

Non-pharmacological Treatment Options

Low Back Pain

ACP Clinical Practice Guideline

- Qaseem A, et al. Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians. *Ann Intern Med.* 2017 Feb 14.

AHRQ Comparative Effectiveness Report

- Chou R, et al. Noninvasive Treatments for Low Back Pain. Comparative Effectiveness Review No. 169. AHRQ Publication No. 16-EHC004-EF. Rockville, MD: Agency for Healthcare Research and Quality; February 2016.

Other related references

- Dorflinger L, et al. A partnered approach to opioid management, guideline concordant care and the stepped care model of pain management. *J Gen Intern Med.* 2014 Dec;29 Suppl 4:870-6.
- Franklin GM, et al. Opioid use for chronic low back pain: A prospective, population-based study among injured workers in Washington state, 2002-2005. *Clin J Pain* 2009;25:743-51.
- Rhee Y, et al. Narcotic drug use among patients with lower back pain in employer health plans: a retrospective analysis of risk factors and health care services. *Clin Ther* 2007;29 Suppl:2603-12.
- Vogt MT, et al. Analgesic usage for low back pain: impact on health care costs and service use. *Spine* 2005;30:1075-81.
- Lisi A, Brandt C. Trends in the Use and Characteristics of Chiropractic Services in the Department of Veterans Affairs. *J Manipulative Physiol Ther.* 2016 Jun;39(5):381-6.
- Lisi A, et al. Variations in the implementation and characteristics of chiropractic services in VA. *Med Care.* 2014 Dec;52(12 Suppl 5):S97-104.

VA Resources

- Pain Management
 - <https://www.va.gov/PainManagement/>
- Whole Health
 - <https://www.va.gov/PATIENTCENTEREDCARE/explore/about-whole-health.asp>
- Chiropractic Care
 - <http://www.rehab.va.gov/chiro/>