Pandemic flu is a worldwide outbreak of a new strain of flu virus. During a flu pandemic, millions of people could get sick and even die. If pandemic flu occurs, here’s what you can do to be prepared:

- **Wash Your Hands**
- **Cough into Your Sleeve**
- **Stay Home When You Are Sick**
- **Stock Up on Food, Water & Health Supplies**
- **Have a Plan for Your Family**

For more information on pandemic flu and what you can do to prepare, visit [www.ct.gov/ctfluwatch](http://www.ct.gov/ctfluwatch) or call 2-1-1.