The DPH has announced 3 probable cases in Connecticut

The three cases are two adults and one child. All are recovering. None of the cases were hospitalized.

All cases have reported recent travel to Mexico

The DPH Laboratory has determined that the samples received are influenza A, non-subtypeable which means they are not regular seasonal influenza

The samples are being sent to the CDC for confirmation testing

As we increase surveillance, it is likely that more cases will be identified

We are working closely with state and local officials to determine the best course of action

The CDC has confirmed 91 cases of swine flu in the U.S

There has been one confirmed death in the U.S.

The DPH has increased surveillance in hospitals statewide and are asking physicians to submit suspect flu samples to the DPH Laboratory

People who are experiencing flu-like symptoms which they are concerned about should call their health care provider to determine whether they should be tested for influenza

Influenza symptoms include fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea

The best way to prevent the spread of the flu and protect yourself and others is to:

- Stay home from work or school if you are sick
- If you are sick, avoid others so that you don’t make them sick. Try to stay away from people who are sick.
- Cough or sneeze into your sleeve or tissue. Throw the tissue in the garbage after you have used it.
- Wash your hands often with soap and water, especially after coughing or sneezing.