

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: 1st Refusal: Education Program**

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**Gender Specific for:BOTH; RT Program Code: EA**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:0

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**Compendium Program: 211 Info Line**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*

All Facility Staff;Non-Contracted;Non-Residential

*Treatment Types:*

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

*Domains:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Abuse/Trauma;Anger/Hostility;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

**Types:**

Basic Needs;Behavioral Services;Community Service;Domestic Violence;Education;Employment;Family & Social Services;Medical Services/Treatment;Mental Health Services/Treatment;Re-Entry;Shelter Housing Services;Substance Abuse Services/Treatment;Transportation;Vocational & Educational Services;Wellness Activities

**Program Status:**

Active Program Category Level:3

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**Compendium Program: 2nd Refusal: Education Program**

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**Gender Specific for:BOTH; RT Program Code: EB**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Education (Ed)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Unknown

**Program Status:**

Active Program Category Level:0

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**Compendium Program: 3rd Refusal: Education Program**

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**Gender Specific for:BOTH; RT Program Code: EC**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Unknown

Connecticut Department of Correction

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:0

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for:BOTH; RT Program Code: L1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Unknown

*Program Status:*

Active Program Category Level:2

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**Compendium Program: Addiction Services - Assessment & Orientation**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

MANSON YI;WALKER RC;YORK CI

Connecticut Department of Correction

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Auspices:*

Addiction Services

*Treatment Types:*

Substance Abuse (SA)

*Domains:*

Substance Abuse; Substance Abuse and Mental Health

*Types:*

Addiction; Re-Entry

*Program Status:*

Active Program Category Level:1

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**Compendium Program: Adjustment Disorders Group**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This 12 week cognitive behavioral therapy program is designed to address many of the difficulties inmate's experience when initially adjusting to incarceration. The program presents a pragmatic approach with an emphasis on development of appropriate coping skills.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Mental Health; Self Improvement

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Alcoholics Anonymous**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

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**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Addiction Services;Volunteer Services

**Treatment Types:**

Behavior Modification (BM);Substance Abuse (SA)

**Domains:**

Substance Abuse;Substance Abuse and Mental Health

**Types:**

Addiction;Re-Entry

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Anger Management Program**

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**Gender Specific for:BOTH; RT Program Code: 26**

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**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False**

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**Description:**

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

All Facility Staff;Programs & Treatment Unit

**Treatment Types:**

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

**Domains:**

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

**Types:**

Anger Management;Mental Health;Self Improvement

**Program Status:**

Active Program Category Level:1

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Behavior Intervention - Unlock Your Thinking**

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**Gender Specific for:MALE; RT Program Code: BG**

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**Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False**

*Description:*

This 4 session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff;Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

*Domains:*

Criminal Attitudes and Behavioral Patterns

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:1

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**Compendium Program: Catholic - Alpha Program**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

*Facilities:*

BROOKLYN CI;CORRIGAN CI;MANSON YI;OSBORN CI;RADGOWSKI CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

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Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types

Program Status:

Active Program Category Level:3

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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**Compendium Program: Catholic Faith Sharing**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:

CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

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**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Religious

Program Status:

Active Program Category Level:3

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

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**Compendium Program: Certified Birth Certificate or Registration of Birth**

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**Gender Specific for:BOTH; RT Program Code: I2**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

Description:

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Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation;Employment/Financial

Types:

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**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Re-Entry

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Christian Living**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A weekly Protestant Program combining prayer, bible discussion and spiritual direction. Participants will gain insight into the ethical, moral, spiritual and relational aspects of living a Christian life. Attention is given to the application of Christian principles in every day life and relationships.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services

*Treatment Types:*

Life Skills (LS)

*Domains:*

Family and Social Support

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

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**Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

*Facilities:*

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*  
*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Current Events Group**

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**Gender Specific for:MALE; RT Program Code: G8**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

*Facilities:*

*CYBULSKI CI;MANSON YI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Family and Social Support;Substance Abuse and Mental Health*

*Types:*

*Mental Health;Recreation;Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Discharge Orientation**

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**Gender Specific for:BOTH; RT Program Code: RD**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

*Facilities:*

*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Domains:*

*Education, Employment, and Financial Situation;Family and Social Support*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Discharge Process Group**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a mutual aid group geared towards allowing the inmate population to generate support from their peers regarding discharge issues. These issues are discussed in an effort to promote success upon discharging into the community.

*Facilities:*

*MANSON YI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Family and Social Support;Peer Associations*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: DSS Connect Card**

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**Gender Specific for:BOTH; RT Program Code: I7**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

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*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Connecticut Department of Correction*  
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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Domains:*

*Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for:BOTH; RT Program Code: E1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

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**Compendium Program: Educational, Career Resources and Job Fairs**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*

*CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Addiction Services;USD#1*

*Treatment Types:*

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*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

**Domains:**

*Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Mental Health;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse*

**Types:**

*Academic Education;Re-Entry*

**Program Status:**

*Active Program Category Level:3*

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for:MALE; RT Program Code: 04**

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**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True**

**Description:**

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

**Facilities:**

*CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI*

**Auspices:**

*All Facility Staff;Programs & Treatment Unit*

**Treatment Types:**

*Family Support (FS)*

**Domains:**

*Family and Social Support*

**Types:**

*Family*

**Program Status:**

*Active Program Category Level:2*

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**Compendium Program: Expired Photo Driver's License**

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**Gender Specific for:BOTH; RT Program Code: I3**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

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**Facilities:**

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

**Auspices:**

*Programs & Treatment Unit*

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**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Re-Entry

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Fresh Start Youth Mentoring Program (Bridgeport)**

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**Gender Specific for:BOTH; RT Program Code: WB**

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**Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False**

**Description:**

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

**Facilities:**

MANSON YI;YORK CI

**Auspices:**

Contracted Program;Volunteer Services

**Treatment Types:**

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

**Types:**

Family;Re-Entry

**Program Status:**

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: Garden Program**

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**Gender Specific for:MALE; RT Program Code: PG**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The gardening program provides the young men with opportunities to learn foundational gardening skills through practical, reality-based learning led by correctional officers. The goal of the program is to provide opportunities for hands-on-learning of how to sow, grow, and harvest fruits and vegetables. The program supports the young men's need for practical life skills education to help them thrive in the real world. The harvested fruits and vegetables will be utilized by the facility culinary arts program and donated to local food banks in an effort to give back to local communities.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Education (Ed);Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

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**Compendium Program: General Referral for ASU (Addiction Services Unit) Program**

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**Gender Specific for:BOTH; RT Program Code: A1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Substance Abuse (SA)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Unknown

**Program Status:**

Active Program Category Level:1

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**Compendium Program: General Referral for Vocational Education**

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**Gender Specific for:BOTH; RT Program Code: E2**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

A review of vocational education needs will be completed for inmates.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Education (Ed)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Unknown

**Program Status:**

Active Program Category Level:1

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**Compendium Program: Getting Along and Keeping Cool**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True**

**Description:**

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

**Facilities:**

MANSON YI

**Auspices:**

Mental Health

**Treatment Types:**



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Cognitive Behavioral Therapy (CBT);Mental Health (MH)*

**Domains:**

*Substance Abuse and Mental Health*

**Types:**

*Unknown*

**Program Status:**

*Active Program Category Level:1*

---

**Compendium Program: Hepatitis B Vaccination Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

**Facilities:**

*MANSON YI;YORK CI*

**Auspices:**

*Health Services*

**Treatment Types:**

*Medical (Med)*

**Domains:**

*Family and Social Support;Self Efficacy*

**Types:**

*Health Education;Medical;Mental Health*

**Program Status:**

*Active Program Category Level:3*

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**Compendium Program: High School Diploma Programs**

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**Gender Specific for: BOTH; RT Program Code: 0**

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**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

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*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level: 1*

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Medical (Med)

*Domains:*

Peer Associations

*Types:*

Health Education;Medical

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: HIV Support Services**

---

**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Health Services;Volunteer Services

**Treatment Types:**

Family Support (FS);Life Skills (LS);Medical (Med)

**Domains:**

Peer Associations;Substance Abuse and Mental Health

**Types:**

Health Education;Medical;Mental Health

**Program Status:**

Active Program Category Level:3

---

**Compendium Program: Inmate Photo Program**

---

**Gender Specific for:MALE; RT Program Code: M8**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

**Facilities:**

CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

**Auspices:**

All Facility Staff

**Treatment Types:**

Family Support (FS)

**Domains:**

Family and Social Support

**Types:**

Community Service

**Program Status:**

Active Program Category Level:0

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Islamic Studies**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Jehovah' s Witness Bible Study**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Jumah**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Kairos**

---

**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

GARNER CI;MANSON YI;OSBORN CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Life Skills - A New Freedom**

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**Gender Specific for:BOTH; RT Program Code: LS**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education, Employment, and Financial Situation;Employment/Financial;Mental Health;Relationships

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:1

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**Compendium Program: Medication Assisted Treatment - MAT**

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**Gender Specific for:MALE; RT Program Code: A3**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*

CORRIGAN CI;CYBULSKI CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

*Domains:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Substance Abuse and Mental Health*

**Types:**

*Substance Abuse Services/Treatment*

**Program Status:**

*Active Program Category Level:2*

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**Compendium Program: Mood Disorders Group**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

**Facilities:**

*MANSON YI*

**Auspices:**

*Health Services*

**Treatment Types:**

*Mental Health (MH)*

**Domains:**

*Substance Abuse and Mental Health*

**Types:**

*Mental Health*

**Program Status:**

*Active Program Category Level:0*

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**Compendium Program: MYI Community Council**

---

**Gender Specific for:MALE; RT Program Code: CC**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

**Description:**

Selected participants are led by staff in the discussion of issues that concern the Manson Youth Institution (MYI) community. The young men will have the opportunity to talk about what is on their mind.

**Facilities:**

*MANSON YI*

**Auspices:**

*Programming Unit - Facility Staff*

**Treatment Types:**

*Life Skills (LS)*



**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

**Domains:**

Peer Associations

**Types:**

Unknown

**Program Status:**

Active Program Category Level:3

---

**Compendium Program: Narcotics Anonymous**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

Addiction Services;Volunteer Services

**Treatment Types:**

Substance Abuse (SA)

**Domains:**

Substance Abuse;Substance Abuse and Mental Health

**Types:**

Addiction

**Program Status:**

Active Program Category Level:3

---

**Compendium Program: New Directions - Socialization**

---

**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True**

**Description:**

New Direction - Socialization is an evidence-based program that will enhance the understanding of how to have healthy relationships, manage anger and learn how personal behaviors can impact those around.

**Facilities:**

MANSON YI

**Auspices:**

Addiction Services

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

**Treatment Types:**

Life Skills (LS);Substance Abuse (SA)

**Domains:**

Substance Abuse and Mental Health

**Types:**

Unknown

**Program Status:**

Active Program Category Level:2

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**Compendium Program: Non-credit Certificate Programs**

---

**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

**Facilities:**

BROOKLYN CI;MANSON YI;RADGOWSKI CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed);Life Skills (LS)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Academic Education;Career Technical Education

**Program Status:**

Active Program Category Level:1

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**Compendium Program: OAP Refusal**

---

**Gender Specific for:BOTH; RT Program Code: PR**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*  
Unknown

*Domains:*  
Criminal Attitudes and Behavioral Patterns

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

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**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH; RT Program Code: L4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*  
Education, Employment, and Financial Situation;Employment/Financial

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:3

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**Compendium Program: Passport**

---

**Gender Specific for:BOTH; RT Program Code: I8**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

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*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;WALKER RC

*Auspices:*  
Programs & Treatment Unit

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Reintegration Enhancement/Relapse Prevention (RERP)*

**Domains:**

*Education, Employment, and Financial Situation;Employment/Financial*

**Types:**

*Re-Entry*

**Program Status:**

*Active Program Category Level:3*

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**Compendium Program: Protestant Alpha Program**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

Alpha 1 is a fourteen week DVD series that presents the basis of the Christian Faith. It provides the principles for Christian living and a foundation for the spiritual and emotional growth. Group discussion follows the DVD presentation.

**Facilities:**

*MANSON YI*

**Auspices:**

*Religious Services ;Volunteer Services*

**Treatment Types:**

*Unknown*

**Domains:**

*Unknown*

**Types:**

*Religious*

**Program Status:**

*Active Program Category Level:3*

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facilities:**

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

**Auspices:**

*Religious Services ;Volunteer Services*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Protestant Choir**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Family and Social Support

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Protestant Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*  
Unknown

*Domains:*  
Unknown

*Types:*  
Worship Services

*Program Status:*  
Active Program Category Level:3

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**Compendium Program: Protestant Service-Spanish**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a weekly Protestant Worship service conducted in Spanish for Spanish speaking inmates.

*Facilities:*  
MANSON YI

*Auspices:*  
Religious Services ;Volunteer Services

*Treatment Types:*  
Unknown

*Domains:*  
Unknown

*Types:*  
Religious

*Program Status:*  
Active Program Category Level:1

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**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**Compendium Program: RAMP- Restorative Justice Program**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

*Description:*

RAMP is a 3 phase restorative justice program that utilizes restorative practices in order to repair the relationship that have been negatively impacted as a result of an incident through reflection, accountability, and mediation. Participants will reflect: The juvenile will complete an assignment that forms the foundation of all forms of restorative practices and aims to discover the root cause (s) of challenging behavior, determine impact, repair harm, and restore relationships and the community. Accountability: The juvenile will speak with staff to focus on repairing the harm that was done to the individuals involved in the incident. An additional assignment will be completed that addresses his disciplinary behavior with a focus on anger management, victimization, and the importance of following rules. Mediation: The juvenile will complete an assignment in order to prepare for the mediation process with the impacted parties. The participant will then focus on the continued repair of the community that includes scenarios that may present future conflict. The goal is for the juvenile to apply what he has learned in future situations to avoid conflict.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM);Life Skills (LS)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Peer Associations

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Ready 4 Life**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Ready 4 life is a Protestant class that helps youthful offenders to "look inside" in order to develop healthy thinking from a Christian perspective. Through teaching and discussion of Biblical principles, it seeks to change negative attitudes and destructive behavioral patterns. Some topics include overcoming anger, forgiveness, honesty, strongholds, victim mentality and responsibility. Volunteers will lead the program.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Re-Entry;Religious

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Re-Entry and Discharge Planning**

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**Gender Specific for:BOTH; RT Program Code: M1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

*Types:*

Unknown



**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Program Status:*

*Active Program Category Level:2*

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**Compendium Program: Reflections**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns;Family and Social Support*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Restorative Justice Circles**

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**Gender Specific for:MALE; RT Program Code: RJ**

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**Open Close:True, Session Group:True, Session Numbers: 1, Evidence Based:False**

*Description:*

Restorative Justice Circles is a community based group focused on building peer relations, group cohesiveness, and better understanding of one another. The topics for the group are issues that affect their daily lives while incarcerated and in the community. Group topics may include healthy relationships, coping skills, current events, emotion regulation/ expression. youth are encouraged to express their individuality and have their voices heard in a safe milieu. At times youth have the opportunity to choose group topics and lead the group.

*Facilities:*

*MANSON YI*

*Auspices:*

*Mental Health*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*  
*Life Skills (LS)*

*Domains:*  
*Criminal Attitudes and Behavioral Patterns;Peer Associations*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:2*

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**Compendium Program: Sacramental Preparation- Catholic**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

*Facilities:*  
*CORRIGAN CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC*

*Auspices:*  
*Religious Services ;Volunteer Services*

*Treatment Types:*  
*Unknown*

*Domains:*  
*Unknown*

*Types:*  
*Religious*

*Program Status:*  
*Active Program Category Level:1*

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**Compendium Program: School Record / Transcript**

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**Gender Specific for:BOTH; RT Program Code: I4**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

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*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*  
*Programs & Treatment Unit*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education; Education, Employment, and Financial Situation*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Sexual Treatment Need Evaluation**

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**Gender Specific for:BOTH; RT Program Code: S1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True**

*Description:*

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

*Facilities:*

*BROOKLYN CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; WALKER RC; YORK CI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Short-Term Sexual Offender Treatment Group**

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**Gender Specific for: BOTH; RT Program Code: ST**

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**Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: True**

*Description:*

Utilizing the risk, need, responsivity model inmates are assessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

*Facilities:*

BROOKLYN CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

*Domains:*

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

*Types:*

Sex Offender

*Program Status:*

Active Program Category Level: 1

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**Compendium Program: Skills of socialization**

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**Gender Specific for: MALE; RT Program Code: 0**

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**Open Close: False, Session Group: True, Session Numbers: 12, Evidence Based: False**

*Description:*

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

*Facilities:*

MANSON YI; OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Criminal Attitudes and Behavioral Patterns;Family and Social Support

**Types:**

Unknown

**Program Status:**

Active Program Category Level:0

---

**Compendium Program: SMART Recovery**

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**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 20, Evidence Based:True**

**Description:**

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

**Facilities:**

CHESHIRE CI;MANSON YI;WILLARD CI;YORK CI

**Auspices:**

Addiction Services

**Treatment Types:**

Substance Abuse (SA)

**Domains:**

Unknown

**Types:**

Unknown

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Social Security Card**

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**Gender Specific for:BOTH; RT Program Code: 15**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

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**Facilities:**

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Education, Employment, and Financial Situation;Employment/Financial

**Types:**

Re-Entry

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Special Education and Pupil Services**

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**Gender Specific for:BOTH; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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**Description:**

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education;Education, Employment, and Financial Situation;Employment/Financial

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: SRG Security Risk Group - Phase 1**

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**Gender Specific for: BOTH; RT Program Code: S4**

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**Open Close: False, Session Group: True, Session Numbers: 3, Evidence Based: False**

*Description:*

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

*Facilities:*

BRIDGEPORT CC; CORRIGAN CI; MANSON YI; YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

*Types:*

Female SRG; SRG ; Youth SRG

*Program Status:*

Active Program Category Level: 1

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**Compendium Program: SRG Security Risk Group - Phase 2**

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**Gender Specific for: BOTH; RT Program Code: S5**

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**Open Close: False, Session Group: True, Session Numbers: 16, Evidence Based: False**

*Description:*

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC; CORRIGAN CI; MANSON YI; WALKER RC; YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

*Types:*

Female SRG; SRG ; Youth SRG

*Program Status:*

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Active Program Category Level:1

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**Compendium Program: SRG Security Risk Group - Phase 3**

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**Gender Specific for:BOTH; RT Program Code: S6**

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**Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False**

*Description:*

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

*Types:*

Female SRG;SRG ;Youth SRG

*Program Status:*

Active Program Category Level:1

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**Compendium Program: SRG Security Risk Group - Phase 4**

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**Gender Specific for:BOTH; RT Program Code: S7**

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**Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False**

*Description:*

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Substance Abuse and Mental Health

*Types:*

Female SRG;SRG ;Youth SRG

*Program Status:*

Active Program Category Level:1

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: SRG Security Risk Group - Phase 5**

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**Gender Specific for:BOTH; RT Program Code: S8**

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**Open Close:False, Session Group:True, Session Numbers: 6, Evidence Based:False**

*Description:*

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

*Types:*

Female SRG;SRG ;Youth SRG

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: Start Now: Unit 1**

---

**Gender Specific for:BOTH; RT Program Code: N1**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False**

*Description:*

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills , understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

CORRIGAN CI;CYBULSKI CI;GARNER CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Medical;Mental Health

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Program Status:*

Active Program Category Level:2

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**Compendium Program: Start Now: Unit 2**

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**Gender Specific for:BOTH; RT Program Code: N2**

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**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

*Facilities:*

CORRIGAN CI;CYBULSKI CI;GARNER CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Medical;Mental Health

*Program Status:*

Active Program Category Level:2

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**Compendium Program: Start Now: Unit 3**

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**Gender Specific for:BOTH; RT Program Code: N3**

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**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

CORRIGAN CI;CYBULSKI CI;GARNER CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

**Domains:**

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

**Types:**

Medical;Mental Health

**Program Status:**

Active Program Category Level:2

---

**Compendium Program: Start Now: Unit 4**

---

**Gender Specific for:BOTH; RT Program Code: N4**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

**Description:**

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

**Facilities:**

CORRIGAN CI;CYBULSKI CI;GARNER CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

**Auspices:**

Mental Health

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

**Domains:**

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

**Types:**

Medical;Mental Health

**Program Status:**

Active Program Category Level:2

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**Compendium Program: State ID Card**

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**Gender Specific for:BOTH; RT Program Code: I6**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

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**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Stress Management**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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*Description:*

This is an 8 week group that will meet once a week for an hour. The purpose of the group is to teach the group members what causes stress and the effect stress has on the body, mind, emotions and spirit. They will learn the importance of time management,exercise, sleep, diet and relaxation in reducing stress. They will learn positive & healthy ways to decrease stressful behaviors.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Thresholds**

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**Gender Specific for:BOTH; RT Program Code: 95**

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**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

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*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MANSON YI;YORK CI

*Auspices:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

All Facility Staff;Contracted Program;Volunteer Services

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Anger/Hostility;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Self Efficacy

**Types:**

Anger Management;Self Improvement

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Tier 2 Addiction Services Intensive Outpatient Program**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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**Description:**

Tier 2 is an evidence based curriculum program provided three times a week in a non-residential setting. Using the -Living in Balance- program Tier 2 helps the offender develop an understanding of addiction, the substances of abuse, triggers and relapse prevention and how addiction has effected the cognitive, physical, social and familial spheres of their lives. Tier 2 also helps the offender identify and plan for the educational, vocational and consumer based issues they may face upon release.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

Addiction Services

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

**Domains:**

Substance Abuse and Mental Health

**Types:**

Addiction;Re-Entry

**Program Status:**

Active Program Category Level:1

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Tier Two Addiction Services Intensive Outpatient Program**

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**Gender Specific for:BOTH; RT Program Code: 14**

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**Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False**

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*Description:*

The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

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**Compendium Program: Tutoring**

---

**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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*Description:*

Yale students come in on the weekends to help tutor the young men with their GED studies.

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Self Improvement;Youth

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Unlock your Thinking: Open your Mind**

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**Gender Specific for:MALE; RT Program Code: 99**

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**Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:2*

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**Compendium Program: USD #1 Voc. Ed: Culinary Arts**

---

**Gender Specific for:BOTH; RT Program Code: 70**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

*Facilities:*

*MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Education;Education, Employment, and Financial Situation;Employment/Financial*

**Types:**

*Career Technical Education;Re-Entry*

**Program Status:**

*Active Program Category Level:1*

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**Compendium Program: USD#1 - DOC Re-entry Curriculum**

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**Gender Specific for:BOTH; RT Program Code: 87**

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**Open Close:True, Session Group:False, Session Numbers: 21, Evidence Based:False**

**Description:**

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

**Facilities:**

*CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;YORK CI*

**Auspices:**

*USD#1*

**Treatment Types:**

*Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

**Domains:**

*Education;Education, Employment, and Financial Situation;Employment/Financial*

**Types:**

*Re-Entry*

**Program Status:**

*Active Program Category Level:2*

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**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

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**Gender Specific for:BOTH; RT Program Code: 51**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

**Facilities:**



Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education;Education, Employment, and Financial Situation

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

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**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

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**Gender Specific for:BOTH; RT Program Code: 52**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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**Description:**

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education;Education, Employment, and Financial Situation

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

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**Gender Specific for:BOTH; RT Program Code: 53**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

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**Compendium Program: USD#1 English As A Second Language (ESL) / TESOL**

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**Gender Specific for:BOTH; RT Program Code: 54**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

*Facilities:*

CORRIGAN CI;HARTFORD CC;MANSON YI;RADGOWSKI CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Academic Education

*Program Status:*

Active Program Category Level:1

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**Compendium Program: USD#1 Family Education & Parenting**

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**Gender Specific for:BOTH; RT Program Code: 37**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

All Facility Staff;USD#1

*Treatment Types:*

Education (Ed);Family Support (FS)

*Domains:*

Education;Education, Employment, and Financial Situation;Family;Family and Social Support;Parenting

*Types:*

Family;Self Improvement

*Program Status:*

Active Program Category Level:2

---

**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for:BOTH; RT Program Code: 86**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

**Domains:**

Education; Education, Employment, and Financial Situation

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

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**Compendium Program: USD#1 Voc. Ed: Auto Body Technology**

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**Gender Specific for:MALE; RT Program Code: 59**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

**Facilities:**

MANSON YI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Career Technical Education;Community Service;Re-Entry

**Program Status:**

Active Program Category Level:1

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**Compendium Program: USD#1 Voc. Ed: Automotive Technology**

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**Gender Specific for:MALE; RT Program Code: 60**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

**Description:**

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

**Facilities:**

MANSON YI

**Auspices:**

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

USD#1

*Treatment Types:*  
Education (Ed)

*Domains:*  
Education, Employment, and Financial Situation

*Types:*  
Career Technical Education;Community Service;Re-Entry

*Program Status:*  
Active Program Category Level:1

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**Compendium Program: Valid Photo Driver's License**

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**Gender Specific for:BOTH; RT Program Code: I1**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

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*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Programs & Treatment Unit

*Treatment Types:*  
Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*  
Education, Employment, and Financial Situation;Employment/Financial

*Types:*  
Re-Entry

*Program Status:*  
Active Program Category Level:3

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

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**Gender Specific for:BOTH; RT Program Code: 03**

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**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*  
BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Auspices:*

*All Facility Staff;Contracted Program;Programs & Treatment Unit;Safe Passage;Volunteer Services*

*Treatment Types:*

*Victim Impact (VI)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns*

*Types:*

*Anger Management;Family;Victim*

*Program Status:*

*Active Program Category Level:2*

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**Compendium Program: Wise Guys**

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**Gender Specific for:MALE; RT Program Code: MW**

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**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

*Description:*

This program is designed to prevent adolescent pregnancy by reaching adolescent males. The program acknowledges young males as "whole" individuals with a variety of needs and desires. Participatory lessons and activities focus on assisting them to ask themselves the questions: Who am I?; Where am I going?; and How do I get there? Discussion will include talking openly with adolescent males about issues concerning self, values, future goals and sexuality.

*Facilities:*

*MANSON YI*

*Auspices:*

*Health Services;Volunteer Services*

*Treatment Types:*

*Life Skills (LS);Medical (Med)*

*Domains:*

*Family and Social Support;Substance Abuse and Mental Health*

*Types:*

*Health Education*

*Program Status:*

*Active Program Category Level:3*

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**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

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**Compendium Program: Young Father's Program**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is designed to promote responsible fatherhood while emphasizing the development of parenting and co-parenting skills. The parenting skills promoted will exist within the context of a strength based reentry plan that will address the criminogenic needs and responsivity of each young father. Post release comprehensive case management, children and family reunification, family and co-parent assessments will also be provided. This group will be managed by Family Reentry for offenders living in and around the Bridgeport Parole area.

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Family and Social Support

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

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**Compendium Program: Young Male-Trauma Recovery Empowerment Model (YM-TREM)**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True**

*Description:*

YM-TREM is an adaptation of the trauma empowerment model to young men. This manualized evidence based model is supported by SAMHSAS evidence based programs and practices and has been used with adult men, women and teenaged girls. With permission of the authors, the material has been extended to young men and the curricula adapted in an effort to pilot the material with a sample of incarcerated youth. The Trauma Empowerment Model is a psychoeducational and skills oriented group divided into four parts. Empowerment, Trauma, Recovery, Advanced Trauma Recovery Issues, and Closing Rituals.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Education (Ed);Mental Health (MH)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Domains:*

*Family and Social Support; Substance Abuse and Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

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**Compendium Program: Young Men's Group**

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**Gender Specific for:MALE; RT Program Code: MG**

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**Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False**

*Description:*

The Young Men's Group is a ten session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

*Facilities:*

*MANSON YI*

*Auspices:*

*Addiction Services; Programming Unit - Facility Staff; Volunteer Services*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns; Peer Associations*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

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**Compendium Program: Youth Behavioral Incentive Program**

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**Gender Specific for:MALE; RT Program Code: 0**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Program is designed as a behavioral incentive program for Youth Inmates at Manson Youth Institution. Inmates who remain discipline free are provided the opportunity to participate in coordinated and structured leisure activities. Some activities include various sports, and games. Activities occur in small groups of no more than 10 inmates which helps with socialization and communication amongst inmates. As this is an ongoing incentive class, it allows new inmates to participate at anytime without having to wait for a new group session to start.

*Facilities:*

*MANSON YI*

*Auspices:*



Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

Programming Unit - Facility Staff

**Treatment Types:**

Behavior Modification (BM)

**Domains:**

Family and Social Support;Peer Associations

**Types:**

Unknown

**Program Status:**

Active Program Category Level:3

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**Compendium Program: Youth Specific Facility Based Domestic Violence Program**

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**Gender Specific for:MALE; RT Program Code: N/A**

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**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

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**Description:**

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

**Facilities:**

MANSON YI

**Auspices:**

All Facility Staff

**Treatment Types:**

Aggression Replacement Training (ART);Behavior Modification (BM)

**Domains:**

Criminal Attitudes and Behavioral Patterns

**Types:**

Domestic Violence

**Program Status:**

Active Program Category Level:

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**Compendium Program: Youthful Offender Mentoring Program**

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**Gender Specific for:BOTH; RT Program Code: 24**

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**Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False**

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**Description:**

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff;Contracted Program

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Peer Associations;Relationships

*Types:*

Family;Re-Entry;Self Improvement

*Program Status:*

Active Program Category Level:2

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