OFFICE OF EMERGENCY MEDICAL SERVICES

Date: January 3, 2020
To: All Certified EMS Personnel
From: Raffaella Coler, RN, MEd, Paramedic  
Director, Office of Emergency Medical Services
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EMS Education and Training Coordinator

Re: New Recertification Requirements

Effective January 1, 2020, all certified EMS providers (EMR, EMT and AEMT) must complete the National Registry of EMT’s “National Continued Competency Program” (NCCR) as outlined on the NREMT website. This includes a core body of education specific to each level (the National Component) and a flexible or elective number of continuing medical education hours. Additionally, each provider must have their skills validated by a Connecticut EMS instructor or physician medical director.

The following pages include a listing of the core education and number of CME hours required for each level of provider. Paramedic NCCP requirements are provided as a courtesy to paramedics who choose to maintain NREMT paramedic certification. No continuing education is required to renew a Connecticut paramedic license.

Note that NREMT distinguishes between “Local/State” and “Individual” requirements of CME. At this time, the only required topic under the “Local/State” requirement applies to EMT’s – that they complete training in Alzheimer’s and Dementia care. No specific curriculum or time frame is specified in statute. (CGA §20-206mm(e))

The OEMS Education webpage contains several forms to aid providers in tracking their continuing medical education. Those providers who currently have an active NREMT certification should utilize the NREMT “My Certification” tool to track their education requirements. Those providers who hold only Connecticut certification may utilize the paper forms at the OEMS Education webpage and maintain such records for inspection by OEMS upon request.

Until notified otherwise, providers who do not hold NREMT certification should NOT establish an NREMT account. When a provision for online tracking of education for state certified only providers is developed, an advisory will be distributed.
Prior to submitting an application for renewal of EMR certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer.

1. **National Continued Competency Requirement for EMR** – 8 hours
   (Up to 3 hours may be online)
   a. **State OEMS or CAPCE approved**.
      i. Airway, Respiration, Ventilation – 1 hour
      ii. Cardiovascular – 2.5 hours
      iii. Trauma – 0.5 hour
      iv. Medical – 3 hours
      v. Operation – 1 hour

2. **Continuing Medical Education**
   (Up to 7 hours may be online)
   a. **State OEMS or CAPCE approved CME** – 8 hours
   b. Standardized Courses (BLS, PEPP, PHTLS, etc. may be counted in this category.

3. **Skills Validation**
   a. Documentation by an EMS-I that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document.
      i. Medical Assessment and Management
      ii. Trauma Assessment and Management
      iii. Airway Management and Ventilation
      iv. Cardiac Arrest with AED for all ages
      v. Hemorrhage Control and Shock Management

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of Approved Standardized Courses.
2020 Recertification Requirements
Emergency Medical Technician (EMT)

Prior to submitting an application for renewal of EMT certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer.

1. **National Continued Competency Requirement for EMT** – 20 hours
   (Up to 7 hours may be online)
   a. **State OEMS or CAPCE approved.**
      i. Airway, Respiration, Ventilation – 1.5 hours
      ii. Cardiovascular – 6 hours
      iii. Trauma – 1.5 hours
      iv. Medical – 6 hours
      v. Operation – 5 hours

2. **Continuing Medical Education**
   (Up to 17 hours may be online)
   a. **State OEMS or CAPCE approved CME** – 20 hours
   b. Standardized Courses (BLS, PEPP, PHTLS, etc. may be counted in this category.
   c. An EMT shall complete at least one element of training in Alzheimer's disease and dementia symptoms and care. *No specific curriculum or timeframe is required.*

3. **Skills Validation**
   a. Documentation by an EMS-I that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document.
      i. Medical Assessment and Management
      ii. Trauma Assessment and Management
      iii. Airway Management and Ventilation
      iv. Cardiac Arrest with AED for all ages
      v. Hemorrhage Control and Shock Management
      vi. Spinal Motion Restriction
      vii. Splinting, Simple and Traction

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of [Approved Standardized Courses](http://www.elicense.ct.gov).
Prior to submitting an application for renewal of AEMT certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer.

1. **National Continued Competency Requirement for AEMT** – 25 hours (Up to 7 hours may be online)
   a. State OEMS or CAPCE approved.
      i. Airway, Respiration, Ventilation – 2.5 hours
      ii. Cardiovascular – 7 hours
      iii. Trauma – 3 hours
      iv. Medical – 7.5 hours
      v. Operation – 5 hours

2. **Continuing Medical Education** (Up to 18 hours may be online)
   a. State OEMS or CAPCE approved CME – 25 hours
   b. Standardized Courses (BLS, PEPP, PHTLS, etc. may be counted in this category.

3. **Skills Validation**
   a. Documentation by a **physician medical director** that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document.
      i. Medical Assessment and Management
      ii. Trauma Assessment and Management
      iii. Airway Management and Ventilation
      iv. Cardiac Arrest with AED for all ages
      v. Hemorrhage Control and Shock Management
      vi. Spinal Motion Restriction
      vii. Splinting, Simple and Traction
      viii. IV/IO Therapy
      ix. IV/IO Medication Administration
      x. Advanced Airway Devices
      xi. Advanced Cardiac Care (megacode, etc.)

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of Approved Standardized Courses.
This information is provided as a courtesy to Connecticut Licensed Paramedics who elect to follow the NREMT National Continued Competency Program or to maintain NREMT certification as an NRP.

1. **National Continued Competency Requirement for paramedic** – 30 hours
   (Up to 10 hours may be online)
   a. **State OEMS or CAPCE approved.**
      i. Airway, Respiration, Ventilation – 3.5 hours
      ii. Cardiovascular – 8.5 hours
      iii. Trauma – 3 hours
      iv. Medical – 8.5 hours
      v. Operation – 6.5 hours

2. **Continuing Medical Education**
   (Up to 25 hours may be online)
   a. **State OEMS or CAPCE approved CME** – 30 hours
   b. Standardized Courses (BLS, PEPP, PHTLS, etc. may be counted in this category.

3. **Skills Validation**
   a. Documentation by a **physician medical director** that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document.
      i. Medical Assessment and Management
      ii. Trauma Assessment and Management
      iii. Airway Management and Ventilation
      iv. Cardiac Arrest with AED for all ages
      v. Hemorrhage Control and Shock Management
      vi. Spinal Motion Restriction
      vii. Splinting, Simple and Traction
      viii. IV/IO Therapy
      ix. IV/IO Medication Administration
      x. Advanced Airway Devices
      xi. Advanced Cardiac Care (megacode, etc.)

4. Completion of the recertification application available online at [www.NREMT.org](http://www.NREMT.org) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of Approved Standardized Courses.

*Licensed paramedics must still renew their license annually and pay the statutory fee in order to practice in Connecticut. NREMT certification alone is not sufficient.*
Frequently Asked Questions Regarding Recertification

1. **Can an applicant for recertification count hours from prior to 2020?**
   a. Yes. Education completed during the entire previous certification cycle may be counted. This includes drills, in-service training, CAPCE approved training, OEMS approved training, sponsor hospital approved education and other reasonable EMS related education.

2. **Does an applicant need to create an account on NREMT.org?**
   a. OEMS is working with NREMT on this. Applicants who do not have an active NREMT certification or account do not need to create an account. If this changes, OEMS will notify users.
   b. Current NREMT certified personnel may use their NREMT.org account to track continuing education requirements.

3. **Is continuing education from other states acceptable?**
   a. Yes – Continuing education is acceptable from any state if it is approved by the state or local EMS authority or by CAPCE.

4. **How does an applicant for renewal demonstrate compliance with CME requirements?**
   a. An applicant shall maintain records, paper or digital, including certificates or letters of completion, for at least four (4) years, subject to inspection by OEMS. CME tracking record sheets are available on the EMS Education Page under “Training Updates”
   b. The applicant shall keep such records and produce them if requested to do so by OEMS.

5. **How can an applicant be sure that the course they attend is approved for EMS providers?**
   a. In-state programs are approved by OEMS, and have an approval number. Ask your instructor for this number and check it online at the EMS Education Page under “Approved EMS Continuing Education.”
   b. Programs in other states will have approval from the EMS authority having jurisdiction. This may be a state approval, regional or county approval, or medical director approval.
   c. Nationally provided programs may have CAPCE approval.

6. **Is there a test for renewal of a certification?**
   a. No – refresher exams are no longer required and are not available.

7. **What happens after 90 days beyond expiration?**
   a. A certified provider may no longer practice after the 90 day period. Also, when applying for reinstatement, the applicant must demonstrate compliance with the Mental Health First Aid training requirement, as reinstatement qualifies as a new certification.

During the first recertification cycle of this model of continuing education, applicants may apply continuing education hours from any program that **would have received approval** from OEMS prior to OEMS offering approval. For example, a person may claim credit for attending a hospital sponsored skill-session or lecture from 2017-2019 when OEMS approval was not available. This option will not be available after 2021.
EMS Recertification References

**NREMT Agency Guide to Recertification** – This document outlines the NREMT requirements for recertification continuing education.

**NREMT One Page Grid – All Levels of NCCR** – Outline the topic and hour requirement for NCCR continuing education by level of certified provider.

Detailed education outlines for NCCR programs:

- EMR NCCP
- EMT NCCP
- AEMT NCCP
- Paramedic NCCP

One-page flyers regarding NCCR programs:

- EMR Brochure
- EMT Brochure
- AEMT Brochure
- Paramedic Brochure

**NREMT Standardized Course Guide**

**NREMT Webpage about NCCP**