

CONNECTICUT STATEWIDE EMS PROTOCOLS V2022.1

SUMMARY OF CHANGES

Protocol	V2022.1 changes
1.0 Routine Patient Care, p. 12	<ul style="list-style-type: none"> Adds direction to label IV infusions with medications added Correct definition of pediatric impending respiratory failure to greater than 60 breaths/minute
2.19A Pain Management, p. 49	<ul style="list-style-type: none"> Decreases IV/IO ketamine dose and adds guidance regarding very slow administration Allows for repeat ketamine dose Adds ETOH intox to caution conditions for opioids and ketamine Adds red flag to avoid ketamine if known cocaine use
3.2A Cardiac Arrest – Adult, p. 74	<ul style="list-style-type: none"> Modifies timing of BVM ventilation during continuous chest compressions from 1 breath every 10 compressions to 1 breath every 6 seconds. Modifies vascular access to “IV preferred” Directs epinephrine administration as soon as possible for asystole or PEA Modifies guidance on timing of advanced airway to earlier placement in asystole/PEA: For Initial VF/VT, after 4 cycles (8 minutes of CPR) consider SGA or ETT without interrupting chest compressions. For initial PEA/Asystole, after 1 cycle of CPR (2 minutes) consider SGA or ETT without interrupting chest compressions
3.2P Cardiac Arrest – Pediatric, p. 79	<ul style="list-style-type: none"> Add guidance regarding CPR, ventilations and following AHA guidance Adds guidance on use, sizing and cuff inflation pressure of cuffed ETTs for pediatrics Directs epinephrine administration as soon as possible for asystole or PEA With advanced airway in place, clarifies ventilations as one every 2-3 seconds
3.5A Tachycardia – Adult, p. 83	<ul style="list-style-type: none"> Modifies magnesium rate of administration for torsades de pointes from “over 5 minutes” to “over 2-5 minutes” Defines wide complex tachycardia as QRS>0.12 sec
NEW 4.3 Low Titer 0 Negative Whole Blood Transfusion, p. 94	

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4.6 Spinal Trauma, p. 99	<ul style="list-style-type: none"> Excludes patients <3 or >65 years from prehospital selective spinal clearance Revises/details range of motion exam within selective spinal clearance to “Cervical rotation (45° either direction) or flexion/extension elicits midline spinal pain.” Replaces spinal clearance algorithm to reflect changes to protocol Directs EMS to “move stretcher as close to patient as possible,” to minimize movement when allowing patient to self-extricate Adds clarification regarding head-up positioning (when necessary such as for diff breathing) to “Try to limit any stretcher back elevation to <30°” Adds “kyphosis, ankylosing spondylitis,” to reasons a towel roll and/or padding may be used in place of a rigid cervical collar Patients with nausea or vomiting may now be placed with stretcher back elevated in addition to the previous option of a lateral recumbent position
NEW 4.9 Traumatic Cardiac Arrest, p. 106	
5.2 CPAP, p. 112 5.2.1 Bi-level PAP, p. 113	<ul style="list-style-type: none"> Adds references to bilevel positive airway pressure in appropriate protocols under paramedic scope of practice.
5.3.1A Cricothyrotomy – Surgical, p. 114	<ul style="list-style-type: none"> Adds additional detail on procedure including landmarking Increases suggested length of vertical incision from 3 cm (1.2”) to 5 cm (2”) Formatting
5.7, Quantitative Waveform Capnography, p. 125	<ul style="list-style-type: none"> Streamlines protocol, greater emphasis on waveform
5.8A Rapid Sequence Intubation (RSI) Adult, p. 126 5.8P Rapid Sequence Intubation (RSI) Pediatric, 129	<ul style="list-style-type: none"> Rewords indication Modifies 7 Ps and adds positioning Modifies pre-oxygenation to include CPAP/Bilevel PAP Removes atropine from adult premedication. Removes minimum dose from pediatric premedication. Modifies fentanyl and ketamine dosing Adds max of 30mg to etomidate dosing Adds push dose phenylephrine for peri RSI hypotension (PFS or pre-diluted vial). Also added to adult medication reference. RSI checklist replaces Cormack-Lehane glottic views

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5.9 Suctioning of Inserted Airway, p. 132	<ul style="list-style-type: none"> Allows EMTs to deep suction endotracheal tubes and supraglottic airways Adds suction duration for pediatrics Adds detail regarding use of saline to facilitate suctioning Emphasizes sterile technique when possible
5.11 Tracheostomy Care, p. 135	<ul style="list-style-type: none"> Adds detail regarding types of trach tubes, management of tracheostomy emergencies and exchange/replacement of trach tubes
5.12 Ventilator, p. 137	<ul style="list-style-type: none"> Increases starting PEEP setting from “2-5” to “5 cm H₂O” pressure and allows adjustment up to 10 cm H₂O to support oxygenation as needed. Increased high pressure alarm setting to 35 cmH₂O Adds several Pearls
6.1 Abuse and Neglect of Children and the Elderly, p. 142	<ul style="list-style-type: none"> Expands definition to be more inclusive of all vulnerable populations. Adds detailed info on elder abuse, persons with disabilities, sexual assault and human trafficking. Adds scene safety guidance Adds psychological/behavioral signs of abuse Adds additional detail on physical assessment and signs of physical abuse Directs documenting in PCR when abuse was reported
6.2 Air Medical Transport, p. 145	<ul style="list-style-type: none"> Adds “burn center” to definitive care receiving centers Adds “age-appropriate hypotension in children” to definition of circulatory insufficiency Adds detailed burn criteria to clinical considerations Rewords guidance on when to transport to closest hospital. Adds detail regarding not using AMT for patients in cardiac arrest
6.5 Consent for Treatment of a Minor, p. 150	<ul style="list-style-type: none"> Adds “another adult family member (e.g. a grandparent)” to those who may consent for health care treatment when a parent/legal guardian is not available Adds detail regarding restraint.
NEW 6.9 Naloxone Leave Behind, p. 156	
6.11 Pediatric Transportation, p. 159	<ul style="list-style-type: none"> Rewords first section regarding requirements and guiding principles Adds section on mother and newborn transportation

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NEW 6.12 Pelvic Fracture Stabilization, p. 162	
Appendix 3 - Scope of Practice, p. 212	<ul style="list-style-type: none"> Multiple updates to scope of practice matrix
COVID-19 Emergency Medical Services Non-Transport Guidance, p. 224	<ul style="list-style-type: none"> Adds guidance for programs to pro-actively establish a mechanism for timely post-encounter follow-up and outpatient referral (as appropriate)