Connecticut Department of Public Health  
Weekly Influenza Update

2020-2021 Quick Notes for Week 15 (April 11 – 17, 2021)

**Influenza Geographic Activity = SPORADIC**

<table>
<thead>
<tr>
<th>Influenza-associated Hospitalizations:</th>
<th>Reported This Week: 0</th>
<th>Season To date: 13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza-associated Deaths:</td>
<td>Reported This Week: 0</td>
<td>Season To date: 1</td>
</tr>
<tr>
<td></td>
<td>Pediatric New This Week: 0</td>
<td>Pediatric Season Total: 0</td>
</tr>
</tbody>
</table>

Outpatient Influenza-like Illness (ILI) was 0.63%, similar to the 0.67% observed last week.

2020-2021 Overview for Week 15 (April 11 – 17, 2021)

- **Outpatient Influenza-like Illness (ILI) activity was higher than the previous week. Influenza geographic activity is SPORADIC.**
  - A total of 13 influenza-associated hospitalizations have been reported since the beginning of the 2020-2021 season.

- **Hospital Emergency Department (ED) Syndromic Surveillance data reveal a lower percentage of total ED visits for ILI as the percentage observed in the previous week and a much lower percentage of total ED visits for ILI than observed in previous influenza seasons.**
  - No new influenza associated deaths were reported in week 15. A total of 1 death has been reported since the beginning of the 2020-2021 season.

- **Of the 139 positive influenza tests reported to DPH this season, 0 (0 %) were Influenza A 2009 (H1N1), 0 (0 %) were Influenza A (H3N2), 69 (50 %) Influenza Type B, and 70 (50 %) were Influenza A (type unspecified).**
  - No new influenza-associated pediatric deaths were reported in week 15. No influenza-associated pediatric deaths have been reported since the beginning of the 2020-2021 season. Annual vaccination is the best way to protect children from influenza.

- **Connecticut COVID data**
  - CDC Flu View

**ALL DATA ARE PRELIMINARY AND SUBJECT TO CHANGE.**

Annual vaccination is the best way to protect against severe illness due to influenza.
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ILINet Surveillance

Each week a network of volunteer outpatient providers, including clinics, health centers, urgent care centers, and emergency departments, known as ILINet, report the percentage of patient visits with influenza-like illness (ILI), which consists of cough and/or sore throat and a fever >100°F in the absence of a known cause. Because of expansion of ILINet to additional providers and the effect of COVID-19, the current year should not be compared to previous years. As of April 17, 2021, outpatient ILI is at 0.63%.

Percentage of outpatient patient visits associated with ILI per MMWR week.

Hospital Syndromic Surveillance

DPH EpiCenter receives near real-time information about emergency department (ED) visits from hospital EDs and hospital-affiliated urgent care centers throughout Connecticut. Data from 2019-2020 flu season were influenced by the onset of COVID-19 Pandemic. As of April 17, 2021, 4.9% of 2020-2021 season ED patients had ILI, which is lower than the previous week and much lower than the % of ED patients with ILI than observed during previous influenza seasons.
Laboratory Surveillance

Laboratories report positive influenza tests to DPH. Test results may include the virus subtype (as H3N2), which helps determine the specific virus strains circulating in CT. Other results only provide a general type (Type A Unspecified, Type B). As of April 17, 2021, 139 positive influenza tests have been reported.
Hospital Surveillance

Hospitals report patients hospitalized with influenza to DPH. The Connecticut Hospital Association (CHA) also tracks basic hospitalization data. As of April 17, 2021, 13 patients have been hospitalized with influenza during the current season. Two hospitalized influenza patients were also infected with COVID-19.

Total number of patients hospitalized with laboratory-confirmed influenza by virus type per MMWR week.

![Chart showing hospitalization data by virus type per MMWR week.]

Total number of reported patients hospitalized with influenza by age and influenza virus type during the current season. NOTE: Type A Unspecified test results are not displayed in the second figure below so other results may be clearly seen.

![Chart showing hospitalization data by age and influenza virus type.]

2020-2021 Influenza Season
Influenza-associated deaths are reported to DPH. The graph shows the number of deaths associated with influenza by age group. Comparisons to previous years are provided when new data are available. Due to the need to confirm reports and reporting delays, consider the current week data preliminary. As of April 17, 2021, 1 influenza-associated death has been reported to DPH.