAHC; Joseph Andrews, CT Hospice; James Prota, CT Hospice; Karen Mulvihill, Danbury Hospice; Diana Cameron, VNAHC, Biree Andemariam, UCONN HC; Victoria Odesina, UCONN HC; Barbara Morrison, Yale Hospital;

Conference Call: Karen Mulvihill, WCHN; Cynthia Roy, Regional Hospice; Kay Marron, Regional Hospice

Public: Joanne Kuntz, UConn Health; Kerry Moss, CCMC; Beth Leslie, Office of Protection & Adv.; Charles Rothenberger, RS&L; Natalie Cullen, American Cancer Soc.; Michael Culhane, CT Catholic Conf.

#### I. Minutes Approved

- Colleen Mulkerin motioned to approve; Wendy Furniss seconded the motion.

#### II. Topics of Discussion

- Testimony

- 1) Kerry Moss, MD, CCMC

- Pain and Palliative Medicine- Consult service
- Hard concept for doctors who treat children- usually call with “immediate need” not proactively- metrics are hard
- Clinical, education and smaller research components
- 30 kids on service- consulted 50-100 last year
- Pediatric education to hospice providers in state- networking
- Advanced cancer, Epidermal bullosa, heart patients, congenital anomalies
- Team approach- outpatient: not specific “clinic” but join oncology appointments etc.
- Nursing Education also- plus MD’s, students, PT’s dieticians
- Offer bereavement services for staff too
- CCMC has first APRN interning in Palliative Care
- Barriers- for family, concurrent care issues- can’t have both usual home care providers and hospice providers at end of life- seamless network of end of life providers
- “curative intent” stronger with kids- treatment and EOL care simultaneously
- Pediatric rotation for Yale fellows may be at CCMC
- Private payers should emulate T19

2) Joanne Kuntz, MD, UCONN

- Barriers

- Lack of common shared language for practitioners to use to speak with patients and families
- PCP's lack skills for symptom management- Few palliative care doctors in CT
- Lack of general and provider understanding of palliative care- fear of the word
- Fear of transition from palliative care to "hospice" care= "giving up"

- Consultation program (inpatients only- rarely for outpatient clinic) at Hartford Hospital
- 35-40 consults/month; Dr. Kuntz has made 2 home visits
- Metrics- just got first 6 months of data (admission; discharge, diagnoses, etc.)
- ED docs "Choosing Wisely" campaign says don't avoid palliative care in ED though slows down throughout
- "Performance Status" (a.k.a. functional/ADL status)- more telling than diagnosis (e.g. Cystic Fibrosis) in determining need for palliative care
- NBS -> CF- palliative care from birth ->death
- Sickle cell patients- also a population requiring life- long palliative care

- Discussion

- Palliative care in homecare setting- lack of T18 reimbursement for palliative (must be homebound)- T19 has minimal reimbursement
- Barrier: payer-driven lacks of benefits (e.g. regular medicine v. hospice benefit) payments regs. are barriers: 6 month time frame
- Electronic health record "alerts" may help change the culture of medicine

- Workgroups

- 1) Education and Research (Andemariam, Andrews & Prota)

- Provided a handout- Recommendations outline
- Discussed goals
- Recommended another small group session in January or February

- 2) Benchmark & Data (Patricia, Karen & Diane)

- Sent Survey to Hospitals- no responses
- Contacting Hospitals

3) Advance Care Planning (Wendy & Colleen)

- Wendy to share Interact Tool “ Advance Care Plan Guide”
- Public Relations consultation
- CAPC links to Wikipedia
- Incomplete tasks- will reconnect in January

III. Updates/Recommendations

- Work on another subcommittee workgroup meetings for January & February
- Find a family member/inside champion who is under Palliative Care
- Invite Stakeholders- waiting on some responses
- Recommend speakers to share their story
- Decide as a group who to contact- written vs. spoken testimony
- Use the list of questions as format on the report
- Wendy and Grisel will work on the report due to the Palliative Care Legislation sometime in early January

V. Meeting adjourned at 11:15 am by Chair Mulkerin.