### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: 12 Step Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* NA Writing Step for Recovery correspondence based.
- \* Al-Anon (YCI only)
- \* Alcoholics Anonymous Spanish
- \* Alcoholics Anonymous English
- \* CODA Codependents Anonymous
- \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Addiction Treatment Unit

#### Treatment Types:

Substance Abuse (SA)

### Domains:

Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

### Types:

Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:1

**Compendium Program: 5 or 7 Day Job Assignments** 

Gender Specific for:BOTH; RT Program Code: L1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

As of :03/04/2024 Page 1 of 51

### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Auspices:

Unknown

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Anger Management Program** 

Gender Specific for:BOTH; RT Program Code: 26

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False

### Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

### Auspices:

All Facility Staff; Programs & Treatment Unit

#### Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)

#### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

### Types:

Anger Management; Mental Health; Self Improvement

### Program Status:

Active Program Category Level:1

Compendium Program: Arabic Language

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;WILLARD CI

As of :03/04/2024 Page 2 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Biohazard Cleaning Training

Gender Specific for:BOTH; RT Program Code: BT

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Addiction Treatment Unit; Employment Services

Treatment Types:

Unknown

Domains:

Education, Employment, and Financial Situation

Types:

Institutional Employment

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

As of :03/04/2024 Page 3 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Faith Sharing

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:

CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Prayer and Healing Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

As of :03/04/2024 Page 4 of 51

# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Facilities: CYBULSKI CI
Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Catholic Worship Service
Gender Specific for:BOTH; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:  The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.
Facilities: BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD
CI;YORK CI
Auspices: Religious Services ;Volunteer Services
Auspices:
Auspices: Religious Services ;Volunteer Services  Treatment Types:

As of :03/04/2024 Page 5 of 51

Program Status:

Active Program Category Level:3

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: CCAR RECOVERY COACH PROFESSIONAL DESIGNATION (RCP)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program will provide individuals with a pathway to earning a respected professional designation in the recovery coaching field. The CCAR trainings included within this offering will include the CCAR Recovery Coach Academy (currently provided by DOC addiction staff), Ethical Considerations, Professionalism and Multiple Pathways of Recovery. The latter would be provided by CCAR staff, and be facilitated in person within the DOC facilities. While a bulk of the training is in person, several resources and modules may be made accessible to residents through their DOC issued tablets.

#### Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types: Substance Abuse (SA)

Domains: Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: CCAR RECOVERY COACHING PROGRAM

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I., Cybulski C.I. and York C.I.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit

As of :03/04/2024 Page 6 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Unknown

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Certified Nurse Aide Training and Skills Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 7, Evidence Based:True Description:

The Certified Nursing Assistant training provides education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 12 weeks of training that is certified under the CT Department of Public Health. Nursing Assistants kills and training include maintaining a clean and safe environment, knowing the expectations and limits of the work role, respecting confidentiality, following directions, show respect for each patient/offender, sensitivity to beliefs and values, practicing good body mechanics, using medical asepsis for infection control, wights and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, using precautions to prevent infection, providing comfort and understanding, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in a State issued certificate and level 3 pay for placement as a CNA in a facility job classification.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Employment Services; Health Services

Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Unknown

Program Status:

Active Program Category Level:2

As of :03/04/2024 Page 7 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Change Unit** 

Gender Specific for:MALE; RT Program Code: CU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The objective of the Change Unit is threefold. First to increase offenders overall personal responsibility, for their choices that led to their present incarceration and the past choices that continue to cause problems in their life. Secondly, offenders explore how their continued use of alcohol and/or drugs has influenced their decision making and consequences. They are encouraged to survey how changing their thinking around substances will change the way they feel; promoting a change in behavior(s). Lastly, participants examine abstinence from all addictive substances as a way to prevent future arrests and to better meet the challenges and opportunities that await them upon their release. CHANGE Unit participants include a COMMUNITY where offenders focus on change, make better choices, practice recovery skills and altering thinking patterns to promote growth. Staff assist offenders in the process, using available resources/support. Offenders provide support to one another by embracing the therapeutic community framework of the unit. Successful community reintegration, reduced recidivism are best achieved by a team effort. Together, we can attain the success that offenders envision for themselves. Our community is made up of a diverse population that is willing to put forth a concerted effort to invest in themselves and the therapeutic community.

Facilities:

CYBULSKI CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Behavior Modification (BM); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse

Types.

Addiction; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 8 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: CLICC Literacy Program** 

Gender Specific for:BOTH; RT Program Code: CL

Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False

### Description:

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

#### Auspices:

Addiction Treatment Unit; Contracted Program; Volunteer Services

### Treatment Types:

Education (Ed); Family Support (FS)

#### Domains:

Education, Employment, and Financial Situation; Family; Family and Social Support; Parenting

# Types:

Re-Entry

## Program Status:

Active Program Category Level:3

**Compendium Program: Community Details** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

### Facilities:

CYBULSKI CI

#### Auspices:

All Facility Staff

#### Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

As of :03/04/2024 Page 9 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Education, Employment, and Financial Situation

Types.

Community Service; Community Work Group; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

BROOKLYN CI;CYBULSKI CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Discharge Orientation** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC:MACDOUGALL CI:MANSON YI:NEW HAVEN CC:OSBORN CI:ROBINSON CI:WALKER RC:YORK CI

Ausnices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

As of :03/04/2024 Page 10 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: DUI (Driving Under the Influence)

Gender Specific for:BOTH; RT Program Code: 35

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False Description:

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 11 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: DUI Home Confinement Program: Track One** 

Gender Specific for:BOTH; RT Program Code: V1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson I Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

#### Facilities.

BRIDGEPORT CC:CORRIGAN CI:CYBULSKI CI:HARTFORD CC:NEW HAVEN CC:YORK CI

#### Auspices:

Addiction Treatment Unit

#### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

### Program Status:

Active Program Category Level:1

**Compendium Program: DUI Home Confinement Program: Track Three** 

Gender Specific for:BOTH; RT Program Code: V3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

#### Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

As of :03/04/2024 Page 12 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Two

Gender Specific for:BOTH; RT Program Code: V2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:

**Addiction** 

Program Status:

Active Program Category Level:1

**Compendium Program: DUI Home Confinement Track Five** 

Gender Specific for:BOTH; RT Program Code: V5

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

DI II track

DUI track 5 is for offenders returned by parole from Home Confinement for substance use. Upon re-entry into a facility, an addiction counselor will reassess the offender, to determine the appropriate level of treatment. Track 5 can be of varying lengths, based on the assessed need. Offenders may be eligible for re-release on home confinement, as determined by the Community Release Unit.

Facilities:

CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;ROBINSON CI;YORK CI

As of :03/04/2024 Page 13 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Auspices:

Addiction Treatment Unit; Community Addiction Services

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Education Needs to be Identified by USD#1

Gender Specific for:BOTH; RT Program Code: E1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A transcript review of educational needs will be completed for inmates.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Educational, Career Resources and Job Fairs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

As of :03/04/2024 Page 14 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Facilities:

CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit; USD#1

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Mental Health; Parenting; Peer Associations; Relationships; Self Efficacy; Substance Abuse

Types:

Academic Education; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Embracing Fatherhood** 

Gender Specific for:MALE; RT Program Code: 04

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True Description:

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

**Family** 

Program Status:

Active Program Category Level:2

**Compendium Program: Facility Addiction Services - Intensive Aftercare Program** 

Gender Specific for:MALE; RT Program Code: A2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Aftercare is a continuation of Tier 2 to further invest in recovery efforts.

As of :03/04/2024 Page 15 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Facilities:

BROOKLYN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

**Compendium Program: Facility Based Domestic Violence Program** 

Gender Specific for:MALE; RT Program Code: 02

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART); Victim Impact (VI)

Domains.

Criminal Attitudes and Behavioral Patterns

Types:

Domestic Violence; Family

Program Status:

Active Program Category Level:1

Compendium Program: General Referral for ASU (Addiction Services Unit) Program

Gender Specific for:BOTH; RT Program Code: A1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

As of :03/04/2024 Page 16 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices: Unknown

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: General Referral for Vocational Education** 

Gender Specific for:BOTH; RT Program Code: E2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A review of vocational education needs will be completed for inmates.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices: Unknown

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 17 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Good Intentions - Bad Choices** 

Gender Specific for:BOTH; RT Program Code: CF

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True Description:

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

### Auspices:

Programming Unit - Facility Staff

### Treatment Types:

Cognitive Behavioral Therapy (CBT)

#### Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse

#### Types:

Self Improvement

### Program Status:

Active Program Category Level:1

**Compendium Program: Goodwin University ENET** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Goodwin University Entrepreneurial Network (ENet) is an 18- college credit small business startup certificate program for undeserved populations and those currently and formerly incarcerated. The Entrepreneurial Network program provides students with a quality educational experience focused on essential business skills such as accounting, management, marketing, professional presentation, and positively impacting communities.

#### Facilities:

CYBULSKI CI

### Auspices:

Contracted Program

### Treatment Types:

Education (Ed)

### Domains:

Education, Employment, and Financial Situation

As of :03/04/2024 Page 18 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Helping Men Recover** 

Gender Specific for:MALE; RT Program Code: MR

Open Close:True, Session Group:False, Session Numbers: 18, Evidence Based:True Description:

Helping Men Recover (Stephanie S. Covington, Dan Griffin, Rick Dauer). Is the first gender-responsive, trauma- informed treatment program for me. The materials are grounded in research, theory, and clinical practice. This participant workbook has for modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. 18 sessions 1.5 hour each

Facilities:

BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:2

As of :03/04/2024 Page 19 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: High School Diploma Programs** 

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

- 1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
- 2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
- 3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
- 4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types.

Academic Education

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 20 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI

### Auspices:

Health Services

Treatment Types:

Family Support (FS); Medical (Med)

Domains:

Peer Associations

Types:

Health Education; Medical

Program Status:

Active Program Category Level:3

**Compendium Program: HIV Support Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

Facilities:

As of :03/04/2024 Page 21 of 51

### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Health Services; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types:

Health Education; Medical; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Individual Native American Smudging** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This scared ritual prepares each individual to face the day with hope, peace and tranquility.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC:MACDOUGALL CI:MANSON YI:NEW HAVEN CC:OSBORN CI:ROBINSON CI:WALKER RC:YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 22 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Inmate Photo Program** 

Gender Specific for:MALE; RT Program Code: M8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

#### Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

### Auspices:

All Facility Staff

Treatment Types: Family Support (FS)

#### Domains:

Family and Social Support

#### Types:

Community Service

### Program Status:

Active Program Category Level:0

**Compendium Program: Islamic Studies** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

### Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

As of :03/04/2024 Page 23 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Program Status:

Active Program Category Level:3

**Compendium Program: Islamic Video** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:

BROOKLYN CI;CYBULSKI CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Jehovah's Witness Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 24 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Jehovah's Witness Collective Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Jewish Holy Day Observances** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 25 of 51

### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Jewish Worship and Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Jewish worship followed by study of the Hebrew Bible or Jewish history.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI:MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Jumah** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 26 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Justice Dance Performance Project: Residency Performance** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group (formerly named Judy Dworin Performance Project) meets weekly from September through June to develop the themes and life stories that are brought to the surface through song, dance, art, and spoken word performance(s) in late June.

Facilities:

CYBULSKI CI; YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed); Family Support (FS); Mental Health (MH)

Domains:

Abuse/Trauma; Education, Employment, and Financial Situation; Relationships; Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Medication Assisted Treatment - MAT** 

Gender Specific for:BOTH; RT Program Code: A3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

#### Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Contracted Program

Treatment Types:

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

As of :03/04/2024 Page 27 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Program Status:

Active Program Category Level:2

**Compendium Program: Men's Fraternity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

Facilities:

CYBULSKI CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Mindfulness in Corrections(Recovery)

Gender Specific for:MALE; RT Program Code: CM

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

6-12 Session program teaching mindfulness to inmates to develop more selfawareness, lower recidivism, encourage addiction recovery and develop internal and external peace. Teaching how to increase emotional Intelligents and how to deal skillfully with; anxiety, anger, stress, cravings.

Facilities:

BRIDGEPORT CC;CYBULSKI CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

As of :03/04/2024 Page 28 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model

Gender Specific for:MALE; RT Program Code: MT

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:1

**Compendium Program: Native American Harvest Festival** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

As of :03/04/2024 Page 29 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Strawberry Festival** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Video and Discussion** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facilities:

BROOKLYN CI;CYBULSKI CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

As of :03/04/2024 Page 30 of 51

### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Worship** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Office of Early Childhood Parenting Partnership** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

The Office of Early Childhood (OEC) offers a variety of parent education and health workshops to incarcerated inmates. They offer a 6-week parenting workshop and 12 weeks of wellness workshops. OEC offers support to Cybulski CI by utilizing the nurturing family network (NFN). Fathering Home staff will facilitate workshops/groups. The OEC also offers support to the reentry population with children under the age of six (6), to get connected with NFN home visiting program services/groups within their respective communities.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Education (Ed); Family Support (FS)

As of :03/04/2024 Page 31 of 51

### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Office of Early Childhood Parenting Workshop 24/7 Dad

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

The Office of Early Childhood (OEC) facilitates a 6-week parenting class for all men in a parenting role such as dads, step dads, grandfathers, and uncles. The workshops are aimed to provide support and training in a variety of subjects to include communication, heathy emotions, self discipline, and co-parenting.

Facilities:

CYBULSKI CI

Auspices:

Parenting Unit- Facility Staff; Volunteer Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Family

Program Status:

Active Program Category Level:3

**Compendium Program: Outside Clearance** 

Gender Specific for:BOTH; RT Program Code: L4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC:WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

As of :03/04/2024 Page 32 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Pathway Home** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 20, Evidence Based:False Description:

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programing to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

Facilities.

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 33 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Patient Care Assistant** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

### Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;OSBORN CI;PCS - Waterbury;YORK CI

### Auspices:

Employment Services; Health Services

### Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Education; Education, Employment, and Financial Situation; Employment/Financial

# Types:

Unknown

### Program Status:

Active Program Category Level:3

**Compendium Program: Peer Mentor Program** 

Gender Specific for:MALE; RT Program Code: PM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

#### Facilities:

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI

### Auspices:

Addiction Treatment Unit

Treatment Types: Substance Abuse (SA)

As of :03/04/2024 Page 34 of 51

### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains:

Peer Associations; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:3

Compendium Program: Protestant - Alpha Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;ROBINSON CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

**Unknown** 

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

As of :03/04/2024 Page 35 of 51

### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Bible Study (Spanish)** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Choir

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

Facilities:

CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

As of :03/04/2024 Page 36 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains:

Family and Social Support

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Choir** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This choir both enhances the religious liturgies and adds a level of veneration to services.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Church Leadership Course** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

Facilities:

CYBULSKI CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

As of :03/04/2024 Page 37 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Unknown

Types:

Academic Education; Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Discipleship Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

As of :03/04/2024 Page 38 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service (Spanish)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service conducted in Spanish.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Support Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

As of :03/04/2024 Page 39 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI:YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Re-Entry and Discharge Planning** 

Gender Specific for:BOTH; RT Program Code: M1

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Housing Safety; Substance Abuse

As of :03/04/2024 Page 40 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Reentry Services and Identification Procurement** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Programs & Treatment Unit

Treatment Types:

Unknown

Domains:

Unknown

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Reintegration Unit** 

Gender Specific for:MALE; RT Program Code: RU

Open Close:True, Session Group:False, Session Numbers: 999, Evidence Based:False Description:

The Reintegratin Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

#### Facilities:

As of :03/04/2024 Page 41 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

CYBULSKI CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations

Types: Family

Program Status:

Active Program Category Level:0

**Compendium Program: Sacramental Preparation- Catholic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: School Record / Transcript

Gender Specific for:BOTH; RT Program Code: I4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

\*\*\*

Facilities:

As of :03/04/2024 Page 42 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Second Chance Pell Program** 

Gender Specific for:BOTH; RT Program Code: 2P

Open Close:True, Session Group:False, Session Numbers: 35, Evidence Based:False Description:

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education: Education, Employment, and Financial Situation: Employment/Financial

Types: Education

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 43 of 51

#### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: SMART Recovery** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 20, Evidence Based:True Description:

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MANSON YI;WILLARD CI;YORK CI

#### Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Special Education and Pupil Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:

As of :03/04/2024 Page 44 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Academic Education

Program Status:

Active Program Category Level:1

**Compendium Program: Taleem** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A study of text and themes from the Quran with life application.

Facilities:

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

As of :03/04/2024 Page 45 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Tier II Addiction Services Intensive Outpatient Program** 

Gender Specific for:BOTH; RT Program Code: 14

Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False Description:

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

#### Auspices:

Addiction Treatment Unit

#### Treatment Types:

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

# Types: Addiction

#### Program Status:

Active Program Category Level:1

**Compendium Program: Transitional Case Management (TCM)** 

Gender Specific for:BOTH; RT Program Code: MC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves an their ability to succeed.

#### Facilities:

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

#### Auspices:

Community Addiction Services; Contracted Program

#### Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

As of :03/04/2024 Page 46 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

#### Domains:

Education; Employment/Financial; Housing Safety; Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types: Re-Entry

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 Adult Basic Education (GL 0-4)

Gender Specific for:MALE; RT Program Code: 50

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. It is for any individual who has been assessed by the education unit and found to have a grade functioning level between 0-4.

Facilities:

CYBULSKI CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for:BOTH; RT Program Code: 51

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

As of :03/04/2024 Page 47 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 9-12)

Gender Specific for:BOTH; RT Program Code: 52

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Family Education & Parenting

Gender Specific for:BOTH; RT Program Code: 37

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

As of :03/04/2024 Page 48 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

CYBULSKI CI

Auspices: USD#1

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Education; Family and Social Support; Parenting

Types.

Family; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

As of :03/04/2024 Page 49 of 51

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: USD#1 Voc. Ed: Hospitality Operations Technology

Gender Specific for:FEMALE; RT Program Code: 79

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

Facilities:

CYBULSKI CI; YORK CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Veterans Service Unit** 

Gender Specific for:MALE; RT Program Code: VU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

Facilities: CYBULSKI CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

As of :03/04/2024 Page 50 of 51

## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Gender Specific for:BOTH; RT Program Code: 03

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True Description:

Victim Offender Institutional Correctional Educational Services. This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

All Facility Staff; Contracted Program; Programs & Treatment Unit; Safe Passage; Volunteer Services

Treatment Types:

Victim Impact (VI)

Domains:

Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns

Types.

Anger Management; Family; Victim

Program Status:

Active Program Category Level:2

As of :03/04/2024 Page 51 of 51