How to be Safe During a Power Outage

How to prevent carbon monoxide poisoning when the power goes out

**Do not**

- **DO NOT** use portable generators inside your home, garage, carport, basement or any other enclosed space, such as a covered porch.
- **DO NOT** use charcoal or gas grills or camping stoves inside your home.
- **DO NOT** use propane or kerosene heaters inside your home.
- **DO NOT** use your gas oven or stove top to heat your home.

**IMPORTANT:** Opening windows and doors, and using fans is **NOT** enough to stop a deadly buildup of carbon monoxide in your home.

**Do**

- **DO** use gasoline-powered equipment, like generators, outside only and at least 20 feet from your home.
- **DO** keep your generator away from doors, windows or air intake vents.
- **DO** make sure outside vents are not blocked with snow or leaves.

**Carbon monoxide can kill you!**

_You cannot see or smell carbon monoxide._

**Know the signs of carbon monoxide poisoning:**

The signs of carbon monoxide poisoning are like the flu:
- Headache
- Tiredness
- Dizziness
- Nausea
- Vomiting, or
- Loss of consciousness

**IF YOU OR A FAMILY MEMBER HAS SIGNS OF CARBON MONOXIDE POISONING**

get out of the house and get medical help right away. These signs may be your only warning because you cannot see or smell carbon monoxide.

**GET OUTSIDE** and call 911 from a cell phone or from a neighbor’s home.

If you have a question about carbon monoxide poisoning dial 1-800-222-1222 or contact the Connecticut Department of Public Health at 860-509-7740 or go to www.ct.gov/dph/co.