Carbon monoxide, or CO, is a gas that you cannot see or smell. It can also be deadly. The signs of CO poisoning are the same as the flu. They include headache, fatigue, dizziness, nausea, vomiting or loss of consciousness. If several members of a household are having these signs when they are home, but feel better when they are away from home, there may be a CO problem. Every home that has a portable generator running or that burns oil, natural gas, wood or coal should have a carbon monoxide detector that is working properly. If the alarm goes off, get out of the house right away. Call 9-1-1 or the town fire department from outside of the home on a cell phone or from a neighbor’s house. This message is brought to you by the Connecticut Department of Public Health.