



Connecticut
Department of Correction

P.R.I.D.E. *at* Work

Our motto: Professionalism, Respect, Integrity, Dignity, Excellence

Our Mission

The Department of Correction shall protect the public, protect staff, and provide safe, secure and humane supervision of offenders with opportunities that support successful community reintegration.

Like Father, Like Son

When Parole Supervisor Gary Barwikowski thought about spending time with his son, he did not think that he would have to go to Iraq to do it. "I never expected to visit my son in a combat zone," Barwikowski, a 28-year veteran of the Army, said. "I have to admit it did feel a bit strange."



Gary and Nicholas Barwikowski in Iraq

The father and son reunion took place in April of 2008 while they were both deployed during operation Iraqi Freedom. This was the fifth deployment for Lieutenant Colonel Barwikowski, who was eligible to retire from the military eight years ago, but stayed on in large part to help fight the war on terror.

see **Born to Serve**/page 4

From the Commissioner



It always nice when you can wake up in the morning and the lead headline on the front page of the newspaper reads, "Pew Center Report Validates State Commissioner's Approach to Rehabilitation." To be certain, this is not a common occurrence, but I was encouraged nonetheless that a national study, by a highly respected social research organization highlighted the benefits of the reentry model of corrections, which we have been following for the six years of my administration. The report's summary states, "Research shows that strong community supervision programs for lower-risk, non-violent offenders not only cost significantly less than incarceration but, when appropriately resourced and managed can cut recidivism by as much as 30 percent." As you may know, the recidivism studies that have been conducted on our agency (available on our website www.ct.gov/doc) also show positive results in our efforts of providing offenders with opportunities that support successful community reintegration. By happenstance, the Pew study was released shortly after the successful three day symposium, entitled, "Reentry in the State of Connecticut-Partners in Progress," which was held at the Maloney Center for Training and Staff Development.

see **Pew Report** / page 3

February 25, 2009
through
March 23, 2009

Distributed bi-weekly
to 7,000 staff
and via the Internet
throughout Connecticut
and the nation
by the

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Wethersfield, CT 06109

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Reentry - A Philosophy and Our Mission

After the recent three day symposium, "Reentry in the State of Connecticut-Partners in Progress," a veteran department warden was moved to tell Commissioner Theresa C. Lantz that even he didn't realize the extent to which collaboration is already taking place in Connecticut regarding offender reintegration.

Fully funded by the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance, after a national competitive process, the conference brought together agency management and reentry staff; as well as other state stakeholders such as the Board of Pardons and Paroles (BOPP), the Criminal Justice Policy and Planning Division and the Departments of Labor and Mental Health and Addiction Services (DHMS); in addition to community program providers and urban administrators. "If we are to progress further down this road, all of those involved in the process, from our front line correction officers to the city community organizations must embody the philosophy of supporting offenders for their return home," said Commissioner Lantz. Through a tightly packed and highly organized agenda, offering some of the nation's most knowledgeable experts on the subject, the symposium sought to unify the vision of the reentry mission. One panel demonstrated how the DOC daily interacts with other state agencies such as DMHS, which insures discharging offenders with mental health needs are supported as they return to the community. Other topics extensively discussed included offender programming associated with reentry and the need for it to be evidence based and not simply a "feel good" approach to the subject. Much of the programming typically offered in a correctional setting today was shown to be of little or no assistance and therefore a waste of limited resources. State of the art assessment tools for use in determining offender risks and needs and the appropriate and corresponding level of supervision were dissected based upon the latest research. Among other findings it showed that for low risk offenders, intensive supervision can actually worsen their recidivism rate instead of improving it. Much of what was discussed at the conference is detailed in the Statewide Reentry Strategy which is available on either the Department's website, www.ct.gov/doc or on the Intranet site, DOCWEB.

The conference concluded with the recommendations of breakout groups of the attendees, many of which dealt with the need to further disseminate the philosophy of reentry to all who come into contact with the process. Ironically, just a few days after the conference adjourned the Pew Charitable Trusts presented a national study which touted the benefits of reentry, enhanced public safety, reduced recidivism, lower incarceration rates and ultimately savings in correctional spending, all of which Connecticut has realized as a result of its ongoing work to provide offenders with opportunities that support successful community reintegration.

Why I joined the Best

Brendan Boyle Class 243

I believe that public service is one of the most honorable things a person can do in their life. My grandfather



was a marine and a fire fighter, my mother was a teacher, and my father was a state police officer. All of these people were huge influences on my life, they taught me that performing a duty that most would not want to do brings a sense of pride and brotherhood that you just can't find working for another company.

Kenneth Barnes Class 243

When I was a kid, I remember looking up at my father and seeing him in his uniform and asking, "daddy what



are you, a security guard?" He said, "no son, I am a Correction Officer." From that moment on I wanted to become a Correction Officer... I always looked up to him and the professional way that he carried himself... I wanted to be a part of a very professional organization.

Pew Report Supports Reentry from page 1

It brought together not only agency staff, but also many of our partners in the reentry mission, such as the Departments of Labor and Mental Health and Addiction Services, the Board of Pardons and Paroles, the Court Support Services Division, some of our community providers, as well as representatives from some of the state's big cities. As an agency we were fortunate to have been selected in a national competitive process to have the conference fully provided by the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance. With a packed schedule, every aspect of reentry was covered from what risk assessment tools work best, to the need for evidence based programming to determining appropriate supervision levels based on the risk level of the offender. The speakers were some of the best and most knowledgeable in the country; the content was more than could be covered even in three days. In the end, the goal was to educate all of the partners involved in this process on the best practices now being utilized in the country and to unify all of our stakeholders on our vision for the future. The symposium also produced a number of recommendations from panels of the participants. One of the consistent themes was that we need to do a better job of conveying the reentry mission to all our staff from the front line up. Every staff member the offender comes into contact with, whether officer, counselor, maintenance, commissary or food personnel becomes a role model for the law abiding behaviors we expect from each offender. As we move forward we will further enhance our reentry mission and public safety. In the meantime the latest Statewide Reentry Strategy is available on our website and on the agency Intranet site.

K-9 Commencement

The Connecticut State Police Canine Training Academy recently graduated the 136th Canine Training Troop. The Department of Correction had three graduates in the troop; new handlers Officer's Paul Aubin from the Hartford C.C. with K-9 "Bojar" and Joshua Trifone from the MacDougal C.I. with K-9 "Apollo", along with veteran Canine Unit member Henry Gasiorek and his third patrol dog "Vitan."

Congratulations to these three canine teams for completing this rigorous 16-week training program.



Left to Right: Henry Gasiorek with "Vitan," Paul Aubin with "Bojar," and Joshua Trifone with "Apollo".

Condolences

Commissioner C. Lantz is saddened to announce the passing of the father of Warden Lori Ricks. William Nathan Hamilton Esq., 82, departed this life on March 4, 2009. Mr. Hamilton was a civil rights activist and very active in New Haven and Woodbridge politics. He was a participant in the March on Washington, where he heard first-hand Dr. Martin Luther King Jr's famous "I have a dream" speech.

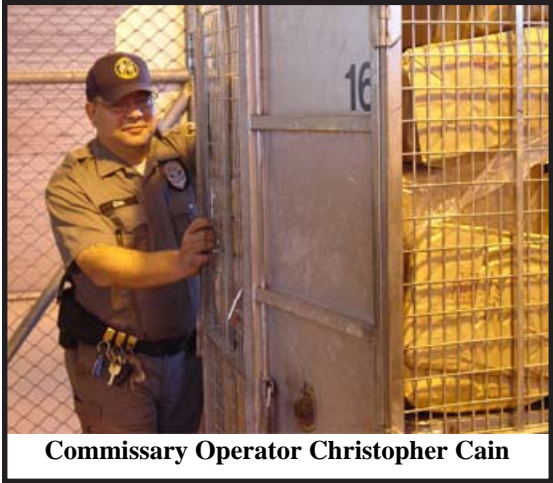
Bruno Re-elected

Rev. Anthony J. Bruno, Director of Religious Services, has recently been re-elected as President of the American Correctional Chaplains Association (ACCA). Associate Chaplain Laurie Etter recently completed her second term as Secretary of ACCA but was not eligible to run for another term per the ACCA Constitution and By-Laws.

The ACCA, the first affiliate of the ACA, is the official certifying organization for Correctional Chaplaincy and has a membership of 600 Correctional Chaplains.

Praising Cain

As a Commissary Operator Christopher Cain is used to delivering packages to their proper locations. However, it was the delivery of one “special package” last summer that earned him a Humanitarian Award Certificate from St. Vincent’s Hospital in Bridgeport.



Commissary Operator Christopher Cain

Cain was working his part-time job as a security officer for St. Vincent’s, when an elderly man suffering from Alzheimer’s disease, found wandering the streets, was dropped off in the emergency room by a good Samaritan.

Cain, a nine-year department employee working out of the District II commissary warehouse, began calling

various police and fire departments, in an effort to locate the man’s family. Eventually, he was able to contact the son of the lost man. The Commissary Officer went as far as to use his personal vehicle, while off-the-clock, to drive the elderly man back home.

“The son was very grateful,” said Cain, adding that the recognition from the hospital was not necessary. “I was just doing my job, there are plenty of people who are more deserving of an award.”

Around the Cell Block



Mexico- Two hundred fifty troops and police were required to stop a prison riot between gangs in Juarez that left 20 dead after an officer was pressured to open cells.

Washington- A new study by the Pew Center on the states finds 7.3-million or one in every 31 U.S. adults are in prison, on parole, or probation at a cost of \$68-billion.

Maryland- Seven fired correction officers have been arraigned on charges of assaulting inmates. The defendants are among 23 correctional officers fired in April for allegedly brutalizing offenders.

Texas- Ranking 48th in CO pay, a legislative subcommittee has agreed to drastically downsize a proposed pay-raise package from 20-percent to just five percent.

Born to Serve from page 1

The 15-month stint in Iraq was the first deployment for 1st Lieutenant Nicholas Barwikowski, who enlisted in the military upon his graduation from The Citadel in 2005. Ironically, during a previous deployment, Commander Barwikowski helped to build the base at which his son later patrolled.

Nicholas was always drawn towards the military, despite the fact that his father did little to encourage or dissuade his career choice. However, the 18-year Parole and Community Services employee was quick to add that he feels an overwhelming sense of pride when he thinks about not just his son, but all the other young men and women doing the difficult work in Iraq. “There are a lot of good Americans out there putting their lives on the line for people who may never realize it,” he said.

A footnote to this military family’s story; Gary’s other son, Alexander, will become a commissioned officer in the Air Force upon receiving his Master’s Degree this May.

<p style="text-align: center;">Total Supervised Population on March 23, 2009 23,424 On March 23, 2008 the population was 23,708</p>
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Did You Know?

Did you know is an informational column written by the Facilities Management and Engineering Unit, aimed at increasing your knowledge of issues in our everyday lives. If you have any questions or an idea for a future column please contact Director David Batten at 860.692-7554. This article has been written by Irving Fallon, Plant Facilities Engineer 1, and questions relating to it may be answered by contacting him at 860.692-7564.

Avoiding a Too Hot Tub or Shower

Advancements in modern living have enabled many of us to avoid certain rites of passage such as learning how to utilize a manually choked engine, shift standard transmissions, and to achieve a proper balance of temperatures by adjusting a two lever shower valve. The installation of temperature sensing or pressure-balancing shower valves prevent “shower shock” fluctuations whenever water, hot or cold, is diverted (from the filling of a load of laundry or the flushing of a toilet). Although mandated by code in hospitals, new homes and new apartments, many of us continue to live without the benefit of these valves. Approximately 200,000 people in this country seek medical attention annually due to the sudden temperature shift of shower water. While everyone is in danger of getting scalded, or falling to avoid scalding water, the toll is particular devastating to children, the infirmed, and the elderly.

Hot water should be added to cold to draw the water for a bath, and the temperature should be checked in several locations with an adult elbow before use by a child. Children should never be left unattended in the tub or shower.

The first mechanical measure to achieve a safe shower should be to make sure that the adjustable temperature setting on the hot water heater is set to 120 degrees F or below. Unfortunately, the precision of these devices are very approximate and, for a variety of reasons, the temperature of the tank water may be several degrees hotter than the thermostat setting. The “side arm” water heater of a hydronic boiler is notoriously adventurous in water temperature and needs to be protected with a tempering valve.

More than 35,000 children, most of them four-years-old or younger, are treated each year in hospital emergency rooms for tap-water scald burns, according to the National Safe Kids Campaign.

Updating shower controls is a major plumbing task that often involves an assortment of tradesmen. Of course, this option is unavailable to the apartment dweller. Fortunately, two inexpensive products have recently come to market which place a thermostatic valve in the path of the shower head and tub spout. Wax, expanding within the valve, causes the water flow to reduce to a trickle whenever the sensed temperature exceeds 122 degrees F. The valve assumes normal operation within a few seconds if the water temperature is reduced. The HotStop anti-scalding faucet product line produced by American Valve has a shower head, a shower wand, and a tub spout which range in cost from \$24 to \$39. They are available through the Internet and are represented in Connecticut by the Lowe’s Home Improvement stores.

The second device is called Temperature Actuated Flow Reducing (TAFR) Technology and is placed in-line with an existing shower head, inserted within an existing tub spout, or is attached to a faucet in place of the outlet screen. Each TAFR device costs \$35 and is available through Hudson Safety Products in Raleigh, North Carolina (919-834-1683).

Crime Impacts Everyone

In an effort to promote victims' rights and victim awareness, the Department of Correction's Victim Services Unit wants staff to know that both the National Crime Victims' Rights week and the Melanie Ilene Rieger Memorial Conference are rapidly approaching. Hopefully, those of you who are able to attend, either of these events, will stop down and learn about the valuable services that our unit provides. One of our goals is to make us all a little more sensitive to victim's rights. Remember, you or someone you know, has been, or might be a victim of crime.

National Crime Victims' Rights Week:

April 26, 2009 – May 2, 2009.

The Victim Services Unit will have an information table set up at Café 24 during the week of April 26, 2009 to May 2, 2009 from 11:00 a.m. to 1:00 p.m. for anyone to obtain information regarding the Victim Services Unit.

The 13th Annual Melanie Ilene Rieger Memorial Conference:

May 13, 2009-May 14, 2009

THEME: "Surviving Victimization: Transforming Victimization Into Advocacy"

"HATE CRIMES: SCHOOLS & COMMUNITIES AT RISK"

May 13-14, 2009

Department of Correction

Maloney Center for Training & Staff Development

245 Jarvis Street, Cheshire, CT

Scheduled speakers include:

- Mildred Muhammed, the DC Sniper's wife and founder of After The Trauma Inc.
- Christine McFadden, who returns to the conference to bring an inspirational and emotional message of surviving the violent murders of her 4 children: Melanie, Stanley, Stuart & Michelle, and severe depression to her marriage to Gerald Corman, a Merced family law judge & the birth of their twin daughters Nicole & Claire.
- Maxine Russell, "Dancing In The Rain", dedicated to the Russell & Daniel Pearl families' goal of diminishing hatred which took her son Darren's life in China
- Marc Klaas, President of the Klaas Kids Foundation discussing "Human Trafficking"
- many more...

The Victim Services Unit will have an information table set up during the conference for those who are attending to stop by for information regarding the Victim Services Unit.

A Heartfelt Thank You

During the American Heart Association's 4th Annual Go Red for Women Luncheon, held at the Connecticut Convention Center, Commissioner Theresa C. Lantz gave a tribute to the leadership and grace of Warden Robin Sutherland.

The event organizers wanted to honor Warden Sutherland for her courage in fighting "the battle", as well as her commitment to educating women about heart disease.

The Go Red for Women Luncheon is a social/educational event featuring a variety of learning sessions on heart-health related issues presented by respected healthcare professionals.

Some of the dignitaries attending the event included Governor M. Jodi Rell, Secretary of the State Susan Bysiewicz, Comptroller Nancy Wyman, Treasurer Denise Nappier and Attorney General Richard Blumenthal.

Heart disease, stroke and other cardiovascular diseases are the #1 killer of women in Connecticut. In 2003, heart disease and stroke killed more females in the state than the next four causes of death combined.

Employee Assistance Program

1-800-252-4555

Available 24 hours a day - 7 days a week

www.theEAP.com

Department of Giving

Torch Run Kickoff

The Connecticut Law Enforcement Torch Run Committee hosted its Annual Kickoff Luncheon on March 4th at the Foxwoods Resort Casino. More than 300 members of the Law Enforcement and Corrections communities met to celebrate their accomplishments for 2008. Connecticut's Lt. Governor Michael Fedele was also on hand to take part in the festivities.

During the luncheon, Warden Angel Quiros of the York Correctional Institution was on hand to accept the award given to the top fundraising facility for raising \$11,287. The Willard-Cybulski Correctional Institution collected the next highest amount of donations with \$8,875; next was Bergin Correctional Institution with \$5,875 raised.



Left to right – Deputy Commissioner Brian Murphy, Lieutenant Eric Dessaulles, Officer Judy Bell, GMO John Attlebury, Warden Angel Quiros, and Lt. Governor Michael Fedele.

All the facilities combined to collect a total of \$48,823.27 for 2008. The total is even more impressive when you consider the current state of the economy, and that in 2007 the grand total collected was \$39,514.09.

The Law Enforcement Torch Run is Special Olympics' single largest grassroots fundraiser and public awareness vehicle. In 2007, the International Torch Run Program raised more than \$30 million for Special Olympics. More than 85,000 law enforcement officers carried the "Flame of Hope" around 50 states and 35 nations, and raised awareness and funds for Special Olympics.

Charitable Results

The Department of Correction through its correctional facilities and offices raised a total of \$96,388.67 for the 2008 Connecticut State Employee Campaign of Charitable Giving.

The annual fund raising drive is conducted among all state agencies and this year raised \$2,050,000.00 for the states neediest citizens and charities.

Despite turbulent economic times, several facilities should be commended for the overall increase they showed in both monetary and donor enrollments. Willard Cybulski CI (320%), Garner CI (154%), Hartford CC (149%), Bergin CI (125%), Cheshire CI (123%), and York CI (118%) all showed a monetary increase in donations as compared to 2007.

While York CI (350%), Cheshire CI (266%), Hartford CC (258%), Garner CI (192%), Willard-Cybulski CI (176%), and Bergin CI (136%) all showed increases in donor enrollment this year over last.

The department, state and citizens of Connecticut are a better place to live and work because of the continued generosity of our staff members.

Military Peer Support Program Fundraiser

Recently, the Connecticut Department of Correction's Military Peer Support Program (MPSP) conducted a statewide fundraiser in order to raise funds to assist the M.P.S.P. in supporting our service members. The fundraiser was a great success raising over \$6,000.00 statewide. All funds collected will be used to support our fellow DOC and Correctional Managed Health Care (CMHC) employees who are, or have been, deployed to Afghanistan, Iraq, and other parts of the world.

Years of State Service

Employees with 20 Years of Service

<u>Name</u>	<u>Title</u>	<u>Facility</u>	<u>Hire Date</u>
McGee, Orlando	CO	BCC	01/13/89
Richardson, Kapatrik	CO	BCC	01/13/89
Melendez, Julio	CO	CRCI	01/13/89
Papallo, Franco	CO	CRCI	01/13/89
Shikoluk, Jeffrey	CO	CRCI	01/13/89
Vasquez, Ronald	AFAO Mgr.	Cen. Off.	01/06/89
Santiago, Antonio	Cpt.	Cen. Off.	01/13/89
Sledge, Ray	Stores Sup.	Cen. Off.	11/04/88
Leone, Luke	Lt.	Gates	01/13/89
Smith, Raymond	Lt.	MWCI	01/13/89
Collazo, Ricardo	CO	MWCI	01/13/89
Hillios, Charles	CO	MWCI	01/13/89
Jasionkowski, L.	CO	MWCI	01/13/89
Watson, Michael	CO	MWCI	01/13/89
Costantino, Domenic	Lt.	MYI	01/13/89
Lalman, Deonarine	CO	MYI	01/13/89
Felton, Ricky	CO	NCI	01/13/89
Pepe, Edward	CO	NCI	01/13/89
Young, Ronald	CO	NCI	01/13/89
Rosa, Richard	CO	WCCI	01/13/89
Olsen, Laura	Sec. II	Bergin	3/10/1989
Price, Mark	Rec. Supv.	Bergin	3/27/1989
Sullivan, Michael	SST	CRCI	3/27/1989
Welford, Teresa	Par. Off. II	Cen. Off.	3/24/1989
Defeo, John	Par. Mgr.	Cen. Off.	3/27/1989
Carson, Betty	Rcrd. Spec. I	MWCI	3/27/1989

Employees with 25 Years of Service

<u>Name</u>	<u>Title</u>	<u>Facility</u>	<u>Hire Date</u>
Chapdelaine, Joseph	Dep. Wrdn.	Cen. Off.	01/20/84
Lucibello, Richard	SST	NHCC	01/20/84
Niderno, Ronald	Mail Sup.I	NCI	3/16/1984
Thomas, Kathryn	Sec. II	Cen. Off.	3/30/1984
Kuhr, Donna	Sec. II	CCI	3/30/1984

Hasan Honored



Imam/Dr. Abdul-Majid Karim Hasan was recently honored at the Muslim Journal's 4th Annual Awards Dinner as "Imam of the Year" for 2008.

A consultant of Islamic Affairs for the Department of Correction, Imam Hasan has been involved in religious services with the department since 1978. In August of 1980, the then Commissioner John Manson asked Dr. Hasan to assume the full-time position of Islamic Chaplain and Director of Islamic Affairs, making him the first full-time Islamic Chaplain in the history of the Connecticut Department of Correction.

In addition, he is the resident Imam of Muhammad Islamic Center and Director of Education for the Clara Muhammad School in Hamden, Connecticut.

Islam is practiced by 1.2 billion people around the world.