

Healthy Homes Guidance for Residents and Homeowners

Healthy Homes Action Item Plan

After completing the assessment, use this as a guide for resident education and recommending corrective action.

General publication – EPA Healthy Homes booklet: <http://www.epa.gov/region1/healthyhomes/pdfs/healthyhomes.pdf>

| General Housing Characteristics | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Damage <ul style="list-style-type: none"> Bulging/buckling (walls, floors, ceilings) Holes (interior/exterior) Windows (broken/missing) | <input type="checkbox"/> If homeowner, then make necessary repairs <input type="checkbox"/> If renter, the local health department or the building/housing official will discuss the possible code violations and needed repairs with your landlord. | <p>The local health department will refer findings to the local building/housing official.</p> |
| Heating source – Unvented Combustion Appliances Other: Kerosene heaters, Space heaters, fireplaces, wood stoves | <input type="checkbox"/> Unvented kerosene heaters are illegal in CT for residential indoor use. <input type="checkbox"/> Make sure space heaters, wood stoves and fireplaces are at least 3 feet from anything flammable. <input type="checkbox"/> When necessary, use only 12 or 14 gauge extension cords (the lower the better). <input type="checkbox"/> Ensure that there is a good seal on fireplace screen or woodstove doors. | <p>Carbon Monoxide: The Quiet Killer English- http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/co.pdf Spanish - http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/CO_FACT_SHEET_rev2_SPA.pdf</p> <p>CT Poison Control Center - Carbon Monoxide Tip Sheet (English, Spanish, other languages) http://poisoncontrol.uhc.edu/education/pdfs/CarbonMonoxideflyer_English.pdf</p> <p>National Fire Protection Association Carbon Monoxide Tip Sheet http://www.nfpa.org/assets/files/PDF/Public%20Education/COSafety.pdf</p> <p>National Fire Protection Association Heating Safety Tip Sheet http://www.nfpa.org/assets/files/PDF/Public%20Education/Heating_Safety.pdf</p> |
| Filters | <input type="checkbox"/> Change filters quarterly. <input type="checkbox"/> Use filters which are rated MERV 10. (Note: check with furnace manufacturer to determine what size and type filter is best for your furnace.) | <p>MERV rating chart: http://www.mechreps.com/PDF/Merv_Rating_Chart.pdf</p> <p>Furnace filter care: http://www.furnacefiltercare.com/</p> |
| Exterior of Property | | |
| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Damage <ul style="list-style-type: none"> Drainage (gutters, down spouts, roof flashing) Septic System | <input type="checkbox"/> If homeowner, then make necessary repairs <input type="checkbox"/> If renter, the local health department or the building/housing official will discuss the possible code violations and needed repairs with your landlord. | <p>Local health department will refer findings to the local building/housing official.</p> |
| Drinking Water Source – Public water supply | <input type="checkbox"/> Contact water supply company to obtain a copy of the Consumer Confidence Report. <input type="checkbox"/> Identify if the water has ever been tested for lead in the home. If not, consider testing. | <p>Refer resident to Consumer Confidence Reports issued by public water systems.</p> |

| Exterior of Property (continued) | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Drinking Water Source – Household well water & Well Construction | <input type="checkbox"/> Have well tested for basic potability. Speak to local health department for assistance. <input type="checkbox"/> Routinely inspect well to ensure cap, seal, and casing are damaged. If issues are identified contact a well driller. <input type="checkbox"/> If well cap is below grade, consider bringing it above grade. | www.ct.gov/dph/privatewells |
| Exterior Environment (trash, harborage) | <input type="checkbox"/> See “Infestations/Pests” below <input type="checkbox"/> Chemicals in the yard | Healthy Homes: Avoiding Chemicals in Your Yard and Garden: http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/yard_brochure_small.pdf |
| Home Environment | | |
| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Cleaning/Cleanliness | <input type="checkbox"/> Avoid dry mopping or sweeping which makes dust airborne and may trigger an asthma exacerbation. Use wet mopping instead <input type="checkbox"/> Use less toxic “green” cleaning products <input type="checkbox"/> Use a HEPA filter on vacuum cleaner <input type="checkbox"/> Clean any visible mold by washing hard surfaces with a diluted bleach and water solution (1/4 cup bleach in 1 gallon water) and drying completely. <input type="checkbox"/> Remove any wet carpeting or padding if not dry within 24 hours. | Cleaning to control asthma and allergies: http://www.cleaninginstitute.org/assets/1/AssetManager/2.6.4.3%20It's%20All%20in%20the%20Family.pdf A Green Home is a Healthy Home: http://www.ct.gov/dep/lib/dep/p2/individual/healthyhome.pdf Recipes for Healthy Cleaners-English http://www.ct.gov/dep/lib/dep/p2/individual/breathe_easy_while_cleaning-webversion2008.pdf Recipes for Healthy Cleaners-Spanish http://www.ct.gov/dep/lib/dep/p2/individual/breathe_easy_while_cleaning_spanish-webversion2008.pdf Healthy Homes: Indoor Air Quality http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/IAQ_in_homes_brochure.pdf |
| Kitchen Ventilation Bathroom Basement Living Room Laundry Area | <input type="checkbox"/> See Mold, Moisture, Musty odor below. <input type="checkbox"/> See Cleaning/Cleanliness above. <input type="checkbox"/> See Damage under General Housing Characteristics above. | |

| Sleeping Environment | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Carpet Sleep Environment: Flooring | <input type="checkbox"/> Clean wall to wall carpet with vacuum weekly <input type="checkbox"/> Shake area rugs outside weekly. <input type="checkbox"/> If carpet is more than 8 years old, consider replacing it with smooth wipeable flooring to reduce dust exposure. <input type="checkbox"/> Remove carpets or area rugs from sleeping area if possible | <p>A brief guide to mold, moisture and your home: http://www.epa.gov/mold/moldguide.html</p> <p>For dust mites, allergen impermeable bedding covers can be purchased at Wal-Mart and are effective yet inexpensive.</p> <p>Creating Safe Environments for Children with Asthma: http://www.ct.gov/dph/lib/dph/DayCare-Safe_Environment.pdf</p> <p>Cleaning to control asthma and allergies: http://www.cleaninginstitute.org/assets/1/AssetManager/2.6.4.3%20It's%20All%20in%20the%20Family.pdf</p> |
| Dust/Dust Mites & Mold Catchers <input type="checkbox"/> Allergen impermeable encasings in beds <input type="checkbox"/> Pillows----- <input type="checkbox"/> Bedding----- | <input type="checkbox"/> Reduce dust with less clutter. <input type="checkbox"/> Seal clutter in bags or boxes. <input type="checkbox"/> Vacuum and dust your home (especially your child's room) often — at least once a week <input type="checkbox"/> Cover pillows and mattress with mite-proof coverings <input type="checkbox"/> Wash bedding in hot water and dry at high temp setting <input type="checkbox"/> Avoid stuffed animals in the sleeping area | |
| Window Treatments | <input type="checkbox"/> If symptomatic, get allergen testing to determine if you are allergic to dust. <input type="checkbox"/> Use window treatments that are wipeable. <input type="checkbox"/> Avoid curtains and drapes to reduce excessive dust exposure. | |
| General Home Safety | | |
| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Stairs, walls, railings, porches, lighting | <input type="checkbox"/> If homeowner, then make necessary repairs. <input type="checkbox"/> If renter, then talk with your landlord about needed repairs. <input type="checkbox"/> Contact local building department for possible code violations. | <p>For older adults provide: Centers for Disease Control and Prevention - "What You Can Do to Prevent Falls " (English & Spanish free from CDC): http://www.cdc.gov/HomeandRecreationalSafety/pubs/English/brochure_Eng_desktop-a.pdf</p> <p>"Check for Safety - A Home Fall prevention Checklist for Older Adults" (English & Spanish – free from CDC) http://www.cdc.gov/HomeandRecreationalSafety/pubs/English/booklet_Eng_desktop-a.pdf</p> |

| General Home Safety (continued) | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Exits/Stairs/walkways kept clear* | <input type="checkbox"/> Remove tripping hazards and any obstruction that would prevent easy escape from home in an emergency. | <p>“Check for Safety - A Home Fall prevention Checklist for Older Adults” (English & Spanish – free from CDC) http://www.cdc.gov/HomeandRecreationalSafety/pubs/English/booklet_Eng_desktop-a.pdf</p> <p>National Fire Protection Association Escape Planning Tip Sheet http://www.nfpa.org/assets/files/PDF/Public%20Education/EscapePlanningTips.pdf</p> |
| Family fire escape plan | <input type="checkbox"/> Develop a family safety plan <input type="checkbox"/> Need to know two ways out of the house. <input type="checkbox"/> Need to have a place to meet after you are outside the house. <input type="checkbox"/> Teach children the family safety plan for escaping your home in a fire and practice it | <p>National Fire Protection Association Escape Planning Tip Sheet http://www.nfpa.org/assets/files/PDF/Public%20Education/EscapePlanningTips.pdf</p> <p>US Fire Administration - Fire Safety Tips for Your Home http://www.usfa.dhs.gov/downloads/pdf/campaigns/smokealarms/home_tips_web.pdf</p> |
| Matches and lighters | <input type="checkbox"/> Do not store matches and lighters where children can reach them. | <p>US Fire Administration - Fire Safety Tips for Your Home: http://www.usfa.dhs.gov/downloads/pdf/campaigns/smokealarms/home_tips_web.pdf</p> |
| Bathtub/shower non-slip Bathroom grab bars | <input type="checkbox"/> Use non slip mats <input type="checkbox"/> Older adults – install grab bars in bathroom | <p>Centers for Disease Control and Prevention - “What You Can Do to Prevent Falls “ (English & Spanish): http://www.cdc.gov/HomeandRecreationalSafety/pubs/English/brochure_Eng_desktop-a.pdf</p> <p>“Check for Safety - A Home Fall prevention Checklist for Older Adults” (English & Spanish) http://www.cdc.gov/HomeandRecreationalSafety/pubs/English/booklet_Eng_desktop-a.pdf</p> |
| Poison control number, poison storage Cleaning supplies, pesticides, other chemicals stored Medicine and vitamins stored | <input type="checkbox"/> Post the national poison control number 1-800-222-1222 on or near telephone. <input type="checkbox"/> Store cleaning supplies, pesticides, paints, other household chemicals, medications (including prescription and over the counter) and vitamins locked up out of reach of children. <input type="checkbox"/> Store products and medicines in their original containers. <input type="checkbox"/> Use child resistant packaging. <input type="checkbox"/> Read the label and follow directions | <p>CT Poison Control Center Brochure: Your Poison Center (English and Spanish) http://poisoncontrol.uhc.edu/education/pdfs/brochure_poisoncenter_english.pdf</p> <p>CT Poison Control Center Telephone Sticker http://poisoncontrol.uhc.edu/education/materials/orderform.htm</p> |
| Hot water temperature/scald burn prevention | <input type="checkbox"/> Set hot water temperature to <120 F <input type="checkbox"/> Supervise children in tub <input type="checkbox"/> Install anti-scald devices | <p>CDC - “Protect The Ones You Love – Burns”: http://www.cdc.gov/safekids/Fact_Sheets/Burns-Fact-Sheet-a.pdf</p> <p>Safe Kids USA - Baby Safety Basics (English & Spanish): http://www.safekids.org/assets/docs/safety-basics/safety-tips-by-risk-area/baby-safety-basics-guide.pdf</p> |

| General Home Safety (continued) | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Stair Gates (safety/toddler stair gates) | <input type="checkbox"/> Install non-accordion toddler gates (that secure to the wall) at the top and bottom of stairways. | Safe Kids USA Baby Safety Basics (English & Spanish): http://www.safekids.org/assets/docs/safety-basics/safety-tips-by-risk-area/baby-safety-basics-guide.pdf |
| Window guards | <input type="checkbox"/> Install window guards on floors above ground level, or stops so windows open no more than 4" <input type="checkbox"/> Open windows from top <input type="checkbox"/> Move furniture, cribs, anything children can climb on away from windows. | US Consumer Product Safety Commission "Preventing Window Falls": http://www.cpsc.gov/cpsc/pub/pubs/5124.html Safe Kids USA Baby Safety Basics (English & Spanish): http://www.safekids.org/assets/docs/safety-basics/safety-tips-by-risk-area/baby-safety-basics-guide.pdf |
| Window blind cords | <input type="checkbox"/> Use cordless window treatments i.e. curtains <input type="checkbox"/> Check all shades and blinds to make sure there are not cords accessible. <input type="checkbox"/> Keep window blind cords out of children's reach. Do not place cribs, beds or furniture close to windows. <input type="checkbox"/> Contact Window Covering Safety Council 800-506-4636 or windowcoverings.org for repair kits | US Consumer Product Safety Commission Safety Alert: "Are Your Window coverings Safe? (English & Spanish): http://www.cpsc.gov/cpsc/pub/pubs/5009a.pdf Window Covering Safety Council: www.windowcoverings.org |
| Electrical covers/ Child Tamper-Resistant Outlet Covers | <input type="checkbox"/> Replace missing and broken faceplates on electrical outlets <input type="checkbox"/> Install child tamper resistant outlet covers if young children present | US Consumer Product Safety Commission – Home Electrical Safety Checklist (English and Spanish): http://www.cpsc.gov/cpsc/pub/pubs/513.pdf |
| Extension Cords (condition & use) | <input type="checkbox"/> Replace cords that are not in good condition <input type="checkbox"/> Avoid running cords across doorways or other places where they are a tripping hazard <input type="checkbox"/> Avoid running under carpets. <input type="checkbox"/> Do not overload with appliances | US Consumer Product Safety Commission – Extension Cord Fact Sheet: http://www.cpsc.gov/cpsc/pub/pubs/16.html |

| Indoor Pollutants | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Mold, Moisture, Musty odor | <ul style="list-style-type: none"> <input type="checkbox"/> Any mold or musty odor must be investigated for a source of water. Examine plumbing, roofing, or other possible leaks. <input type="checkbox"/> If homeowner, then make necessary repairs (e.g., install bathroom ventilation fan, install kitchen ventilation fan, venting the clothes dryer outside). <input type="checkbox"/> If renter, the local health department will talk with your landlord about needed repairs. <input type="checkbox"/> Use a dehumidifier to keep the humidity level below 50% | <p>A Brief Guide to Mold, Moisture and Your Home: http://www.epa.gov/mold/moldguide.html</p> <p>Mold Cleanup Guidelines: http://www.epa.gov/mold/cleanupguidelines.html</p> <p>Mold in the Home: Health Concerns: http://www.epa.gov/mold/moldguide.html</p> |
| Vaporizers/Humidifiers | <ul style="list-style-type: none"> <input type="checkbox"/> Change the water daily with clean cold water. <input type="checkbox"/> Use distilled or demineralized water. <input type="checkbox"/> Clean humidifier every 3 days. Follow manufacturer's instructions. <input type="checkbox"/> Change filter regularly. Follow manufacturer's instructions. Change more often if dirty. <input type="checkbox"/> Keep surrounding area dry. <input type="checkbox"/> Drain and clean humidifier before storing. <input type="checkbox"/> Only run humidifier a few hours a day to avoid mold growth. <input type="checkbox"/> Avoid using a humidifier in the bedroom if a person has asthma. | <p>Indoor Air Facts No. 8: Use and Care of Home Humidifiers: http://www.epa.gov/iaq/pubs/humidif.html</p> <p>Indoor Air Facts No. 8 Use and Care of Home Humidifiers: http://www.epa.gov/iaq/pdfs/humidifier_factsheet.pdf</p> <p>Vaporizers/Humidifiers are not recommended at all for a person with asthma.</p> |
| Water Stains/Damage/Leaks | <ul style="list-style-type: none"> <input type="checkbox"/> Any water stains, damage, leaks must be investigated for a source of water. Examine plumbing, roofing, or other possible leaks. | <p>A Brief Guide to Mold, Moisture and Your Home: http://www.epa.gov/mold/moldguide.html</p> |
| Condensation on Windows | <ul style="list-style-type: none"> <input type="checkbox"/> Condensation on windows should be investigated for possible causes and proper correction prior to the moisture causing a mold problem. | |

| Indoor Pollutants (continued) | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Pets | <input type="checkbox"/> If symptomatic, get allergen testing to determine if you are allergic to pets <input type="checkbox"/> Keep pets outside when possible <input type="checkbox"/> Keep pets out of the bedroom | Asthma and Environmental Triggers Fact Sheet:-English http://www.ct.gov/dph/lib/dph/hems/asthma/pdf/asthma_and_env_triggers_eng_3-08.pdf Asthma and Environmental Triggers Fact Sheet:-Sp http://www.ct.gov/dph/lib/dph/hems/asthma/pdf/asthma_and_env_triggers_sp_3-08.pdf |
| Infestations/Pests (mice, rats, cockroaches, bedbugs) | <input type="checkbox"/> Eliminate water and food sources. Seal garbage and all foodstuffs. Look for water leaks. <input type="checkbox"/> AVOID “bombs” of pesticides. <input type="checkbox"/> Hire, or talk to your landlord about hiring, an exterminator for “Integrated Pest Management” which does NOT include spraying pesticides. <input type="checkbox"/> If you have birdfeeders, try to keep the areas beneath clean from spilled food. Spilled food attracts rodents. | HUD’s Integrated pest management check list: http://www.healthyhometraining.org/ipm/IPM-Guidance-Checklist_11-4-08.pdf Specific Pests Control Fact Sheets: http://www.healthyhometraining.org/ipm/IPM_MFH_Ref_Fact_Sheets_2-22-09.pdf Integrated Pest Management for the Home: http://www.ct.gov/dep/lib/dep/pesticides/ipmbroch.pdf How to Control Pests Safely (New York City Department of Health): http://www.healthyhometraining.org/ipm/NYC_Pests_Healthy_Home.pdf IPM: The Smart Way of Control Pests (CT DEP): http://www.ct.gov/dep/lib/dep/pesticides/ipmbroch.pdf |
| Renovation/remodeling Chipping/Peeling Paint Lead Based Lead-Based Paint | If the home was built pre-1978: <input type="checkbox"/> Correct chipping peeling paint using lead-safe work practices <input type="checkbox"/> If hiring a contractor, ensure he/she is EPA certified in the Renovation, Repair, and Painting (RRP) rule. | To find a licensed lead inspector or risk assessor: https://www.elicense.ct.gov/Lookup/LicenseLookup.aspx For assistance finding someone in your area call the State Lead Program at 860-509-7299. CT DPH Lead Poisoning Prevention and Control Program: www.ct.gov/dph/lead Lead-safe work practices guidance: http://www.ct.gov/dph/lib/dph/environmental_health/lead/pdf/lbpguide.pdf EPA website to ensure contractor is RRP certified. http://cfpub.epa.gov/flpp/searchrrp_firm.htm For further assistance with RRP questions or requirements contact EPA Region 1 at (617) 918-1524. |
| Asbestos | <input type="checkbox"/> Do not disturb any surfaces, which might contain asbestos. <input type="checkbox"/> Consult with your state and local departments of health about asbestos. | Asbestos in the home: http://ct.gov/dph/cwp/view.asp?a=3140&q=417052#AsbestosHome http://www.epa.gov/asbestos/pubs/ashome.html |

| Indoor Pollutants (continued) | | |
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| CONCERN | FAMILY TO DO | EDUCATIONAL DOCUMENTS AND RESOURCES |
| Radon | <ul style="list-style-type: none"> <input type="checkbox"/> Consider purchasing a radon home test kit by calling 1-800-LUNG USA or call your local health department. <input type="checkbox"/> Consult with your state and local departments of health about radon. | <p>The following documents can be found on the United States Environmental Protection Agency's website (http://www.epa.gov/iaq/radon):</p> <ul style="list-style-type: none"> ○ A Citizen's Guide to Radon ○ Consumer's Guide to Radon Reduction |
| Smoke alarm & CO alarm | <ul style="list-style-type: none"> <input type="checkbox"/> If no smoke alarm, then: <ul style="list-style-type: none"> ○ Purchase smoke alarm. Ensure that there is an operational smoke alarm on every floor of the home and in/outside every sleeping area. ○ Call the local fire department or fire marshal's office for Connecticut smoke alarm requirements and/or installation advice. <input type="checkbox"/> If no CO alarms, then: <ul style="list-style-type: none"> ○ Make sure to purchase CO alarms, which log peak levels. Ensure that there is an operational CO alarm on every floor of the home. ○ Call the local fire department or fire marshal's office for Connecticut CO alarm requirements and/or installation advice. | <p>Carbon Monoxide: The Quiet Killer English- http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/co.pdf Spanish - http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/CO_FACT_SHEET_rev2_SPA.pdf</p> <p>US Fire Administration - Fire Safety Tips for Your Home: http://www.usfa.dhs.gov/downloads/pdf/campaigns/smokealarms/home_tips_web.pdf</p> <p>US Consumer Product Safety Commission: http://www.cpsc.gov/cpsc/pub/pubs/smokealarms.pdf</p> <p>National Fire Protection Association Smoke Alarm Safety Tip Sheet: http://www.nfpa.org/assets/files/PDF/Research/SmokeAlarmsSafetyTips.pdf</p> <p>National Fire Protection Association Carbon Monoxide Safety Tip Sheet: http://www.nfpa.org/assets/files/PDF/Public%20Education/COSafety.pdf</p> |
| Secondhand Smoke Exposure (Exposure to smoke from cigarettes and other combustible tobacco products and aerosol from electronic cigarettes and other vape products.) | <ul style="list-style-type: none"> <input type="checkbox"/> Choose not to smoke or vape in your home and car and do not allow family and visitors to do so. Infants and children are especially vulnerable to the health risks from secondhand smoke and aerosol, but everyone is affected. <input type="checkbox"/> Do not allow childcare providers or others who work in your home to smoke or vape. <input type="checkbox"/> Until you can quit, choose to smoke or vape outside, moving to another room or opening a window is not enough to protect your children. | <p>CT DPH Tobacco Control Program: www.ct.gov/dph/tobacco</p> <ul style="list-style-type: none"> ○ Fact Sheet - Benefits of Smokefree Air: CIAA Fact Sheet 2018.pdf <p>Cessation Resources: The Connecticut Quitline is a free 24/7 phone-or web based tobacco use cessation service available to all CT residents: 1-800-QUIT-NOW, 1-855-DEJELLO-YA, or www.committoquitct.com/</p> <p>BecomeAnEX is a free self- guided web program for tobacco cessation www.becomeanex.org/</p> <p>For in-person cessation programs: go to the CT DPH Tobacco Control Program website at www.ct.gov/dph/tobacco and go to the link for "Local Community Cessation Directory"</p> <p>Smart phone apps and other free cessation resources are available at: www.smokefree.gov</p> <p>Recommend that the tobacco-using residents talk with their health care providers for help with quitting.</p> <p>Let tobacco-using residents know that private insurance programs (per the ACA) cover tobacco cessation counseling and medications. Medicaid and Medicare do cover cessation counseling and mediations.</p> |

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| | | Suggest that residents check with their insurance provider about their specific benefits. |
| Other Irritants (scents, potpourri) | <input type="checkbox"/> Remove air fresheners from home <input type="checkbox"/> Avoid scented candles, perfumes <input type="checkbox"/> Avoid aerosol spray cleaners that can be irritants | Healthy Homes: Indoor Air Quality http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/IAQ_in_homes_brochure.pdf Asthma and Environmental Triggers Fact Sheet:-Eng http://www.ct.gov/dph/lib/dph/hems/asthma/pdf/asthma_and_env_triggers_eng_3-08.pdf Asthma and Environmental Triggers Fact Sheet:-Sp http://www.ct.gov/dph/lib/dph/hems/asthma/pdf/asthma_and_env_triggers_sp_3-08.pdf Air Cleaners/Purifiers: http://www.arb.ca.gov/research/indoor/acdsumm.pdf |