

2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
Risk Behaviors and Academic Performance Report**

Health-Risk Behaviors	Percentage of high school students who engaged in each risk behavior, by type of grades mostly earned in school				P-Value	Statistical Association*
	A's	B's	C's	D's/F's		
Unintentional Injury and Violence-Related Behaviors						
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	5.1	6.6	14.6	26.5	0.0001	Yes
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	17.5	25.2	30.0	43.5	0.0000	Yes
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	4.2	6.2	8.6	13.9	0.0021	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	2.1	5.6	12.7	14.3	0.0001	Yes
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	3.6	3.9	9.1	7.9	0.0001	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	4.2	4.9	10.4	20.0	0.0028	Yes
Percentage of students who were in a physical fight one or more times during the past 12 months	15.0	21.0	39.7	52.9	0.0000	Yes
Percentage of students who were in a physical fight on school property one or more times during the past 12 months	4.1	7.0	14.8	20.8	0.0004	Yes
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	6.3	7.4	9.2	15.6	0.0652	No
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	5.0	6.4	9.8	10.9	0.0168	No
Percentage of students who had ever been bullied on school property during the past 12 months	19.4	20.6	26.1	27.7	0.0101	No
Percentage of students who had ever been electronically bullied during the past 12 months	13.9	15.1	19.6	20.8	0.0072	Yes
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	20.8	21.1	28.7	39.8	0.0001	Yes
Percentage of students who seriously considered attempting suicide during the past 12 months	10.7	13.4	19.6	25.5	0.0014	Yes

* p<0.01, using logistic regression and controlling for sex, race/ethnicity, and grade in school.

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Unintentional Injury and Violence-Related Behaviors						
Percentage of students who actually attempted suicide one or more times during the past 12 months	3.0	6.2	10.7	13.5	0.0027	Yes

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Tobacco Use						
Percentage of students who smoked cigarettes on one or more of the past 30 days	8.4	13.0	24.8	39.0	0.0000	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	2.2	4.2	8.9	16.8	0.0000	Yes

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Health-Risk Behaviors	Percentage of high school students who engaged in each risk behavior, by type of grades mostly earned in school				P-Value	Statistical Association*
	A's	B's	C's	D's/F's		
Alcohol and Other Drug Use						
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	9.1	14.6	21.9	26.4	0.0000	Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	32.3	43.5	47.5	57.9	0.0000	Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	16.7	21.5	28.9	31.5	0.0001	Yes
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days	38.2	37.1	27.2	25.1	0.0614	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days	1.8	3.5	6.5	13.6	0.0002	Yes
Percentage of students who used marijuana one or more times during their life	25.2	39.0	52.8	72.8	0.0000	Yes
Percentage of students who tried marijuana for the first time before age 13 years	2.5	4.5	10.9	20.0	0.0000	Yes
Percentage of students who used marijuana one or more times during the past 30 days	14.4	22.1	33.8	53.9	0.0000	Yes
Percentage of students who used marijuana on school property one or more times during the past 30 days	2.7	3.6	7.4	22.7	0.0000	Yes
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	2.2	4.1	8.2	13.1	0.0036	Yes
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	5.6	9.0	10.6	18.4	0.0049	Yes
Percentage of students who used heroin one or more times during their life	1.2	2.0	4.8	10.8	0.0004	Yes
Percentage of students who used methamphetamines one or more times during their life	2.0	2.9	3.1	12.4	0.0004	Yes
Percentage of students who used ecstasy one or more times during their life	2.9	5.0	8.8	19.3	0.0000	Yes
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	17.6	28.6	36.5	42.5	0.0000	Yes

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Connecticut High School Survey
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	A's	B's	C's	D's/F's		
Sexual Risk Behaviors						
Percentage of students who ever had sexual intercourse	28.6	41.3	58.8	73.6	0.0000	Yes
Percentage of students who had sexual intercourse for the first time before age 13 years	2.0	3.0	9.2	12.9	0.0004	Yes
Percentage of students who had sexual intercourse with four or more people during their life	4.7	9.0	17.5	28.0	0.0000	Yes
Percentage of students who had sexual intercourse with one or more people during the past three months	21.2	30.2	41.0	50.9	0.0000	Yes
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	15.5	15.6	24.0	23.2	0.0289	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	65.2	59.8	55.6	60.2	0.4174	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	26.6	23.7	17.1	23.2	0.8738	No
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse	3.5	4.4	5.6	0.0	0.0000	Yes
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse	30.1	28.1	22.8	23.2	0.9519	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy	11.5	7.1	5.2	12.2	0.4783	No
Percentage of students who did not use any method to prevent pregnancy	6.5	10.8	17.9	15.6	0.3274	No
Percentage of students who had ever been taught in school about AIDS or HIV infection	94.1	92.3	88.2	85.2	0.0286	No

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2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Risk Behaviors and Academic Performance Report

Health-Risk Behaviors	Percentage of high school students who engaged in each risk behavior, by type of grades mostly earned in school				P-Value	Statistical Association*
	A's	B's	C's	D's/F's		
Weight Management and Dietary Behaviors						
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**	10.1	14.5	16.4	21.6	0.0408	No
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**	8.5	11.9	16.8	23.1	0.1207	No
Percentage of students who described themselves as slightly or very overweight	24.9	28.7	32.3	34.9	0.0285	No
Percentage of students who were trying to lose weight	44.2	49.0	48.4	44.3	0.1314	No
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	5.3	8.2	12.0	18.2	0.0000	Yes
Percentage of students who drank 100% fruit juices one or more times during the past seven days	79.5	81.2	79.3	77.1	0.5704	No
Percentage of students who ate fruit one or more times during the past seven days	93.0	87.8	82.2	84.0	0.0027	Yes
Percentage of students who ate green salad one or more times during the past seven days	73.7	69.1	60.7	53.7	0.0034	Yes
Percentage of students who ate potatoes one or more times during the past seven days	73.2	70.7	63.7	64.2	0.0359	No
Percentage of students who ate carrots one or more times during the past seven days	60.4	48.9	45.9	37.9	0.0233	No
Percentage of students who ate other vegetables one or more times during the past seven days	90.1	84.9	77.6	62.3	0.0000	Yes
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days	22.9	19.1	19.0	14.3	0.1657	No
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days	8.4	7.2	6.2	7.1	0.4322	No
Percentage of students who did not eat fruit or drink 100% fruit juices	3.1	4.1	5.9	5.6	0.2485	No
Percentage of students who ate fruit or drank 100% fruit juices one or more times/day	72.1	65.1	61.2	55.2	0.0173	No
Percentage of students who ate fruits two or more times per day during the past seven days	40.1	34.7	31.1	32.1	0.0508	No
Percentage of students who ate fruit or drank 100% fruit juices three or more times/day	20.9	23.1	19.9	21.4	0.4445	No
Percentage of students who did not eat vegetables	2.2	3.5	4.9	12.1	0.0820	No

* p<0.01, using logistic regression and controlling for sex, race/ethnicity, and grade in school.

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Weight Management and Dietary Behaviors						
Percentage of students who ate vegetables one or more times/day	75.3	64.6	58.6	44.2	0.0013	Yes
Percentage of students who ate vegetables two or more times/day	37.1	25.6	24.9	24.8	0.0001	Yes
Percentage of students who ate vegetables three or more times per day during the past seven days	12.4	10.0	12.1	12.6	0.3603	No

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**Connecticut High School Survey
Risk Behaviors and Academic Performance Report**

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	A's	B's	C's	D's/F's		
Physical Inactivity and Unhealthy Dietary Behaviors						
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	56.3	49.2	44.1	41.3	0.0485	No
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days	9.2	11.4	13.0	17.1	0.0032	Yes
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days	27.4	26.1	24.5	24.8	0.5482	No
Percentage of students who watched three or more hours per day of TV on an average school day	20.4	29.4	31.5	31.0	0.0544	No
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	25.6	29.0	37.6	34.1	0.0228	No

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Site-Added Questions						
Percentage of students who described their health as excellent or very good	74.7	64.7	50.3	46.3	0.0000	Yes
Percentage of students who talked on a cell phone while driving a car or other vehicle on one or more of the past 30 days	22.0	18.7	17.9	13.4	0.3637	No
Percentage of students who texted or e-mailed while driving a car or other vehicle on one or more of the past 30 days	20.4	17.8	15.5	17.1	0.4796	No
Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months	24.4	22.0	30.4	32.0	0.0285	No
Percentage of students whose boyfriend or girlfriend ever verbally or emotionally abused them (for example, called them names, made fun of them in front of others, made fun of their body or looks, or told them that they are no good or worthless) during the past 12 months	11.7	16.9	18.5	28.6	0.0001	Yes
Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance	23.0	23.0	30.3	37.6	0.0046	Yes
Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual	8.0	8.3	15.4	11.9	0.0045	Yes
Percentage of students who would most likely talk about it with a school counselor, teacher or other adult when they feel sad, empty, hopeless, angry, or anxious	3.2	3.7	2.0	4.2	0.6152	No
Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious	33.8	29.5	21.8	14.3	0.0134	No
Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months	10.3	15.9	19.6	25.2	0.0001	Yes
Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day	83.5	71.5	61.4	49.4	0.0000	Yes
Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45.9	37.1	28.6	18.5	0.0000	Yes

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Site-Added Questions						
Percentage of students who have taken over-the-counter drugs to get high one or more times during their life	5.3	9.1	12.5	19.3	0.0006	Yes
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription one or more times, to get high during their life	4.8	8.6	13.3	21.3	0.0001	Yes
Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the first time they had sexual intercourse	14.8	16.0	11.7	15.6	0.5351	No
Percentage of students who have been pregnant or gotten someone pregnant one or more times	0.8	3.6	6.0	12.4	0.0015	Yes
Percentage of students who have had sexual contact with males and females during their life	3.2	3.8	8.3	5.0	0.0008	Yes
Percentage of students who describe themselves as gay or lesbian or bisexual	5.5	6.3	9.1	11.4	0.0763	No
Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days	60.2	57.9	55.9	58.1	0.7812	No
Percentage of students who took laxatives or diet pills, powders, or liquids (without a doctor's advice), or vomited to lose weight or to keep from gaining weight during the past 30 days	5.8	5.0	8.3	6.4	0.1825	No
Percentage of students who ate at least one meal with their family on three or more of the past seven days	75.8	66.4	57.4	51.5	0.0000	Yes
Percentage of students who have received free or reduced price milk, breakfast, or lunch from their school during the past 12 months	19.8	29.4	38.8	43.5	0.0729	No
Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home	1.9	3.2	5.7	10.5	0.0260	No
Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread	67.7	74.0	70.1	64.0	0.0720	No
Percentage of students who had ever been tested for HIV, the virus that causes AIDS	7.5	14.2	20.9	24.4	0.0002	Yes

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Site-Added Questions						
Percentage of students who have ever been told by a doctor or nurse that they had a sexual transmitted disease (STD)	1.3	5.4	6.8	12.6	0.0071	Yes
Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	89.2	81.8	71.8	76.0	0.0017	Yes
Percentage of students who usually spend four or more hours after school without an adult present on a school day	19.8	23.6	27.8	27.0	0.0669	No
Percentage of students whose parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex	66.4	64.6	63.4	63.0	0.9202	No
Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life	81.4	78.8	74.4	70.8	0.0480	No
Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home	3.2	7.2	13.4	19.1	0.0001	Yes
Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it	91.9	88.0	78.6	70.6	0.0000	Yes
Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days	79.5	66.6	47.4	40.0	0.0000	Yes
Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school	21.8	21.2	22.2	24.4	0.5014	No
Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days	58.1	49.5	39.7	43.2	0.0077	Yes
Percentage of students who get eight or more hours of sleep on average school night	28.7	29.3	21.2	13.6	0.0008	Yes
Percentage of students who gambled for money or possessions one or more times during the past 12 months	18.3	24.9	31.2	43.6	0.0010	Yes

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Site-Added Questions						
Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college	88.5	80.7	67.3	57.1	0.0000	Yes
Percentage of students who live with at least one parent most of the time	97.6	97.8	94.2	93.8	0.0793	No
Percentage of students who usually sleep at night with their parents or guardians at either their home or the home of a friend or relative	98.7	97.1	92.9	87.9	0.0011	Yes

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