

**Connecticut WIC Program Local Agency Meeting**  
**September 16, 2016**  
**9:00 AM - 3:30 PM**  
**Location: West Hartford Meeting Center**

Time	Topic/Presenter	Learning Objectives Attendees will be able to:
9:00am - 9:15am	<b>Welcome, Introductions, and Announcements</b>  Marge Chambers MS, RD	
9:15am-10:00am  .50 CPE	<b>Breastfeeding Updates</b>  <i>Regional Office presentation</i>	<ul style="list-style-type: none"> <li>• Define breastfeeding frequency in CT-WIC.</li> <li>• State the reason why it is important to accurately capture the frequency breastfeeding for child participants.</li> </ul>
9:45am-10:45am  1.0 CPE	<b>Contract Formula Transition Update Q &amp; A</b>	<ul style="list-style-type: none"> <li>• State the federal requirements for providing guidance to WIC participants about formula preparation.</li> <li>• List 2 updates to the Medical Providers page on the CT WIC Program website.</li> </ul>
10:45am -11:00am	<b>BREAK</b>	
11:00am-12:00pm  1.0 CPE	<b>Implementing PMAD Screening in WIC: Best Practices, Policy Overview and CT-WIC additions</b>  Marilyn Lonczak Pamela Beaulieu Bristol representative	<ul style="list-style-type: none"> <li>• Demonstrate use of Edinburgh Postnatal Depression Scale questionnaires</li> <li>• Integrate CT-WIC PMAD Screens into pregnant and post-partum visits</li> <li>• State 2 local best practices regarding PMAD screening.</li> <li>• List 2 process changes that will occur with the new PMAD screening.</li> </ul>
12:00pm - 1:00pm	<b>Lunch break- On your own</b>	
1:00pm – 2:30pm	<b>Implementing PMAD Screening in WIC</b>  Jennifer Vendetti, MSW Perinatal Support and Group Coordinator Nurturing Families Program	<ul style="list-style-type: none"> <li>• Define Perinatal Mood and Anxiety Disorders (PMADs) and identify 1 common pathway to distress</li> <li>• Cite 2 ways in which WIC Nutrition staff can assist in addressing perinatal emotional complications.</li> </ul>

1.5 CPE	UCONN Health	<ul style="list-style-type: none"> <li>• Describe how to respond participants answers on the Edinburgh Postnatal Depression Scale</li> <li>• List 2 referral pathways and community resources to support WIC moms with PMADs</li> <li>• Verbalize one way breastfeeding (if going well) can impact a new mothers mood and emotional state.</li> </ul>
2:30pm-3:15pm  0.75 CPE	<b>CT-WIC Updates</b>	<ul style="list-style-type: none"> <li>• Describe how to create a new Time Study in CT-WIC</li> <li>• List 2 items on the eWIC checklist that will be helpful for WIC participants when using their eWIC cards</li> </ul>
3:15pm – 3:30-pm	Wrap-Up and Evaluations	

For State and local agency WIC staff that track Continuing Professional Education (CPEs) for CDR (Commission on Dietetics Registration), please keep a copy of this agenda for your portfolio and records. CPEs: This Statewide Meeting provides up to 4.00 CPEs for attendees.