Remember Our Troops

P.R.I.D.E. at Work



Our motto: Professionalism, Respect, Integrity, Dignity, Excellence

Governor Rell and Top Dignitaries Attend Ceremony Honoring DOC's Best

"Most of the time, our work is carried out inside of a correctional facility and few people ever get to see what we do or how we do it. This ceremony is our annual opportunity to 'Show-Off,' said Commissioner Lantz as she welcomed the dignitaries, staff, family and friends that had gathered to celebrate and honor our talented and devoted staff. "To the family and friends that have come today to cheer on your loved ones, thank you for being here and for being such an important part of our correctional family."

"Your attendance speaks volumes about the quality of work done by the men and women of the Connecticut Department of Correction on a daily basis. Their contributions to the safety and security of the citizens of our State are an act that most take for granted. I am here today to let each and



(l-r) Lieutenant Governor Michael Fedele, Commissioner Theresa C. Lantz, Governor M. Jodi Rell and Comptroller Nancy Wyman as they enter the Department of Correction Annual Awards Ceremony that was held on August 19, 2007 at the Maloney Center for Training and Staff Development in Cheshire.

Our Mission

The Department of Correction shall protect the public, protect staff, and provide safe, secure and humane supervision of offenders with opportunities that support successful community reintegration.

> About and for correctional professionals

September 1 - 30, 2007

every one of you know that I appreciate the

thankless job you do for our state." stated Governor M. Jodi Rell as she greeted the standing room only crowd of more than 1500 people.

Lieutenant Governor Michael Fedele, and Comptroller Nancy Wyman joined the Governor on stage to honor the accomplishments of the agency. Commissioner Lantz continued on the tradition of honoring staff members that have been called to active duty. As each name was called, they signed a special Department of Correction flag.

Continued on Page 2, See DOC's Best

P.R.I.D.E at Work, February 4 - 24, 2007 Page 2

DOC's Best Cont'd

The flag serves as a reminder that we appreciate and will never forget all they have sacrificed. They also received a specially minted commemorative coin bearing the motto, "One vision, One mission, One team."

The ceremony was culminated by a video created by Andrius Banevicius, Media Technician for the agency. The video featured Department of Correction staff that volunteer and serve in their communities. "Once again Andrius you were able to capture the true essence of our staff and you helped make us shine. Thank You!" said the Commissioner.

Special recognition goes to the Strategic Initiatives Unit, Human Resource Staff, Unified School District # 1, External Affairs Unit and Correctional Enterprise for their joint efforts to ensure that the day was truly memorable. The award recipients were as follows:



Correctional Officers Wanda Barros and Anthony Morris share a moment on stage after Morris received the Medal of Valor for saving Barros' life during a vicious assault at MacDougall-Walker CI. (Photo courtesy of Leslloyd F. Alleyne Jr./Journal Inquirer)

Commissioner's Award		Unit of the Year						
David Potz GrnCI		Manson YI	Distributed to					
			7,000 staff and via the					
Correction Of	ficer of the Year	Employee of the Year	internet throughout					
Carl Morin	NCI	Richard Bartholomew	Connecticut and the					
		South District	nation by the					
			Department of Correction.					
Manager of the Year		Supervisor of the Year						
Valerie Light	NCI	Anthony Cusano MCTSD	Theresa C. Lantz,					
		-	Commissioner					
Teacher of the Year Health Services Employee of the Year								
Suzanne Silengo		Catherine Durato	24 Wolcott Hill Road					
			Wethersfield, CT 06109					
Excellence in Training Honor Guard Plaques								
Gerald Wagner Vict		toria Grandy and Tonia McCown	M. Jodi Rell,					
			Governor					
Parole Supervisor of the Year Parole Employee of the Year								
Kevin Clifford		Ruth Muniz	Web address:					
			www.ct.gov/doc					
Parole Officer	of the Year-							
Parole & Com	munity Services	Board of Pardons and Paroles	Public Information Office					
Jennifer Sullivan		Jessica Bullard	Telephone:					
			860.692.7780					

Continued on Page 6, See DOC's Best

Famed Author Attends DOC Graduation Ceremony



(l-r) Librarian Joe Lea of Unified School District #1 poses with Author Wally Lamb, who was the commencement speaker for a graduation ceremony held at York CI.

Wally Lamb was the keynote speaker for a graduation ceremony hed at the York Correctional Institution in Niantic. Mr. Lamb is currently an Associate Professor of Creative Writing at the University of Connecticut's English Department. For the past several years, Lamb has taught creative writing to a group of women prisoners at York Correctional Institution. He encouraged the high school and vocational graduates to "Celebrate your achievements and free the angel you are from this graceless gray cement that encompasses you."

Wally Lamb is a nationally honored teacher, critically acclaimed writer and bestselling author. His work includes the #1 New York Times bestseller, 'She's Come Undone' and 'I Know This Much Is True.' 'She's Come Undone' was chosen by the Oprah Winfrey Show as a "Book Club" selection in early 1997.

Educational programming is available to inmates through the Unified School District (USD)#1, a legally vested school district within the Department of Correction. The District provides academic and vocational training to inmates through a variety of programs flexible enough to accommodate a variety of learning styles. This year USD #1 awarded more than 900 GED diplomas, more than any educational system in the state of Connecticut. USD #1 has eighteen (18) schools serving the Department of Correction facilities.

Around The Cell Block



Washington - The state Department of Corrections has agreed to pay \$220,000 to the city of Monroe for 19 million gallons of water that escaped from a leaky pipe on the Monroe prison complex.

India - In the Buxhar district of that country, prison officials are building an open-air prison for old lifers. The inmates will be sent to the minimum security prison, where they will live with their families and will be allowed to take up a job of their choice within prescribed limits.

Total Supervised Population on September 15, 2007 23,581 On September 15, 2006 the population was

23,124

P.R.I.D.E at Work, September 1 - 30, 2007 Page 4 CISRT Welcomes New Members



Critical Incident Stress Response Team Members proudly display their certificates of completion.

On July 27, 2007, Commissioner Theresa C. Lantz awarded certificates of completion to the new Critical Incident Stress Response Team (CISRT) members. Commissioner Lantz commended the 17 new members representing various job classifications within the Department of Correction and Correctional Managed Heath Care for their commitment to provide crisis intervention services around-the-clock for our staff.

Commissioner Lantz shared with the new recruits her role in the development of the first edition of Administrative Directive 2.18, Critical Incident Stress Response Program. She explained how the program has grown to be a viable resource for staff affected by a traumatic incident or the tragic loss of a co-worker. The 5-day Basic Critical Incident Stress Management(CISM) training program taught participants to facilitate the International Critical Incident Stress Foundation's On-Scene Support Services, Defusing, and Debriefing models, as well as, the Connecticut Department of Correction's Grief Support Intervention Model.

Did You Know?...

Did you know is an informational column written by the Facilities Management and Engineering Unit, aimed at increasing your knowledge of issues in our everyday lives. If you have any questions or an idea for a future column please contact Director David Batten at 860.692.7554. This article has been written by Irving Fallon, Plant Facilities Engineer 1, and questions relating to it may be answered by contacting him at 860.692.7564. About Geothermal Energy



The ground a few feet below the earth's surface remains at a constant temperature throughout the year, a fact exploited by our cave dwelling ancestors. Unfortunately, the smoke from cooking fires fueled by peat moss, charcoal, and dried dung within the confines of the caves likely caused the demise of a large percentage of the women and children. Even today, respiratory illness from cooking fires is the leading cause of death for children less than five years of age.

It is possible to create structures where the walls, and even roof, are covered with insulating soil. I designed a Montessori school using bermed concrete walls located in Storrs, Connecticut, in the 1970's using this method. It was well received by the teachers and students. All glass was located on the southern exposure and the concrete floor was heated with water contained in polyethylene tubing. No tables and chairs were provided and everyone sat on the floor.

Continued on Page 8, See Did You Know

Governor Rell Issues Proclamation to DOC Health & Addiction Services Unit

Governor M. Jodi Rell has announced September 2007 as Recovery Month. She issued an official proclamation (pictured at right) to the Connecticut Department of Correction Health and Addiction Services Unit. Commissioner Theresa C. Lantz stated "In line with my initiative to successfully reintegrate offenders after their incarceration, Recovery Month focuses on the benefits of treatment for not only the affected individual, but for their family, friends, co-workers, neighbors, and society as a whole."

Recovery Month is an annual observance that takes place during the month of September and highlights the societal benefits of substance abuse treatment, applauds the dedication and contributions of treatment providers, and promotes the message that recovery from substance abuse in all its forms is possible. The observance also encourages citizens to take action to help expand and improve the availability of effective substance abuse treatment for those in need. Recovery Month provides a platform to celebrate people in recovery and those who serve them.

Continued on Page 7, See Recovery Month



2007 Big Brother/Big SisterRecognition Event

On August 3rd at Maloney CTSD, the 8th Annual Appreciation Luncheon took place and staff who have chosen to be Big Brothers and Big Sisters were recognized. The theme for the day was "Bigs



(l-r) Director of Security Michael Lajoie, BBBS Liaision Mary Dunn, and Commissioner Theresa C. Lantz at the 2007 BBBS Recognition Event. and Littles — The Family We Choose." Correctional Counselor Angela Elder, of Webster CI, was the Mistress of Ceremonies.

In her welcoming remarks, Commissioner Theresa C. Lantz opened the festivities by pointing out how mentoring has proven to help youth. To the Little Brothers and Sisters in the auditorium, she said. "You are part of our DOC family. Maybe one day you'll come to work for US!"

Guest speaker William Donnelly, CEO of the New Britain Rockcats, spoke of how important "character" is in a person's life. This trait combined with a positive attitude and hard work is a winning combination.

Continued on Page 9, See 07 BBBS Event

P.R.I.D.E at Work, September 1 - 30, 2007 Page 6

DOC's Best Cont'd

Medal of Valor

Preservation Of Life Cont'd Preservation Of Life - UCONN Staff

Medal of Valor		Preservation Of Life	Cont'd	Preservation Of Life - UC	ONN Staff
Jason Ile	GrnCI	Anthony Ferrara	MYI	Deborah Aubin	GrnCI
Anthony Morris	MWCI	John Fiengo	GrnCI	Robert Bonetti	MWCI
Angel Ortolaza	HCC	Keith Grabowski	NHCC	Olive Dempster	MWCI
		Timothy Halloran	CO	Erin Dolan	MWCI
Circle of Merit		Thomas Hume	CRCC	Beth Durso	GrnCI
Jody Barry	CO	Emanuel Igidi	HCC	Paul Guzzi	MWCI
Howard Beetham	GCI	Dennis Jalbert	HCC	Hollie Good-Lepak	MWCI
John Bennett Jr.	BCC	Ervin Johnson	MWCI	Peter King	ECI
Sue Calkins	BgnCI	Paul Kavanagh Jr.	HCC	Sandra Orleman	GrnCI
George Camp	OCPM	Jason King	NHCC	Ron Padykula	ECI
Keith Deschaine	CCI	Walter Kloss Jr.	GrnCI	Pam Provencher	CRCI
Richard Durham CRCC William Kurtzenacker Jr. GrnCI		and the second se			
Angela Elder	WCI	Raymond LaCroix	GrnCI	Distinguished Public Service Award	
Raymond Faryniarz	MYI	Scott Langenheim	GrnCI	Kris Anne Kane	YCI
Linda Ferreira	CO	John Latulippe	NCI	Scott Langenheim	GrnCI
Aleshia Hall	GrnCI	Jesse Lee	WCCI	James Mattews Jr.	CCI
Melissa Johnson	CRCC	Jay Lesniewski	CRCC	Timothy Newton	HCC
Lisa LeFrancois	CO	Christopher Little	NHCC	Linda Trahan	BrknCI
Frank L'Etoile	MWCI	Angela McCalla	NCI	Linda Hanan	DIKIICI
Kathleen Lewis	HCC	Jeffrey McIntyre	NCI	Distinguished Service	Madal
William M <mark>cKi</mark> ssick Jr	. MWCI	Mark McNally	HCC	Theodore Borowy	NHCC
Michele Muska	CO	Lance Morris	GrnCI	William Brown	CRCC
Franco Papallo	CRCI	Joseph Motta	MWCI	Mark Cannon	CCI
William Pearsall	BrknCI	Timothy Newton	HCC	Luis Colon	MWCI
Thomas Prince-Warinsky YCI		Jose Oritz	BCC	Edward Dunford	NHCC
Marilda <mark>Quir</mark> os	CO	Michael Pafumi	NCI	Jennifer Ford	NHCC
Robert Ra <mark>vos</mark> a	WCCI	Brian Palmer	CRCC	Jamali Ford	NHCC
Eddy Rive <mark>ra</mark>	NHCC	David Quinones	GrnCI	Marc Gargiulo	CRCI
Gary Rose	Parole	Peter Reynolds	MYI	Donald Gladue Jr.	NHCC
David Snyder	OCI	Bernardino Reyes Jr.	MWCI	Scott Gorman	NCI
Tern Sotiropoulos	YCI	John Roberge	MYI	David Huffman	NCI
Margo Testa	BgnCI	Carmelo Rodriguez	WCI		CCI
Heather Thibodeau	NCI	Joseph Ronan	BCC	Francis Matys	NCI
William Zesut	CTU	Daniel Russell	NCI	Melinda McDaniel	GrnCI
Preservation Of	Life	Michael Shabenas	BrknCI	Frank McLaughlin & "K9 N	
Kenneth Allen	GrnCI	Leonard Simmons	MWCI	Lance Morris	GrnCI
Timothy Ballard	OCI	Arthur Smith	MWCI		GrnCI
Brian Bernard	GrnCI	Scott Strielkauskas	GrnCI		NCI
Michael Capellaro	GrnCI	Ross Sutherland	ECI	Peter Rocca	NCI
Darren Chevalier	NCI	Lester Tanski	MWCI	Kenyan Smalls	GrnCI
Walter Cox III	HCC	Ralph Torres Jr.	NHCC	Zygmunt Spiewak	CCI
Walter Curylo Jr.	NCI	Megan Tyburski	MWCI	John Spring	GrnCI
Raymond Danner	GrnCI	William Vega	MWCI	Jason Squires	MWCI
Donald Drapp	NHCC	Tyrone Williams	HCC	Juson Dyunes	BCC
Barry Drummond	HCC	David Yother Jr.	CRCC	John Wiseman	BgnCI
Keith Dubish	ECI	Luis Zayas	HCC	Richard Zina	NCI
Eillen Feliciano	ECI				1,01

P.R.I.D.E at Work, September 1 - 30, 2007 Page 7

Calendar



September 28 -The Ethel Lee McCreary Memorial Foundation is hosting an All

White Attire- Casual Affair at the American Legion in Enfield CT, located at 566 Enfield Street- Route 5, from 8pm - 1 am. The cost is \$20. Scholarships will be awarded to 3 freshmen who are attending a historically black college/university (HBCU). For more info contact Officer Barbara Hawkins at 860.566.7500.



September 29 -Retirement Party in honor of Lt. Chappella Wilks, Lt. Ben Blue and

Officer Bobby Hull will be held at the Inn at the Villa Bianca located at 312 Roosevelt Drive, Route 34 in Seymour, CT. Tickets are \$45 and include buffet style dinner, open bar, and dancing. The event will be hosted by DOC's very own "funny man" Lt. Danny Gibbs. For tickets contact Officer Tisdale or Officer Meeker - 1st shift, Captain Keel-2nd shift or Captain Campbell -3rd shift at 203.579.6131.

Attention Connecticut Veterans

**PLEASE NOTE THAT THE DEADLINE HAS BEEN EXTENDED UNTIL OCTOBER 18, 2007 AND THE DOC CONTACT PERSON HAS CHANGED **

The Department of Correction is pleased to be working with the Veteran's Administration and the Connecticut State Police to honor those who were activated for military duty subsequent to September 11, 2001 with the Wartime Service Medal and a ceremony honoring the recipients.

The instructions and application have been posted on the DOC Intranet site at docweb and posted in each facility roll call room. If you have any questions or concerns, please contact Kathy Howe at 860-692-6811.

ELIGIBLE DEPT OF CORRECTION EMPLOYEES ARE REQUESTED TO SEND APPLICATIONS & SUPPORTING DOCUMENTATION BY OCTOBER 18, 2007 TO:

Department of Correction - Human Resources Division ATTN: Kathy Howe(Wartime Medal and Registry Program) 24 Wolcott Hill Road, Wethersfield, CT 06109 Fax: 860-692-6955 Phone: 860-692-6811

October 20 -Retirement Party in honor of Captain Tim McIntosh, and

Officer's Scott Lavallee, Leo Lefebvre, Edgardo Santiago, Carlos Serrano, Thomas Riddlesworth, and Olander Beck will be held at La Notte Restaurant in East Windsor. Cost is \$25 per person and includes dinner, DJ, and social hour. For tickets contact Director Rich Miele at 860.692.7572, Ayesha Camano at 860.623.0269, or Joanne McIntosh at 860.627.2102.

Recovery Month Cont'd

Recovery Month serves to educate the public on substance abuse as a national health crisis, which emphasizes that with proper attention, addiction is a treatable disease, and that recovery is possible. Accurate knowledge of the disease helps people to understand the importance of supporting treatment programs, those who work within the treatment field, and those in need of treatment.



P.R.I.D.E at Work, September 1 - 30, 2007 Page 8 Congressman Visits the SuperMax

On August 23rd, Congressman Joseph D. Courtney, who represents the Second District of Connecticut in the United States House of Representatives, toured the Northern Correctional Instiuion with facility adminstrators and members of the local bargaining units. Pictured at right are: (l-r) Curtis Moore and Jon Pepe of Local 391, Congressman Joseph Courtney, David Testa of Local 387, and Thomas Conway of Local 1565.

Congressman Courtney was elected to the United States House of Representatives in 2006. He serves on the House Education and Labor Committee and House Armed Services Committee.



Did You Know?...Cont'd

At the time of construction, the major difficulty was to locate a boiler small enough to heat the building without the inefficiency of over-capacity.

The outside air on a frigid day still contains enough heat to supply the needs of a house. Air to air heat pumps capture the heat contained in outdoor air, extract it by a pumped refrigerant, and release the heat to the dwelling's interior space. This technology has not proven to be popular in New England, since the air coming into the heat pump needs to be above 32 F to prevent water from freezing on the coils (requiring periodic valve reversing on the heat pump's refrigerant system to dump heat on the frosted coil).

A geothermal heat pump extracts heat (in the heating mode) from an external loop containing water or a water/antifreeze mixture to a body of water or drilled well. The amount of piping required depends upon the thermal conductivity of the ground and the size of the dwelling. The heat pump is especially well matched to under-floor heating systems, which do not require as high a temperature to operate as wall-mounted convectors. The system also provides a means of summer air conditioning.

The stable soil temperature raises the efficiency of the heat pump so that the operating cost of the electrically powered geothermal system matches that of conventional oil and natural gas heating. The initial cost of the geothermal heat pump system is much more expensive than other forms of heating and this cost is not currently subsidized for residential consumers (commercial installations of at least 20 tons, or 240,000 Btu/Hr., can obtain a rebate of \$150 per ton from the local electrical utilities). The potential for chemical anti-freeze release into groundwater is an environmental concern that has the potential for significant homeowner liability.

A low technology approach to geothermal heating called earth warming tubes utilize the earth's near constant temperature to warm (or cool) a building's environment. Earth tubes are regularly used in Europe to pre-heat ventilation air and are typically incorporated in the German Passive House design standards.

A typical earth warming tube system utilizes 4 to 18 inch diameter smooth-walled, rigid plastic or metal pipes, buried between 6 to 12 feet in the ground where the temperature is about 55 F (in Connecticut) all year round. In the closed loop variety, air from inside the structure is blown through

'07 BBBS Event Cont'd

The mentoring relationship encourages and supports these qualities

Dr. Patrick Hynes and his Little Brother spoke on the activities they have shared including woodworking on Saturdays. William Matney and his Little Brother mentioned their conversations on the challenges of growing up and the pride of the Little being on a championship football team.

Commissioner Lantz and Director Lajoie presented awards to the Big Brothers and Sisters present at the event. The DOC Coordinators from each facility as well as Central Office, Parole and Community Services, and CTU were acknowledged. Northern CI was noted for the donated bicycle drive. Manson YI, Northern CI, Webster CI, Bridgeport CC, and Corrigan-Radgowski CC were praised for their outstanding job for the annual holiday gift drive. Thomas Flanders, Native American Chaplain, provided prayer for the meal and closing. Flowers for the Little Brothers and Sisters were



"Big's" and "Little's" share a humorous moment at the BBBS appreciation event.



Pat Hynes and his 'Little' brother at the BBBS event.

donated by York CI.

Michael Lajoie, Director of Security, urged those present to take an application and give it to a person that would make a good Big Brother or Big Sister. If you're thinking of becoming a Big Brother or Big Sister, contact the BBBS Coordinator at your location. Remember that you'll earn an extra week of vacation per year and change a person's life while you're at it!

Special thanks to the committee members for the appreciation event. They were: Angela Elder,

Charlene Baskerville, Ed Alicea, Pat Sherrill, Jan Beauregard, Andrea Knott, and Mary Dunn.

New CIRST Members Cont'd

Crisis Interventions are designed to reduce the likelihood of long-term stress symptoms and make it possible for correctional employees to manage the consequences of their traumatic experiences. In 2003, the CISRP Advisory Committee developed and implemented the CT DOC's Grief Support Intervention Model. Team members use a structured approach to allow grieving staff an opportunity to acknowledge the deceased and to help each other with the grieving process in a safe and confidential environment.

Those who completed the Basic CISM training are as follows: Director David Brown, Lieutenant Sean Donahue, Counselor Supervisor Kitty Dudley, Laboratory Assistant Shannon Emilia, Parole Officer Kimberly Goodman, Counselor Sharon Goodwin, Captain Terri Hagans, CSAC Lisa Jainchill, Lieutenant James Kanios, CSAC Doreen Krupp, Officer Jackie Marvel, Officer Steven Philippi, Officer Martin Pluszynski, Counselor Trainee Elizabeth Rivera, Secretary Migdalia Tramontano, Counselor Trainee Ed Vaccaro, and Deputy Warden Kimberly Weir.



Worden Robert Correa and the staff at New Haven CC offer condolences to Correctional Officer Michele Smith on the loss of her father Leonard Smith

Director Robert Foltz and the staff of the Fiscal Services Unit offer condolences to Commissary Operator Rob Bianca on the loss of his daughter Gina Fonseca.

Deputy Commissioner Carol Salsbury and the staff of the MIS Unit at Central Office offer condolences to Maureen Reeves on the loss of her husband Patrick, who is also the brother of Correctional Officer Michael Reeves at Osborn CI.



Condolences

Commissioner Theresa C. Lantz and the staff of Central offer condolences to Executive Secretary Judene Beausoleil on the loss of her mother Jeannette Goodby.

Director Randy Braren and the staff of the Waterbury and Bridgeport Parole and Community Services Officers offer condolences to Parole Officer Tony Cornacchia on the loss of his sister Marcella Cornacchia and to Parole Supervisor Bill Griffin on the loss of his mother Dorothy Griffin.

Warden Jose A. Feliciano Jr. and the staff of Enfield CI offer condolences to Lieutenant Greg Earley on the loss of his mother Deloris Earley. Director David Batten and Facilities staff of the Management & Engineering Unit offer condolences to Stationary Engineer Kurt Carlson on the loss of his father Clifford Carlson; to **Correctional Electrician Brian** Mardin on the loss of his father Donald Mardin: to Correctional Plumber and Steamfitter Richard Guerrera on the loss of his mother Roseann Guerrera; to Plant Facilities Engineer 1 Samuel Kotsch on the loss of his father-in-law Ronald LeVasseur; to Correctional Maintenance Supervisor Mark Sullivan on the loss of his father Joseph Sullivan; and to General Maintenance Officer John Atterbury on the loss of his mother Anita Atterbury.

Did You Know?...Cont'd

a U-shaped loop of between 100 to 300 feet before returning to a ductwork network within the home. A combined earth warming tube system utilizes a damper arrangement to select either fresh air or returned air based on ventilation requirements and the humidity of the fresh air.

Earth tubes generally penetrate the wall of the dwelling's basement where they connect to the ventilation ductwork. It is easier to incorporate these systems in new construction than it is to retrofit them into existing heating systems. The tubes require a constant downward slope back to the dwelling to remove accumulated condensation. Corrugated tubing cannot be used since it would tend to accumulate condensation within the system, which could lead to the development of mold growth within the subterranean ductwork.

Given the context of escalating fossil fuel and electrical costs, air pollution, and the negative connotation of global warming, consideration of the practical application of available geothermal options should be made by all homeowners.