

**Local Health Talking Points**  
**4/28/09**

- The DPH has announced 2 probable cases in Connecticut
- The two cases are adults and are recovering. Neither case was hospitalized.
- Both cases have reported recent travel to Mexico
- The DPH Laboratory has determined that the samples received are influenza A, non-subtypeable which means they are not regular seasonal influenza
- The samples are being sent to the CDC for confirmation testing
- As we increase surveillance, it is likely that more cases will be identified
- We are working closely with state and local officials to determine the best course of action
- The CDC has confirmed 64 cases of swine flu in the U.S.: California (10), Kansas (2), New York (45), Ohio (1), Texas (6)
- There have been 5 hospitalized cases and no confirmed deaths in the U.S. so far
- Internationally, cases have been identified in Canada, Mexico, Scotland, and Spain
- The DPH has increased surveillance in hospitals statewide and are asking physicians to submit suspect flu samples to the DPH Laboratory
- People who are experiencing flu-like symptoms which they are concerned about should see their health care provider to determine whether they should be tested for influenza
- Influenza symptoms include fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea
- The best way to prevent the spread of the flu and protect yourself and others is to:
  - Stay home from work or school if you are sick
  - If you are sick, avoid others so that you don't make them sick. Try to stay away from people who are sick.
  - Cough or sneeze into your sleeve or tissue. Throw the tissue in the garbage after you have used it.
  - Wash your hands often with soap and water, especially after coughing or sneezing.